

## **PROFESSIONAL DISCLOSURE STATEMENT**

Justus Wahl, M.A. – Doctoral Student Intern

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Supervisor: Dr. Brent Felnagle, PsyD

11845 SW Greenburg Rd Ste 210, Tigard OR 97223

Dr. Sanderson and Associates

**Philosophy and Approach:** I use a cognitive-behavioral therapy (CBT) approach to treatment, focusing on thoughts, actions, and feelings that cause distress. I help clients identify patterns in their lives contributing to symptoms, developing solutions rooted in cognitive psychology and behaviorist principles. Further, I conceptualize clients using a strengths-based model, identifying areas of resilience that support their well-being. I use principles from Acceptance and Commitment Therapy (ACT) and Dialectical Behavior Therapy (DBT), to cultivate cognitive flexibility and mindfulness. I believe the therapeutic process should be tailored to the individual as everyone responds differently to treatment. I emphasize collaboration that empowers clients to voice their wants and needs in therapy.

I work with individuals of every race, socioeconomic background, sexual orientation, gender presentation, (dis)ability, and belief system, valuing the unique perspectives of each client. I seek to create an environment that demonstrates respect and allows freedom of personal expression.

### **Current and formal education/training/experience:**

I received my Bachelor of Arts degree in Psychology with a minor in Cognitive Science from Lawrence University. Additionally, I received my Masters of Arts in Clinical Psychology from Pacific University. I am currently working toward my doctor of psychology (PsyD) degree, which I will complete by August 2028.

### **Ethical Adherence and Supervision:**

I follow the ethical guidelines of the American Psychological Association (APA) and Oregon Board of Psychology (OBOP) to ensure that clients receive the highest standard of care. This includes a commitment to beneficence and nonmaleficence, fidelity and responsibility, integrity, justice, and respect for people's rights and dignity. I will be working under the supervision of Dr. Brent Felnagle, PsyD and Dr. Tara Sanderson, PsyD, MBA, GTC, who will provide me with feedback to support high-quality provision of mental health services. I am authorized to provide clinical services with the guidance of these licensed professionals, who abide by the same ethical code of conduct.

**As a client of an Oregon therapist trainee, you have the following rights:**

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 858-010-0075);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
  - 1) Reporting suspected child abuse;
  - 2) Reporting imminent danger to you or others;
  - 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies;
  - 4) Providing information concerning licensee case consultation or supervision;
  - 5) Defending claims brought by you against me;

\* To be free from discrimination because of age, color, culture, disability, ethnicity

**Fees:** Fees for Doctoral Student Interns at Dr. Sanderson and Associates are up to \$50 for each session Please let me know at any time if you have questions or concerns regarding your set fee.

I have read and received the required disclosure information and understand the information provided..

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Client Signature (print and sign)

Date:

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Therapist Trainee Signature (print and sign)

Date: