CITY OF BEDFORD



PARKS & RECREATION DEPARTMENT

Bedford Municipal Pool Hours & Programs

Pool Opens Monday, June 3

Open swim hours first week - 1:00 pm - 8:00 pm

Open Swim Hours Beginning Monday, June 10

Monday - Friday 1:00 - 5:30 pm Saturday & Sunday 1:00 - 8:00 pm

Adult Swim Hours

Monday - Friday 11:30 am - 1:00 pm*
Saturday & Sunday 11:30 am - 1:00 pm
*Tuesday & Thursday - Day Camp LTS 11:30 am - 12:30 pm

Family Swim Hours

Monday - Friday 7:00 pm - 8:00 pm

Season Pass Fees (Must be a Bedford Resident)

Individual \$40 Senior \$20

Household \$100 - 2 adults/2 children or 1 adult/3 children \$15 each additional child

Daily Drop-In Fees

Bedford Resident \$5 each
Guest \$10 (Must be accompanied by a Bedford resident)

BEDFORD PARKS & RECREATION DEPARTMENT

Ellenwood Center 124 Ellenwood Avenue Monday through Friday 8:00 am to 5:00 pm

Phone: 440-735-6570

Email: recreation@bedfordoh.gov

Website: www.bedfordoh.gov

Bedford Municipal Pool 26 Ellenwood Avenue

Phone: 440-439-4560

Registration for pool passes and all aquatic programs begins May 1 at the Parks & Recreation Department

Aquasize

Get your heart rate up with fun water exercise classes. Class meets Monday, Wednesday and Thursday evenings.

Resident \$40 Non-Resident \$60

Session I June 10 through June 28 6:00 PM - 6:40 PM

Session 2 July 8 through July 26 6:00 PM - 6:40 PM

Summer Swim Team

The Battlesharks summer swim team is for children ages 5-18. Team practices at Bedford Municipal Pool Monday through Friday 8:45 AM to 10:00 AM. Swim meets are held in various communities throughout the season June 10 through July 27.

Resident \$40 (\$90 for 3+) Non-Resident \$60 (\$140 for 3+)





American Red Cross Learn-To-Swim Course Descriptions

Level 1 (swimmers ages 5 and older): Beginner swimmers work on gaining confidence in the water by using floatation devices to assist in movement, submerging their face in the water and basic floating. Safety emphasis is on wearing a life jacket when appropriate.

Level 2 (swimmers ages 5 and older): Beginner swimmers expand their confidence level in the water by swimming without floatation for 15 yards, submerging and retrieving an object from underwater and basic movement while on their back. Safety emphasis is on entering the pool appropriately.

Level 3 (swimmers ages 5 and older): Swimmers are introduced to the freestyle stroke using rotary breathing and the elementary backstroke with a flutter kick. This is the last level taught in the shallow sections of the pool. Safety emphasis is on swimming with a friend in a supervised area.

Level 4 (swimmers ages 5 and older): This is the first level taught in water where the swimmers cannot stand. Swimmers begin to build endurance while swimming the freestyle, and the backstroke and side stroke are introduced. Swimmers learn how to dive into the deep water from the side. Safety emphasis is on when to call 911.

Level 5 (swimmers ages 5 and older): Swimmers continue to perfect the freestyle and backstroke, while being introduced to the breaststroke. More endurance in both swimming and treading is built. Swimmers are introduced to diving. Safety emphasis is on what to do in an emergency.

Level 6 (swimmers ages 5 and older): Swimmers learn the butterfly stroke, while perfecting the breaststroke. Swimmers are also trained to pass the prerequisites for the lifeguarding course. In addition to building endurance, the safety emphasis is on knowing where to swim and dive.

Tiny Tots Learn-To-Swim Course Description

Tiny Tots is a parent/child program for ages 2 - 4 (must be potty trained). The program is designed to be a fun parent/child experience to build confidence in the water and prepare children for future swim lessons.

Learn-to-Swim

American Red Cross Learn-to-Swim program for children ages 5 and up, as well as Tiny Tot preparation classes for children ages 2-4 accompanied by a parent. There are two, three week sessions with classes meeting Monday through Friday as follows.

Resident \$40 (\$90 for 3 or more) Non-Resident \$60 (\$140 for 3 or more)

Session I

June 10 through June 28 10:00 AM - 10:40 AM ARC Levels 1-6 10:45 AM - 11:25 AM Tiny Tots 10:45 - 11:25 AM ARC Levels 1-6 6:00 PM - 6:40 PM ARC Levels 1-6

Session 2

July 8 through July 26 10:00 AM - 10:40 AM Tiny Tots 10:45 AM - 11:25 AM ARC Levels 1-6 10:45 AM - 11:25 AM Tiny Tots 6:00 PM - 6:40 PM ARC Levels 1-6



