

Amanda Louie, Professional Counselor Associate

Dr. Sanderson and Associates

11845 SW Greenburg Road, Suite 210

Tigard, OR, 97223

amanda@drsandersonandassociates.com

Philosophy and Approach: As a clinician, I believe in a client's right to respect, dignity and autonomy. My approach is a strengths-based, collaborative process that takes into consideration a clients' broader context and development, with special attention paid to family system and attachment dynamics. Through therapeutic intervention and advocacy, it is my goal to help individuals and families identify and build upon their strengths and resources, as well as, areas of growth to empower clients in achieving lasting change. As a therapist, it is my duty to cultivate a safe and trusting relationship and environment for clients in supporting achievement of their goals. My therapeutic approach currently focuses on strengths-based, multicultural, trauma-informed care, utilizing person-centered therapy, interpersonal, family systems and attachment theories, and cognitive-behavioral therapy. I always strive to provide culturally appropriate and client-focused services placing client care and safety first.

Formal Education and Training: I am currently pursuing my Doctorate in clinical psychology at George Fox University. Previously, I received my Master's degree in mental health counseling from Boston College in 2019. Major course work included life span development, diagnosis, theoretical orientations, and therapeutic work with individuals, adults, and families. I also completed a certificate in Child & Family Mental Health and Wellness, with course work emphasizing family and play therapy and therapeutic work with children and adolescents. My training and experience is primarily working with adolescents in a school setting.

As a registered intern with the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To receive my license, I am required to be supervised by an experienced clinical counselor or social worker with at least 3 years of being licensed, supervision training, and approved by the Oregon Board of Licensed Professional Counselors and Therapists. I am currently supervised by Tara Sanderson PsyD, MBA a Clinical Supervisor at Dr. Sanderson and Associates. Tara Sanderson can be contacted at (971) 264-0952 and tara@drtarasanderson.com.

Fees: As an employee of Dr. Sanderson and Associates, I charge \$50.00 per session. I also provide a scholarship model ranging from \$25.00-\$50.00 per session.

Client Bill of Rights:

As a client of an Oregon registered intern, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;

- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services as defined by rule or law, with the following exceptions:
 - Reporting suspected child abuse;
 - Reporting imminent danger to you or others;
 - Reporting information required in court proceedings or by your insurance company or other relevant agencies;
 - Providing information concerning licensee case consultation or supervision;
 - Defending claims brought by you against me.
- To be free from discrimination because of age, colour, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the *Board of Licensed Professional Counselors and Therapists*
3218 Pringle Rd. SE #250, Salem, OR 97302-6312
Telephone: (503) 378-5499
Email: lpct.board@state.or.us
Website: www.oregon.gov/OBLPCT