



# UPCOMING FALL PROGRAMS



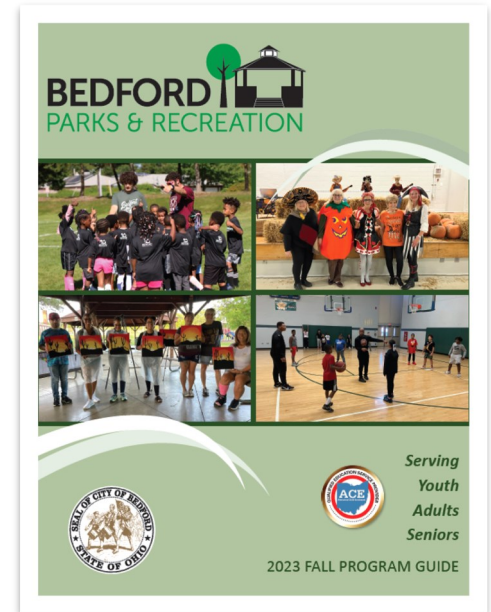
## Senior Health & Wellness Fair Wednesday, October 18 Ellenwood Center 10:00am-1:00pm

Free Health Screenings - Glucose, Cholesterol, Blood Pressure, Vision, Hearing and more! Flu and Covid Shots/Boosters available by appointment. Walk-ins are permitted if space and supplies are available. Call 440-735-6570 to setup your flu and covid vaccination appointment and for more information.

We are excited to also host the University Hospitals Mobile Health Unit for 3-D Mammograms and Osteoporosis (bone density) screenings in our west parking lot on this date from 8:30am—2:30pm. To schedule an appointment, please call the UH Mobile Coordinator directly at 216-896-1768.

Screening mammograms and vaccines are usually covered at 100% by most insurance providers.

**Bring your ID and insurance card to your appointment.**



***Be sure to check out our Fall Brochure for activities and programs for all ages and interests!***



Children ages infant—12 will trick-or-treat through various stations in our transformed west parking lot at Ellenwood Center. Registered children receive a pumpkin and a Halloween craft to go. Hayrides will be available!

**Date: Saturday, October 21**

**Location: Ellenwood Center West Parking Lot**

**Time: Register for a specific time slot between 10:00am-12:00pm**

**Fee: \$5 Bedford resident child ages 0-12/\$8 Non-Resident child**

Adult supervision required. Registration will not be accepted on the day of the event. Resident registration opens October 1. Non-Resident registration opens October 16. Space is limited.

New this year, we will offer special time slots starting at 12:00pm for teens and adults with special needs. Non-participating caregivers are welcome to attend and are not required to register. Space is limited.



To register and view our full listing of programs

# bedfordoh.myrec.com

Registration can also be completed by phone at 440-735-6570  
or in-person at Ellenwood Center (M-F 8:00 am-4:30 pm).

**Questions? Contact the Bedford Parks & Recreation Department**



*Dates, times, fees subject to change without notification*