

Responsible RestartOhio



Adult Day & Senior Centers

Mandatory

Pre-Opening Testing

- Facilities shall implement COVID-19 testing of all participants and staff consistent with protocols and guidelines established by ODA, in consultation with ODH.

Facilities

Reduced Capacity, Spacing

- To the extent feasible, use cohorting of participants to minimize the risk of disease spread and adverse health outcomes. Cohorting is the practice of gathering participants together as a group who eat, travel, and participate in activities and services together. Facilities shall determine, after assessing capacity, the number of participants to include in each cohort.
 - For example, centers may consider having the same cohort for congregate meals multiple times per week or the same participants for group fitness classes such as tai chi.
- Establish as few points of entry as possible.
- Configure layout for enhanced infection control, including holding area for symptomatic individuals.
- Follow other state protocols for gyms and pools.

Sanitation

- Implement CDC guidance for cleaning, disinfecting, and sanitizing.
- Maintain adequate inventory of PPE.
- Establish hand washing or a sanitization station at facility entrance.
- Make sanitizer available for facility and staff participants.

Signage/Communication

- Develop a communication plan including how you plan to reach different audiences and all reopening requirements (e.g. families, staff, community).
- Post signage regarding hand-washing, sanitization of equipment,
- Post signage at entry requiring safe distancing and face coverings.
- Post signage for hand-washing, sanitization of equipment, and safe distancing.

Recommended Best Practices

Reduced Capacity, Spacing

- Routine review of census to ensure compliance with safe distancing guidelines.
- Continuously evaluate the physical layout of the building to identify environmental changes supporting infection control and social distancing criteria (e.g. storing furniture and removing magazines from common areas).
- Observe and evaluate spacing, communal meals, activities, vans and transportation to maintain adequate social distancing.
- Consider modifying facility hours to accommodate caregiver drop-off and pick-up as well as staggered schedules.

Signage/Communication

- Ensure all communications are culturally and linguistically appropriate as well as accessible for individuals with disabilities.
- Develop a communication plan for participants and families
 - Issue updated facility policies and transportation plan (where applicable).
 - Educate participants and families about the risks of COVID-19 and safety measures.
- Post signs with COVID-19 screening questions, if possible.
- Post directional signage to encourage separation of entrances and exits, if possible.

Mandatory

Facilities (cont.)

Entering Facility

- Establish protocols to ensure participant and staff safety including screening all participants prior to or immediately upon entering the facility.
- Pre-screen all participants and staff for COVID-19 via telephone before each visit to the facility using the tool found [here](#).
- Maintain a daily log that includes the attendance of each participant including telephone number and address. The log shall be maintained for at least six months.
- Facilities, where possible, shall have a designated entry point that allows for participants to be picked up and dropped off safely, including providing enough space to permit participants to maintain safe distance from each other and staff and accommodates for adverse weather conditions. No individuals shall be allowed in the designated entry point without a mask.

Air Circulation

- Limit use of fans.

Congregate Activities

- Establish appointments and sign-ups for activities ahead of time.
- Prohibit field trips, excursions, and large group events.
- Cancel activities if there is no ability to social distance.
- Encourage outdoor activities (i.e. dining, classes, etc.) as appropriate and participants can safely join.
- Follow state COVID-19 protocols for outdoor sports such as pickleball, bocce ball, shuffleboard, tennis, etc.
- Require arrival to group activities no more than 10 minutes before start time.
- Follow Restaurants, Bars, and Banquet & Catering Facilities/ Services Guidance for dining:
 - 6 ft. Marking to distance while in line.
 - 6 ft. Distance for dining/seating areas.
 - No self-serve buffets.
 - Condiments placed on food item by staff or offered in individual packets or containers.
- Alter schedules to reduce contact (e.g., stagger meal, activity, arrival/departure times).
- Maintain and, in some cases, enhance virtual options to conduct group activities (music, games, socialization)
 - Examples include FaceTime, Skype, and Zoom

Staff

- For the purpose of the Order, staff includes volunteers.
- Train staff on:
 - Infection control
 - Appropriate use of PPE and hand sanitizer
 - Spacing/social distancing
 - Sanitizing surfaces
 - New facility procedures for COVID-19
 - Other CDC recommended topics:
www.train.org/cdctrain/welcome
- Train personnel necessary for the operations of the facilities which include, but may not be limited to, staff, contracted and emergency healthcare providers, and contractors conducting critical on-site maintenance.
- If possible, participants should be assigned the same aide throughout the day.
- Require direct administrative staff who do not need to be physically present in the center to stay at home and work remotely.

Recommended Best Practices

Entering Facility

- Screening for staff, participants, and visitors should include, at a minimum:
 - Temperature checks
 - Required cloth face covering or facemask
 - Questionnaire about symptoms and potential exposure
 - Observation of any signs or symptoms

- Create activity packs for participants to work independently or in a socially distanced group.
- Offer disposable utensils.

- Routinely review CDC training and other state training resources to identify updated and or new training materials and opportunities.
- Assess staff readiness including social and emotional support.
- Adjust appropriate staffing levels including contingency plans for staff absences due to COVID-19.
- Consider a flexible schedule which staggers clients and staff in mornings and afternoons to avoid high volume or density of participants in the same location.
- Recommend the following regarding PPE use:
 - Gloves when providing personal care, food handling, and other situations.
 - Face coverings for staff should include surgical masks (not facecloths).
 - New masks for employees each shift.
 - Appropriate PPE (gowns and face shields) for employees assisting participants with showering/bathing.

Mandatory

Staff (cont.)

- Require staff to wear face coverings except for one of the following reasons:
 - Facial coverings in the work setting are prohibited by law or regulation.
 - Facial coverings are in violation of documented industry standards.
 - Facial coverings are not advisable for health reasons.
 - Facial coverings are in violation of the business' documented safety policies.
 - Facial coverings are not required when the employee/volunteer works alone in an assigned work area.
 - There is a functional (practical) reason for an employee/volunteer not to wear a facial covering in the workplace

(Businesses must provide written justification, upon request, explaining why an employee is not required to wear a facial covering in the workplace. At minimum, facial coverings (masks) should be cloth/fabric and cover an individual's nose, mouth, and chin.)

Recommended Best Practices

Participants

- Participants considered to be a risk to others shall not be accepted into the facility until it is safe for everyone.
- Providers shall assess existing capacity and identify participants best suited to return to the facility. Facilities shall include this prioritization within facility policies.
- Participants should be reminded about the risks of the spread of COVID-19 and the appropriate safety measures to take to protect themselves.
- During this initial phase of limited capacity, participants unable to wear masks shall not be permitted to return to facilities.

- Adult Day prioritization criteria may include:
 - Individual risk-level
 - Availability of caregiver support
 - Amount of paid caregiver support
 - Risk of isolation
- Senior Center prioritization may include individuals:
 - Without chronic conditions
 - With the ability to wear a mask and follow safe distancing practices
- Remain in contact with the individual's case manager to ensure service coordination (ADS only).

Transportation

- All drivers will be required to wear a mask at all times.
- Transportation providers shall adhere to the [Ohio Department of Transportation Guidance](#) and the [Mass Transit Transportation Providers COVID-19 Checklist](#).
- Transportation shall accommodate spacing of participants and continued circulation of air.
- All individuals participating in pick up or drop off shall be required to wear a mask during the process of pick up or drop and at all times while inside the designated entry point.

- Drivers should use curbside pick-up and drop-off where possible.
- Encourage families to assist with transportation.

Confirmed Case

- Immediately isolate and seek medical care for any individual who develops symptoms while at the facility.
- Shut down space for deep sanitation, if possible.
- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications, if possible.
- Test all suspected infections or exposures, if possible.
- Following testing, contact local health department to initiate appropriate care and tracing, if possible.