**Education Resource Committee (ERC)**

**Saturday Clinic for the Uninsured**

These resources may help with the health barriers you are facing. If you have questions or would like to set up a follow-up appointment for more help, call **(414) 588-2865 and request an ERC appointment** or email **ERC@mcw.edu****.** Appointments can be scheduled on Saturdays between 8:00 AM and 12:00 PM.

**WIC (Women, Infants, and Children) Program**

* **Description:** The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a food program for pregnant women, infants, women who are breastfeeding, women who have recently given birth, and children younger than 5. WIC provides nutrition education, breastfeeding education and support, healthy foods, and connections to other community services.
* **Website:** <https://www.dhs.wisconsin.gov/wic/index.htm>
* **Address:** (The following include all WIC sites in Milwaukee County)
	+ **MLK-Heritage Health Center WIC**
		- 2555 North Dr. Martin Luther King Jr. Drive
		Milwaukee, WI 53212
		Telephone: 414-267-6650
		Email: bnelton@mhsi.org
	+ **Isaac Coggs Heritage Health Center WIC**
		- 8200 W. Silver Spring Drive
		Milwaukee, WI 53218
		Telephone: 414-267-6650
		Email: bnelton@mhsi.org
	+ **Seeds of Health WIC**
		- Address: 1445 South 32nd St. Milwaukee, WI 53215
		Telephone: 414-385-5611
		Email: awhite@seedsofhealth.org
	+ **City of Milwaukee Health Department**
		- Address: Northwest Health Center 7630 West Mill Road Milwaukee, WI 53218
		Telephone: 414-286-8820
		Email: WIC@milwaukee.gov
	+ **Keenan WIC Project**
		- Address: 3200 N 36th St. Milwaukee, WI 53216
		Telephone: (414) 286-3631
		- Email: WIC@milwaukee.gov
	+ **Sixteenth Street Community Health Center**
		- Address: 1032 South Cesar E Chavez Drive, Milwaukee, WI 53204
		Telephone: 414-643-7554
		Email: katy.murphy@sschc.org
	+ **Aurora Health Care**
		- Address: 1218 West Kilbourn Ave, Suite 207 Milwaukee, WI 53233
		Telephone: 414-219-3210
		Email: jen.agnello@aah.org
	+ **South Side Health Center (SSHC)**
		- Address: 1639 S. 23rd St., First Floor Milwaukee, WI 53204
		Telephone: 414-286-8821
		Emai: WIC@milwaukee.gov
	+ **West Allis Health Department (3 Locations)**
		- Address: 7120 West National Ave. West Allis, WI 53214
		Telephone: 414-302-8642
		Email: wic@westalliswi.gov
		- Address: 5050 S. Lake Drive Cudahy, WI 53116
		Telephone: 414-769-2229
		- Address: 7325 West Forest Home Ave. Greenfield, WI 53220
		Telephone: 414-329-5243
* **Requirements:**
	+ Live in Wisconsin
	+ Meet income requirements
		- Based on 185% of poverty guidelines (the same criteria as free and reduced-price school lunch)
		- Approximation: Household of 1 income < $2,322 /mo; Household of 2 income < $3,152/mo; Household of 3 income < $3,981/mo
	+ Have a health and/or nutrition need (assessment completed at WIC clinic)
	+ Be in any of the following categories:
		- Pregnant
		- Breastfeeding a baby under 1 year of age
		- Had a baby, or was pregnant in the past six months
		- Baby under age 1
		- Child younger than age 5
	+ **NOTE:** WIC will not ask about your immigration status. You do not need to be a legal resident of the United States to participate in WIC and receive food benefits.
	+ **Pre-Screening Tool:** <https://wic.fns.usda.gov/wps/pages/preScreenTool.xhtml>
* **What to bring:** (Please bring the following to your first appointment at a WIC office)
	+ **Proof of identity (I.D.)** for yourself and each child to be certified (ex. Driver’s license, birth certificate, passport)
	+ **Proof of Residency or Address** (Lease, rent/mortgage receipt, bills with current mailing address)
	+ **Proof of income** (Pay stub, tax returns)
	+ **Confirmation of your pregnancy** (May include a statement from your health care provider or an ultrasound including the applicant's name and date. Home pregnancy tests are not allowed, child’s immunization record, child’s birth certificate)
	+ **Don't forget to bring your children to be certified!**

**Milwaukee Area Farmer’s Market Programs**

* **Description:** The Seniors Farmers' Market Nutrition Program is designed to provide low-income seniors with access to locally grown fruits, vegetables, honey and herbs. The Wisconsin women, infants, and children (WIC) Farmers Market Nutrition Program (FMNP) provides WIC participants with coupons that can be utilized for eligible foods (fruits, vegetables, honey, and fresh-cut herbs) at farmers’ markets.
* **Website:**
	+ Senior Farmers’ Market Nutrition Program: <https://www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program>
	+ WIC: <https://www.dhs.wisconsin.gov/wic/fmnp/index.htm>
* **Address:** (The following markets accept federal nutrition benefits such as SNAP, WIC, Senior Farmers Market Nutrition Program vouchers and MKE Market Match which doubles the amount of fresh produce you can purchase when you use your QUEST/EBT at the market.)
* Riverwest**Market**
* Address: 2700 N. Pierce St., Milwaukee, WI 53212
* Season: June 1- Oct 26
* Hours: Sundays 10AM - 2 PM
* Website: <https://riverwestmarket.com/>
* Email: info@riverwestmarket.com
* Accepts: QUEST / SNAP / EBT / FOODSHARE, WIC, FMNP and MKE Market Match
* **Shorewood Farmers Market**
* Address: 4100 Estabrook Parkway, Milwaukee, WI 53211
* Season: June 15 – October 26
* Hours: Sundays 9:30 AM – 1 PM
* Website: <http://www.shorewoodfarmersmarket.com/>
* Accepts: QUEST / SNAP / EBT / FOODSHARE and MKE Market Match, stop by main Market Booth for more information
* **Tosa Farmers Market**
* Address: 7720 Harwood Ave. Wauwatosa, WI 53213
* Season: June 7 – October 11
* Hours: Saturdays 8 AM – 12 PM
* Website: <https://tosafarmersmarket.com/>
* Accepts: WIC, FMNP, SFMNP, QUEST / SNAP / EBT / FOODSHARE, and MKE Market Match
* **West Allis Farmers Market**
* Address: 6501 W. National Ave. West Allis, WI 53214
* Season: May 3 – November 29
* Hours: Tues and Thurs 12 – 5 PM; Saturdays 1 – 5 PM
* Website: <https://thatswhywestallis.com/farmers-market/>
* Accepts: WIC, FMNP, SFMNP, QUEST / SNAP / EBT / FOODSHARE and MKE Market Match
* **Greenfield Farmers Market**
* Address: Konkel Park 5151 W. Layton Ave. Greenfield, WI 53220
* Season: May 4 – October 26
* Hours: Sundays 10 AM – 2 PM
* Website: [https://www.greenfieldwifarmersmarket.com/calendar-of-events](https://www.greenfieldwifarmersmarket.com/calendar-of-events%C2%A0%C2%A0)
* Accepts: WIC, FMNP, SFMNP, QUEST / SNAP / EBT / FOODSHARE, MKE Market Match
* **South Shore Farmers Market**
* Address: 2900 S. Shore Drive, Milwaukee, WI 53207
* Season: June 7 – October 25
* Hours: Saturdays 8 AM – 12 PM
* Website: <https://southshorefarmersmarket.com/>
* Accepts: WIC, FMNP, SFMNP, QUEST / SNAP / EBT / FOODSHARE and MKE Market Match
* **Fondy Farmers Market**
* Address: 2200 W. Fond du Lac Ave. Milwaukee, WI 53206
* Season:
	+ **Early**: May 10 – June 21 (Saturdays 9 AM – 12 PM)
	+ **Regular**: June 28 – October 30 (Thursdays 9 AM – 1 PM; Saturdays & Sundays 7 AM – 2 PM)
	+ **Late**: November 1 – 15 (Saturdays 9 AM – 12 PM)
* Website: https://fondymke.org/fondy-farmers-market
* Accepts: QUEST / SNAP / EBT / FoodShare, WIC, FMNP, SFMNP & MKE Market Match
* **Greendale Downtown Market**
* Address: 5680 Broad Street, Greendale, WI 53129
* Season: June 21 – October 4
* Hours: Saturdays 8 AM – 12 PM
* Website:  <https://gpr.greendale.k12.wi.us/greendale-downtown-market.html>
* Accepts: WIC, FMNP, SFMNP
* **Jackson Park Farmers Market**
	+ - Address: Jackson Park 3500 W. Forest Home Ave. Milwaukee, WI 53215
		- Season:  June 12 – October 2 (No market on July 3)
		- Hours:  Thursdays 3 PM - 6:30 PM
		- Website: http://jacksonpark.us/farmers-market/
		- Accepts: WIC, FMNP, SFMNP, QUEST / SNAP / EBT / FOODSHARE, MKE Market Match
	+ **Whitefish Bay Farmers Market**
		- Address: 325 E. Silver Spring Dr. Whitefish Bay, WI 53217
		- Season: June 14 – October 26
		- Hours: Saturdays 9:00 AM – 1:00 PM
		- Accepts: WIC, FMNP, SFMNP
	+ **South Milwaukee Downtown Market**
		- Address: 1101 Milwaukee Ave., South Milwaukee, WI 53172
		- Season: May 29 – October 2
		- Hours:  Thursdays 3:00 PM – 7:00 PM
		- Accepts: WIC, FMNP, SFMNP
	+ **North Side Pop-up Farmers Markets**

Accepts: QUEST / SNAP / EBT / FOODSHARE

* + - Ascension All Saints Family Health Center
			* Address: 2400 W. Villard Ave.
			* Hours: August 1 - 3:30 PM - 6:30 PM
		- MMSD West Basin
			* Address: 4350 N. 35th St.
			* Hours: August 8 - 3:30 PM - 6:30 PM
		- Embassy Center MKE
			* Address: 3725 N. Sherman Blvd
			* Hours: August 15 – 3:30 PM – 6:30 PM
		- Century City I Building
			* Address: 3945 N. 31st St.
			* Hours: August 22 - 3:30 PM - 6:30 PM

**Nutrition Program (Well Badger)**

* **Contact info:**
	+ Website: <https://www.dhs.wisconsin.gov/mch/well-badger.htm>
	+ Email: help@wellbadger.org
	+ Phone Number: 800-642-7837
	+ Hours: Mon-Fri 7:00 AM - 6:00 PM
* **Requirements:**
	+ For SFMNP: Low-income seniors, generally defined as individuals who are at least 60 years old and who have household incomes of not more than 185% of the federal poverty income guidelines.
	+ For FMNP: Current WIC participant
* **What to bring:**(Bring the following to participating farmer’s market)
	+ WIC FMNP checks