Professional Disclosure Statement

Maggie MacLean, Professional Counselor Associate

Supervisor: Tara Sanderson, PsyD, MBA

Dr. Sanderson and Associates, LLC

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Philosophy and Approach:

- My approach is to use a combination of art-making and talk therapy to work towards your personal goals and support the therapy process.
- I believe that art-making can be healing in and of itself, and I also integrate current evidence-based counseling practices to meet your unique needs.
- I value the strengths and abilities that each person brings to therapy, and I believe in every individual's capacity to grow, change, and meet their personal goals.

I respect and encourage feedback from my clients about their therapy process and their experience with me. I will work to keep our communication open and be receptive to feedback. If you ever have questions or concerns about our therapy together, please do not hesitate to let me know.

Formal Education & Training

I graduated in 2022 with a Master's degree in Art Therapy and Counseling from Lewis and Clark Graduate School. Major course work included the effects of trauma over the lifespan, and the unique therapeutic properties of a wide variety of art materials and interventions. My graduate program also focused on group dynamics with both teens and adults.

As Registered Associate with the **Oregon Board of Licensed Professional Counselors and Therapists (Board), I abide by its <u>Code of Ethics</u>. I am supervised by Tara Sanderson, a licensed psychologist. I am happy to talk more about the supervision process if you have any questions.**

Fees

The company charges \$125.00 per session for individuals, families and couples and \$50.00 per group counseling sessions. The company charges \$60.00 for late cancellation/no show appointments.

As a client of an Oregon registered intern, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;

- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me; and
- To be free from being the object of discrimination on any basis listed on the Code of Ethics while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 | Telephone: (503) 378-5499 Email: lpct.board@mhra.oregon.gov

Additional information about this registered associate is available on the Board's website: www.oregon.gov/OBLPCT.