

A-KINS ANALYSTS AND PROJECT MANAGERS

Mission:

To build a network of international workforce, mobilizing communities to be self-sufficient, executing effective and efficient assessments, feasibility studies, and implementing projects for the complete physical, mental and social wellbeing of all.

—Optimal Wellbeing.

What do we do?

A-Kins Analysts and Project Managers, a minority woman owned community based small business, is a specialty provider of Health Consulting Services including:

- Health Care Advisory & Support Services
- Health Care Strategic Plans/Project Management
- Business Plan Development/Financial Resource Planning/Analysis

.....Health Care Systems Development; Research; Analytics; and community based social determinants of health -Economics

"Successfully implementing challenging projects in challenging places"

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US —Health Care in Reform.....continued



US: CHILDREN'S HEALTH

The health of a nation is measured by the health of its children. Taking a close look at children in United State of America, we see policies in place for the wellbeing of the children.

Children are taken care of from the womb, by policies placing the mothers in care, prenatal care. Mothers are fed nutritious meals and encouraged to join motherhood groups, where peers and professionals alike coach the

**The health of
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Under fives are also taken care of, providing mothers in need with food, and essential services, including giving the child a headstart

Plan (CHIP) or some form of Medicaid. Now, children are covered under their parent's insurance as adults, until 26 years. This helps to cover for the years the young adults get to live under-the-200 percent-poverty-level, as students or entry level workers.

We do have to measure the health outcome of US children, return on investments.

One in ten life born children are still low birth weight, in US. These

**A change effect that is accountable,
with return on investments on the children.**

mothers on nutrition, motherhood, and healthcare. High-risk mothers are given special attention and taken under the wings of trained nurse, who see them through this important aspect of their life, the birth of a new born. Women are also given time off from work, to take care of the new born. **This is all in an effort to make sure each child born in US has a good chance of survival at birth.**

in life *-pre-school*. Once the children start school, kindergarten to grade 12, all breakfasts and lunch are on the government, or subsidized by the government. Dinners and weekend programs exist to help the very poor children have a meal with their families at night, and over the weekends *-backpacks-* are filled with meals enough to feed a family.

The healthcare of every child who is not covered by private insurance is covered either by the *-Children Health Care Insurance*

numbers come with disparities in race of the child, hence making certain races have high risk pregnancies with the need for extra care and attention **-helping with inequities** (manmade issues, not genes).





US Children's Health Care System,

.....Where we are.

Major Functions of the Health Care System	The People	The Government	Health Care Regulatory Agencies	Health Care Market	Government Administrative Agencies
Power	X	✓	✓	✓	X
Policy	X	✓	✓	✓	X
Funds	X	✓	✓	X	✓
Market	X	X	X	✓	X
Price	✓	X	X	✓	X
Cost Savings	X	X	X	X	✓
Health Care Status	X	✓	X	X	X
Customer Selection	X	X	X	✓	X

The **Power** is in the **Market**



US Health Care in Reform

Health Care Status of the Children

Percentage of Children Ages 0-17 Who had a Wellness Checkup in the Last 12 Months, United States, 2000-2014



Source: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey.
<https://nhqrnet.ahrq.gov/inhqrdr/data/query>



**8 out of 10 Children Ages 0-17 had a Wellness Check
in the last 12 Months, in US, 2000-2014**

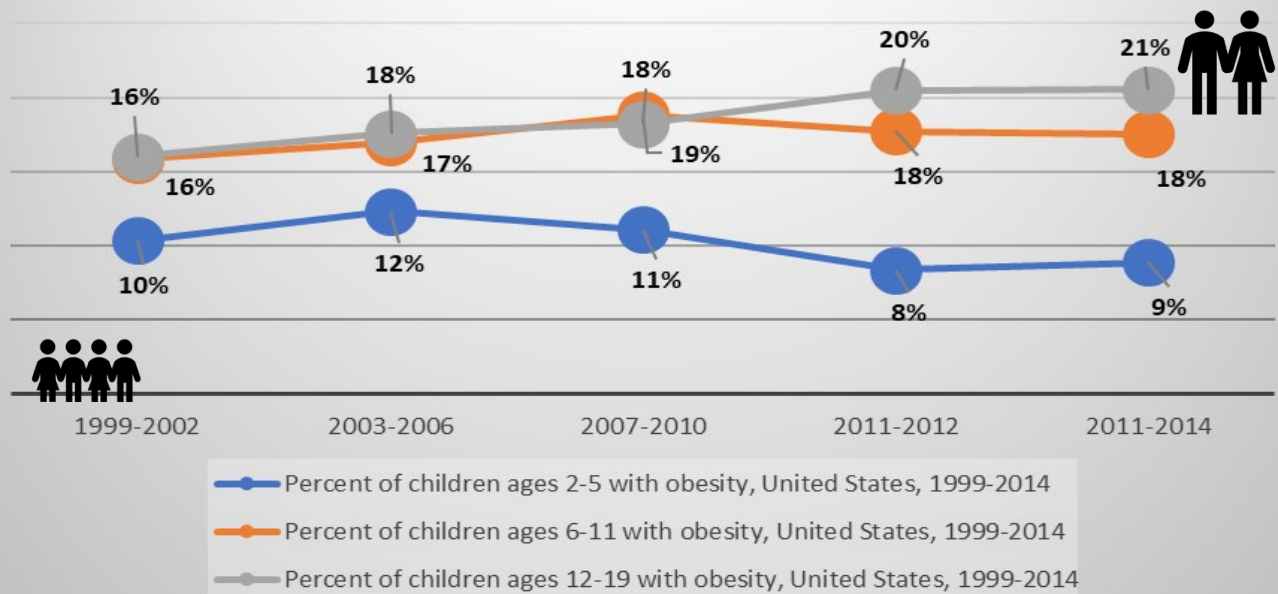




US Health Care in Reform

Health Care Status of the Children

Percentage of Childhood Obesity by Agegroup, US 1999-2014



Source: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey.
<https://nhqrnet.ahrq.gov/inhqrdr/data/query>



2 in 10 School Age Children are Obese in US, 1999-2014



1 in 10 Preschool Children are Obese in US, 1999-2014

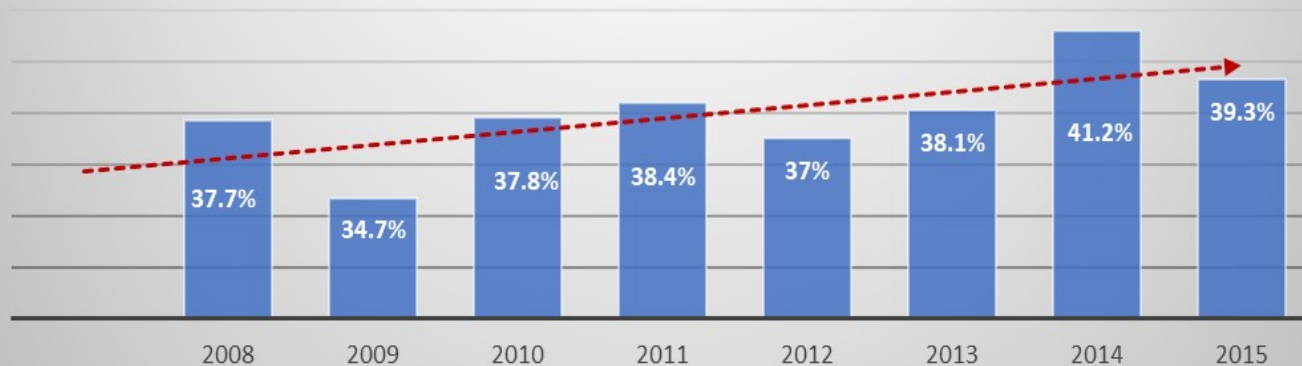




US Health Care in Reform

Health Care Status of the Children

Percentage of Children ages 12-17 with a Major Depressive Episode in the Last 12 months who Received Treatment, United States, 2008-2015



Source: Centers for Disease Control and Prevention, National Center for Health Statistics, National Health and Nutrition Examination Survey.
<https://nhqrnet.ahrq.gov/inhqrdr/data/query>



6 out of 10 Children Ages 12-17 with a Major Depressive Episode **Do Not** Receive Treatment in US, 2008-2015



.....Some food programs need an overhaul and physical play needs to return to the school yard.

With a good Women, Infant and Children -WIC program, most women and their young children are fed. Once it is time to go back to work, women in poor neighborhoods find it difficult to get a good headstart for their children, at the headstart programs, and so are forced to choose between going back to work to feed their family or sending their children to day care and paying the rent, a combination of which amounts to 80% of their salary, leaving very little to survive on as a working family.

Children in pre-school are actually less obese than those in kindergarten and grades 1-12. Preschoolers also have better eating habits when taught. Looks like, as children stay longer in public schools, the more likely they are to eat school food, and become obsessed. These also come with disparities, as White children are less likely to be obsessed than the Black and Hispanic children in the same school. Black and Hispanic children however sign up for school food programs more often than White children. **More like some nutrition programs are working, while some need an overhaul.**

Once children move into college, they also tend to lose weight. This is due to the nature of most colleges in US, forcing students to walk and bike on campus, and restricting parking so less cars on campus. Colleges also offer healthy meal alternatives for students and encourage sports.



This is however not the case for grades 1-12. **The physical activity classes have been scrapped and the food needs an overhaul to say the least.** Most of the time, the excuse for feeding grades 1-12 certain food types is to reduce waste as the children will not eat certain foods.

Mental health in children has been often overlooked as mood swings at puberty. Most parents

find it difficult to distinguish between puberty and the dangerous signs of depression in children. Unfortunately, the middle schools are a harbor of puberty bursts of moods and **these environments need to be controlled in order to nurture mentally sound young adults.**

On average, about 50% of children ages 12-17 years who have major depressive episodes do not receive treatment, even though 84% of these children between 0-17 years have at least one check-up with their primary health care physician, in the last 12 months.

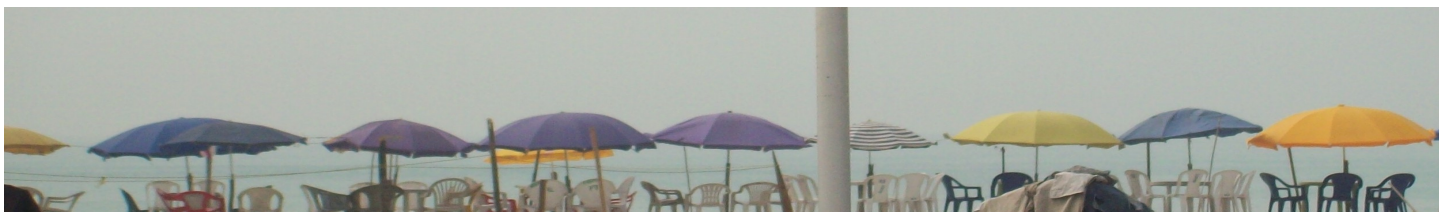
Question: Should primary health care physicians family practice and pediatric practice be allowed to screen and intervene in pediatric group therapy, to help reduce depression in pre-teens and teens?to be continued.



US Children's Health Care System,Where we should be.

Major Functions of the Health Care System	The People	The Government	Health Care Regulatory Agencies	Health Care Market	Government Administrative Agencies
Power	✓	X	✓	X	X
Policy	✓	X	✓	X	X
Funds	✓	✓	✓	X	✓
Market	✓	X	X	X	X
Price	✓	X	X	X	✓
Cost Savings	X	X	X	X	✓
Health Care Status	✓	✓	✓	X	X
Customer Selection	✓	X	X	X	X

Giving **Power** back to the **People**



The Best of Two Worlds: Bar Beach, on the Island, Lagos Nigeria



Author: Folorunso Akintan MD MPH MBA

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Looking forward to hearing from you!



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"Successfully implementing impossible projects in impossible places"

A - KINS NEWSLETTER

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