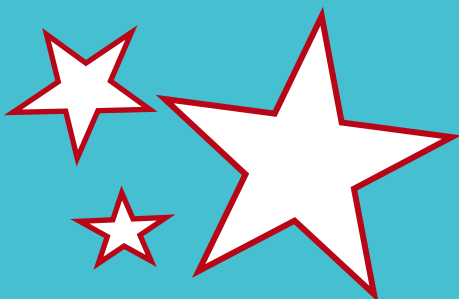




BEDFORD SENIORS CLUB MINI NEWS



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DRIVE THRU TIME: 11:30 am - 12:00 pm

Italian Wrap with Pasta Salad

Last Names A - L - Wednesday, August 11

Registration Deadline August 6

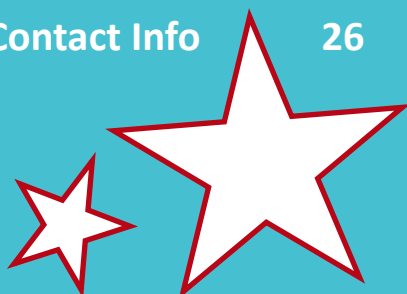
Last Names M - Z - Wednesday, August 25

Registration Deadline August 20

Grab your lunch and join your friends outside at the Archibald Willard Park Pavilion at Ellenwood Center.

Registration for both dates begins on Monday, August 2

Boxed lunches will be available for drive-thru pickup at Ellenwood Center in the east parking lot (closest to baseball field). Please remain in your car. Reserve your meal online or call 440-735-6570 during the registration dates. Available for Bedford Senior Club Members only. Must register by deadline. Menu subject to change.



IN MEMORIAM

DONALD R. NAVRATIL

age 86, of Bedford. Beloved husband of Loretta (nee Jelinek) for 67 years; loving father of Donald J. (Kim), Linda (Peter) Herbst, Susan (Jerome) Cangelosi, Judy (Jon) Weingart and Brian (Kimberly); dearest grandfather of Jaime, Jillian, Nicholas, Vincent, Kaylee, Jacob (Natalie), Joy (Andy), Noelle (Jake) and Collin; dear great grandfather of 7; son of the late Joseph and Anna (nee Strnad); brother of Jerry and Joseph (both deceased). Don enjoyed gardening, loved fishing and was an avid follower of his families sporting events. He was a past member of Karlin Hall and was an active member of the Bedford Seniors. Don will forever be remembered for the love of his family and his laughter. When you Laugh & Love abundantly you live a beautiful life. Services were handled by St. John Funeral Home.



ANNA T. ROMITO

nee Salamone), age 91, of Bedford. Beloved wife of the late Arthur; loving mother of Arthur C. "Art" Romito of Texas; sister-in-law of many; dearest aunt, great aunt, and cousin of many. Member of St. Mary Ladies Guild, Bedford Seniors, and Bedford Heights 50 plus club. Friends received at ST. JOHN FUNERAL HOME, 923 BROADWAY AVE., BEDFORD (ONE MILE WEST OF THE FORBES-BROADWAY EXIT OF I-271), TUESDAY, JUNE 29 FROM 5 – 7 P.M. where services will be held Wednesday, June 30 at 10 A.M. followed by burial at All Saints Cemetery.



BEDFORD MUNICIPAL POOL UPDATE

Expanded Pool Hours are effective July 12 - August 15

Open Swim Hours

Sunday - Saturday (7 days per week) 1:00 - 7:00 pm
last break at 6:45pm

Adult Swim Hours

Sunday - Saturday (7 days per week) 12:00 pm - 1:00 pm

Season Pass Fees (Must be a Bedford Resident)

Individual \$40

Senior \$20

Household \$100 2 adults/2 children or 1 adult/3 children

\$15 each additional child

Passes available online at bedfordoh.gov/aquatics or in-person at the pool.

Daily Drop-In Fees

Bedford Resident \$5 each

Guest \$10 (Must be accompanied by a Bedford resident)

End of Season Schedule Effective Monday, August 16

Open Swim Hours

*Saturday - Sunday (weekends only) 1:00 pm - 7:00pm**

Adult Swim Hours

*Saturday—Sunday (weekends only) 12:00 pm - 1:00 pm**

*No weekday hours effective August 16

****Dates, days, times, and fees are subject to change***



RECREATION PROGRAMS

Sunshine Grab & Go for Seniors

Register for a free bag of sunshine! Our Sunshine Bags will include a craft and instructions. Check the week for drive-thru pickup times. If you cannot make a pickup time, please arrange a curbside appointment with Recreation staff. These bags are free to Bedford Senior Club members; registration is required.



August Sunshine: Compass Paracord Keychain & Foil Leaf Mosaics

Drive-Thru Pick-up on Tuesday, August 10: 11:00-11:30am
or at August Grab & Go Lunch



Mind Challenge For The New Majority® is a trivia competition for the active 50 years and over community to compete for prizes, money for your Senior program and bragging rights.

An informational meeting and team formation for those interested in representing our Bedford team(s) is fast approaching:

Friday, July 16 at 1:00 pm

Ellenwood Center Room 4

Snacks and beverages will be served

Bedford Parks & Recreation would like to sponsor at least one team to compete this year in the "Central" division, competing against other communities like Bedford Heights, Maple Heights, and Garfield Heights.

Regional Competitions will be held on July 29 and August 5. To advance to the next round, our team(s) must finish in the top 50% of competing teams in the region. In addition, the top scoring team from each city will automatically advance; this keeps all the cities alive for a few rounds. The Fact Finding Four and Mind Challenge Championship will take place in mid-August.



NEWS FROM THE CITY OF BEDFORD

Household Hazardous Waste Collection

August 16 – August 27, 2021 ** NOTE NEW DATES FOR ROUNDUP** (Two weeks only)

The following can be dropped off at the Service Garage, 100 Solon Road, between 8:00 a.m. and 3:00 p.m. Monday through Friday (NO AFTER HOURS DROP OFF); Sealers, primers, or coatings – Varnishes, polyurethanes, shellacs – Paint thinner, mineral spirits, turpentine – pesticides, herbicides, fungicides – caustic household cleaners – automotive fluids, motor oil, car batteries – adhesives, roof tar, driveway sealer – kerosene, gasoline, lighter fluid, mercury. CFL – Compact or tube fluorescent bulbs are not accepted in our round-up. No latex paint accepted, (Remove lid, add drying agent i.e. kitty litter, oil dry, or let completely air dry until contents are solid) then set out with your household trash. Bedford residents only, no businesses.

Computer Recycling Round-Up

August 16 – August 27, 2021 **NOTE NEW DATES FOR ROUNDUP** (Two weeks only)

The following can be dropped off at the Service Garage, 100 Solon Road, between the hours of 8:00 a.m. and 3:00 p.m. (NO AFTER HOURS DROP OFF); CPU's, monitors, keyboards, tablets, software and cell phones. Bedford residents only, no businesses.

Chipper Service

Chipper Service Chipper service will be the weeks of August 2, September 6 and October 4, 2021. All items need to be on the curb and called into the Service Department, 440-735-6583, before the start of brush pick up for that month. We will not add addresses once pick up has begun for that month. Place branches on tree lawn with cut end facing the street. Branches cannot be larger than 10 inches in diameter. Limbs exceeding 10 inches in diameter, or less than 3 feet in length will not be picked up.

Friendly Reminders

Parking is not allowed on Bedford streets between the hours of 3:00 a.m. and 6:00 a.m. If you must park in the street, call the Police Department non-emergency number at 440-232-1234.

Do not cut your grass or operate loud machinery before 7:00 a.m. or after 9:00 p.m.

Garbage can be placed out the evening prior to collection after 6:00 p.m., or the morning of collection before 7:00 a.m. All cans must be removed within 12 hours after collection.

When disposing of box springs and mattresses, all items need to be wrapped in plastic and taped closed.



Meals on Wheels Needs Your Help!

After a year of once-a-week deliveries, Southeast Clergy Meals on Wheels is ready to return to HOT meals, delivered Monday through Friday between 11:00 am and noon. The Southeast Clergy is looking for additional volunteers to help our seniors and disabled by being a driver or a hopper one or two days a week to deliver hot meals in the Bedford, Bedford Hts., Oakwood and Walton Hills area. Make a difference in a neighbor's life and yours as well. If interested in becoming a volunteer, call Dinah Mouat 440-439-0302 or email dinah.mouat@seclergymealsonwheels.org. For additional information visit their website: www.seclergymealsonwheels.org

City Council Meetings

Meetings are now once again in-person and open to the public.. The next City Council meeting will be Monday, August 2, 2021 at 8:00 pm at Bedford City Hall.

To watch the meeting live or to view previous meetings, visit the City of Bedford City Council Meeting YouTube Channel. <https://www.youtube.com/CityofBedfordOH>.

“Flushable” Household Items Create Problems in Sewage Systems

Just because the package says “flushable” doesn't mean it's true. Many items marketed as flushable do not degrade like toilet paper, and they wind up clogging pipes, tangling pumps and have the potential of causing messy sewage backups into homes.

Household cleaning products flushed down the toilet do not smoothly pass-through pumps and can get caught up on the impellers of the pumps, creating maintenance and operational problems. These products can cause problems with the mechanical equipment at the sewage treatment plant and have to be removed during the treatment process.

You can help by not flushing these or similar items:

- Diapers – cloth, disposable or “flushable”
- Sanitary napkins, tampons, or pads
- Any item containing mercury
- Vitamins, dental floss or medications
- Wash cloths, towels, rags (any cloth item)
- Sheet plastic
- Baby wipes, disinfectant wipes, etc.
- Toilet bowl scrub pads
- Swiffer pads
- Napkins (paper or cloth), paper towels



SUMMER **2021** CONCERT SERIES

Bedford Commons
730 Broadway Ave



PRESENTED BY **BEDFORD**
PARKS & RECREATION

14
JUL

RISK FACTOR 7:00 PM

ROCK, POP, COUNTRY HITS



**SMOKIN' ROCK 'N ROLL FOOD TRUCK
& DESSERT CART**

28
JUL

BUZZY J & THE VERBS 7:00 PM

CLASSIC ROCK, BLUES, DANCE HITS



BARRIO TACO FOOD TRUCK

TBA
AUG

TBA
SEP

*Stay tuned for more
concert dates...*



**FOOD TRUCKS
START AT 6:00 PM**



CITY OF BEDFORD - 2021 EVENTS

Rev. 6/24

May 31 Mon.	Memorial Day Parade & Ceremonies 10:15 a.m.	Mike Guyer / 440-773-2835 mguyer@msn.com
July 23-25 Fri.-Sun.	Bedford Rotary Welcome Back Beer & Rib Festival	Chris Bulanda / 216-338-7124 chrisb@berwyntech.net www.bedfordohiorotary.org
Date TBD	Movie Night	Parks & Recreation / 440-735-6570 recreation@bedfordoh.gov
August 14 Sat.	Bedford Historical Society Flea Market 9:00 a.m. - 4:00 p.m.	Chris Sweet / 440-439-7470 cms1776@hotmail.com
August 27-29 Fri.-Sun.	Cleveland Pagan Pride	Matthew Stewart / 216-544-4669 clevelandpaganpride@yahoo.com
September 10-12 Fri.-Sun	Bedford Historical Society Art & Artisans Family Fun	Betsy Lee / 216-536-0093 georgesmom25@yahoo.com Sandy Spinks / 216-469-7640 xasize@ameritech.net
October 2 Sat.	City of Bedford Children's Fall Fest 10:00 a.m. - 1:00 p.m.	Bedford City Hall / 440-232-1600 azgrabik@bedfordoh.gov
November 24 Wed.	Tree Lighting Ceremony 6:00 p.m.	Bedford City Hall 440-232-1600
December 11 Sat.	Christmas in Bedford Falls	Parks & Recreation / 440-735-6570 recreation@bedfordoh.gov

THE CITY OF BEDFORD'S SUMMER CONCERT SERIES

Bedford Commons
Wednesday Evenings
7:00 p.m. - 9:00 p.m.

July 14 August and September
July 28 Dates TBD

Sponsored by Bedford Parks & Recreation
440-735-6570 / recreation@bedfordoh.gov

COMMUNITY SHRED DAYS

Saturdays June 12 & September 25
9:00 a.m. - 12:00 p.m.
Bedford City Hall Parking Lot

FIRST FRIDAYS

Downtown Bedford
6:00 p.m. - 8:00 p.m.

May 7 - Kickoff Party August 6 - Putt Around Downtown
June 4 - Hometown Heroes September 3 - Superheroes
July 2 - Party in the USA October 1 - Fall Fun & Pooch Parade

Sponsored by the Bedford Downtown Alliance
440-252-2972 or bda@bedforddowntown.org
www.bedforddowntown.org



Cuyahoga County
Public Library

The Southeast Branch is located at 70 Columbus Rd.
For more information or to register for a program,
please call (440) 439-4997

Food Distribution

Wednesday, July 21st, 2021, 1:30PM-3:30PM

The Greater Cleveland Food Bank mobile pantry will distribute **FREE**, fresh produce -rain, snow or shine -on a first come, first served basis.

Cleveland Buckeyes: Cleveland's Overlooked Champions

Tuesday, July 27th 2021, 7:00PM

Learn about the building of a championship Negro League team in Cleveland, the 1945 Cleveland Buckeyes, and how it became the pride of Cleveland's African American community.

A meeting link will be emailed to registered participants approximately one hour prior to the start of the program. Staff will be available for help with connecting to Zoom and technical issues beginning 15 minutes prior to the program. You will need a device with audio and/or video and an internet connection to join. If you have questions about the program, please contact a librarian at the Southeast Branch at 440-439-499.

MUST REGISTER

"Lincoln in the Bardo" by George Saunders Book Discussion

Wednesday, July 28th 2021, 2:00PM

Join us for a thoughtful discussion of "*Lincoln in the Bardo*" by George Saunders.

A long-awaited first novel by the National Book Award-nominated, New York Times best-selling author of *Tenth of December*, traces a night of solitary mourning and reflection as experienced by the 16th President after the death of his 11-year-old son, Willie. *Lincoln in the Bardo* is a moving and original father-son story with an unforgettable cast of supporting characters, living and dead, historical, and invented.

A meeting link will be emailed to registered participants approximately 1 hour prior to the start of the program. Staff will be available for help connecting to Zoom and with technical issues beginning 15 minutes prior to the program. You will need a device with audio and/or video and an internet connection to join. If you have questions about this program, please contact a librarian at the Southeast Branch at 440-439-4997.

MUST REGISTER

African American Authors Book Group

Thursday, July 29th 2021, 7:00PM

A meeting link will be emailed to registered participants approximately 1 hour prior to the start of the program. Staff will be available for help connecting to Zoom and with technical issues beginning 15 minutes prior to the program. You will need a device with audio and/or video and an internet connection to join. If you have questions about this program, please contact a librarian at the Southeast Branch at 440-439-4997.

MUST REGISTER





Other virtual programs being offered through-out CCPL....

Out of Rushmore's Shadow

Wednesday, July 14 / 7:00 pm—8:00 pm (Parma Branch)

Ray Chapman and the 1920's Cleveland Indians

Thursday, July 15 / 7:00 pm—8:00 pm (Independence Branch)

Tuesday, August 10 / 11:00 am—12:00 pm (Gates Mills Branch)

Eat with Your Head

Thursday, July 15 / 7:00 pm—8:00 pm (Berea Branch)

Thursday, August 5 / 7:00 pm—8:00 pm (Chagrin Falls Branch)

Intro to Word

Monday, July 19 / 1:00 pm—2:00 pm

Wednesday, August 4 / 7:00 pm—8:00 pm

Cleveland's Rock and Roll Venues

Monday, July 19 / 7:00 pm—8:00 pm

Southwest Health Talk: Get Up & Moving After Lockdown

Tuesday, July 20 / 10:00 am—11:00 am (Strongsville Branch)

D-Day

Tuesday, July 20 / 7:00 pm—8:00 pm (Fairview Park Branch)

Wednesday, August 4 / 7:00 pm—8:00 pm (Solon Branch)

Best Cartoons of World War II

Wednesday, July 21 / 2:00 pm—3:00 pm (Parma Heights Branch)

A Clevelander Camino

Wednesday, July 21 / 7:00 pm—8:00 pm (Gates Mills Branch)

Exploring the Red Planet

Wednesday, July 21 / 7:00 pm—8:00 pm (North Olmsted Branch)

The Lost Family—How DNA Testing is Upending Who We Are

Monday, August 2 / 7:00 pm—8:00 pm (North Olmsted Branch)

Into to Chakra Meditation

Monday, August 2 / 7:00 pm—8:00 pm (Fairview Park Branch)

Internet Basics

Thursday, August 5 / 1:00 pm—2:00 pm



northeast ohio
Aging 
disABILITY
s u m m i t 2 0 2 1

September 17
8 am - 4 pm
ONLINE

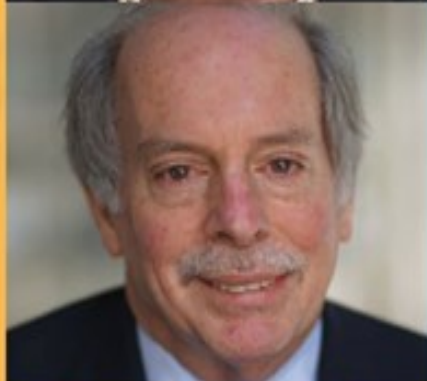
**Rita
Choula**

Director of Caregiving
AARP Public
Policy Institute



**Robert
Blancato**

Executive Director
National Association
of Nutrition and Aging
Services Programs



**Marc
Freedman**

Founder & CEO
Encore.org



**Building
Connections
Stronger
Together**

Virtual Sessions

- Living with Technology
- Diversity, Equity, Inclusion
- Aging and Public Policy
- Gerontological Research
- Resilient Caregiving
- Workforce Opportunities

Network

Virtual Exhibition Hall

Earn

Up to 6 CEU Credits

Reach

Sponsors & Exhibitors Welcome

Contact agingsummit@jfs.ohio.gov for details

Presented by



Cuyahoga County
Together We Thrive
Division of Senior and Adult Services



MetroHealth
metrohealth.org



Western Reserve
Area Agency on Aging

To complete a Vote-by-Mail application for the **August 3, 2021 11th Congressional Special Primary Election**, voters must include:

- Election title
- Month
- Political Party
(Democrat or Republican)

4. Choose election (check only one - you must complete a separate application for each election)

General Election

Special Election

Primary Election

Party: Democratic

Republican

Libertarian

Nonpartisan or issues only

Important: If selecting a partisan ballot in a primary election, the ballot will include all questions and issues which the voter is eligible to vote.

-OR-

4. Choose election (check only one - you must complete a separate application for each election)

General Election

Special Election

Primary Election

Party: Democratic

Republican

Libertarian

Nonpartisan or issues only

Important: If selecting a partisan ballot in a primary election, the ballot will include all questions and issues which the voter is eligible to vote.

Request your Vote-by-Mail application today at www.443vote.us!

VOTE CUYAHOGA COUNTY BOARD OF ELECTIONS

 CHN Housing Partners

 EDEN
FAMILY DEVELOPMENT & ECONOMIC NETWORKS

 The COUNCIL for ECONOMIC OPPORTUNITIES
in Greater Cleveland

NORTHEAST OHIO RENT HELP

833-377-RENT (7368)

Is that text message
about your FedEx
package really
a scam?

Source: Federal Trade Commission | FTC.gov



Hello James, your
FEDEX package
with tracking code
GB-6412-GH83 is
waiting for you to
set delivery
preferences:

Heard about the “waiting package” phishing scam?

Phishing scams can be hard to spot. For example, we’ve been hearing about one where people get a text message saying that there’s a package waiting for them, and asking them to click a link to learn more. Sounds innocent enough, right? Unfortunately not.

The messages are coming from scammers. Whatever the message is, this rule stays the same: If you get an unexpected text message about a package, don’t click on any links. If you think the message could be legit, contact the company using a website or phone number you know is real. But don’t use the information in the text message.

Why do you want to avoid clicking the link? Once you click, they can trick you into giving personal information — letting scammers steal your passwords, account numbers, or Social Security numbers. Clicking these links could also let scammers download malware onto your device.

Did you get a phishing text? Forward it to SPAM (7726), and then report it to the FTC at [ftc.gov/complaint](https://www.ftc.gov/complaint).

Ohio Older Adult Falls Prevention Coalition Presents the:

Fall Prevention Virtual Symposium

Join us for a virtual symposium for health professionals,
health educators and injury prevention advocates.

SAVE THE DATE

Friday, August 20, 2021

Registration will open in mid - June.

Questions? Contact: Eleanor Garrison • (614) 273-1400 • eg@garrisonevents.com



OHIO INJURY PREVENTION
PARTNERSHIP

Older Adults Falls Prevention Coalition

This training opportunity was made possible by the Ohio Department of Health with funding from
CDC-Preventative Health and Health Services Block Grant (1 NB01OT009358-01-00).

Free Health Screenings

Stop by the University Hospitals Bedford Medical Center's table at the Rotary Club of Bedford' 39th ANNUAL RIBFEST on Bedford Square for your free health screenings and risk assessments.

Friday, July 23 | 5 – 9 p.m.

Saturday, July 24 | 12 – 4 p.m.

Sunday, July 25 | 12 – 4 p.m.



University Hospitals
Bedford Medical Center

A Campus of UH Regional Hospitals

Monthly Challenge

Take a Hike

July is National Parks and Recreation month. This month take advantage of the natural resources surrounding you. Go outside and get some exercise.

How do parks and trails make our community healthy?

We all know that hiking/walking is great for our individual health. Moving more decreases our risk for cardiovascular disease, obesity, cancer, diabetes and depression. But, did you know that exercising *outside* has been linked to even more positive outcomes? For example, spending time in nature has been proven to reduce stress, improve memory, strengthen your immune system, and boost your mood. Parks are not just good for us as individuals. They are good for entire communities.

Parks can positively affect your community in the following ways:

Increased physical activity– access to walkable areas motivates people to move more frequently.

Improved Mental health– Being outdoors is proven to help reduce stress.

Environmental safety– Parks can reduce pollution in the air and water surrounding us. Parks also help to protect areas from development.

Socialization– Parks can provide great meeting places for community members.

Safe spaces– Parks provide safe spaces away from roads and commercial areas where community members can exercise and play.



Take a Hike

SMART GOAL: Mark the days you get outside and move.

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Excerpt from Monthly Newsletter

By The Fedeli Group



Peach, Tomato & Corn Arugula Pasta Salad

Ingredients

- 8 ounces fusilli or bowtie pasta
- 2-3 tablespoons extra virgin olive oil
- 1 lemon, juiced
- 1/2 teaspoon sea salt, plus more to taste
- Freshly ground salt and pepper
- 1/4 teaspoon of red pepper flakes
- 4 ounces crumbled feta
- 2 large ripe peaches, sliced
- 1 pint cherry tomatoes, halved
- 1 cup raw corn off the cob (or you can use thawed frozen corn or canned)
- 1/2 medium red onion, thinly sliced
- 5 ounces baby arugula (about 6 packed cups of arugula)



Instructions

1. Bring a large pot of water to a boil and add a little salt. Once water boils, add the pasta and cook until al dente, about 7-9 minutes. Drain pasta, reserving a few tablespoons of water for later. Place pasta in large bowl.
2. In a small bowl, whisk together the olive oil, lemon juice, salt, pepper and red pepper flakes until well combined. Pour the dressing over warm pasta and add a little reserved pasta water to help keep the pasta moist and non-sticky. Immediately add feta and gently give the pasta a toss.
3. Next add in the peach slices, cherry tomatoes, corn, red onion and arugula. Toss to combine. Taste and add more olive oil, lemon juice, salt and/or pepper, if necessary. Eat right away or chill and eat cold.

Excerpt from Monthly Newsletter by The Fedeli Group



JOKES & MORE—SUBMITTED BY SENIORS



LINCOLN – KENNEDY COINCIDENCE

- Both Lincoln and Kennedy were concerned with Civil Rights.
- Lincoln was elected President in 1860; Kennedy in 1960.
- Both were slain on a Friday and in the presence of their wives.
- Both were shot from behind and in the head.
- Their successors, both named Johnson, were southern Democrats and both were previously in the Senate.
- Lincoln's successor Andrew Johnson was born in 1808 and Kennedy's successor Lyndon Johnson was born in 1908.
- John Wilkes Booth was born in 1839 and Lee Harvey Oswald was born in 1939.
- Booth and Oswald were southerners who favored unpopular ideas.
- Both Presidents' wives lost children through death while in the White House.
- Lincoln's secretary, whose name was Lincoln, advised him not to go to Dallas.
- John Wilkes Booth shot Lincoln in a theatre and ran to a warehouse.
- Lee Harvey Oswald shot Kennedy from a warehouse and ran to a theatre.
- The names Lincoln and Kennedy each contain seven letters.
- The names Andrew Johnson and Lyndon Johnson each contain thirteen letters.
- The names John Wilkes Booth and Lee Harvey Oswald each contain fifteen letters.
- Both assassins were killed before being brought to trial.
- Both Johnsons were opposed for re-election by men whose names start with "G".

JOKES & MORE—SUBMITTED BY SENIORS

Seeing America

When I was a child—one of five—our parents left nothing to chance when preparing for our summer vacation. Lists were made and trunks packed weeks in advance. On the morning of the trip, a final check was made. When everything was deemed ready, we piled into the station wagon and began the six-hour drive. Then, sometime into the trip, our mother realized that something was missing: one of my sisters. We drove back home, where my father found her sitting on the toilet.

Honeymoon with the In-Laws

After my husband and I were married, my in-laws offered to pay for our honeymoon. Visions of Hawaii or Mexico came to mind. Not quite. They told us we were heading to Disney World. Not only that, but since they'd always wanted to go, they were coming along. Turns out, my mother-in-law's two best friends also always wanted to go to Disney World, as did their three kids, not to mention my sister-in-law and her husband. I can't say a lot of honeymooning went on.

Stuffed Mannequin

Throughout our tour of an early American bathhouse in Hot Springs, Arkansas, I explained to my four-year-old grandson what people once did there. When we came upon a mannequin at a desk, I told him, "She was probably writing a letter home to her friends telling them about her vacation to Hot Springs." My grandson asked, "And when she died did they stuffed her?"

Flight Insurance

I was looking forward to the trip to New Orleans my mother and I were taking until we reached the airport. Suddenly I had a panic attack at the thought of having to fly. Dad, bless his heart, did everything he could to calm my nerves. "You know, you're safer in a plane than you are in a car," he reminded me. That reassurance eventually worked. He gave me a loving kiss on the head, then asked my mother, "Did you buy flight insurance?"

Don't Sit in The Exhibits

On our trip to California, we visited the Getty Museum. After a while, my bored ten-year-old, Nick, was flagging. "If you're tired, find a place to sit," I told him. I then went back to the portraits. Minutes later, alarms went off and security guards were scrambling. Turns out, Nick had found a place to get comfortable. He'd crawled under a velvet rope into an exhibit and perched on a priceless Louis XIV, with his legs up on the armrest.

What's Your Name

After a long drive to Canada, border patrol agents asked my father the name of us five kids in the back. Dad was so tired that he drew a blank. The brief lapse resulted in Dad being hauled in for questioning. After convincing them that he hadn't kidnapped us, he was released—15 hours later.

Tooth Fairy

Heading toward a family reunion, some of us met up at a -Denny's, where we found my uncle digging through the Dumpster out back. He finally got out and showed us a wad of napkins: "Granny wrapped her teeth up, and I threw them away." For the rest of the trip, he was referred to as the tooth fairy.



Yow!

Reading Club Fun!

by Annimills LLC © 2016

Springing Into Sports



Check out my list of compound words for all kinds of sports! Compound words are two words that are added together to make the new word; for example: base + ball = baseball or team + mate = teammate.

Sport Compound Words

football

sailboat

sidelines

goalkeeper

quarterback

skateboarder

teammate

backboard

jumpshot

infield

oarsman

outfield

ballgame

swimsuit

12

15

17

racecar

fairway

volleyball

scoreboard

16

kickball

racetrack

18

20



Wheel!



We're nutty for baseball!

Add the 2 words together to make a new word and put it in the crossword:

- | | |
|----------------------------|----------------------------|
| 1. oars + man = _____ | 11. race + car = _____ |
| 2. ball + game = _____ | 12. side + lines = _____ |
| 3. back + board = _____ | 13. quarter + back = _____ |
| 4. sail + boat = _____ | 14. race + track = _____ |
| 5. volley + ball = _____ | 15. fair + way = _____ |
| 6. swim + suit = _____ | 16. out + field = _____ |
| 7. foot + ball = _____ | 17. in + field = _____ |
| 8. jump + shot = _____ | 18. score + board = _____ |
| 9. skate + boarder = _____ | 19. goal + keeper = _____ |
| 10. team + mate = _____ | 20. kick + ball = _____ |

4TH OF JULY

WORD SEARCH

T M N W Q J E T A R B E L E C D Y
 I M T Q H H Y M Q R Q U D U E I A
 O Q T A W Q M Z Y E X U C C N T D
 I N D E P E N D E N C E L C J A I
 A S I O U O R H A M U A A T U Q L
 N K S A M E R I C A R P P S O S O
 U R P U F U B E E A Y S T R U B H
 P O A Y D L D W T O E C I N C I P
 K W R W E A A I L P O E A U E O N
 F E K H T F O G I A D E U S D I H
 Y R L I I N T R B E M D T N A T L
 L I E T N P T Z E U R A E T R S C
 U F R E U S L Q R R R U I U A A E
 J V S O D L K V T S L R O K P J B
 W I T O E O M O Y B B F I U P J L
 I A S V Y E M R E D R E M M U S E

America
 Blue
 Britain
 Celebrate
 Declaration

Fireworks
 Flag
 Fourth
 Freedom
 Holiday

Independence
 July
 Liberty
 Parade
 Picnic

Red
 Sparklers
 Stars
 Stripes
 Summer

United
 White



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SUMMER FUN

Word Search Puzzle



W A T E R P A R K V A C A T I O N
 F R I E N D S W S T Z G H N A I G
 T S A Z Q P A B Q C N P N M D C S
 E W O N C H I I Y I A S U R X E N
 B I C Y C L E C P C R Y O Z M C F
 O M P W I Z J M N E F J A A P R R
 U M E I F M A T L I U I G M O E I
 T I H G A C O K X C C B S N P A S
 D N N J X O N P S M B K E H S M B
 O G W V F I I P X D R T R A I X E
 O O U E R R O C O O K O U T C N E
 R A R P T L F U W S S C V Q L H G
 S A S D F O L E M O N A D E E T A
 B A A P E Q R S U N S H I N E M N
 W O I F A I R G R O U N D P X B M
 R L W N F E K N B A S E B A L L X
 F B B M Y P M V T D G I S W O R V



- | | | |
|------------|------------|------------|
| BAREFOOT | FISHING | PICNIC |
| BASEBALL | FLIP FLOPS | POPSICLE |
| BEACH | FRIENDS | ROAD TRIP |
| BICYCLE | FRISBEE | SPRINKLERS |
| CAMPING | GAMES | SUNSHINE |
| COOKOUT | ICE CREAM | SWIMMING |
| FAIRGROUND | LEMONADE | VACATION |
| FIREWORKS | OUTDOORS | WATER PARK |



PUZZLES

Solve each Sudoku puzzle!

9	8	1	3	6	5	2	7	4
7	6	5	4	8	2	3	1	9
2	4	3	1	7	9	8	5	6
1	9	2	6	3	4	7	8	5
4	3	7	5	2	8	9	6	1
8	5	6	9	1	7	4	3	2
3	2	4	7	5	6	1	9	8
5	1	8	2	9	3	6	4	7
6	7	9	8	4	1	5	2	3

Sudoku puzzles require you to find the missing numbers in a 9 by 9 grid, with that grid itself divided into 9 square grids of 3 by 3.

You can't just add any numbers, though. There are rules that making solving the puzzle challenging.

A number can only occur once in a row, column, or square.

To solve a Sudoku, look for open spaces where its row, column and square already have enough other numbers filled in to tell you the correct value. The more squares you fill in, the easier the puzzle is to finish!

8		7		4				9
1		9	8		2	3		7
	3	5			7	4		6
6		4	7	8		9	3	
9		3			1		7	
7	8				3	1	4	
	7	1	4		9	8		3
4	2		3	7	6		9	1
3	9		1		8	7		4

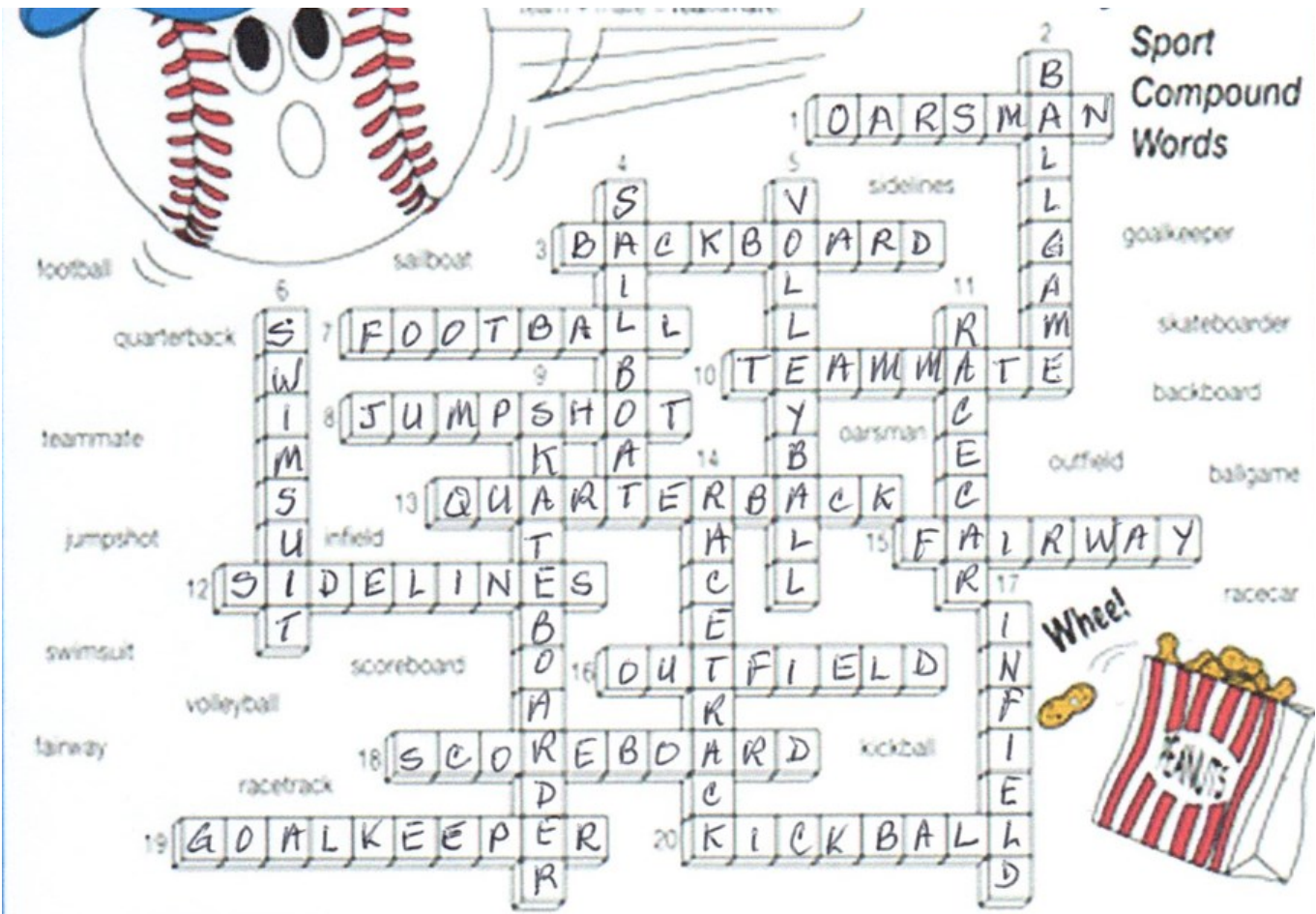
8		9	3		6	7	5	2
3		2	1		5	8		4
	4	7	8	2	9		6	3
2		5			8	6	3	
1		6	7		3	2		8
4		3	9		2			7
7	3			8	4		2	6
6		4	2	9	7	3	8	
	2		6	3			7	

5		1		9	6		3	8
9		8	7	5			6	
	3		8		1		9	5
3	7			8			5	
	8	5	6	1				3
	6		3		5		8	
	5	3	1	6		8		9
6	1			3	8	5		2
8	9		5	7			1	6

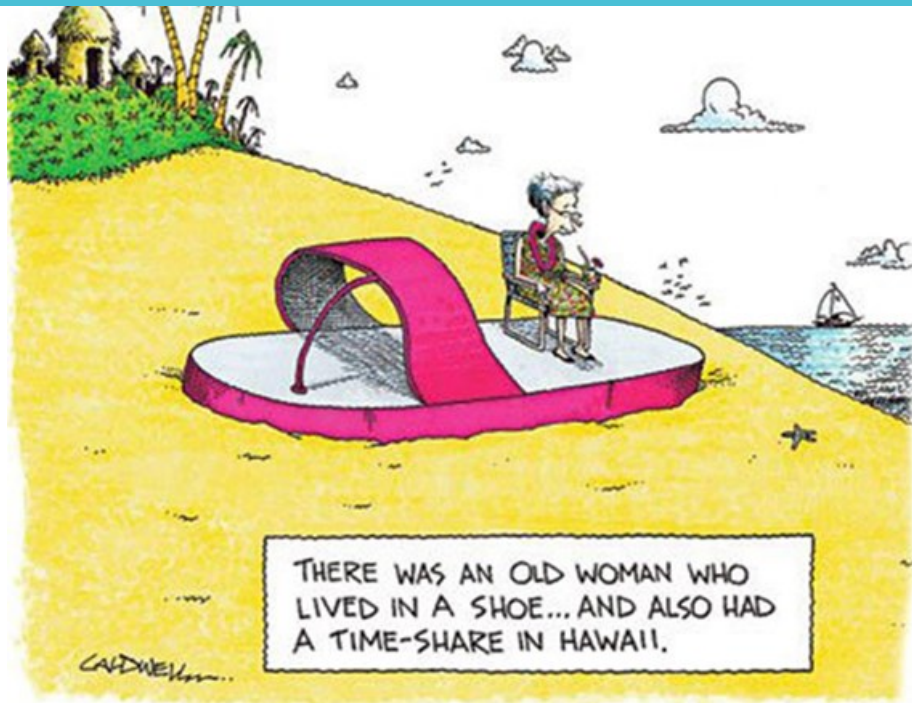
7	2			5	8	1	3	
1	3		2	7		8	5	
		8		1	3	7	9	
9	7	5	8		2		1	
2	4		1		5		8	7
	8	1	3		7			5
4	1			3	9	5	7	
	9	7	5	2		3		1
	5		7	8	1		2	



ANSWER KEY



ANSWER KEY



8	6	7	5	3	4	2	1	9
1	4	9	8	6	2	3	5	7
2	3	5	9	1	7	4	8	6
6	1	4	7	8	5	9	3	2
9	5	3	2	4	1	6	7	8
7	8	2	6	9	3	1	4	5
5	7	1	4	2	9	8	6	3
4	2	8	3	7	6	5	9	1
3	9	6	1	5	8	7	2	4

8	1	9	3	4	6	7	5	2
3	6	2	1	7	5	8	9	4
5	4	7	8	2	9	1	6	3
2	7	5	4	1	8	6	3	9
1	9	6	7	5	3	2	4	8
4	8	3	9	6	2	5	1	7
7	3	1	5	8	4	9	2	6
6	5	4	2	9	7	3	8	1
9	2	8	6	3	1	4	7	5

5	4	1	2	9	6	7	3	8
9	2	8	7	5	3	1	6	4
7	3	6	8	4	1	2	9	5
3	7	2	4	8	9	6	5	1
4	8	5	6	1	7	9	2	3
1	6	9	3	2	5	4	8	7
2	5	3	1	6	4	8	7	9
6	1	7	9	3	8	5	4	2
8	9	4	5	7	2	3	1	6

7	2	4	9	5	8	1	3	6
1	3	9	2	7	6	8	5	4
5	6	8	4	1	3	7	9	2
9	7	5	8	4	2	6	1	3
2	4	3	1	6	5	9	8	7
6	8	1	3	9	7	2	4	5
4	1	2	6	3	9	5	7	8
8	9	7	5	2	4	3	6	1
3	5	6	7	8	1	4	2	9

BIRTHDAYS

Patricia Allen
Karen Calta
Elle Camma
Shirley Cummins

Ann Frick
Tim Marks
Deborah McMillon
Laura Mulh

Daniel Orchard
Shirley Pashall
Karen Szarka
Don Wertz

ANNIVERSARIES

*Russ & Shirley Cummins are celebrating 69 years on July 19th
Mick & Amy Gongos are celebrating 47 years on July 26th*

NEW MEMBERS

Joan Kallos
Judith Kobus

Ralph Kobus
Mary Lemire

Deborah McMillon

CONTACT YOUR OFFICERS

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VICE PRESIDENT	MARILYN TRZECIAK	(216) 548-8283
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TREASURER	BOBBIE SNEDDEN	(440) 364-1409
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BIRTHDAY NAME TAGS	AMY GONGOS/MARILYN TRZECIAK	
CHAPLAIN	VIVIAN FREEMAN	
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