

# LEADERSHIP ASSESSEMENT

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*How do you know when a RE-charge is needed?*

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Use this survey to gauge where you are on the leadership scale.

**1 = Lowest / 5 = Highest**

## **Mental Wellness**

I regularly talk to my therapist or confidant about the activities in my life.

1      2      3      4      5

I freely share how I feel about problems encountered with a trusted person.

1      2      3      4      5

## **Balanced Life**

I do something that gives me pleasure every week.

1      2      3      4      5

I take vacations or quick getaways every quarter.

1      2      3      4      5

## **Spiritual Development**

I dedicate 30 minutes daily to reading God's word.

1      2      3      4      5

I have uninterrupted time for worship and meditation.

1      2      3      4      5

## **Emotional Stability**

My emotions are consistent throughout the day.

1      2      3      4      5

I give myself permission to cry when needed.

1      2      3      4      5

## Financial Status

I am pleased with my financial status.

1      2      3      4      5

I aggressively work toward financial freedom.

1      2      3      4      5

## Physical Fitness

I engage in physical exercise for at least 30 minutes a day.

1      2      3      4      5

I eat healthy meals on a routine basis.

1      2      3      4      5

TOTAL YOUR SCORE \_\_\_\_\_

Use the metrics below to determine where you are on the leadership scale.

Score: 49-60:	Leading Good
Score: 37-48:	Leading Fair
Score: 25-36:	Leading Average
Score: 13-24:	Leading Dangerously
Score: 1-12:	Leading in the Red Zone

If your score highlighted that you are leading in the average, dangerously, or the red zone...STOP! Flip to page five in the book and immediately start your 30-day RE-charge journey again. If you're leading in the good or fair category, schedule a time during the next 60 days to assess where you are and walk through your RE-charge journey again.

[CLICK HERE](#) to Order your Copy of *Leader RE-Charge: 30-Day Devotion for Christian Leaders*

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