

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Upper Level Conference Room
Friday, February 16, 2024 - 8:30 A.M.

MEETING MINUTES
Approved March 14, 2024

1. Call to Order: Committee Chair Trustee Samz called the February 16, 2024, Health & Wellness Committee meeting to order at 8:31 a.m.
2. Roll Call: Present were Committee Chair Trustee Samz, Second Chair Trustee Ufodike, Supervisor Palmblad, Township Manager Marciniak, and Health & Wellness Director Marx.
3. Public Comment: None.
4. Groups: Director Marx informed the committee that a Grief Group is held on the last Tuesday of every month from 3-4:30 p.m. and is very well attended. She believes Clinician Innocenti does a great job. The Chairty Knit group still has high attendance, and no changes have been made. Initial discussions on creating a Parenting Group have taken place.
5. Events: Director Marx is attempting to host a Summer Special Olympics with surrounding Townships through ATCOI, but it has been difficult to get solid commitments. There is potential for a Wellness Fair to present to the community, as well as the possibility of attending local Farmer's Markets in an effort to get out in front of public to make them aware of services that are available.
6. Lending Closet: The department needs to find time to clean and organize the Lending Closet. The closet is currently short on canes, so any cane donations would be greatly appreciated. Township Manager Marciniak discussed the possibility of taking \$10 deposits on equipment being borrowed, and then returned to individuals upon return of equipment, or the money can be donated back to Health and Wellness to supply funds to purchase new equipment, or other departmental needs.
7. Staffing: Currently the department is down a clinician, and they are looking to fill that position as soon as possible. Director Marx has concerns regarding salary for the position. Discussion on alternative places, such as colleges, where we can post the job other than just indeed.
8. Monthly Statistics & Trends: The committee was presented with numerous graphs that showed current numbers as compared to previous years. Committee Chair Trustee Samz and Second Chair Trustee Ufodike asked for the numbers to be presented in a different format, so they are more easily understood.
9. New Business: FY24/25 Health and Wellness Department budget was discussed. The conversation centered around salaries for clinicians and the department head. Director Marx left the room at 10:01 a.m., and her salary for next year was discussed by the committee. Final figures were settled and agreed to move forward to present them to the board.
10. Old Business: None
11. Set Date for Next Health & Wellness Committee Meeting: May 22, 2024, at 8:30 a.m.
12. Adjournment: Committee Chair Trustee Samz adjourned the meeting at 10:28 a.m.

Respectfully submitted: Township Manager Marciniak