

# CITY OF BEDFORD

## PARKS & RECREATION DEPARTMENT

### Bedford Municipal Pool Hours & Programs

#### Expanded Pool Hours

Effective July 12 - August 15

#### Open Swim Hours

Sunday - Saturday (7 days per week) 1:00 - 7:00 pm  
last break at 6:45pm

*Note: Prior to July 12 pool is closed on Mon. and Tues.*

#### Adult Swim Hours

Sunday - Saturday (7 days per week) 12:00 pm - 1:00 pm

*Note: Prior to July 12 pool is closed on Mon. and Tues.*

#### Season Pass Fees (Must be a Bedford Resident)

Individual \$40

Senior \$20

Household \$100 2 adults/2 children or 1 adult/3 children  
\$15 each additional child

*Passes available online at [bedfordoh.gov/aquatics](http://bedfordoh.gov/aquatics) or  
in-person at the pool.*

#### Daily Drop-In Fees

Bedford Resident \$5 each

Guest \$10 (Must be accompanied by a Bedford resident)

#### End of Season Schedule Effective Monday, August 16

#### Open Swim Hours

Saturday - Sunday (weekends only) 1:00 pm - 7:00pm\*

#### Adult Swim Hours

Saturday—Sunday (weekends only) 12:00 pm - 1:00 pm\*

\*No weekday hours effective August 16

#### BEDFORD PARKS & RECREATION DEPARTMENT

Ellenwood Center

124 Ellenwood Avenue

Phone: 440-735-6570

Email: [recreation@bedfordoh.gov](mailto:recreation@bedfordoh.gov)

Website: [www.bedfordoh.gov](http://www.bedfordoh.gov)

Bedford Municipal Pool

26 Ellenwood Avenue

Phone: 440-439-4560

#### Learn-to-Swim

We are pleased to announce the return of learn-to-swim lessons! See back of flyer for details!



### Learn-To-Swim Course Descriptions

Level 1 (swimmers ages 5 and older): Beginner swimmers work on gaining confidence in the water by using floatation devices to assist in movement, submerging their face in the water and basic floating. Safety emphasis is on wearing a life jacket when appropriate.

Level 2 (swimmers ages 5 and older): Beginner swimmers expand their confidence level in the water by swimming without floatation for 15 yards, submerging and retrieving an object from underwater and basic movement while on their back. Safety emphasis is on entering the pool appropriately.

Level 3 (swimmers ages 5 and older): Swimmers are introduced to the freestyle stroke using rotary breathing and the elementary backstroke with a flutter kick. This is the last level taught in the shallow sections of the pool. Safety emphasis is on swimming with a friend in a supervised area.

Level 4 (swimmers ages 5 and older): This is the first level taught in water where the swimmers cannot stand. Swimmers begin to build endurance while swimming the freestyle, and the backstroke and side stroke are introduced. Swimmers learn how to dive into the deep water from the side. Safety emphasis is on when to call 911.

Level 5 (swimmers ages 5 and older): Swimmers continue to perfect the freestyle and backstroke, while being introduced to the breaststroke. More endurance in both swimming and treading is built. Swimmers are introduced to diving. Safety emphasis is on what to do in an emergency.

Level 6 (swimmers ages 5 and older): Swimmers learn the butterfly stroke, while perfecting the breaststroke. Swimmers are also trained to pass the prerequisites for the lifeguarding course. In addition to building endurance, the safety emphasis is on knowing where to swim and dive.

### Tiny Tots Learn-To-Swim Course Description

Tiny Tots is a parent/child program for ages 2 - 4 (must be potty trained). The program is designed to be a fun parent/child experience to build confidence in the water and prepare children for future swim lessons.

### Learn-to-Swim Fees & Dates

The Bedford Municipal Pool Learn-to-Swim program is for children ages 5 and up, as well as Tiny Tot preparation classes for children ages 2-4 accompanied by a parent.

Resident \$40 (\$90 for 3 or more)  
Non-Resident \$60 (\$140 for 3 or more)

#### Session Dates:

July 12 through July 29  
Monday/Wednesday/Thursday  
11:00 am - 11:40 am Levels 1-6  
11:00 am - 11:40 am Tiny Tots  
7:00 pm—7:40 pm Levels 1-6  
7:00 pm—7:40 pm Tiny Tots  
*Class meets nine times,  
possible makeups week of August 2*

#### To Register:

Visit [www.bedfordoh.gov/aquatics](http://www.bedfordoh.gov/aquatics)  
In-person at the pool  
By phone 440-735-6570

