

BEDFORD PARKS & RECREATION



*Registration Deadline
for Spring Soccer - March 4*

*Serving
Youth
Adult
Seniors*



BEDFORD
PARKS & RECREATION

2022 WINTER/SPRING PROGRAM GUIDE



City of Bedford Parks & Recreation Department

124 Ellenwood Avenue
440-735-6570
recreation@bedfordoh.gov

Monday through Friday
8:00 am to 4:30 pm

MAYOR

Stanley C. Koci, Mayor

CITY COUNCIL

Sandy Spinks, Ward 1
Walter Genutis, Ward 2
Victor Fluharty, Ward 3
Paula Mizsak, Ward 4
Jeff Asbury, Ward 5
Donald Saunders, Ward 6

Michael S. Mallis
City Manager

Frank Gambosi
Finance Director



Check out the City's website at www.bedfordoh.gov for the latest information and newsletters.



Like us on Facebook@BedfordRecreation to get notifications on upcoming programs and events.



Follow us on Twitter@BedfordRec to stay up on what's happening now.

Recreation opportunities for the whole family

Our staff is excited to bring you recreational and educational opportunities the whole family can enjoy. Please take a look through this brochure and see all of the new wonderful programs and activities for children and adults of all ages. Also, please make sure to check out our website at www.bedfordoh.gov/departments/parks-recreation/ for any updates and additional programs.

Don't miss out. Sign up today!

FAMILY PROGRAMS

Parent & Child Open Gym Play

This program builds gross motor, creativity, spatial awareness and coordination through interactive games, play and music. Meet other local parents and share ideas and support. This program is lead by a volunteer and/or parent. Space is limited; pre-registration required.

Location: Ellenwood Center Gym

Winter Session Dates: Tuesdays - February 1, 8, 15, 22, March 1, 8

Spring Session Dates: Tuesdays - March 22, 29, April 5, 12, 19, 26

Fee: Free (Pre-registration required)

Toddler (18 months - 3 years old): 10:00 am - 10:45 am

Preschool (Ages 4-5): 2:00 pm to 2:45 pm



Easter Egg Hunt

Saturday, April 9

Children and grandchildren 12 years of age and younger are invited to join the Parks & Recreation Department, family, and friends at this fun event. Scheduled to be held at Bedford Bearcat Stadium, 481 Northfield Road. Gates open at 9:45 am and the Easter Egg Hunt starts at 10:00 am sharp. The Easter Bunny will be available throughout the event for photos.

Pre-Registration required. Registration begins February 1. Registration will not be accepted the day of the event. **Bedford Residents Only.**

3 Easy Ways to Register

On-line at www.bedfordoh.gov

Visit the City's website and click on Departments at the top of the page, then click on the icon Parks & Recreation in the middle of the page. Pay using Discover, MasterCard, Visa, or American Express.

In Person

Ellenwood Center Monday through Friday from 8:00 am to 4:30 pm. Pay using credit, debit, cash, or check. Payment must be made at the time of registration.

Phone 440-735-6570

Call the Parks & Recreation Department and our friendly staff will be happy to process your registration. Payment must be made at the time of registration. Pay using Discover, MasterCard, Visa, or American Express. Payment must be made at the time of registration.

COVID-19: The City of Bedford makes every effort to keep participants and visitors safe with regard to COVID-19. We continuously review guidelines from local, state and federal health agencies. As of print time the use of facemasks at Ellenwood Center is strongly recommended. Instructors have the ability to require facemasks in their respective classes and programs. COVID-19 protocols may change at any time.

YOUTH & TEEN PROGRAMS

Foil Fencing

Learn the fundamentals of foil fencing. Swordsmanship has been practiced for centuries. First, it was to train for combat - the duel. Now, it is FUN and SAFE! Fencing improves hand-eye coordination, agility, dexterity, and stamina, as well as develops social skills and manners. Class includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics, techniques and bouts. All equipment is provided.

Ages: 8 through Adult

Instructor: Tom Nagy, Coach ON TARGET Fencing Team, USFA Member

Location: Ellenwood Center Room 3

Time: 6:30 pm - 8:00 pm

Fee: \$49 resident/\$59 non-resident



Winter Session

Dates: Fridays - February 4, 11, 18, 25, March 4, 11

Spring Session

Dates: Fridays - April 1, 8, 22, 29, May 6, 13 (No class 4/15)

Youth Karate

Presented by Two Tigers Kung Fu Academy

Our goal is to increase focus, self-control, confidence and health in our children while having FUN! Your child will learn basic self-defense, when and where to use martial arts, blocking techniques create awareness punching techniques create focus kicking skills create flexibility, rolling and break falls create safety martial arts routines create coordination, and breathing techniques create self control. Kids receive a free uniform.

Ages: Ages 9-13

Instructor: Robert Fleming

Location: Ellenwood Center Gym

Dates: Fridays - February 4, 11, 18, 25, March 4, 11

Time: 5:45 pm - 6:20 pm

Fee: \$60 resident/\$70 non-resident



Jacob's Ladder Special Needs Fitness

A 50-minute exercise class that includes; dynamic stretching, planking, calisthenics (jumping jacks, squats, lunges, push-ups), tossing weighted balls, using resistance bands, agility drills, fitness ropes and yoga. Bring a water bottle and yoga mat/towel. This program is in partnership with Jacob's Ladder and the Down Syndrome Association of Northeast Ohio (DSANEO).

Ages: 8 through Adult

Instructor: Tony & Jake D'Orazio, Certified Fitness Instructors.

Location: Ellenwood Center Room 4

Dates: Mondays - March 7, 14, 21, 28, April 4, 11, 18, 25

Time: 6:30 pm - 7:20 pm or 7:30 pm - 8:20 pm

Fee: \$85 per participant

Want to try it out first? Register for a free 30-minute demo class and discussion. Parents/caregivers should attend this session.

Date: Monday, February 14 6:30 pm - Room 4

You can also join Jacob's Ladder 321 Virtual Workouts on Tuesday and Thursday evenings at 6:30 pm - 7:30 pm on Zoom! Register by emailing rich@dsaneo.org for Zoom invitation.

[More adaptive programs @ bedfordoh.gov/departments/parks-recreation/](https://bedfordoh.gov/departments/parks-recreation/)

Gigalearn - Jr. GameBOT Club (Grades 1-3)

Want to make video games? Love building with LEGO® bricks? This club is for you! Learn how to create video games using Scratch, free software from MIT you can use at home after the class. Bring a flash drive to save your project. Then, we'll bring the action to life as we build and program LEGO® WeDo® robots to go with our game. We'll have a different theme with new games, robots and adventures for each session.

Instructor: Gigalearn

Location: Ellenwood Center Room 1



Winter Session

Dates: Wednesdays - February 2, 9, 16, 23

Time: 6:00 pm - 7:00 pm

Fee: \$49 resident/\$59 non-resident

Spring Session

Dates: Wednesdays - March 30, April 6, 20, 27 (No class 4/13)

Time: 6:00 pm - 7:00 pm

Fee: \$49 resident/\$59 non-resident

Gigalearn - GameBOT Club (Grades 4-8)

Learn to code as you create video games and program LEGO® MINDSTORMS® Robots. Over multiple sessions we'll follow student interests to explore options such as Alice 3D animation, Python, JavaScript and Robot C. No prior programming experience necessary.

Instructor: Gigalearn

Location: Ellenwood Center Room 1



Winter Session

Dates: Wednesdays - March 2, 9, 16, 23

Time: 6:00 pm - 7:00 pm

Fee: \$49 resident/\$59 non-resident

Spring Session

Dates: Wednesdays, May 4, 11, 18, 25

Time: 6:00 pm - 7:00 pm

Fee: \$49/resident \$59 non-resident

Hip Hop Dance for Kids

This program is a fusion of hip hop dance moves to different genres of music. We will learn choreography, adaptability, and add our own personality to movements as well. There will be a performance for parents at the last class.

Instructor: Simeon Fuller

Location: Ellenwood Center Room 3

Grades K-3 6:00 pm - 6:45 pm

Grades 4-8 7:00 pm - 8:00 pm

Fee: \$55 resident/\$65 non-resident



Winter Session

Dates: Thursdays - February 3, 10, 17, 24, March 3

Spring Session

Dates: Thursdays - April 28, May 5, 12, 19, 26

YOUTH & TEEN PROGRAMS

Chess Club

Participants will learn basic rules and principles, tactical themes and checkmate patterns in a supportive setting. Sessions will include interactive lectures, supervised open play and problem solving exercises. Chess sets and worksheets are provided, players of all abilities welcome.

Instructor: *Staff from Progress with Chess, Cleveland area's premier chess teaching organization*

Location: Ellenwood Center Room 1

Grades K-5 10:00 am - 11:00 am

Grades 6+ & Parents 11:15 am - 12:15 pm

Dates: Saturdays - February 5, 12, 19, 26, March 5, 12

Fee: \$75 resident/\$85 non-resident



Virtual Chess Tournament:

Knights of the Square Table

Chess is an exciting battle of wits and we invite young chess enthusiasts to join the "Bedford" Team. Our chess team will compete individually and as a community in the annual Knights of the Square Table Virtual Chess Tournament. Children from various communities will compete online in an arena format for 90 minutes. At the end of the tournament, scores will be totaled and standings will be announced and prizes awarded.

Game Style: Arena play. Players will constantly be competing and will get between 5-12 games. Players get 2 points for a win, 1 point for a draw and 0 points for a loss. lichess keeps track of individual scores. The top 3 individual scorers will receive a medal mailed to their home. The top scoring team/community will be recognized as well.

Grades: K-8

Instructor: *Staff from Progress with Chess*

Location: Online via Zoom and lichess.org

Date: Saturday, April 23

Time: 11:00 am - 12:30 pm

Fee: \$15 resident/\$20 non-resident

NOW HIRING
OPEN POSITIONS SEE PAGE 5

Join our team!
Apply online at <https://bedfordoh.gov/employment-opportunities>
or contact 440-735-6570

YOUTH SPORTS

BEARCAT Spring Soccer

Boys and girls ages 5-12. 8-weeks on Saturdays beginning in April; weather permitting. Participants receive a game shirt. Players must provide and wear their own shin guards. Soccer cleats are recommended. Fee: \$55 resident/\$65 non-resident

Volunteers Needed! The Recreation Department relies on volunteer coaches at all levels to coordinate each team.

Registration Deadline
for Spring Soccer - March 4



American Red Cross Babysitting Certification

The American Red Cross Babysitting course provides universal skills and techniques that every babysitter should have. Topics include: Basic Care for Infants and Children, Basic First Aid, Child Behavior, Age-Appropriate Activities, Emergency Protocols, Professionalism, Leadership, and Growing Your Business. Bring a packed lunch and water bottle.

Grades: 6-12

Instructor: Sarah Gnoddie, Recreation Coordinator & ARC Instructor

Location: Ellenwood Center Room 2

Date: Saturday, March 19

Time: 10:00 am - 3:00 pm

Fee: \$40 resident/\$50 non-resident



American Red Cross
Training Services

Transitioning Out of High School for Graduating

Seniors & Parents

Students and parents will learn about college and career success. Students who aren't heading to college can also learn about other options.

Instructor: Jimmy Malone; founder of The Malone Scholarship At College Now and host of Jimmy Malone Show on iHeart WARF 1350.

Location: Ellenwood Center Room 4

Date: Tuesday, April 5

Time: 7:00 pm - 8:30 pm

Fee: Free (Pre-registration preferred; drop-ins welcomed)

Please note: all attendees regardless of vaccination status are required to wear a mask during this program.

Resume Writing and Interview Techniques Workshop

Will you be looking for a summer job? Practice how to properly fill out a job or volunteer application. Gain strategies on how to answer typical interview questions and learn how to make a dynamic first impression.

Grades: 7-12

Instructor: Sarah Gnoddie, Recreation Coordinator

Location: Ellenwood Center Room 2

Date: Tuesday, March 8

Time: 5:30 pm - 6:45 pm

BEARCAT Youth Baseball

Boys and girls ages 5-15. Week nights beginning in June; weather permitting. Participants receive a game shirt and hat. Players must provide and wear white baseball pants and a mitt. Baseball cleats are recommended. Fee: \$55 resident/\$65 non-resident

Volunteers Needed! The Recreation Department relies on volunteer coaches at all levels to coordinate each team.

Registration Deadline
for Youth Baseball - April 1



YOUTH SPORTS

Cheerleading

Learn the foundational skills of cheerleading, through jumps, motion drills and choreography development for cheers, chants and dance. There will be a performance for parents to showcase learned material at the last class. Participants will pay a \$20 supply fee to the instructor for shirt and bow (returning participants will not need to pay this fee in later sessions).

Instructor: Danielle Birch, Owner of Coach U Consulting & Wellness and former Bedford H.S. Varsity Cheer Coach

Location: Ellenwood Center Room 4

Grades K-3 6:00 pm - 6:45pm

Grades 4-6 7:00 pm - 8:00pm

Dates: Tuesdays, April 19, 26, May 10, 17, 24, 31 (No class 5/3)

Cheerleading Private Lessons

Cheerleading lessons are available for students Grades K-12 with Danielle Birch, Owner of Coach U Consulting & Wellness and former Bedford H.S. Varsity Coach with 20+ years of cheerleading. During each 30–60-minute lesson students will enhance their skills in motion techniques and performance. Students of all ability levels are welcome. Lessons are by appointment only. Small group sessions may be available. Please call (440) 735-6570 for more information.

Grades: K-12

Location: Ellenwood Center Room 7

Dates & Times: By Appointment Only

Fee: \$25 per 30 minute session/\$40 per 60 minute session

For more programs; including adaptive programs, please visit bedfordoh.gov/departments/parks-recreation/

Esports Leagues

Create teams, show off your gaming skills, and become a local legend! The Season Esports Pass allows gamers to play in as many leagues as they like; enter into unlimited Ohio Leagues!



SPRING ESPORTS PASS:

Season begins the week of April 18

Registration begins February 1. Registration deadline April 4.

Featuring games:

Madden 21 for Xbox and PS4 - Mondays

Mario Kart 8 Deluxe - Mondays

Fortnite - Tuesdays (Solo) & Fridays (Duos)

Rocket League - Wednesdays (1v1 & 3v3)(Beginner or Competitive)

Super Smash Brothers Ultimate - Thursdays

Age Divisions Offered & League Times:

Youth 8-12 years old; 7:00 pm

Teens 13-18 years old; 8:00 pm

Adults 18+ years old; 9:00 pm

Fee:

\$40 per player

Fee includes Esports Pass for all your favorite games. Enter into unlimited Ohio Leagues! Participants are responsible for providing video game, gaming system, and high speed internet.

What else does the Season Pass include? Request scrimmage with other players. GGLeague's resource library on a variety of different topics within esports. Access to other fun events through GGLeagues.

ADULT SPORTS

Spring/Summer Adult Softball

LET'S PLAY BALL! Don't miss out on an exciting season of coed adult softball! This league follows USA/ASA rules and plays double headers on Friday nights at Tim Lally Field (The Glens). Alternate fields are Ellenwood and Hutchinson. Season starts April 29, 2022. Game times are 6:30 pm, 7:30 pm, 8:30 pm and 9:30 pm.

Regular Season: 18-20 game season (No Games 5/27 or 7/1)

Playoff/Tournament: Single elimination 1st round, double elimination after 1st round

Awards: Regular Season and Tournament Champion team plaques and individual t-shirts awarded

Fees: Team entrance fee \$400 (includes game balls) plus Umpire & Scorer fee \$26 per team/per game

Uniforms: Players are required to wear same colored jersey with minimum 6" number on back

Mandatory Managers Meeting - *All managers or a representative must be present on Tuesday, April 12, 2022 6:30pm, meeting will be via Zoom*

**Team Registration Deadline
Friday, April 1, 2022**

HOW TO REGISTER

Online Registration - Register a team online at <https://bedfordoh.myrec.com/>

Phone - Managers may register teams by phone. Call the Parks & Recreation Department Monday through Friday 8:00 am - 4:30 pm at 440-735-6570.

Once the team is registered, individual players must register online to complete waivers and declare their team. Players must have an invitation from a team manager. There is no additional charge for individual player registration.

YOUTH CAMPS

Summer Day Camp

Summer Day Camp is a fun-filled, action packed summer of adventure and new experiences for children ages 5 to 12 (must be minimum 5 years old and maximum 12 years old on first day of camp). Camp consists of age appropriate activities, games, swimming, field trips and much more. Camp may be limited. Don't delay - camp will fill!

CAMP HOURS: 9:00 am - 4:00 pm

DATES: Two sessions to choose from or sign up for both and save!

Session 1: June 13 - July 8 (No camp 6/20 & 7/4)

Session 2: July 11 - August 5

FEE:

8 weeks/Bedford Resident - \$525

8 weeks/Non-Bedford Resident - \$575

4 weeks/Bedford Res - \$300 per session

4 weeks/Non-Bed Res - \$325 per session

REGISTRATION:

Bedford Resident Registration Begins February 1

Non-Resident Registration Begins March 1

Camp may be limited per session



PARTIAL PAYMENT OPTION

Register prior to April 30 and use our partial payment option. This allows you to pay 50% at the time of registration with the remaining balance due by May 30.

EXTENDED CARE:

Must register and pay in full at least one week prior to service. Mornings are 7:00 am to 9:00 am and Evenings are 4:00 pm to 6:00 pm. Cost is \$20 per week AM or PM (\$40 per week if both before and after) when registered in advance or \$5 drop-in per day/per AM or PM session. Drop-ins accepted based on availability.

PARENT HANDBOOK:

More information can be found in the Parent Handbook which is located on our website at www.bedfordoh.gov.

Summer Day Camp Counselor-In-Training Program

Our Counselor-in-Training (CIT) program invites students in grades 8-10 to apply and volunteer in a leadership program to prepare for positions as future camp counselors and youth mentors. Experience teamwork, responsibility, accountability, safety, leadership and child supervision techniques. CITs will help facilitate camper activities and assist the counselors with daily responsibilities. The CIT program will provide job training and experience in a work environment. CITs will receive performance feedback and a certificate of completed hours.

Requirement: Must currently be in Grades 8-10. Must be able to attend in-service training typically held the week before camp starts. Must be available for an entire 4-week session or all 8-weeks. Must have reliable transportation to camp.

Participation in the CIT program is by selection only. Interested applicants will need to complete an application form, submit references and attend an interview. Application deadline is March 31. Interviews and reference checks will be conducted in April. All candidates will be notified of acceptance by May 1. Limited CITs will be accepted. This is an unpaid, volunteer position.

Spring Break Camp

Spring Break Camp is 4 days of fun for children in grades Kindergarten through 5th. Kids will enjoy activities such as sports, games, arts & crafts, and special guests. Campers must bring a lunch each day, dress for scheduled activities, and bring extra clothes for outdoors. Minimum 12 - Maximum 24

Grades: K-5

Location: Ellenwood Center

Dates: Monday, April 11 through Thursday, April 14

Time: 9:00 am - 4:00 pm

Daily Fee: \$30 resident/\$35 non-resident

Weekly Fee: \$100 resident/\$120 non-resident (*Sign up for the week and save*)

Extended Care: must register and pay in full prior to service.

Before Camp Care 7:00 – 9:00 am \$5 per day

After Camp Care 4:00 – 6:00 pm \$5 per day



NOW HIRING

OPEN POSITIONS

- Soccer & Baseball Coordinators
- Soccer & Baseball Coaches & Sports Assistants
- Municipal Pool Lifeguards & Cashiers
- Summer Camp Staff
- Seasonal Labor - Field Maintenance
- Independent Contractors - Instructors with program ideas

Join our team!

Apply online at <https://bedfordoh.gov/employment-opportunities>
or contact 440-735-6570

ADULT PROGRAMS

POUND® Fitness

Adults & Older Teens. Instead of listening to music, become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements using Ripstix®, a lightweight drumstick specifically for exercising. POUND® fitness transforms drumming into an incredible workout. POUND® is designed for all fitness levels and provides the perfect atmosphere for letting loose, getting energized, toning up and rocking out! The workout is easily modifiable; all abilities welcome. Bring your own Ripstix® or borrow from the instructor.



Instructor: Julionne Brown-Little, certified instructor

Winter Session

Dates: Wednesdays - February 2, 9, 16, 23, March 2

Time: 6:30 pm - 7:30 pm

Location: Ellenwood Center Room 4

Fee: \$45 resident/\$55 non-resident

Bedford Senior Club Members are free and must register in advance

Spring Session I

Dates: Wednesdays - March 16, 23, 30, April 6, 13

Time: 6:30 pm - 7:30 pm

Location: Ellenwood Center Gymnasium

Fee: \$45 resident/\$55 non-resident

Bedford Senior Club Members are free and must register in advance

Spring Session II

Dates: Wednesdays - April 27, May 4, 11, 18, 25

Time: 6:30 pm - 7:30 pm

Location: Ellenwood Center Gymnasium

Fee: \$45 resident/\$55 non-resident

Bedford Senior Club Members are free and must register in advance

Want to try it out first? Register for a free 30-minute demo class.

Wednesday, January 26 6:30 pm – Room 4

Wednesday, March 9 7:15 pm – Room 4

Kickboxing (Ages 13 & Up)

Presented by Two Tigers Kung Fu Academy

Chinese kickboxing or (san shou) is a combination of grappling, and kickboxing techniques. The Health and self-defense applications are out of this world! You will gain balance, speed, strength as well as amazing coordination and stamina.

Ages: 13 & Up

Instructor: Robert Fleming

Location: Ellenwood Center Gym

Dates: Fridays - March 18, 25, April 1, 8, 22, 29 (No class 4/15)

Time: 5:45 pm - 6:20 pm

Fee: \$60 resident/\$70 non-resident

Barre Above®

Barre Above® is fusing the best of pilates, yoga, aerobics, and elements of dance strengthening exercises. Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and help you feel more confident in your fitness. Take your fitness to new heights!



Instructor: Julionne Brown-Little, certified instructor

Session I

Dates: Thursdays - March 24, 31, April 7, 14

Time: 6:30 pm - 7:30 pm

Location: Ellenwood Center Gymnasium

Fee: \$36 resident/\$44 non-resident

Bedford Senior Club Members are free and must register in advance

Session II

Dates: Thursdays - April 28, May 5, 12, 19

Time: 6:30 pm - 7:30 pm

Location: Ellenwood Center Gymnasium

Fee: \$36 resident/\$44 non-resident

Bedford Senior Club Members are free and must register in advance

Want to try it out first? Register for a free 30-minute demo class.

Wednesday, March 9 6:30 pm

Thursday, April 14 7:45 pm

Tai Chi

Presented by Two Tigers Kung Fu Academy

Learn basic movements and techniques to increase energy level, improve balance and coordination, as well as build leg and core strength. Through training in these exercises you will be stronger, healthier, and safer.

Instructor: Two Tigers Kung Fu Academy

Location: Ellenwood Center Gym

Time: 5:00 pm - 5:40 pm

Session I

Dates: Fridays, February 4, 11, 18, 25, March 4, 11

Fee: \$60 resident/ \$70 non-resident

Session II

Dates: Fridays, March 18, 25, April 1, 8, 22, 29 (No class 4/15)

Fee: \$60 resident/\$70 non-resident

American Red Cross Adult and Pediatric First Aid/CPR/AED

This blended course combines engaging and interactive online simulation learning plus an in-person classroom session to learn and practice critical lifesaving skills that will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. For more information including dates and times please visit bedfordoh.gov/departments/parks-recreation/.

ADULT PROGRAMS

U Can Endure - Intro to Endurance Sports

Dr. Lachaka Askew, a local triathlete and multi-sport competitor, will lead this course designed to educate adults and families about endurance sports and prepare them for entrance into the sport. The program provides resources, tips, and guidance for those who wish to learn about running, cycling and multi-sport activities. Topics include injury prevention, training plans, event selection, and more. The program has both in-person and virtual/remote options.

Instructor: Dr. Lachaka Askew

Session I

Dates: Saturdays - February 5, 12, 19, 26

Times: 9:00 am-11:00 am

Location: Ellenwood Center Room 4 or Virtual Option

Fees:

In-Person Adult \$60 resident/\$70 non-resident

In-Person Child* \$15 resident/\$20 non-resident

Virtual Adult \$45

Session II

Dates: Saturdays, March 5, 12, 19, 26

Times: 9:00 am-11:00 am

Location: Ellenwood Center, Rm. 4 or Virtual Option

Fees:

In-Person Adult \$60 resident/\$70 non-resident

In-Person Child* \$15 resident/\$20 non-resident

Virtual Adult \$45

**Child must be accompanied by a registered adult.*

Painting with So-So Artsy

Join Melinda with So-So Artsy for canvas painting. Participants follow step-by-step instructions to recreate a painting. No experience required. All supplies included. Adults & Older Teens.

Instructor: Melinda, So-So Artsy

Location: Ellenwood Center Room 3

Time: 6:00 pm - 8:30 pm

Fee: \$25 per person/per painting unless otherwise indicated

Dates:

Tuesday, February 8 - Cross My Heart

Tuesday, February 22 - Flamingo

Tuesday, March 8 - Springtime in Paris

Tuesday, March 22 - Bicycle Ride

Tuesday, April 5 - Rainbow Tree

Tuesday, April 19 - Tranquil Surf

Tuesday, May 10 - Dancing Fireflies

Tuesday, May 24 - Patriotic Porch Leaner*

**\$50 per person*



Local Motion with Jaki: Aerobic Line Dancing

This program will make you sweat while having a fun cardio experience to a musical fusion of club and urban dance styles. This program is for beginners and experienced dancers.

Instructor: Jaki Ward

Location: Ellenwood Center Gym

Winter Session

Dates: Mondays - January 31, February 7, 14, 28, March 7, 14

(No class 2/21)

Time: 6:45 pm - 7:45 pm

Fee: \$38 resident/\$45 non-resident

Bedford Senior Club Members are free and must register in advance

Spring Session I

Dates: Mondays - March 21, 28, April 4, 11, 18, 25

Time: 6:45 pm - 7:45 pm

Fee: \$25 resident/\$30 non-resident

Bedford Senior Club Members are free and must register in advance

Spring Session II

Dates: Mondays - May 9, 16, 23, June 6 (No class 3/30)

Time: 6:45 pm - 7:45 pm

Fee: \$38 resident/\$45 non-resident

Make Your Own Website

Learn how to make your own website or blog with NO CODING skills required. We'll explore how to customize templates, add pages and posts and discuss web hosting options. This is an interactive lecture style class. Bring a laptop to follow along or just take notes on your handout.

Instructor: Gigalearn IT

Location: Ellenwood Center Gymnasium

Date: Wednesday, February 9

Time: 7:15 pm - 8:15 pm

Fee: \$19 resident/\$24 non-resident



Ebay Buying and Selling

Get cash for your clutter, snap up a bargain, or find the perfect edition to your collection! Learn how to buy and sell using one of the world's premier e-commerce sites. This is an interactive lecture style class, but participants may choose to bring laptops or devices to follow along.

Instructor: Gigalearn IT

Location: Ellenwood Center Gymnasium

Date: Wednesday, February 23

Time: 7:15 pm - 8:15 pm

Fee: \$19 resident/\$24 non-resident



For more programs please visit
bedfordoh.gov/departments/parks-recreation/

SENIOR PROGRAMS

Bedford Senior Club

The Recreation Department offers a wide variety of recreation and education programs and activities for those 60 years of age and older. Our goal is to positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, and life-long learning. Activities include congregate meals, exercise and fitness, crafts, movies, trips, and more. Must be a Bedford resident to join. There is no membership fee.

Senior Newsletter - are published at the beginning of each month and are currently distributed during grab and go lunches. The newsletter provides information on programs and activities, City wide information, senior interest stories, recipes, puzzles, games, and more. The Newsletter are available at Ellenwood Center. Pick-up your copy today!

A licensed social worker is available to residents who need services and/or information. Contact the Parks & Recreation Department.

Congregate Meals - currently we're offering grab and go lunches monthly. Please refer to the monthly Senior Newsletter for dates, times, and meal information. Must be a Senior Club Member to participate. In-person meals/meetings will resume when deemed safe to do so.

For more information or to join the Senior Club call Bedford Parks & Recreation at 440-735-6570.

Community Transportation Service

The City offers door-to-door transportation service for Bedford Residents 60 years of age and older and disabled persons over the age of 18 and can be used for medical appointments and errands such as banking, grocery shopping, etc. Service is not available to residents in nursing, assisted living or retirement facilities.

Wheelchair accessible vans are available. Boundary lines for all trips are: north - South Pointe Hospital; south - Northfield Plaza; east - City of Solon; west - Marymount Hospital.

Transportation service provided by Senior Transportation Connection (STC). STC is on the road from 7:00 am until about 4:00 pm. A fee of \$2 per roundtrip is required. An application must be on file with the Parks & Recreation Department prior to service. Applications can be found online at the City's website at www.bedfordoh.gov/senior-programs/ or in-person at the Parks & Recreation Department. For more information call the Parks & Recreation Department at 440-735-6570.



Mind Challenge

Mind Challenge For The New Majority® is a regional trivia competition for the active 50 years and over community to compete for prizes, money for our Senior program and bragging rights. Past participating communities have included Broadview Heights, Mentor, Maple Heights, Twinsburg, Seven Hills, and more.

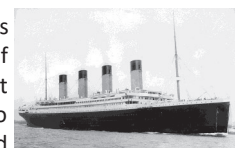
Bedford will sponsor one or more teams consisting of 4-6 players each. Team formation rounds to begin mid/end of April. Regional competitions starting the week of May 9. To advance teams must finish in the top 50%. Top scoring team from each city will automatically advance. The Fact Finding Four and Mind Challenge Championship will take place in June. Dates & Times TBD. If interested in participating please call the Bedford Parks & Recreation Department at 440-735-6570.

LUNCH & LECTURE SERIES:

Join us for lunch and a great historic presentation from Carl Quatraro. Carl Quatraro has been speaking to groups of all sizes since 1975 as a lecturer and teacher. He learned his speaking skills as a 17-year member of Toastmasters international. Deadline for these programs will be one week prior or until all seats are sold. There will be limited seating and registration is required for these presentations. Walk-ins will not be accepted. Menu is subject to change.

Titanic: A Night To Remember

Based on the 1955 book by Walter Lord, this program presents the timeline of the brief life of the RMS TITANIC from the building of the great liner to her demise on April 15, 1912. Register to be a passenger of this great historic lunch and eat one of the final meals served on the Titanic: roast beef and gravy, boiled potatoes, sweetcorn, roll and plum pudding. Passengers will find out at the end of the presentation if they survived. Lunch will be served promptly at noon and the presentation will start at 12:30 pm. Doors open at 11:30 am. Registration begins April 11 with a firm deadline to register by April 15.



Location: Ellenwood Center Gymnasium

Date: Wednesday, April 20

Time: 12:00 pm - 1:30 pm

Fee: Free to Bedford Senior Club members/\$15 for non-members

The History of Cleveland Baseball



Cleveland Baseball has a long history that started before the American League franchise that started in 1901. This program will cover the National League Cleveland Spiders and then the American League team and their five names since 1901. Also, we'll see the three sites where Cleveland Baseball called home and the American League team's logos and records since 1901. Register to join our "club seats" which includes all you can eat hot dogs! You will also get chips, a choice of peanuts or cracker jacks and an ice cream treat! Attendees who dress in Cleveland Baseball gear can be entered into a drawing to win a Cleveland Guardians prize pack with a free ticket to our annual outing! Lunch will be served promptly at noon and the presentation will start at 12:30 pm. Doors open at 11:30 am. Registration begins May 23 with a firm deadline to register by May 27.

Location: Ellenwood Center Gymnasium

Date: Wednesday, June 1

Time: 12:00 pm - 1:30 pm

Fee: Free to Bedford Senior Club members/\$15 for non-members

SENIOR PROGRAMS

Friday Flicks

Light snacks and refreshments included. Limited to 12 participants. Pre-registration required.

Location: Ellenwood Center - Room 2

Dates: First & Third Friday of each month

Typically the first Friday will be a movie from our past and the third Friday will be a new release.

Time: 1:00 pm

Fee: Free to Bedford Resident Seniors

February 4 - Sixteen Candles (1984)

February 18 - Respect

March 4 - Grumpy Old Men (1993)

March 18 - Dear Evan Hansen

April 1 - Ferris Bueller's Day Off (1986)

April 22* - Jungle Cruise

**delayed one week due to the holiday.*



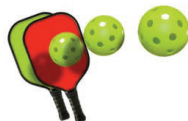
Beginner Pickleball

Pickleball is a fun sport that combines traditional elements of tennis with a wiffle-style ball and paddle on a smaller court. Players will learn the fundamental rules, basic skills and court positioning for singles and doubles play. Paddles and balls provided.

Instructor: Rich Abston, Certified Pickleball Instructor

Location: Ellenwood Center Gymnasium

Time: 1:00 pm - 2:30 pm



Session 1

Dates: Thursdays - March 3, 10, 17, 24

Fee: Free to Bedford Senior Club members/\$20 for non-members

Session 2

Dates: Thursdays - April 7, 14, 21, 28

Fee: Free to Bedford Senior Club members/\$20 for non-members

Skee-Ball League

We are looking for new and veteran Skee-Ballers to play in our spring/summer league starting in April. Match-ups will be played mornings on the first and third Wednesday of the month at Ellenwood Center. We are accepting 2-person teams or individuals looking for a partner. No prior experience is needed and the cost is free. Come join us and get to get to know fellow members in this fun and exciting indoor activity. Call 440-735-6570 to register yourself/team.

Location: Ellenwood Center – Room 2

Dates: First & Third Wednesday of each month

Time: 9:30 am - 11:30 am

Beginning: April 6

Fee: Free to Bedford Resident Seniors



For more senior programs please visit
bedfordoh.gov/departments/parks-recreation/

Sparkling Portraits

Follow step-by-step directions to create a seasonal canvas painting while sipping sparkling grape juice. No experience required. Limited to 12 participants; registration required.

Location: Ellenwood Center – Room 3

Dates: Third Wednesday of the month

Time: Painting starts at 2:00pm

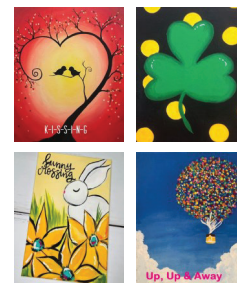
Fee: Free to Bedford Senior Club members/
\$15 for non-members

Wednesday, February 16 - K-I-S-S-I-N-G

Wednesday, March 16 - Shamrock

Wednesday, April 20 - Bunny Crossing

Wednesday, May 18 - Up, Up & Away



Social Media 101

Are your friends, kids or grandkids bugging you to get on social media? You've heard of Facebook, Twitter and Instagram, but maybe you're not quite sure how to get started or use them to their full potential. Which ones are right for you? How can you use them while retaining some privacy? Join an instructor from Gigalearn IT as we explore each platform. If you decide to dive in, we'll get you set up with your own accounts.

Location: Ellenwood Room 2

Dates: Wednesdays - March 2, 9, 16, 23

Time: 1:00 pm - 2:00 pm

Fee: Free to Bedford Senior Club Members

Get Crafty

A social and creative experience for older adults to experiment with various art materials to make fun and seasonal crafts. Bedford Senior Club members only.

Valentine Paper Quilling – Wednesday, February 2, 2:00 pm

Ellenwood Center – Room 3

Mason Jar Herb Garden – Wednesday, March 2, 2:00 pm

Ellenwood Center – Room 3

Eggstravaganza Egg Decorating – Wednesday, April 6, 2:00 pm

Ellenwood Center – Room 3

Aromatherapy Dough – Wednesday, May 4, 2:00 pm

Ellenwood Center – Room 3

SCAMO! Bingo

Join the Cuyahoga County Department of Consumer Affairs for a few rounds of Scamo, a bingo-style game that lets you have fun and win prizes while learning about scams. Limited to 30 participants; registration encouraged. Drop-ins welcome if space permits.

Date: Wednesday, May 11

Time: 1:00 pm - 2:00 pm

Location: Ellenwood Center Gymnasium

Fee: Free to Bedford Residents



AQUATICS

Bedford Municipal Pool

The outdoor pool offers Bedford residents the opportunity to cool off during the summer months. The pool features zero depth entry, lap lanes, large slide, and splash park.

Programs include open and adult swim, American Red Cross Learn-To-Swim classes, and more.

Bedford residents can enjoy open and adult swim with the purchase of a family or individual season pass or pay a daily drop-in fee.

Non-Bedford residents are able to register and participate in Learn-To-Swim classes and can attend open swim as a guest of a Bedford resident.

Please go to www.bedfordoh.gov for more information on purchasing pool passes and class dates and times.



Summer Swim Team

Summer Swim Team is for children ages 5 and up and will focus fundamentals of swimming in a competitive nature and build on stroke technique and endurance. Swimmers must be able to swim 1 length of the pool using front crawl. Team practices will be held at Bedford Municipal Pool; days and times TBD. Swim meets are typically held in various nearby communities mid-June through July.

Lifeguards Wanted:

Bedford Parks & Recreation is looking to hire lifeguards for the summer season. Lifeguards must be American Red Cross Certified. Interested candidates must be at least 15 years of age and complete a Seasonal Employment Application which is available on-line at www.bedfordoh.gov or at Ellenwood Center.

If you are interested in becoming a certified lifeguard please contact the Recreation Department at 440-735-6570 for more information.

RENTAL INFORMATION

Ellenwood Center

Ellenwood Center has a gymnasium with a warming kitchen, a multipurpose room, and several classrooms. Residents 25 years and older may apply to rent the Center. The resident permit holder must be present the duration of the event. To request use of the Center the resident must complete an application. Applications are accepted no more than 6-months in advance of the event date. Applications and Rental Rules and Regulations for use of Ellenwood Center are available at the Parks & Recreation Department and online at www.bedfordoh.gov. Proof of residency required.

Ellenwood Center Rental Fees –

Gymnasium

Maximum seating capacity – 175

Deposit – \$150

Fee – \$75 per hour (includes use of the warming kitchen)

Multipurpose Room (Room 4)

Maximum seating capacity – 70

Deposit – \$120

Fee – \$60 per hour



Rental Applications & Rental Rules & Regulations available at Ellenwood Center or on-line at www.bedfordoh.gov

Archibald Willard Park Pavilion

Archibald Willard Park Pavilion at Ellenwood Center has one open air pavilion with two sections available for rent from May 1 through September 30. Pavilion rental hours are 9:00 am to dusk. Each side has enough seating for approximately 70 people.



Residents 25 years and older may apply to rent the Pavilion. The resident permit holder must be present the duration of the event. To request use of the Pavilion the resident must complete an application. Applications accepted starting March 1. Applications and Rental Rules and Regulations for use of the Pavilion are available at the Parks & Recreation Department and online at www.bedfordoh.gov. Proof of residency required.

Fee: \$25 for 4-hours or \$50 for the day per section. All fees are due at the time the application is approved. The date will not be secured until fees are paid in full. Rentals are subject to availability.

GENERAL INFORMATION

Bedford Resident: A resident must live in the City of Bedford. Proof of residency may be required at the time of registration.

Other General Information including Policy and Procedures of the Parks & Recreation Department are available online at www.bedfordoh.gov

Dates, times, fees, and locations are subject to change without notice. Programs may have a minimum or maximum and may be cancelled or postponed based on enrollment.

BEDFORD PARKS & RECREATION

124 Ellenwood Avenue
Bedford, Ohio 44146



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Permit #1723



Phone: 440-735-6570
www.bedfordoh.gov



Bedford Parks & Recreation Day



Cleveland State Vikings vs. IUPUI
Saturday, February 12 @ 3:00 pm
at the Cleveland State Wolstein Center

Join us to cheer on defending Horizon League champion Cleveland State Vikings Men's Basketball team in their final home game of the season vs. IUPUI

Purchase tickets at <http://bit.ly/CSUTix>, enter the promo code BEDFORD for a price of \$6 (regular price \$12)

Ticket holders will receive a Senior Day Poster and have access to:

- Free KidZone with inflatables
- \$1 hot dogs
- Post game layups on the court for youth 12 and under

NOW HIRING



OPEN POSITIONS

- Soccer & Baseball Coordinators, Coaches, and Sports Assistants
- Municipal Pool Lifeguards & Cashiers
- Summer Camp Staff
- Seasonal Labor - Field Maintenance
- Independent Contractors - Instructors with program ideas



Join our team!

Apply online at <https://bedfordoh.gov/employment-opportunities>
or contact 440-735-6570

Starting at
\$11
per hour