

# Therapy Putty Recipe

Ingredients you will need to make your own therapy putty:

1 cup flour

$\frac{1}{4}$  cup salt

1 Tablespoon cream of tarter

1 small package of Jello

(sugar-free or regular)

1 cup water

2 Tablespoons oil

Mix dry ingredients in a sauce pan.

Add water and oil to the dry ingredients over low heat on the stove.

\*Ask an adult to help with this step.

Whisk until lumps disappear.

Once lumps are gone stir with a spatula for about 5-7 minutes or until the dough pulls away from the sides of the pan and forms into a ball.

Remove from heat and dump the dough on a cutting board.

When the dough has cooled enough to touch, knead the dough for a minute or so.

Now it's ready to use!

Store your putty in a Ziploc baggie to keep soft.