A-KINS ANALYSTS AND PROJECT MANAGERS

Mission

To build a network of international workforce, mobilizing communities to be self-sufficient, executing effective and efficient assessments, feasibility studies, and implementing projects for the complete physical, mental and social wellbeing of all.

Optimal Wellbeing.

What do we do?

A-Kins Analysts and Project Managers, a minority woman owned community based small business, is a specialty provider of Health Consulting Services including:

- Health Care Advisory & Support Services
- Health Care Strategic Plans/Project Management
- Business Plan Development/Financial Resource Planning/Analysis

.......Health Care Systems Development; Research; Analytics; and community based social determinants of health -Economics

"Successfully implementing challenging projects in challenging places"

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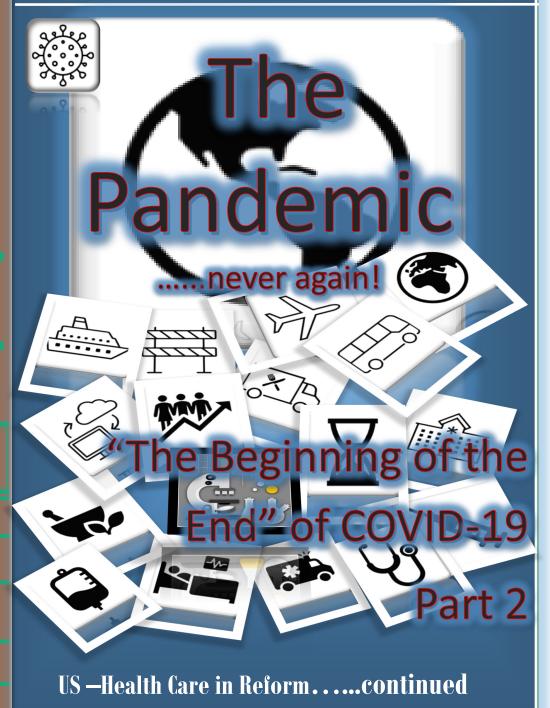
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A-Kins Newsletter 2022

VOLUME 8, ISSUE 3

DECEMBER 7, 2022

US: Healthcare in Reform



A-KINS NEWSLETTER
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US Healthcare in Reform The Plan

The Plan: Healthcare cannot be separated from the economy of the people!

Within ten years of the Spanish flu pandemic, between 1918-1929, the global economy crashed and there was a great recession. The first global recession acknowledged by the world. Many died from the Spanish flu pandemic, but many more died during the great recession.

The global economy cannot be separated from the health of the people. Global economy stability means global health care stability, before, during and after the pandemic. In order to reduce the impact of the pandemic on the global economy, a global food and securities network has to be established to distribute resources all over the world. This should not mimic the pandemic distribution of resources, were the rich had the resources needed to be well and the poor only got poorer, but a global network to distribute securities and help countries sustain their resources substantially. Global security shifting, when done right will save the world from the greatest recession ever and extinction of the world poor and vulnerable population.

The Healthcare systems developed in the early 1900s' to the 1950s globally would need to be assessed and rebooted. These worked for nearly 100 years after the Spanish flu pandemic, but are now rundown, obsolete and remain unfunded. There are enough resources, knowledge, and expertise globally to reboot the global healthcare

Healthy People = Healthy National Economy Stages of grief: "denial" "anger" "bargaining" "depression" "acceptance" Take Action **Health of the People = Healthy Economic Status**

systems.

When there is a diseconomy, the government takes over the root cause of the diseconomy till the diseconomy is stabilized. The US government took over the root cause of the diseconomy, the US healthcare system during the pandemic and should established the root cause of the dysfunction causing the US diseconomy as the "US healthcare-system-in-dis-reform", and "not the pandemic". Now, the US healthcare system dysfunction causing the economic dysfunction is yet to be resolved. The US healthcare system-in-reform would not only reduce the strain of the recession on the health-care of the American people, but also help with the stability of the economy, stabilizing the dysfunction of the US economy. In light of the root cause, COVID-19 pandemic stability does not mean economic stability.

COVID-19 Pandemic Stability ≠

Economic Stability

COVID-19 Pandemic <u>reveled</u> the US
Healthcare dysfunction <u>leading</u> to US Economic instability, therefore COVID-19 Pandemic stability is not economic stability

Health Care Dysfunction =

Economic Dysfunction



US Healthcare in Reform The Plan

Healthy People =
Healthy National Economy

COVID-19 Pandemic Stability ≠ Economic Stability

COVID-19 Pandemic <u>reveled</u> the US Healthcare dysfunction <u>leading</u> to

US Economic instability,

therefore COVID-19 Pandemic stability is not economic stability

Health Care Dysfunction = Economic Dysfunction

Economic Dysfunction = Low Food and Securities Distribution Network
= Economic Instability

Economic Stability = High Food and Securities Distribution Network

High Food and Securities Distribution Network = Health Care Stability

Health Care Stability = Health Care Reform

Health Care Reform = Economic Stability

Economic Stability = High Food and Securities Distribution Network

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US Healthcare in Reform

Common Cold Virus: Observed/Expected

Economic Dysfunction = Low Food and

Securities Distribution Network =

Economic Instability

Economic Stability = High Food and Securities Distribution Network

High Food and Securities Distribution

Network = Health Care Stability

Health Care Stability =

Health Care Reform

Health Care Reform =

Economic Stability

Economic Stability = High Food and Securities Distribution Network

Expected versus Observed: COVID-19

Pandemic Stability
Economic Stability

Due to the US health-care dysfunction, there was an adverse COVID-19 Pandemic outcome observed in US. This is **expected observation**. When the health of the people is disrupted the economy of the people is also disrupted, and the affordability of basic needs of life, in-



cluding food, clothing and shelter becomes a challenge, hence the diseconomy of the US people.

When the COVID-19 Pandemic eventually ends, the US health-care diseconomy remains, therefore there will be a repetition of adverse health-care outcome on a continual basis unless the US health-care system is stabilized. The only way the US healthcare system is stabilized is "US Health-Care-in-Reform". The government takeover during a diseconomy due to US healthcare dysfunction is a temporary fix to a "core reform" problem. Pandemics, and near break in the US healthcare system begins to happen more often, with further disruption of the US economy and the normal daily government function and distribution of resources.

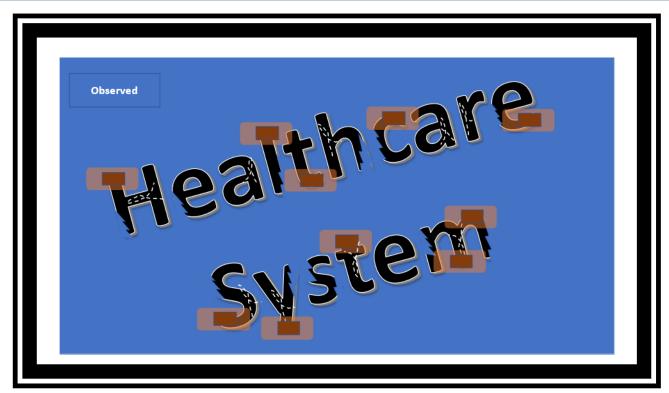
Since the COVID-19 pandemic began, there have been several "near-breaks" in the US healthcare system warranting government intervention in order to avoid a diseconomy. These are signs of dysfunction of the US healthcare system where cracks in the OLD system keep leaking and keep getting patched. The COVID-19 Pandemic was the first major "BURST" in the US healthcare system that took a massive intervention to curtail further adverse outcome for the American people. The COVID-19 Pandemic may be the first big "BURST" in the US healthcare system, but it will not be the last, unless there is "REFORM".

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US Healthcare in Reform

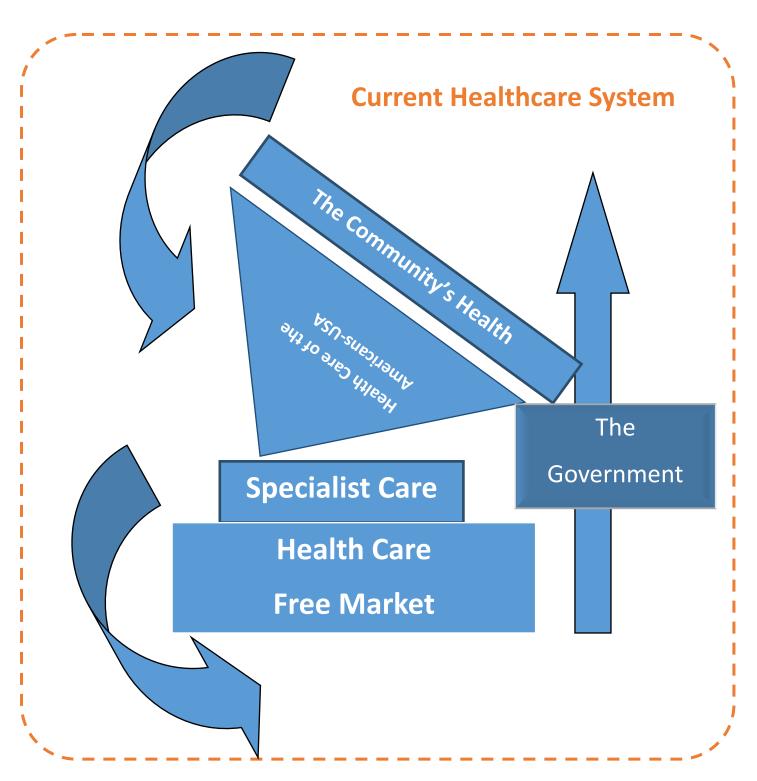
Common Cold Virus: Observed/Expected







.....Where we are: Power, Funds & Market





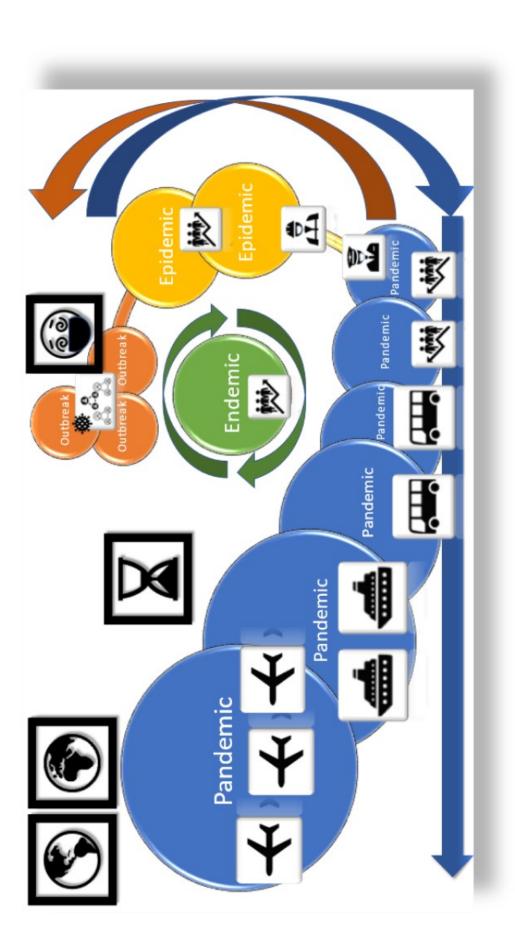
The Plan:.....Where we are.

Giving Power back to the People

Major Functions of the Health Care System Power	The People within their Communities	The Government	Health Care Regulatory Agencies	Health Care Market	Government Administrative Agencies X
		V	٧	V	
Policy	Х	V	V	V	Х
Funds	Х	V	V	V	Х
Market	Х	Х	Х	V	Х
Price	Х	Х	Х	V	Х
Cost Savings	Х	V	Х	Х	Х
Health Care Status	Х	V	V	х	Х
Customer Selection	Х	Х	Х	V	Х

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US Healthcare System: Observed/Expected

The US healthcare system is currently nearing 100 years, having wrinkles and cracks on every side, and more recently "Bursts" in the system. There needs to be a "reform", in order for the health-care and eventually the economy of the US population to stabilize.

A fine balance can be achieved between any pandemic event and the US healthcare system. This starts by putting the system back on its base, community-by-community, "US Health-Care-in-Reform".

Economic Dysfunction =

Low Food and Securities Distribution

Network = Economic Instability

US economic dysfunction seen in the low securities and low basic needs of life network is also being experienced in many nations at the same time, hence the healthcare system dysfunction seen in pandemic has caused a global economic dysfunction, global recession. The global economic security cannot stabilize with the stability of the pandemic. It can only be resolved by a global healthcare reboot and this stability in global health-care system would cause the global economy dysfunction to stabilize. US economic COVID-19 stability cannot save the world from a global recession, neither can any other global economic power be restored by COVID-19 stability.



In order to tackle the root cause, a global health-care reform is required, the same kind of reform that was warranted after the Spanish Flu Pandemic from 1929 to 1950's in US, and 1970's global. All these healthcare systems have now become obsolete and need reboot, reform, and re-funding.

In the meantime, to reduce the suffering of the people, especially the vulnerable community of peoples in the world, security exchange programs need to be set up in each country for communities of people who may not be able to survive the recession. The security exchange network would help many nations balance their budget when it falls and then it can be snowballed to the net country or community of vulnerable peoples in need. This process of security networking would not sustain economies, it would just help slow the effect of a global recession occurring all at once, the root-cause would still have to be sorted out, "Global-Health-Care in-Reform". The Global Network Securities would save the world from a global recession with impacts so large, the population of the world would shrink by onefourth due to starvation within five (5) years. So, in within fifteen (15) years of the COVID-19 pandemic, the world population would be One-forth less, the worst outcome from a pandemic ever!



US Health Care in Reform Where we should be...... Community Based People Power

Specialist Care

The
Government

Health Care of the
Americans-USA

-We The People-The Community's Healthcare System

New Healthcare System, Simplified

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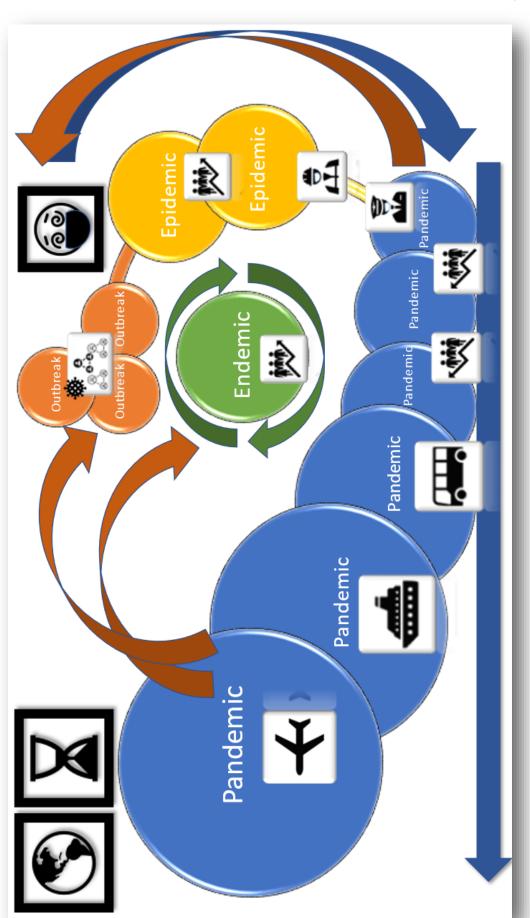


US Healthcare Reform The Plan

Where we should be..... Giving Power back to the People

Major Functions of the Health Care System	The People within their Communities	The Government	Health Care Regulatory Agencies	Health Care Market	Government Administrative Agencies
Power	V	Х	٧	Х	Х
Policy	V	Х	V	Х	х
Funds	V	V	٧	х	V
Market	٧	Х	Х	х	х
Price	V	Х	Х	Х	V
Cost Savings	Х	Х	Х	Х	V
Health Care Status	V	٧	٧	х	х
Customer Selection	٧	Х	Х	Х	Х







US Healthcare System: Expected

Health Care Dysfunction = Economic Dysfunction

Once US moves from denial to anger, snowballing through bargaining, depression and acceptance into "ACTION", there would be some light shining through the tunnel of death and suffering. The economic powers of the world would have to come to a self-awareness after going through the stages of grief "quickly" realizing that the time to take "Action" is now. Ten to fifteen years looks like a life time away, but we are 3 years in already. The time to act is now and it is a global issue, not a country issue. As seen in the COVID-19 pandemic, even when countries with few cases planned to move on, they are still in recession and in debt. If the great economies of the world move on, the recession would still be eminent and not just in their countries, but also global. The only solution to this problem is US healthcare reform snowballing into a global healthcare reform and securities exchange network stalling the recession while to world works on its heath care dysfunction.

For the right action to be initiated, US has to go through the grieving process in an expedited fashion. US is currently in denial and so the "Dysfunctional Action" is currently being taken. Just moving on and living with COVID-19 does not solve this eminent disaster from happening. If over one million people dying of COVID-19 in US does not move the Us into "grieving Action" maybe a global recession with one-

Α.

All or None

Boot the
Current System

B:

Focus on
Building the
Communities

fourth of the world dead to starvation would.

US healthcare reform is Now! A global healthcare system re-boot would stabilize the global healthcare system and the global economy. US COVID-19 stability does not equal healthcare system stability or economic stability.

A: All or None

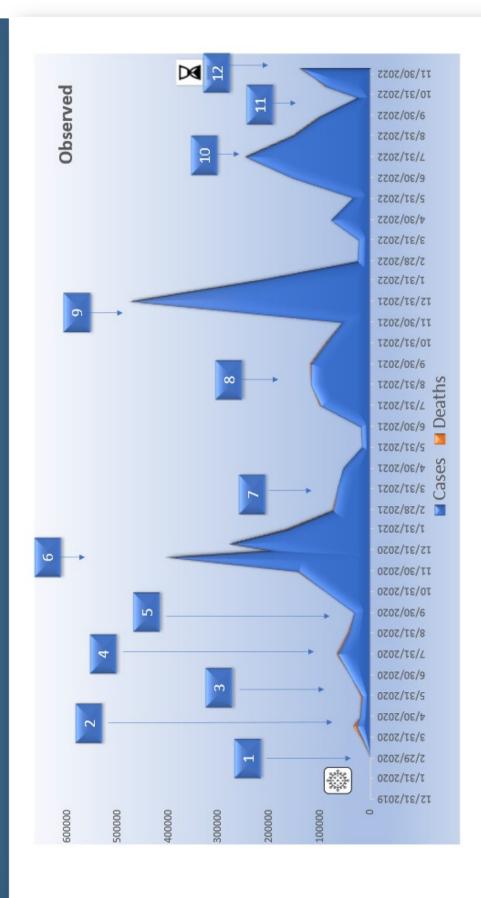
A: Healthcare of the American People is "ALL" or "None". The People have chosen "ALL".

All-inclusive healthcare system should be embraced. One that focuses on the People within their Communities, preventing diseases. The cost of the "All" Healthcare will still be covered by the People, their Employers, and the Government. 100% Corporate Taxes and Direct Healthcare Tax to Paycheck should be used to cover the costs. Focusing on Prevention via Community Healthcare Systems-"housing"-Public Health Prevention Programs should be the foundation of the "All" Inclusive Healthcare System.

B: Boot the Current System

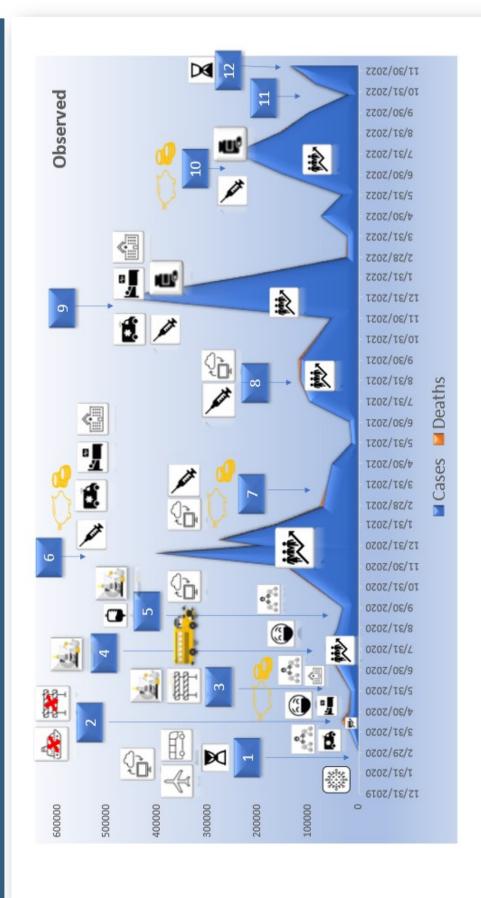
B: The current Healthcare System is nearing a century old, with patches and bandages all over. Boot the current system and plan for a Healthcare System that would last another Century.

The Pandemic: Observed COVID-19 Cases & Deaths 2020-2021-2022



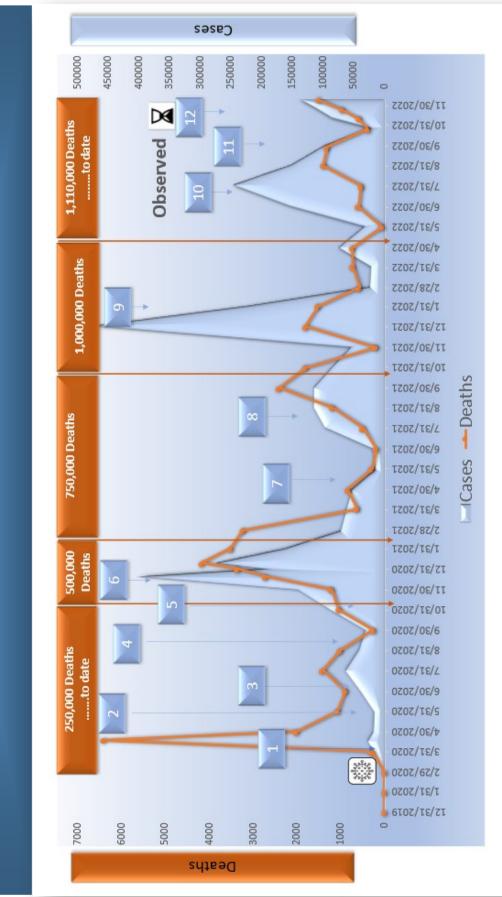


The Pandemic: Observed COVID-19 Cases & Deaths 2020-2021-2022



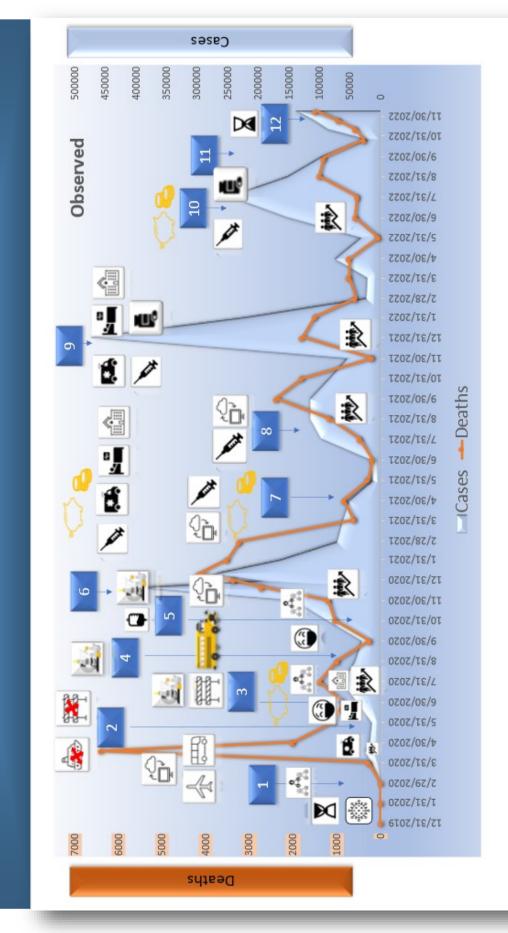


The Pandemic: Observed COVID-19 Cases & Deaths **US Healthcare in Reform** 2020-2021-2022





The Pandemic: Observed COVID-19 Cases & Deaths 2020-2021-2022





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Alpha (Dec 2020)

(Dec 2020)

Delta (June 2021)

Omicron (Dec 2021)

US Healthcare Reform

The Plan:.....Where we are.

Corona Virus Observed.....

2020 2021 2022 Corona **Virus**

??

The Pandemic: Observed COVID-19 Cases & Deaths 2020 - April 2021, 2022 Still Pending......

Observed #	Observed Activities
December 2019	 Corona Virus (Common Cold Virus) New Strain/Variant is Sighted in China and Reported to World Health Organization -WHO and Center for Disease Control and Prevention -CDC. The Pandemic Clock Starts
February 2020	 The Medical World Works on Defining the New strain -Infectivity, Symptoms and Checks for other Sightings All Over the World Corona Virus Sighting Locations are Tracked and Tallied, Locked Down, and an Outbreak or Epidemic or Pandemic is Declared Testing and Diagnosing are Fine-tuned and Disseminated to CDC/State Labs only Public Health goes into Action All Over the World, Initiating Investigations, Tracking Cases, and Curtailing Disease Spread -Face Mask, Washing Hands and Social Distancing All Entries by Sea are Tracked for Disease Cases and Exposures Multiple Nursing Homes and Hospitals Showing Signs of Distress with Cases and Deaths Initial Steps taken to Lockdown the US Population in Order to Curtail Disease Spread
May 2020	 Testing and Diagnosing are Fine-tuned and Disseminated to All Labs and Facilities (Polymerase Chain Reaction -PCR identifying Viral RNA only). All Hazards, Disaster Protocols and Economic Stimulus Initiated. Reported Cases and Exposures at Entries by Air and Sea are Tracked for Disease Cases and Exposures for a Period. Contract Tracing Systems, Quarantine and Isolation Orders begins Research and Development for Treatment and Vaccines also begins Emergency Treatment Authorizations of Plasma/Monoclonal Antibodies. Multiple Communities, Prisons/Department of Justice Population, Nursing Homes, Long-Term Care, and Hospitals Showing Signs of Distress with Increasing Cases and Deaths Monitored. All Lockdowns are Lifted, and Curtailing Disease Spread by Wearing Face Mask, Washing Hands and Social Distancing is Encouraged. Non-essential Workers in US are Encouraged to Work from Home
July 2020	 Same as above in 3 Summer Camps for School Age Children are Open and Monitored Vaccine Clinical Trials Phase 2 and Phase 3 begins
September 2020	 Same as above in 3 Schools are Encouraged to Reopen and are Monitored by School Nurses and the Department of Education Teams Vaccine Clinical Trials Phase 2 and Phase 3 continues

The Pandemic: Observed COVID-19 Cases & Deaths 2020 - December 2021, 2022 Still Pending......

Observed #	Observed Activities
December 2020	 Same as above in 3 Emergency Treatment Authorizations for Vaccines Vaccine Clinical Trials Phase 4 begins with Selective Immunizations All Hazards, Disaster Protocols for Immunization and Economic Stimulus
April 2021 7	 Same as above in 3 Emergency Treatment Authorizations for Vaccines continues COVID-19 Vaccine Clinical Trials Phase 4 begins with Immunization for All 16 years and above -adults and young adults All Hazards, Disaster Protocols for Immunization and Economic Stimulus continues
September 2021	 COVID-19 Vaccine for 12 years and above (May 2021) US Opens up after COVID-19 Lockdown (July 2021) US Hospitalization of Children Increase to over 3 per 100,000 US Population (September 2021) US COVID-19 Deaths Reduce by 38.4%; to 61.6% of Peak (January 2021 vs September 2021) US has Fully Vaccinated 55.5% of Population (September 2021) COVID-19 Vaccine Booster after Primary Series Offered (September 2021)
December 2021	 COVID-19 Vaccine for 5 years and above (October 2021) US Opens Boarder to the World (November 2021) Beta and Delta Strains/Variants Overtaken by Omicron COVID-19 Strain/Variant Spread Across World Boarders Within less than ONE Month (November/December 2021) US COVID-19 Surge begins All Hazards, Disaster Protocols for Immunization and Economic Stimulus continues
June 2022	 US COVID-19 surge continues with new strains/variants -Omicron Vaccine efficacy reduces with more vaccinated individuals reinfected, some hospitalized and fewer deaths Oral antivirals disseminated with re-bound infections Local testing and treating COVID-19 -"Home-Based-Care" programs begin
December 2022 11 12	COVID-19 Pandemic Stability ≠ Economic Stability Health Care Dysfunction = Economic Dysfunction
Data Source: https://www.who.int;	Reuters US COVID-19 Update Sept 30, 2021; USA Today "How Bad is COVID-19 in Kids? Oct 8, 2021



US Healthcare in Reform US Healthcare System: Expected

The current US Healthcare System is based on a 95-year-old concept, and it is obsolete. The structures, systems and strategies for this system were developed after World War I and the Spanish Flu pandemic in 1918. In 1929, due to humanitarian crisis and increase in disease among the poor, and economic recession 10 years after the 1918 Pandemic, these concepts were developed. These concepts have survived nearly a century, with lots of updates and improvements. These improvements have caused the US Community Health Status Model Thermostat to incline towards Treatment versus prevention, which is expensive with poor outcomes. US is now known for spending the most amount of funds on healthcare with the worst outcome in the world. This could be regarded as waste and fraud.

C: Focus on Building the Communities

C: For this New Healthcare System, focus on the Communities and you will not go wrong, because the Power of Healthcare-Change lies with the "American People".

Focus on the communities and set the Foundation of Healthcare in US back on its base -Community Health Centers and their Public Health Prevention Programs fully funded. Most would need new qualified staff, new buildings, new laboratories, more expert hands-on deck, creating local jobs and encouraging neighborhood health watch, saving costs. Cost savings can be used to develop the "community economy", funding local small businesses; keeping in mind

the fact that Healthcare and Economic status of the People and in their communities cannot be separated.

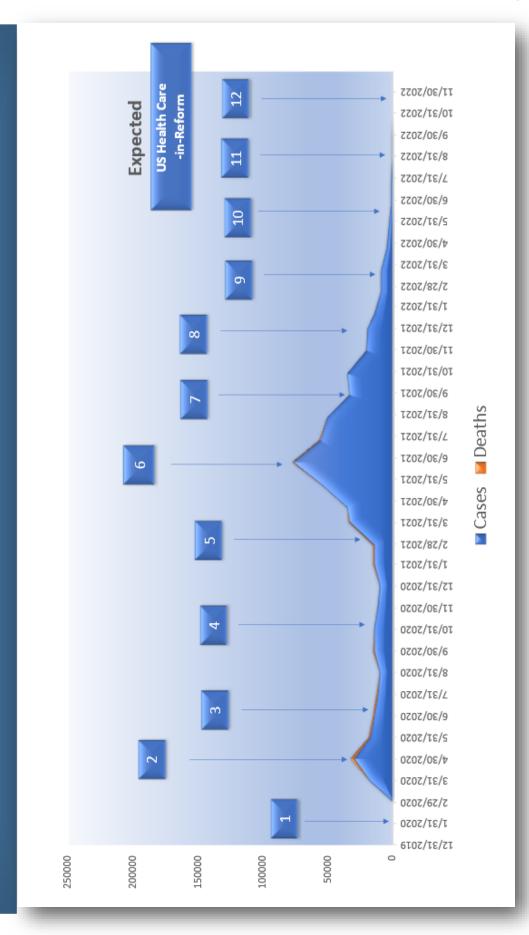
One cannot choose one part of the equation and ignore the other, neither can one blame the virus for 1 million deaths without having the virus defense team at hand and reviewing the healthcare system, the other part of the equation. If the government bailed the economy and the pandemic at the same time, to prevent a dis-economy, what happens to the imbalance caused by the aged healthcare system. Another pandemic to come?.....Still in Denial!

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The Pandemic: Expected COVID-19 Cases & Deaths **US Healthcare in Reform**



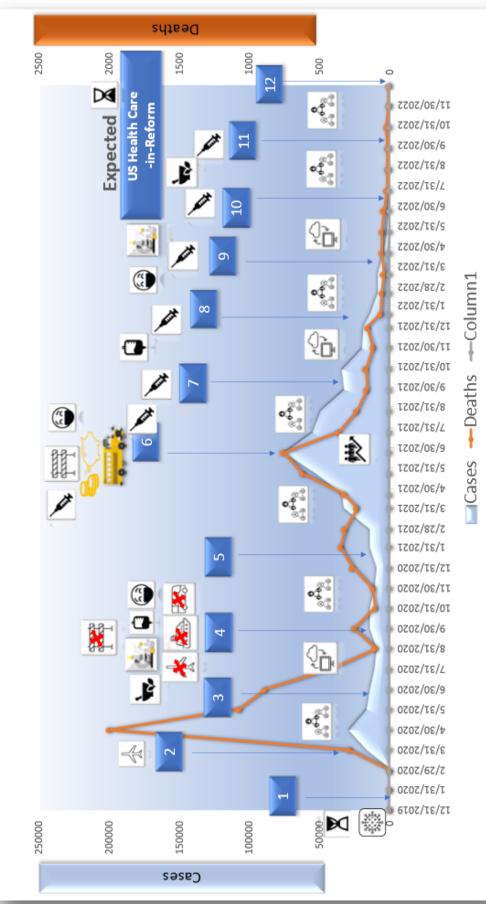


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The Pandemic: Expected COVID-19 Cases & Deaths **US Healthcare in Reform** 2020-2021-2022







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US Healthcare Reform

The Plan: Where we should be.....





The Pandemic: Expected COVID-19
Cases & Deaths 2020-2021-2022

Expected #	Expected Activities
December 2019	Corona Virus (Common Cold Virus) New Strain/Variant is Sighted in China and Reported to World Health Organization -WHO and Center for Disease Control and Prevention -CDC. The Pandemic Clock Starts
	 The Medical World Works on Defining the New Strain/Variant -Infectivity, Symptoms and Checks for Other Sightings All Over the World.
	Testing and Diagnosing are Fine-tuned and Disseminated to All Labs and Facilities.
January 2020	 Corona Virus Sighting Locations are Tracked and Tallied, Locked Down, and an Out- break or Epidemic or Pandemic is Declared.
January 2020	 All Hazards, Disaster Protocols and Economic Stimulus Initiated. All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures.
	Quarantine and Isolation begins
	 Public Health goes into Action All Over the World, Initiating Investigations, Tracking Cases, and Curtailing Disease Spread.
	Research and Development for Treatment and Vaccines also begins
	Emergency Treatment Authorizations.
June 2020	Same as above in 2
4	Same as above in 2
October 2020	Vaccine Clinical Trials Phase 2 and Phase 3 begins
5	Same as above in 2
January 2021	After Action Report on Events and Activities So Far and Updated-Strategies .
	Vaccine Clinical Trials Phase 4 Begins with Selective Immunizations.
6	All Lockdowns are Lifted. All Doordors are Manitored and All Entries by Land Air or See are Tracked for Dis
June 2021	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures.
	Vaccine Clinical Trials Phase 4 Begins with Immunizations for All.



The Pandemic: Expected COVID-19
Cases & Deaths 2020-2021-2022

Expected #	Expected Activities
September 2021	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures. Immunizations for All; 75% of Population Vaccinated.
December 2021	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures. Immunizations for All; Boosters for High Risk.
March 2022	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures. Immunizations for All: 25% of Population as Target
May 2022	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures. Immunizations for All: 25% of Population as Target
August 2022	 All Boarders are Monitored, and All Entries by Land, Air or Sea are Tracked for Disease Cases and Exposures. Immunizations for All: 25% of Population as Target
December 2022	 After Action Report on Events and Activities So Far Updated-Strategies. Immunizations for All; Boosters for High Risk. COVID-19, a Common Cold Virus becomes "Common"!
December 2022	US Healthcare System-in-Reform Health Care Reform = Economic Stability



The Best of Two Worlds: Bar Beach, on the Island, Lagos Nigeria

Published Letters to the Editor

Author: A-Kins Analysts and Project Managers

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- 2. Web: "Contact Us" page at www.a-kins-analysts.com
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