

# CYCLE CONFIDENCE COURSE

Has your child mastered the art of pedalling but lacks confidence on their bike?



Course is  
£35 per  
child!

Run over a week, this course is aimed at helping children (aged 5-7 years) gain confidence on their pedal bike and build on their skills.

These fun sessions include games and activities which help improve each child's steering, braking, caution control, navigation and much more!

## ESSENTIAL INFORMATION

Must be able to ride un-aided for 1 minute (a bit wobbly ok)!

Must have a road worthy bike with two working brakes and a correctly fitted helmet.

**MON 26 – FRI 30 OCTOBER 2020,**  
10am-12pm  
King George V Playing Fields,  
Old Hale Way, Hitchin, SG5 1XL

Healthy  
**hub**  
North Herts

**BOOKING IS ESSENTIAL (LIMITED SPACES AVAILABLE!)**

Contact Megan Pinner on 01462 474838  
or email [active@north-herts.gov.uk](mailto:active@north-herts.gov.uk)

NORTH HERTFORDSHIRE  
DISTRICT COUNCIL