

MUNICIPAL POOL HOURS AND PROGRAMS

Bedford Municipal Pool 411 Lamson Ave. Phone 440-439-4560

Pool Opens Saturday June 9

Open Swim Hours

Monday—Friday 1:00-5:30 PM; 7:00-8:00 PM
Saturday—Sunday 1:00-8:00 PM

Adult Swim Hours

Monday—Friday 11:30 AM-1:00 PM
Saturday—Sunday 11:30 AM-1:00 PM

Family Swim Hours

Monday—Friday 8:00-9:00 PM
Saturday—Sunday 8:00-9:00 PM

Season Pass Fees

Individual \$40
Senior \$20
Household (2 adults and 2 children; or 1 adult and 3 children) \$100
Each additional person \$15

Drop-in Fees

Resident \$5
Guest \$10 (Must be accompanied by a Bedford resident)

Learn-to-Swim

Bedford Parks and Recreation Department offers the American Red Cross Learn-to-Swim program for children ages 5 and up, as well as Tiny Tot preparation classes for children ages 2-4 accompanied by a parent. There are two, three week sessions with classes meeting Monday through Friday as follows. **Resident \$40 (\$90 for 3 or more) Non-Resident \$60 (\$140 for 3 or more)**

Session 1

June 11 through June 29
10:45 AM -11:25 AM Tiny Tots*
10:45-11:25 AM ARC Levels 1-6
6:00 PM - 6:40 PM ARC Levels 1-6
**Exception - Tiny Tots meet Monday, Tuesday and Thursday*

Session 2

July 9 through July 27
10:45 AM -11:25 AM ARC Levels 1-6
10:45 AM -11:25 AM Tiny Tots*
6:00 PM - 6:40 PM ARC Levels 1-6
**Exception - Tiny Tots meet Monday, Tuesday and Thursday*



Summer Swim Team

Bedford Parks and Recreation Department offers a summer swim team for children ages 5-18. The team practices at Bedford Municipal Pool Monday through Friday 8:45-10:00 AM. Swim meets are held in various communities throughout the season, which runs June 11 through July 28. **Resident \$40 (\$90 for 3 or more) Non-Resident \$60 (\$140 for 3 or more)**



Aquasize

Get your heart rate up with fun water exercise classes. Class meets Monday, Tuesday and Thursday evenings.

Resident \$40, Non-Resident \$60

Session I

June 11 through June 28
6:00 PM - 6:40 PM

Session II

July 9 through July 26
6:00 PM - 6:40 PM

To Register or Purchase Pool Pass

In-Person:
Bedford City Hall
165 Center Road
Monday through Friday
8:00 am to 5:00 pm
Cash & Checks Accepted
Phone: 440-735-6570

Bedford Municipal Pool
(on or after June 9)
411 Lamson Ave.
Cash & Checks Accepted
Phone: 440-439-4560

Coming soon....

Online registration and credit card payments! Go-live date expected in May. Check our website or Facebook page for updates! Credit card payments will be accepted online and in-person at the Recreation Department. A 3.5% convenience fee will be charged for all credit card payments.

Summer Employment Opportunities

Bedford Recreation is now hiring seasonal positions including camp director, camp counselor, lifeguard, outside maintenance, and umpire. Minimum age varies by position. Positions open until filled. Applications available at City Hall, online at bedfordoh.gov under City Hall/Employment Opportunities, or at Bedford Recreation on Facebook.

Dates, times, fees are subject to change

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American Red Cross Learn-To-Swim Course Descriptions



American Red Cross

Level 1 (swimmers ages 5 and older): Beginner swimmers work on gaining confidence in the water by using floatation devices to assist in movement, submerging their face in the water and basic floating. Safety emphasis is on wearing a life jacket when appropriate.

Level 2 (swimmers ages 5 and older): Beginner swimmers expand their confidence level in the water by swimming without floatation for 15 yards, submerging and retrieving an object from underwater and basic movement while on their back. Safety emphasis is on entering the pool appropriately.

Level 3 (swimmers ages 5 and older): Swimmers are introduced to the freestyle stroke using rotary breathing and the elementary backstroke with a flutter kick. This is the last level taught in the shallow sections of the pool. Safety emphasis is on swimming with a friend in a supervised area.

Level 4 (swimmers ages 5 and older): This is the first level taught in water where the swimmers cannot stand. Swimmers begin to build endurance while swimming the freestyle, and the backstroke and side stroke are introduced. Swimmers learn how to dive into the deep water from the side. Safety emphasis is on when to call 911.

Level 5 (swimmers ages 5 and older): Swimmers continue to perfect the freestyle and backstroke, while being introduced to the breaststroke. More endurance in both swimming and treading is built. Swimmers are introduced to diving. Safety emphasis is on what to do in an emergency.

Level 6 (swimmers ages 5 and older): Swimmers learn the butterfly stroke, while perfecting the breaststroke. Swimmers are also trained to pass the prerequisites for the lifeguarding course. In addition to building endurance, the safety emphasis is on knowing where to swim and dive.

Tiny Tots Learn-To-Swim Course Description

Tiny Tots is a parent/child program for ages 2 - 4 (must be potty trained). The program is designed to be a fun parent/child experience to build confidence in the water and prepare children for future swim lessons.

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