

# **Supervisory Billing**

## **Navigating Being Seen by a Provisionally Licensed Clinician**

### **What is Supervisory Billing?**

Supervisory billing, also sometimes referred to as Incident to Billing, happens when the clinician providing the service is under the supervision of another clinician.

### **Why Does Supervisory Billing Happen?**

This most commonly happens when the clinician providing the service is still in the process of getting their license. These clinicians are referred to as "provisionally licensed". You can think of this like someone with a drivers permit. They are allowed to drive but only with the supervision of a fully licensed driver.

### **What Does this Mean for You?**

The clinician who is the supervisor will review and sign off on diagnoses, treatment plans and session notes. This means that your information will be seen by someone in addition to your individual clinician. It is imperative that you

feel comfortable with having your file reviewed and discussed with the supervisor.

## **Why Should You Know About It?**

It is important because every insurance company has slightly different rules for supervisory billing and not all of them will allow you to be seen by someone that isn't fully licensed. It is important that you are clear on if your insurance company will allow this and if there are any special steps that need to be taken to allow this.

## **How Do I Know if Supervisory Billing is Allowed for Me?**

Since it is important to be very clear on if this is allowed for your specific insurance policy, the best way to make sure is to call your company and ask. This is a complimentary service that we can provide and assist you with. We have a list of questions that we ask the insurance company representative to ensure clarity. If you need help clarifying with your insurance company - please let us know, we are happy to help.

What if my Insurance Won't Cover Me to See a Provisionally Licensed Clinician, but I Feel Like That Clinician is a Good Fit for Me?

You can still see that clinician, however you will not be able to use your insurance benefits and would need to pay that clinician's cash pay rate.

## **If They are Needing to be Supervised, Do They Really Know What They Are Doing?**

Yes! Everyone in our practice has completed their education, attended additional trainings and has been approved to see clients. The licensing board requires supervision after graduation to make sure of their competence. In addition you get the added benefit of the supervisors influence and expertise for your care.

## **Still Have Concerns?**

Your story is important and we understand that you may have concerns about being seen by someone who is not fully licensed. We recommend that before you count the idea out that you speak to your prospective clinicians supervisor to see if they can answer any further questions about this process.



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