

# Balance Ability Courses

An exciting balance bike course for young children starting in **Baldock**

Run over six weeks, the course is aimed at helping children (aged 3+) to gain confidence and learn the basic cycling skills to enable a smoother transition to pedal bikes.

These fun sessions include games which help improve each child's gross motor skills, balance, steering and caution control.

Balance bikes and helmets are not provided (pedals can be removed from pedal bikes at the session).

Every Saturday from 4 April – 9 May,  
1.15-1.45pm at Knights Templar Sports Centre,  
Weston Way, Baldock SG7 6EY

Courses are  
£35 per child!

Booking is essential (limited spaces available!)  
Contact Megan Pinner on 01462 474838  
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