



# Town of Colma Recreation Guide

S  
U  
M  
M  
E  
R

2  
0  
1  
8

## Inside...

- *Summer Day Camp*
- *Special Events*
- *Adult & Senior Programs*

**Parks  
Make  
Life  
Better!**

[www.colma.ca.gov](http://www.colma.ca.gov)

Coming Soon



TOWN OF COLMA

# COMMUNITY

## Fair 2018



### SATURDAY JULY 14, 2018

**COLMA COMMUNITY CENTER**  
1520 HILLSIDE BOULEVARD, COLMA 94014  
11AM TO 3PM

OPEN ART

BIKE RODEO  
& PARADE

LIVE MUSIC &  
ENTERTAINMENT

FOOD  
& VENDORS



# FREE EVENT

**INSIDE THIS ISSUE:**

*General Information* .....4

*Registration Form* .....5

*Special Events*..... 6-7

*Day Camp and Summer Programs*.....8-10

*Teen Programs*.....11-13

*Youth Programs*.....14-15

*Youth Music Programs* .....16-17

*Fitness Programs* .....18-20

*Adult Classes* .....21

*Senior Activities* .....22-23

*Adult Trips*.....24-25

*Facilities & Community Resources*.....26

**RECREATION SERVICES DEPARTMENT**

**COLMA COMMUNITY CENTER**

1520 Hillside Boulevard  
 Colma, CA 94014  
 (650) 985-5678  
 (650) 997-3796 Fax

Business Hours  
 Monday—Friday 8am—6pm  
 Saturday & Sunday 10am—3pm

**STERLING PARK RECREATION CENTER**

427 F Street  
 Colma, CA 94014  
 (650) 991-3213  
 (650) 991-3206 Fax

Business Hours  
 Monday—Friday 1pm—6pm  
 Saturday & Sunday 11am—4pm

Town of Colma Recreation Department Offices and Facilities will be closed on the following Holidays from April to August 2018:

- |                   |                  |
|-------------------|------------------|
| May 28, 2018      | Memorial Day     |
| July 4, 2018      | Independence Day |
| September 3, 2018 | Labor Day        |

Follow Us!



**Recreation Services Dept. Mission Statement**

The Town of Colma Recreation Services Department is committed to enriching and enhancing the lives of Colma Residents through high quality, diversified programs, and well maintained facilities and parks, while striving to meet the needs of the community.

**Employee Spotlight...**



**Matthew Yu**, Facility Attendant  
**Colma Employee:** 3 years

**Why did you want to work with the Town of Colma?**  
 I enjoy working with people and the kids in the recreation programs.

**What is your favorite part about working here?**  
 Getting to know everyone in town and becoming a part of the community.

**When you're not at work, what are some things you like to do?**  
 I like going on food adventures, hiking with my dog, playing baseball, and video games.

**What are your plans for the future?**  
 I'm working towards becoming a firefighter. Maybe even a fire chief!

**What is your best tip for health and wellness?**  
 Go out for walks/hikes! Eat an avocado for a healthy snack.

**Fun Fact:**  
 I've grown up watching anime and even got my first tattoo based on my favorite one.

**TOWN OF COLMA CITY COUNCIL**

**MAYOR**

Raquel “Rae” Gonzalez

**VICE MAYOR**

Joanne F. del Rosario

**COUNCIL MEMBERS**

Helen Fiscaro

John Irish Goodwin

Diana Colvin

The City Council meets the second & fourth Wednesday of each month at 7:00pm. City Council meetings are held at the Colma Community Center, 1520 Hillside Blvd.

**TOWN OF COLMA RECREATION STAFF**

**RECREATION MANAGER**

Cynthia Morquecho

(650) 985-5681

cynthia.morquecho@colma.ca.gov

**RECREATION COORDINATOR**

Angelika Abellana

(650) 985-5682

angelika.abellana@colma.ca.gov

**RECREATION COORDINATOR**

Liz Tapia

(650) 985-5691

liz.tapia@colma.ca.gov

**Town of Colma Identification Cards**

In order to participate in Town of Colma Recreation Programs at the Colma resident rate, residents must first obtain a Town of Colma Resident Card.

Town of Colma Resident Cards are free to residents and can be obtained at the Colma Community Center. Residents must show multiple proofs of residency when applying for a Town of Colma Resident Card (i.e., driver's license, utility bill, phone bill, bank statement, etc.)

For more information on obtaining a Town of Colma Resident Card, please call (650) 985-5678.

**Program Participation Minimums**

In order to provide a positive experience for residents, each class, program, or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

**Reasonable Accommodations**

Upon request, this publication will be made available in appropriate alternative formats to persons with disabilities, as required by the Americans with Disabilities Act of 1990. Any person with a disability, who requires a modification or accommodation to view the newsletter, should direct such a request to Brian Dossey, ADA Coordinator, at (650) 985-5690 or brian.dossey@colma.ca.gov. Please allow two business days for your request to be processed.

**Program Registration & Facility Reservations**

Registration for all programs listed begins upon receipt of the Recreation Guide, unless otherwise noted. You can register for programs in person, or online. Please remember, if you are a Colma resident you must come to the Colma Community Center to set up your online account. All facility reservations must be done in person. Accepted forms of payment are cash, checks or credit cards.

Participants may cancel recreation programs two weeks prior to the start of the program without penalty. If participants cancel recreation programs within two weeks of the start of the program, refunds will not be returned and participants may be responsible for paying the full cost of the program if prepayments to third parties have been made. Also, it is important that you attend recreation programs that you register for, if you fail to attend recreation programs you may also be responsible for the full cost of the program.

For department cancellation of programs, if eligible, your refund will be processed and check sent to you within three to four weeks.

**Comcast Cable**

In July 2015, the Town entered into a new contract for Comcast Cable services for the residents of Colma. For questions or concerns pertaining to your Comcast cable, internet or phone services please contact Comcast's Bulk Cable service provider at 1-855-307-4896.



**Town Wide Garage Sale** *(All Ages)*

Sign up at the Colma Community Center for the 8th annual Town Wide Garage Sale. Each Colma resident who signs up for the Town Wide Garage Sale will host their own sale at their address. Once the Recreation Services Department has received all the names and addresses of the participants, we will advertise our Town-Wide Garage Sale through various media outlets to all potential shoppers. At the time of sign-up, the Recreation Services Department will ask you for a list of each big-ticket item, such as a refrigerator, couch, television, etc. Prior to the day of the event we will provide a list of participant addresses and their big ticket items to potential shoppers. There is no cost to this event; we just ask that everyone who intends on having a garage sale signs up at the Colma Community Center. For more information please contact us at (650) 985-5678.

**DAY/DATE:** Saturday, April 28, 2018  
**TIME:** 9:00am–5:00pm  
**LOCATION:** Colma Residential Areas  
**COLMA RES. FEE:** FREE

**Town Wide Clean Up Day** *(All Ages)*

Join in the Community Fun and sign up for our Town Wide Clean Up Day. The Town Wide Clean Up Day is your opportunity to take pride in your Town by helping fellow residents and staff in cleaning up the streets of Colma. Participants and staff will walk various locations in Colma picking up trash and recycling materials, and afterwards we will celebrate our Clean Town with a family fun BBQ at Sterling Park. All participants will receive a giveaway and an awesome BBQ lunch. Volunteers need to register for the Town Wide Clean Up Day at the Colma Community Center by May 17, 2018.

**DAY/DATE:** Saturday, May 19, 2018  
**TIME:** 9:00am–2:00pm  
**LOCATION:** Sterling Park Recreation Center

Also, should you have leftover items from the Town Wide Garage Sale or just a bunch of stuff you want to get rid of, now is your chance to dispose of them at our Town Wide Clean Up Day. The Town is partnering with local agencies setting up a collection point for Colma residents to dispose of E- waste, Green waste, Universal waste, documents for shredding, trash, and recyclable materials. The collection point will be located at the Corp Yard at 601 F Street in the Sterling Park Neighborhood. All residents must show a current Colma ID Card when disposing of waste, recyclables or trash and each household will be limited to 2 Cubic Yards (1 standard pick up truck bed) of material to dispose. Residents can also call the Colma Community Center to schedule a pick up of one large appliance to dispose of on Friday, May 18, 2018. All requests for large appliance pick up items must be made prior to Tuesday, May 15, 2018. For more information please call the Colma Community Center at (650) 985-5678.

**DAY/DATE:** Saturday, May 19, 2018  
**TIME:**  
 Town Wide Clean Up Day Volunteers 8:30am–9:00am  
 Residents who live on B, C and Clark Street 9:00am–10:00am  
 Residents who live on D, E & F Street 10:0am–11:00am  
 Residents who live at Verano, Hoffman, Creekside Villas, Mission Road, Hillside, and El Camino Real 11:00am-12:00pm  
**LOCATION:**  
 Corp Yard at 601 F Street in the Sterling Park Neighborhood



**Family Field Day & Barbecue - "Streets Alive"**

*(All Ages)*  
 Join Colma Recreation Staff as we participate in San Mateo County's "Streets Alive" program. "Streets Alive" is a county wide collaborative program that encourages the public to get outside, enjoy public spaces and to participate in physical activity. In Colma, we will enjoy a day filled with field activities for you and your family at T.R. Pollicita Middle School. Play soccer, kickball, and field games. We will barbecue hot dogs and hamburgers, provide refreshments, and all the equipment needed for your family to enjoy the day. All participants are encouraged to enroll early to avoid programs being cancelled.

**DAY/DATE:** Saturday, May 12, 2018  
**TIME:** 11:00am–3:00pm  
**LOCATION:** T.R. Pollicita Field & Gym  
**COLMA RES. FEE:** FREE  
**NON-RES. FEE:** FREE





**Town of Colma Blood Drive (18 years & Older)**

Five percent of all hospitalized patients receive blood transfusions. The average use of each of these patients is about three pints. Leading users are patients with cancer, heart disease, gastrointestinal disease, fractures and trauma, anemia, bone and joint abnormalities, organ transplants, and lung, liver and kidney disease. Join fellow residents and give blood for those in need. The Stanford Mobile Blood Center will be visiting Colma on June 16 from 9am-1pm. No need to register, just stop by and donate. For additional information or questions, please call 650-985-5678.

**DAY/DATE:** Saturday, June 16, 2018

**TIME:** 9:00am—1:00pm

**LOCATION:** Colma Community Center

**COLMA RES. FEE:** FREE

**NON-RES. FEE:** FREE

# Colma Royal Family Ball 2018



**Family Royal Ball (4 years & Older)**

Treat your princes and princesses to the Colma Family Royal Ball! Youth ages 4 to 14 and their parents, aunts, uncles, grandparents or other special adults are invited to experience a special night! Enjoy a delicious pasta dinner, photo booth and dancing with your favorite princess or prince. Youth must be accompanied by an adult 18 or over. Registration must be completed as a couple (with exception of additional children, and second parent). Resident youth may be accompanied by a non-resident adult at the resident rate & resident parents may bring their children at resident rate.

**DAY/DATE:** Friday, June 29, 2018

**TIME:** 6:00pm—9:00pm

**LOCATION:** Colma Community Center

**COLMA RES. FEE:** \$5

**NON-RES. FEE:** \$25

**Stow Lake Paddle Boating (All Ages)**

Gather the whole family as we experience one of San Francisco's hidden gems at Stow Lake in Golden Gate Park. Get ready to peddle around the lake and catch a glimpse of Strawberry Hill, Huntington Waterfall and the Chinese Pagoda. Don't forget to pack your lunch or bring money to purchase food as we will enjoy a picnic by the boathouse. Look out for bus schedule in July Livewire.

**DATE/TIME:** Saturday, August 4, 2018, 10am - 3pm

**LOCATION:** San Francisco, CA

**COLMA RES. FEE:** \$ 33 Adult

\$ 8 Senior, Youth & Disabled

**NON-RES. FEE:** \$ 55.00



# Save the Date

San Mateo County

★ 14<sup>th</sup> Annual ★

**DISASTER PREPAREDNESS DAY**

**Saturday, September 22, 2018**

**PREPARE, SURVIVE AND RECOVER**

10AM-4PM, San Mateo County Event Center  
1346 Saratoga Avenue, San Mateo

*Experience Speakers and interactive demonstrations including  
Emergency Medical Services, First-Aid, Police and Fire.  
Bring the whole family!*

For more information:

[www.smcdisasterprep.org](http://www.smcdisasterprep.org)

Office of Emergency Services at (650) 363-4790

Office of Supervisor Carole Groom at (650) 363-4568

## Day Camp (Ages 5–12 years)

The Town of Colma Recreation Services Department is excited to offer Summer Day Camp! Youth ages 5-12 years old are invited to explore a wide range of activities to during the summer break. Children will enjoy art & crafts, outdoor games, indoor games, music, cooking projects, movies, and so much more. A session schedule will be given out on the first day of camp. Each camper should bring a bag lunch, a sweatshirt, and wear closed-toed shoes. *Please note, we will not be offering the food program this summer.* Please be sure all personal items are clearly labeled with the camper's name. On-site, we have trained and dedicated staff leading developmentally oriented games and activities that participants will enjoy amongst their peers and favorite Recreation Leaders. For questions please call Recreation Coordinator, Liz Tapia at (650) 985-5691, during regular business hours, Monday through Friday, between 8:00am and 4:00pm.



### Summer Session:

**DAY:** Monday–Friday  
**DATE:** June 18 – August 24, 2018  
**TIME:** 10:00am–4:00pm  
**LOCATION:** Sterling Park  
**COLMA RES. FEE:** \$5 per day  
**NON-RES. FEE:** \$30.00 per day

| Session | Dates       | Notes                              |
|---------|-------------|------------------------------------|
| I       | 6/18 - 6/29 | skip 6/27 field trip               |
| II      | 7/2 - 7/13  | skip 7/4 holiday & 7/11 field trip |
| III     | 7/16 - 7/27 | skip 7/25 field trip               |
| IV      | 7/30 - 8/10 | skip 8/8 field trip                |
| V       | 8/13 - 8/24 | skip 8/22 field trip               |



## Leaders in Training (Ages 13–17 years of age)

Become a Leader in Training (LIT) and learn valuable skills while assisting Recreation staff in our summer day camp. Colma teens who are interested in volunteering for the summer day camp should contact Liz Tapia at 650-985-5691 or [liz.tapia@colma.ca.gov](mailto:liz.tapia@colma.ca.gov) for a volunteer application.

Applications are due by May 1, 2018. LIT's are required to commit to working at least 3 days per week (10am-4pm) and 6 out of 10 weeks of summer day camp. Applicants will be interviewed and offered volunteer opportunities as needed. Interviews are tentatively set for May 11, 2018. A mandatory LIT orientation is tentatively scheduled for May 25th, 2018. New LIT's must attend orientation in order to begin volunteer assignments.

## Day Camp Extended Care (Ages 5–12 years)

Extended Care is designed for parents who need additional care for campers who just can't get enough of camp. Campers will participate in games, arts & crafts, and play at the park. Extended Care is open to children enrolled in Day Camp.

### Early Morning Care: 8:00am-10:00am

**Resident Fee:** \$1.00 per day  
**Non-Resident Fee:** \$6.00 per day

### Afternoon Care: 4:00pm-6:00pm

**Resident Fee:** \$1.00 per day  
**Non-Resident Fee:** \$6.00 per day

## Alternative Camp program for Teens

(Ages 13-17 years old)

The Recreation Services Department offers teens the opportunity to participate in one session of an approved day camp program of their choice at the Colma resident fee. For example, if you are interested in going to a Baseball Camp over summer break and it costs \$175, the Town will pay up to 70% of the \$175. Please contact Liz Tapia at 650-985-5691 or [liz.tapia@colma.ca.gov](mailto:liz.tapia@colma.ca.gov) for this great opportunity to participate in the camp of your choice during the summer break. All requests for participation are accepted on a case by case basis and need to be turned in at least 30 days prior to the camp program. Also, there are additional rules and restrictions that apply, so please call for details.



## Summer Day Camp Trips

Join us for fabulous Summer Day Camp Trips to some of the Bay Area's hot spots. All trips depart from the Sterling Park Recreation Center at 9:30am and will return to Colma at approximately at 5:00pm, unless otherwise indicated. Campers must register as soon as possible to ensure their space on the trip.

### **Santa Cruz Beach Boardwalk** (Ages 5–12 years)

Join us for a day of fun in the Sun at Santa Cruz Beach Boardwalk! The Boardwalk is recognized as the best seaside park in the world. We will enjoy a day of unlimited thrilling rides! Be sure to bring a bag lunch and money if you wish to enjoy all the boardwalk goodies! Register before June 12, 2018 to avoid program cancellation.

**DAY/DATE: Wednesday, June 27, 2018**

**COLMA RESIDENT FEE: \$20 Youth**

**NON-RES. FEE: \$69.00**

### **Aqua Adventure in Fremont, CA** (Ages 5–12 years)

Aqua Adventure is a newly opened water park in Fremont in the East Bay. It has 3 pools and a lazy river. There's a huge tower with 4 water slides! Be sure to bring your bag lunch, swimsuit, towel, sunblock and any other sun essentials! Register before June 26, 2018 to avoid program cancellation.

**DAY/DATE: Wednesday, July 11, 2018**

**COLMA RESIDENT FEE: \$14 Youth**

**NON-RES. FEE: \$47.00**



### **Boomers! in Livermore, CA** (Ages 5-12)

Boomers is the favorite place for fun in Livermore and has something for everyone; regardless of age! From Mini Golf to Laser Tag, the attractions are sure to keep the fun going for hours. Be sure to bring a bag lunch and money if you wish to enjoy extra goodies! Register before July 10, 2018 to avoid program cancellation.

**DAY/DATE: Wednesday, July 25, 2018**

**COLMA RESIDENT FEE: \$14**

**Youth NON-RES. FEE: \$45.00**



### **Don Castro Regional Recreation Area** (Ages 5-12)

We will spend the day splashing and swimming in the lagoon and enjoy a BBQ picnic. Be sure to bring your swimsuit, towel, sunblock and any other sun essentials! There is a bathhouse, a vending machine, a sandy beach and large lawn areas. We will have a blast! Register before July 24, 2018 to avoid program cancellation.

**DAY/DATE: Wednesday, August 8, 2018**

**COLMA RESIDENT FEE: \$11**

**Youth NON-RES. FEE: \$35.00**

### **Exploratorium, San Francisco** (Ages 5-12)

Step inside a tornado, turn upside down in a curved mirror, walk on a fog bridge, and explore more than 650 hands-on exhibits. You'll find all of this plus unique programs and discussions at the Exploratorium. Please note, we will be using Public Transportation for this trip. Be sure to bring a bag lunch and money if you wish to enjoy extra goodies! Register before August 8, 2018 to avoid program cancellation.

**DAY/DATE: Wednesday, August 22, 2018**

**COLMA RESIDENT FEE: \$10**

**Youth NON-RES. FEE: \$34.00**





**Treehouse Tribe’s Mindful Movement**

*(Ages 6–11 yrs.)*

Learn Mindful Movement with Treehouse Tribe at Colma Community Center! All abilities welcome. Practice yoga through dance with socially trained peer models and let the music move you. The class will emphasize the importance of developing listening, imitation and social skills through fun partner activities, yoga postures and games. Children will learn relaxing and coping strategies to calm their bodies and brains through this fun, interactive and dynamic class. Friends using augmentative and alternative communication (AAC) devices are encouraged to bring their device!

- DAY/DATE:** Thursdays, July 26 - Aug. 16, 2018
- TIME:** 4:00pm–5:00pm (Ages 6-8)  
5:30pm–6:30pm (Ages 9-11)
- LOCATION:** Colma Community Center
- COLMA RES. FEE:** \$15 Youth
- NON-RES. FEE:** \$100.00



**Youtube Stars!** *(Ages 7–12 yrs.)*

Do you get excited about trick shots, game reviews, vlogs, or something even cooler? At YouTube Stars, we’ll work together to plan, film, edit, upload, and promote our own videos on YouTube! We’ll learn how to use Android smartphones and readily available software to go from start to finish without using a computer. **PARENT ACTION REQUIRED:** Visit [techsplosion.org/youtube](http://techsplosion.org/youtube) to configure your child’s YouTube channel and learn about how we keep your kids safe online.

- DAY/DATE:** Monday - Friday, July 16–20, 2018
- TIME:** 9:00am–12:00pm
- LOCATION:** Colma Community Center
- COLMA RES. FEE:** \$26 Youth
- NON-RES. FEE:** \$175.00



**Slime Squad Camp** *(Ages 5–12 yrs.)*

Are you slime crazy? Do you love making squishy, squeezezy stuff? Then Challenge Island® Slime Squad Camp is the place for you! You and a tribeful of friends will dive into a new slime-filled world every day, from alien ooze to ghostly goo to monster muck to lava, too. No matter how you stretch it, Challenge Island® Slime Squad Camp promises to be a STEAM-riffic adventure of a lifetime.

- DAY/DATE:** Monday - Friday, August 6–10, 2018
- TIME:** 9:00am–12:00pm
- LOCATION:** Colma Community Center
- COLMA RES. FEE:** \$20 Youth
- NON-RES. FEE:** \$135.00

**Princess Dance Class—Duo Dance Academy**  
**(Ages 3–7 years old)**

Students will learn about full length ballet. There will be arts & crafts, dance classes, story-time, and snacks included. On the last day of class, dancers will showcase what they have learned to family and friends. Students will need uniform (tights, leotard or stretch pants and appropriate shoes). All participants are urged to enroll early for space is limited.

- DAY:** Monday–Friday,
- DATE:** July 9–13, 2018
- TIME:** 9:30am–12:00pm
- LOCATION:** Duo Dance Academy,  
12 Wellington Ave., Daly City
- COLMA RES. FEE:** \$75 Youth
- NON-RES. FEE:** \$250.00
- INSTRUCTOR:** Duo Dance Academy Staff



**Colma Basketball Clinic**

*(Ages 7-12)*

This clinic is geared towards improving athletes basketball skills and fundamentals. All committed and determined participants will practice and perform drills that encourage them to learn more about the game. In this clinic we will emphasize ball handling, shooting form, defense, passing, footwork, conditioning, speed agility and quickness.

- DAY/DATE:** Monday - Friday, July 19 - 20, 2018
- TIME:** 10am - 12 noon
- LOCATION:** T. R. Pollicita Gym
- COLMA RES. FEE:** \$15 Youth & Teens
- NON-RES. FEE:** \$50.00
- INSTRUCTOR:** Colma Recreation Staff

**Summer Teen Adventures (Ages 12–17 years)**

All Summer Teen Adventures will depart from the Sterling Park Recreation Center. Please register early to ensure your space on the trip. Resident teens may bring one non-resident teen at the resident rate.



**ROCKIN' JUMP**  
THE ULTIMATE TRAMPOLINE PARK  
**SAN CARLOS**

**WEDNESDAY,  
JUNE 13, 2018**

**11:00AM - 4:00PM**

**GET SOME AIR!**

**COLMA RESIDENT FEE: \$18  
NON-RES. FEE: \$60  
(AGES 12-17)**



**WEDNESDAY,  
JUNE 27, 2018**

**ESCAPE ROOM**

**10:30AM TO 3:00PM**

**PALACE OF FINE ARTS, SF**

**COLMA RESIDENT FEE: \$18 Teen  
NON RESIDENT FEE: \$60.00**

**California's  
Great America**

**WEDNESDAY,  
JULY 25, 2018**

**10:00am to 11:00PM**

**COLMA RESIDENT FEE: \$23 TEEN  
NON-RES. FEE: \$75.00  
(AGES 12-17)**

*Please make sure to bring money for lunch and dinner and a change of clothes if you wish to enjoy water attractions!*



**FRIDAY,  
JULY 13,  
2018**

**10:30AM TO 4:00PM**



**COLMA RESIDENT FEE: \$24**

**NON-RES. FEE: \$80.00**

**(AGES 12-17)**



**Open Teen Center Hours**

*(Ages 12 – 17 years old)*

This Summer come to Sterling Park Recreation Center and enjoy some open recreation center time. We'll play foosball, ping-pong, open black top, have snacks and refreshments. We will also take occasional adventures! Come and let us know what you want to do!

- DAY:** Thursdays
- DATE:** April 26 to August 9, 2018
- TIME:** 6:00pm–7:30pm
- LOCATION:** Sterling Park Recreation Center
- COLMA RES FEE:** FREE



**Friday Night Lights**

*(Ages 12 – 17 years old)*

Come join Recreation staff on Friday nights as we keep the lights on a little longer and enjoy some extra shoot around time. Staff will organize pick up games and friendly competitions. Come out for a chance to win some goodies!

- DAY:** Fridays
- DATE:** April 6 - August 10, 2018
- TIME:** 6:00pm–7:30pm
- LOCATION:** Sterling Park Recreation Center
- COLMA RES FEE:** FREE





**GET  
INVOLVED!**



Do you want to be an active member of your community? Are you interested in Local government? Do you want to make a difference as a Leader? Then The Town of Colma Youth Advisory Commission is for you!

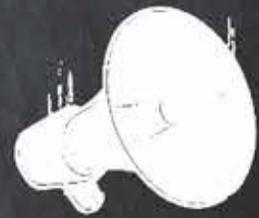
#### *Why Should I Apply?*

- Members will have the opportunity to earn community service hours while at meetings or events.
- Attend workshops and events with your peers.
- Have your voice heard and organize special events and trips for youth and teens in Colma.
- Participate in community events and Colma activities planned by the Recreation Department.
- There's so much more including field trips, team building, and lasting friendships!

#### *How do I apply?*

Applications are available online at [www.colma.ca.gov](http://www.colma.ca.gov) or at the Colma Community Center. Applications are due Wednesday, May 30, 2018.

For more details, contact Liz Tapia  
at 650-985-6591 or [Liz.tapia@colma.ca.gov](mailto:Liz.tapia@colma.ca.gov)



**MAKE YOUR  
VOICE HEARD!**

**Kids' Club After School Program** (Ages 5–14 years old)

The Colma Recreation Services Department is excited to offer the KIDS' CLUB after-school program at the Sterling Park Recreation Center. This program is open to all children ages 5 to 14 years, Monday through Friday, 3:00pm to 6:00pm through June 14, 2018. Recreation staff will lead participants in arts & crafts, athletics, board & team games, and provide help with homework. For more information please contact Liz Tapia at (650) 985-5691.

**DAYS:** Monday–Friday  
**TIME:** 3:00pm–6:00pm  
**LOCATION:** Sterling Park Recreation Center

| Session | Dates                          | Fee: Res/NR |
|---------|--------------------------------|-------------|
| 7       | 4/16 - 4/27                    | \$10/\$23   |
| 8       | 4/30 - 5/11                    | \$10/\$23   |
| 9       | 5/14 - 5/25                    | \$10/\$23   |
| 10      | 5/29 - 6/14 (No program 6/15!) | \$16/\$38   |

| Modified Day           | Dates  | Program Hours |
|------------------------|--|---------------|
| Minimum Day Adventures | - All Wednesdays<br>- 5/18, 5/24, 5/25, 6/14 | 1pm - 6pm     |



**Parent's Night Out** (Ages 3.5–10 years)

Parents, you deserve a night out! Don't let just anyone baby-sit your children; we'll do it. Yes, we are experienced, trustworthy and ready for fun. Check out our great special PNO themes. Please bring sleeping bags and pajamas. So relax, see a movie, or go out to dinner. Just remember you have a 10:30pm curfew. All participants are urged to enroll at least one week prior to avoid program being cancelled. Children must be toilet trained in order to participate.

**DAY:** Saturdays  
**TIME:** 6:00pm–10:30pm  
**LOCATION:** Sterling Park  
**COLMA RES. FEE:** \$5 Youth  
**NON-RES. FEE:** \$20.00

| Date            | Movie        |
|-----------------|--------------|
| April 21, 2018  | Moana        |
| May 19, 2018    | Coco         |
| June 23, 2018   | Ferdinand    |
| July 14, 2018   | Paddington   |
| August 11, 2018 | Peter Rabbit |



**Ice Cream and Art & Crafts Night** (Ages 5 - 12 years old)

Join Colma Recreation Department Staff as we help children learn and discover through the creation of age appropriate arts and craft projects. Participants will be provided with opportunities to socialize and share their projects with their peers and staff. All participants are urged to enroll early to avoid program being canceled.

**DAY:** Fridays  
**TIME:** 6:00pm - 8:00pm  
**LOCATION:** Sterling Park Recreation Center  
**COLMA RES. FEE:** \$4 Youth  
**NON-RES. FEE:** \$15 Youth

| Date    | Activity               |
|---------|------------------------|
| 5/11/18 | Mother's Day Bouquet   |
| 6/9/18  | Father's Day Birdhouse |
| 7/6/18  | Mini Aquarium          |
| 8/10/18 | Kaleidoscope           |

**Project Read Science Club** (Ages 5–12 years)

Join Project Read for Science, Discovery and Fun! Project Read’s Science Club teaches physical science through children’s literature and hands-on experiments. Topics include: magnetism, polymers, energy, and color. Young scientists take home free activities.

- DAY:** Thursdays
- DATE:** June 21, July 12, August 2 & Aug. 23, 2018
- TIME:** 10:00am - 11:00am
- LOCATION:** Sterling Park
- INSTRUCTOR:** Project Read Staff

**Project Read Nutrition** (Ages 5-12 years)

Project Read’s nutrition educator will present a series of fun, educational programs based on children’s literature. Learn about healthy eating with fun activities and new recipes. Each child will receive a free children’s book.

- DAY:** Thursdays
- DATE:** June 28, July 19 & August 9, 2018
- TIME:** 10:00am - 11:00am
- LOCATION:** Sterling Park
- INSTRUCTOR:** Project Read Staff

**Project Read Learning Wheels** (Ages 5-13 years)

Calling 1st through 8th graders! Come to Project Read’s literacy van, Learning Wheels, for fun and educational activities. Have a snack, hear great stories, and pick out a free book! Experienced literacy staff will provide enthusiasm for reading and learning.

- DAY:** Thursdays
- DATE:** July 5 and August 16, 2018  
July 14, 2018 (Community Fair)
- TIME:** 10:00am - 11:00am
- LOCATION:** Sterling Park
- INSTRUCTOR:** Project Read Staff

Fees for the Project Read Program are included in the Summer Day Camp Program.



**Kumon Learning Program** (Ages 3-16 years old)

Kumon is an after-school learning program designed to help build confidence, increase self-discipline, improve concentration, and study habits. Kumon instructors will design individual lesson plans based on a student’s ability and understanding of the material in math or reading. The emphasis on individualized learning will help your child become more focused, motivated and self-reliant. Students will also learn to assume responsibility for their own progress and learn at a rate that is comfortable for them. For more information or if you would like to enroll your child in this program please call the Colma Community Center at 650-985-5678.

**Math Program** – Kumon Math is a comprehensive program that develops the necessary skills to help your children progress from counting through calculus. Kumon assignments allow students to discover specific math concepts and improve mental calculation, reasoning and problem solving skills.

**Reading Program** – Kumon’s assignments incrementally build on each subject to develop students’ comfort with and understanding of reading. Each worksheet not only covers a specific concept, but also helps students interpret information, expand their vocabulary, and enhance reading and writing ability and overall comprehension.

- DAYS:** Tuesdays and Fridays
- DATE:** Session I May 1-31, 2018  
Session II June 1-29, 2018  
Session III July 2-31, 2018  
Session IV August 1-31, 2018
- TIME:** Classes are 45 minutes long and scheduled between 3:30pm–7:00pm
- LOCATION:** Kumon Learning Center, 207 Southgate Ave., Daly City
- COLMA RES. FEE:** Math Program - \$33 Youth per month  
Reading Program - \$33 Youth per month
- NON-RES. FEE:** \$160.00
- INSTRUCTOR:** Kumon Tutoring Staff

**Vibo Youth Ensemble** (Ages 8–17 years)

For intermediate level students playing orchestral instruments with basic sight-reading skills. This weekly, 60 minute ensemble is highly focused to develop chamber, ensemble performance techniques and beginning orchestral performance ability as it opens the path for students to all forms of performance. Students will learn a variety of musical styles from baroque to contemporary, including orchestral excerpts, as well as explore techniques of individual performance skills needed to lead chamber, ensemble and orchestra. Please contact Vibo Music at (650) 844-0805 for a brief audition.

**DAY:** Fridays  
**DATE:** June 1 - August 31, 2018  
**TIME:** 6:00pm–7:00pm  
**LOCATION:** Vibo Music Center  
 488 San Mateo Ave, San Bruno  
**COLMA RES. FEE:** \$62 Youth  
**NON-RES. FEE:** \$280.00  
**INSTRUCTOR:** Vibo Music Staff

**Early Childhood Music Education** (Ages 2 – 7 years old)

Join this fun, active music class for young children. The mission of this class is to help build a strong foundation for growth and learning through music education. The goal of this program is to foster curiosity, creativity, and a passion for music at an early age. The curriculum is designed to teach the following musical terms and skill sets; Rhythm, measures, and beats; Types of Notes - Whole, Quarter, and Half; and Bass and Treble Clef; The curriculum is also designed to familiarize students with various types of instruments they can play and observe; Drumsticks, Shakers, Piano/Keyboard, Guitar/Ukulele, Auxiliary Percussion Instruments, and Vocals.

**DAY:** Saturdays  
**DATE:** Session I June 2- July 21, 2018  
 Session II August 4 - September 29, 2018  
 (Skip 9/1)  
**TIME:** 3:15pm–4:00pm  
**LOCATION:** Vibo Music Center  
 488 San Mateo Ave, San Bruno  
**COLMA RES. FEE:** \$38 Youth  
**NON-RES. FEE:** \$160.00  
**INSTRUCTOR:** Vibo Music Staff

**Traditional Hawaiian Ukulele for Beginners**

(Ages 8 & Older)

Participants will learn traditional strumming techniques, and work on singing and playing Hawaiian songs. Learn-finger picking, chords and chord progressions as well have opportunities to perform in public, and accompany dancers. Ukulele’s can be purchased at Vibo music, please call (650) 844-0805 for details.

**DAY:** Tuesdays  
**DATE:** Session I June 12 - July 31, 2018  
 Session II August 14 - October 2, 2018  
**TIME:** 4:00pm–5:00pm  
**LOCATION:** Vibo Music Center  
 488 San Mateo Ave, San Bruno  
**COLMA RES. FEE:** \$76 Adult  
 \$38 Youth, Senior & Disabled  
**NON-RES. FEE:** \$160.00  
**INSTRUCTOR:** Vibo Music Staff

**ViBo Music Camp Allegro** (Ages 10–18 years)

Join us at Camp Allegro, a one-week summer music camp offering an unparalleled creative experience for aspiring young musicians ages 6 and up! Campers explore the joy of playing music through fun classes, rehearsals and performance all within a fun and supportive environment. Beginners and intermediate level students alike benefit from a summer session at Camp Allegro. Available instruments (but not limit to) include guitar, piano, violin, cello, ukulele, woodwinds , and vocals. Camp Allegro’s staff is composed of professionally trained musicians in a variety of genres, inspiring students to explore new types of music. Students can perform in an all-camp chorus, a percussion ensemble, acoustic ensembles, rock bands, and more! The week culminates with a performance showcasing their newly learned skills for parents and friends. For the first time ever, we added an advanced camp for the 3rd week for more experienced students. Extended hours service is available upon request.



**Each session’s schedule includes the following activities:**

- Studying a primary instrument of the student’s choice
- Exploring different instruments
- Playing many styles of music as solos and ensembles
- Performing in a talent show on the final day

| Session     | Dates                            |
|-------------|----------------------------------|
| Session I   | June 18 - 22, 2018               |
| Session II  | July 9 - 13, 2018                |
| Session III | July 16 - 20, July 23 - 27, 2018 |

**TIME:** 10:00 am- 3:00 pm  
**LOCATION:** Vibo Music Center - 488 San Mateo Ave. San Bruno  
**COLMA RES. FEE:** Session I & II \$103 Youth/ Session III \$187  
**NON-RES. FEE:** Session I & II \$430  
 Session III \$780

**Beginning Keyboard (Ages 7 years & Older)**

Learn to play keyboard/piano in a small-sized class. The instructor will guide the students through a fun and easy way to learn playing music on the piano. They will receive a lot of individual attention and benefit from group playing activities. The class will cover how to read music, basic piano technique, rhythm, easy songs and chords. Students may be required to purchase a textbook to participate (approximately \$10 paid to Vibo Music Center at the first class).

**(SF) San Francisco Location- 908 Paris St. San Francisco**

**(SB) San Bruno Location- 488 San Mateo Ave. San Bruno**

**Keyboard Workshop (Ages 7 years & Older)**

| Day           | Dates                    | Time        |
|---------------|--------------------------|-------------|
| Saturday (SB) | June 2 - July 21, 2018   | 3:00-4:00pm |
| Sunday (SF)   | June 3- July 22, 2018    | 1:00-2:00pm |
| Saturday (SB) | August 4- Sept 29, 2018  | 3:00-4:00pm |
| Sunday (SF)   | August 5- Sept. 30, 2018 | 1:00-2:00pm |

**(Skip Dates 9/1 and 9/2)**

**COLMA RES. FEE:** \$76 Adult, \$38 Youth, Senior & Disabled

**NON-RES. FEE:** \$160.00

**Gleeshiner's Choir (Ages 6-14 years)**

Join a fun-filled weeks of singing, making a beautiful experience for those who love to sing. --- choir, makes children and youth to explore and enjoy music since the very first class, doing vocal training and music theory. This choir is inspired in Glee, experience the magic of Pop style, doing also A capela songs. Students will explore songs from today's popular culture and will be able to bring it to the Glee style combining with choreography! It's going to be a great "sleep-away" where we will create a lifetime of memories! Students will perform on a recital where they would be able to show their work as a choir and the most important thing feel as a musical family! Get ready to be a pop star, and be part of a highest quality choral music experience!

**DAY:** Saturdays

**DATE:** Session I - June 2 - July 21, 2018

Session II - March 24 - May 19, 2018

(Skip 9/1)

**TIME:** 5:00pm-6:00pm

**LOCATION:** Vibo Music Center, 488

San Mateo Ave, San Bruno

**COLMA RES. FEE:** \$38 Youth

**NON-RES. FEE:** \$160.00

**INSTRUCTOR:** Vibo Music Staff

**Violin Workshop for Beginners (Ages 8 years & older)**

This class is for beginners. Students will learn how to tune and hold a violin along with proper bow technique to produce nice sound on the instrument. Instructor will teach participants many fun tunes including well-known classical themes, fiddle tunes and popular tunes. If you do not have a violin, Vibo Music Center will rent participants a violin for \$30 for the session. Violin rental fees will be collected at the first class. Please contact Vibo music staff at 650-877-0805 if you need to rent a violin for this class. Fee does not include violin rental. Students may have to purchase a textbook to participate (approximately \$10 paid to Vibo Music Center at first class).

| Day       | Dates                                | Time        |
|-----------|--------------------------------------|-------------|
| Saturdays | June 2 - July 21, 2018               | 1:00-2:00pm |
| Saturdays | August 4 - Sept. 29, 2018 (Skip 9/1) | 1:00-2:00pm |

**LOCATION:** Vibo Music Center

488 San Mateo Ave, San Bruno

**COLMA RES. FEE:** \$76 Adult, \$38 Youth, Senior & Disabled

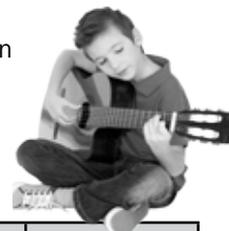
**NON-RES. FEE:** \$160.00

**INSTRUCTOR:** Vibo Music Staff



**Guitar Workshop for Beginners (Ages 8 years & older)**

Learn all the basics for the guitar. This 8 week hourly class is designed for beginners. You will learn posture, fundamental chords, strumming patterns, and well known songs from different genres. Learn scale and chord formations and how to apply them to the guitar. Also learn how to read guitar music and how to interpret sheet music downloaded from the internet. Students must have their own guitar, or may rent one from Vibo music. For information on guitar rentals please call Vibo at 650-877-0805. Students maybe required to purchase a textbook to participate (approximately \$10 paid to Vibo Music Center at the first class).



| Guitar Workshop | Dates                               | Time        |
|-----------------|-------------------------------------|-------------|
| Saturdays       | June 2- July 21, 2018               | 2:00-3:00pm |
| Wednesdays      | July 11- August 29, 2018            | 7:00-8:00pm |
| Saturdays       | August 4- Sept. 29, 2018 (Skip 9/1) | 2:00-3:00pm |

**LOCATION:** Vibo Music Center, 488 San Mateo Ave, San Bruno

**COLMA RES. FEE:** \$76 Adult, \$38 Youth, Senior & Disabled

**NON-RES. FEE:** \$160.00



**Tae Kwon Do**

*(Ages 4 years & older)*

Learn the art of Tae Kwon Do. Basic exercise, self-defense and fun will be taught in this program. DeLucca’s School of Tae Kwon Do promotes family values and character building. Their staff has trained and developed Tae Kwon Do teaching skills together for over 13 years. First time participants will receive a free uniform.

- DAY:** Monday–Saturday
- DATE:** Session I May 1-30, 2018  
Session II June 1-30, 2018  
Session III July 2-31, 2018  
Session IV August 1-31, 2018
- TIME:** Monday, Wednesday & Friday—4:00pm–5:00pm  
Tuesday & Thursday—7:00pm–8:00pm  
Saturday—10:30am–11:30am
- LOCATION:** Serramonte Del Rey, 699 Serramonte Blvd., Daly City
- COLMA RES. FEE:** \$60 Adult, \$30 Youth, Senior & Disabled
- NON-RES. FEE:** \$129.00
- INSTRUCTOR:** DeLucca’s School of Tae Kwon Do Staff

**Ballet, Tap, Jazz and Hip Hop Dancing**

*(Ages 3–Adult)*

The Duo Dance Academy and the Town of Colma Recreation Services Department are working together to bring Classical Ballet, Jazz, Tap and Hip Hop Dancing to the residents of Colma. Duo Dance Academy is a Dance Studio that provides the best quality of dance instruction in an uplifting environment. The intent of each class is for every student to gain knowledge of the body through movement, as well as performing ability, while developing self-esteem. Classes start the week of August 6, 2018, and end in December. Classes will meet once a week during the 5-month session. Brochures with specific class schedules are available at the Colma Community Center. All classes will be held at Duo Dance Academy, 12 Wellington Ave, in Daly City.

- COLMA RES. FEE:** \$219 Adult, \$110 Youth
- NON-RES. FEE:** \$365.00 per session

**Golf Lessons** *(Ages 8 years & older)*

The Cypress Golf Learning Center features a short game area and practice facility. Instruction is provided in stance, grip, putting, chipping, and full swing. All participants are required to wear athletic shoes. Students will purchase golf balls at the range (\$10) at 2 of the 4 lessons.

- DAY:** Saturday
- DATE:** Session II May 5–26, 2018  
Session III June 2–23, 2018  
Session IV July 7–28, 2018  
Session V August 4–25, 2018
- TIME:** Adult—9:00am–10:00am  
Youth—10:00am–11:00am
- LOCATION:** Cypress Golf Learning Center
- COLMA RES. FEE:** \$84 Adult, \$42 Senior, Youth & Disabled
- NON-RES. FEE:** \$140.00
- INSTRUCTOR:** Tommy Kim



| DAY       | TIME          | CLASS                    |
|-----------|---------------|--------------------------|
| Monday    | 5:30p - 6:20p | Ballet III               |
| Monday    | 6:30p-7:20 p  | Pointe                   |
| Tuesday   | 4:30p-5:20p   | Combo II/III (Ages 4-7)  |
| Tuesday   | 5:30p-6:20p   | Ballet I                 |
| Tuesday   | 6:30p-7:20p   | Jazz (Beg./Inter.)       |
| Tuesday   | 7:30p-8:20p   | Hip Hop (Beg./Inter)     |
| Wednesday | 4:30p-5:20p   | Combo II (Ages 4-7)      |
| Wednesday | 5:30p-6:20p   | Ballet II (Intermediate) |
| Thursday  | 5:30p-6:20p   | Tap II (Intermediate)    |
| Thursday  | 6:30p-7:00p   | Tap III (Advanced)       |
| Friday    | 5:30p-6:20p   | Hip Hop (Beg./Inter)     |
| Friday    | 6:30p-7:20p   | Lyrical (Beg./Inter)     |
| Saturday  | 9:00a-9:50a   | Combo I (Ages 3-5)       |
| Saturday  | 10:00a-10:50a | Combo II (Ages 4-6)      |
| Saturday  | 11:00a-11:50a | Combo III(Ages 5-7)      |
| Saturday  | 12:00p-12:50p | Tap I (Beginning)        |



**Active Adult Chair Yoga** (Ages 21 years & older)

Designed for active adults who are young at heart, this yoga class leads you through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Experience restorative breathing exercise that help with balance, injury and alignment, for the mind, body and spirit. Active Adult Chair Yoga, sets you on a journey for a healthier lifestyle by reducing stress and increasing relaxation!

**DAY:** Thursdays  
**DATE:** May 31 - August 2, 2018 (Skip 6/28, 7/19)  
 August 16 - Oct. 11, 2018 (Skip 9/27)  
**TIME:** 9:45am–10:50 am  
**LOCATION:** Colma Community Center  
**COLMA RES. FEE:** \$60 Adult,  
 \$15 Senior, Teen & Disabled  
 Drop In - \$ 7.50 Adult  
 \$1.80 Senior, Teen & Disabled  
**NON-RES. FEE:** \$100.00  
 Drop In - \$12.50  
**INSTRUCTOR:** Vanessa Mosqueda Velez



**BOOT Camp Fitness** (Ages 15 years & older)

Start off the new year right and get your heart pumping & gain strength by this full body workout. This class accommodates all fitness levels and we use nothing but body weight exercises and a mat! By using your own body weight you will be sure to get a great workout that is just right for you. Please wear comfortable workout clothing, bring an exercise mat, towel and water bottle. Sign up with friends and get FIT now!

**DAY:** Saturdays  
**DATE:** Session I May 19–July 7, 2018  
 Session II July 21–September 15, 2018 (Skip 9/8)  
**TIME:** 8:30am –9:30am  
**COLMA RES. FEE:** \$24 Adult, \$16 Senior, Teen & Disabled  
 Drop In—\$3 Adult, \$2 Senior, Teen & Disabled  
**NON-RES. FEE:** \$88.00  
 Drop In—\$11.00  
**LOCATION:** Sterling Park Recreation Center  
**INSTRUCTOR:** Erin Malia Cus



**Gentle & Invigorating Yoga for all Bodies**

(Ages 16 years & older)

All are welcome at this mindful movement and deep breathing practice. Come for a full body tune up; standing, sitting, and laying on the floor (if you wish, and are able). Bring a mat or towel and any props you'd like to use; wear loose clothes, and come ready to relax. No prior experience nor flexibility is needed, just openness and the ability to show up. Kids interested in coming are welcome, or may happily hang out quietly in the room while their parents practice, too.

**DAYS:** Tuesdays  
**DATES:** Session I June 5–August 14, 2018 (Skip 7/17)  
 Session II August 21– October 23, 2018  
**TIME:** 6:45pm–8:00pm  
**LOCATION:** Colma Community Center  
**COLMA RES. FEE:** \$132 Adult, \$33 Senior, Teen & Disabled  
 Drop in—\$6.60 Adult, \$1.65 Senior, Teen & Disabled  
**NON-RES. FEE:** \$240.00 Drop in—\$12.50  
**INSTRUCTOR:** Madhuri Fiona Flynn

**NEW! Eat Well, Be Well** (Ages 18 years and older)

**Workshop I - Diet and Diabetes: What Can Be Done?**

Type 2 Diabetes can be prevented, managed and in some cases even reversed by eating right, regular physical activity, losing extra weight and sometimes taking medications. Come enjoy a diabetic friendly recipe and learn tips to make your meals healthy and delicious.

**Workshop I – Heart Healthy Eating**

Learn what food to eat and what lifestyle change to make to avoid the leading causes of Premature deaths in America. Enjoy a heart healthy recipe from the popular How Not to Die Cookbook and learn which 12 foods to consume daily to live a healthier life.

**DAY:** Fridays  
**DATE:** Workshop I – May 11 , 2018  
 Workshop I – June 8, 2018  
**TIME:** 10:30–11:30am  
**LOCATION:** Colma Community Center  
**INSTRUCTOR:** Project Read Staff  
**COLMA RES. FEE:** \$6 Adult, \$3.5 Seniors & Disabled  
**NON-RES. FEE:** \$23

**Zumba Toning & Palango Combo!** (Ages 15 years & older)

9:15 - 9:50 am 35 minutes

Zumba Toning Program is to create a light resistance training fitness experience that is FUN, SAFE, & Effective! Zumba Toning utilizes muscles toning and sculpting exercises and combines them with the dance-fitness movements and rhythms from Zumba Basics. The toning and body sculpting exercises either uses body resistance movements and/or utilizes light hand weights or Zumba toning sticks.

9:55 - 10:30 am 35 minutes

High intensity Palango is SIMPLE / FUN / INTENSE cardiovascular, toning and endurance workout. It incorporates steps from Kickboxing, Capoeira and boxing. In addition, you're in for Plyometrics, squats, lunges, running and a great core workout. Both programs are all to the Latin-Style rhythms; full 35 non-stop workout.

Wear loose comfortable clothing, old worn-out workout shoes, towel and bottle water. Light hand weight 1.0 lb or 2.0 lb optional. Bring families and friends to enjoy the Summer Body Trimming experience. Please register early so the program does not get cancelled.

- DAY:** Saturday
- DATE:** May 5—July 28, 2018 (Skip 6/16, 7/7, 7/14)  
August 4—October 13, 2018 (Skip 9/29)
- TIME:** 9:15am—9:50am—Zumba  
9:55am—10:30am—Palango
- LOCATION:** Colma Community Center
- COLMA RES. FEE:** \$50 Adult, \$10 Senior, Teen & Disabled  
Drop in—\$5 Adult, \$1 Senior, Teen & Disabled
- NON-RES. FEE:** \$70.00, Drop in—\$7.00
- INSTRUCTOR:** Margie Luna-Sevilla

**Zumba** (Ages 15 years & older)

Zumba is a fun, Latin inspired easy to follow, calorie burning dance fitness workout. Class format combines fast and slow rhythms that will tone and sculpt the body. Low impact style along with easy routines will have you moving and grooving, you'll never want to stop. Please wear comfortable loose clothing, and bring a water bottle and towel. Also, please register early so the program does not get cancelled.

- DAY:** Mondays
- DATE:** May 14—July 23, 2018 (Skip 5/28)  
July 30—October 8, 2018 (Skip 9/3)
- TIME:** 6:15pm—7:15pm
- LOCATION:** Colma Community Center
- COLMA RES. FEE:** \$36 Adult, \$9 Senior, Teen & Disabled  
Drop in—\$3.60 Adult  
\$.75 Senior, Teen & Disabled
- NON-RES. FEE:** \$60.00 , Drop in—\$6.00
- INSTRUCTOR:** Margie Luna-Sevilla



**First Aid & CPR Training** (Ages 16 years & older)

This American Red Cross course offers Cardiopulmonary Resuscitation (CPR) techniques used on adults, children, and infants, as well as how to respond to injuries and sudden illness in a systematic manner. Fees include certification cards.

- DAY:** Saturday
- DATE:** August 18, 2018
- TIME:** 10:00am—3:00pm
- LOCATION:** Sterling Park Recreation Center
- COLMA RES. FEE:** \$30 Adult, \$8 Senior, Teen & Disabled
- NON-RES. FEE:** \$50.00
- INSTRUCTOR:** Rachel Daly



**NEW! Study Lounge** (Ages 14–10 years)

Calling all High School and College students of the Community! Need a place to study during the week of finals? Pass on the crowded coffee shops and stop by the Colma Community Center as we open our doors to hard working students who need a comfortable and safe place to study. Enjoy our spacious Community Center and study late into the night, with bottomless coffee and tea to get you through. Please feel free to bring your own snacks and dinner. Free Wifi and access to computers will be available. Study hours will be open to high school students until 10pm. After 10pm only students 18 years of age and older.

**DATES:** May 14, 2018 – May 18, 2018  
**TIME:** 6:00-pm- 10:00pm (All Ages)  
 10:00pm – 11:00pm (18 and over)  
**LOCATION:** Colma Community Center  
**FEE:** Free

**Adult Cooking Classes** (Ages 18 years & older)

All classes will be taught at the Colma Community Center by Chef Cynthia. The Colma resident rate is \$28 for adults, \$8 for seniors and the non-resident rate is \$48.00. Please register early, these classes will fill up fast.

*Food Truck Frenzy*

**May 2, 2018 - 6:30pm – 8:30pm**

*Chef Cynthia will take us all to a virtual food truck and present Korean Street Food! We'll sample Jook, a rice porridge; Burnt Miso Veggie Skewers, Won tons with ground pork and Black Cod Tacos. We'll finish with hotteok, a sweet Korean filled pancake, topped with brown sugar syrup.*

*Foods from the Philippines*

**June 6, 2018 - 6:30pm – 8:30pm**

Philippine food is on the rise. Chef Cynthia will present some delicious examples. Learn to make Sinigang; a hot and sour soup with pork; Ukoy, which are shrimp fritters. We'll have Arroz Caldo, a traditional rice dish, plus Chicken Adobo. End the evening with a sampling of Mitchell's Philippine flavored ice cream including ube, macapuno (baby coconut) and kalamansi sorbet.

*Summer in Italy!*

**July 18, 2018 - 6:30pm – 8:30pm**

Chef Cynthia will regale the class with stories from her recent trip to Italy. Afterward, she'll make some Summer pasta dishes including Sausage and Arugula Pasta Salad, Spaghetti with Crab and Gold Tomatoes, finishing with Buckwheat and Ricotta Gnocchi with Cream, Peas and Spinach. And a tasty and easy dessert demonstration, Berry Fruit Tart with Italian Cream Filling for dessert.

*Chef Cynthia's Summer Favorites!*

**August 1, 2018 - 6:30pm – 8:30pm**

You will enjoy a presentation on an easy Shrimp Boil appetizer, followed by a demonstration on Spiced Corn on the cob with cotija cheese. Chef Cynthia will give recipes and show the class how to make Oven Baked BBQ Ribs. And finish with homemade ice cream as Chef Cynthia uses her ice cream maker and demonstrates to the class how to make fresh Peach Ice cream.



**Ceramics with Ruth** (Ages 18 years & older)

Get your hands in some real clay to create a masterpiece. Learn basic skills of hand building with coil and slabs. Also learn about glaze application and decoration. Ruth makes her own glazes that are all lead free. Skyline Ceramics fires each project in a Kiln and returns them within two weeks.

**DAY/DATE:** Tuesday, June 26, 2018  
**TIME:** 11:00 am–1:00pm  
**LOCATION:** Colma Community Center  
**COLMA RES. FEE:** \$15 Adult, \$4 Senior & Disabled  
**NON-RES. FEE:** \$25.00  
**Instructor:** Skyline Ceramics





**Senior Luncheon (Ages 18 years & older)**

Join us at the Colma Community Center at 11:30am for a great lunch and lots of fun. Meet new friends, or catch up with old pals from the neighborhood. Please register at least one week prior to the date of the luncheon.

| Dates              | Theme  |
|--------------------|--|
| May 23, 2018       | Brunch and Board Games - Enjoy a delicious brunch followed by some old fashioned fun!  |
| June 20, 2018      | BBQ – A Senior Lunch favorite enjoy BBQ cooked by Recreation Staff!  |
| July 25, 2018      | Summer Lovin’- Join us as we turn back time to the 1950’s and enjoy a delicious diner fare. Stay for a matinee showing of Grease!  |
| August 15, 2018    | Oh Havana! - Experience Cuba through delicious cuisine and festive music.  |
| September 19, 2018 | Fiesta and Flowers – Come join the fun as we celebrate Hispanic Heritage Month. We will enjoy traditional Hispanic style meal. Stay for a demonstration on making Paper Flowers. |

**DAY:** Wednesday  
**COLMA RES. FEE:** \$5 Adult, \$3 Senior & Disabled  
**NON-RES. FEE:** \$20.00



**Breakfast Bingo (Ages 55 years & older)**

It’s time for Breakfast and Bingo! Rise & shine and kick off your day with delicious breakfast pastries, some friendly competition, and the chance to win great prizes. Join us on the 4nd Friday of each month for the classic game of Bingo with a twist. Along with all your Bingo supplies, we will provide you with a delicious variety of morning time treats and bottomless coffee or tea.

**DAY:** Fridays  
**DATE:** May 25, June 22, July 27, August 24, September 28, 2018  
**TIME:** 10:00am–11:00 am  
**LOCATION:** Colma Community Center  
**COLMA RES. FEE:** \$2 Senior & Disabled  
**NON-RES. FEE:** \$15.00



**Creekside Villas Activities (Ages 18 years & older)**

The Town of Colma Recreation Services Department is offering senior programs during the summer months at the Creekside Villas Complex Recreation Room, 1180 El Camino Real. Programs run from 11:30am to 1:00pm. The program will include a light lunch or snack. Participants are encouraged to enroll early to avoid this program from being canceled.

| Dates           | Activity             |
|-----------------|----------------------|
| April 25, 2018  | Egg Wreaths          |
| May 23, 2018    | Lunch and Bingo      |
| June 27, 2018   | Patriotic Wreath     |
| July 25, 2018   | Modge Podge Coasters |
| August 22, 2018 | DIY Cake Pops        |

**TIME:** 11:30am–1:00pm  
**COLMA RES. FEE:** \$5 Adult, \$3 Senior & Disabled  
**NON-RES. FEE:** \$17.00

**Friday Films (Ages 18 years & older)**

Colma Recreation is providing all the drama you could want. Sit back, relax and enjoy a movie on the big screen. Movie snacks and refreshments will be provided and feel free to bring lunch! Please register early to avoid program from being cancelled.

**DAY:** Fridays

| Dates         | Movie Titles           | Genre         |
|---------------|------------------------|---------------|
| May 4, 2018   | I, Tonya               | Drama/Sport   |
| June 1, 2018  | The Meyerowitz Stories | Drama/Comedy  |
| July 6, 2018  | The Commuter           | Action        |
| Aug. 3, 2018  | The Greatest Showman   | Romance/Drama |
| Sept. 7, 2018 | Baby Driver            | Thriller      |

**TIME:** 11:30am–2:30pm

**LOCATION:** Colma Community Center

**COLMA RES. FEE:** \$4 Adult, \$2 Senior & Disabled

**NON-RES. FEE:** \$10.00

**iPhone Training- Tips and Tricks (Ages 18 years & older)**

Join us for a informative workshop on how to get the best use of your cellphone! California Telephone Access Program (CTAP) will provide a free 2 hour workshop to help make your devices eaiser to hear, dial and call. You will learn, how to send text messages, turn your iphone into a magnifier, connect to bluetooth, operate the basic functions of your phone and so much more! Light snacks and refreshments will be provided. Please sign up by June 11, 2018 in order to avoid program from being cancelled.

**DAY:** Monday

**DATE:** June 18

**TIME:** 10:00am–12:00 pm

**LOCATION:** Colma Community Center

**COLMA RES. FEE:** Free

**NON-RES. FEE:** Free



**Arm Chair Travel (Ages 55 years & older)**

Do you love to travel but don't want to deal with the long lines at the airport? Have you ever wanted to see places such as Ireland, Jamaica, Hawaii, Morocco, and Thailand? Join us on an adventure, Thursday afternoons at the Colma Community Center, as we visit wonderful destinations throughout the world through video tours. Enjoy the beautiful sites and taste samples of food native to the area we explore!

**DAY:** Thursdays

| Dates              | Destination |
|--------------------|-------------|
| June 14, 2018      | Burma       |
| July 12, 2018      | Poland      |
| September 13, 2018 | Peru        |

**TIME:** 12:00pm–1:00pm

**LOCATION:** Colma Community Center

**COLMA RES. FEE:** \$4 Senior & Disabled

**NON-RES. FEE:** \$22.00



**Create Your Own Craft (Ages 55 years & older)**

Do you enjoy working on Arts and Craft projects, while enjoying the company of friends. Well join us as we gather once a month at creekside villas to work our own projects together. Bring your own personal project and supplies and spend time listening to music, talking with friends and enjoying a few snacks. Whether you are working on a knitting project or a painting. Bring it over and spend time in a fun space with positive people!

**DAY:** Fridays

**DATE:** May 11, June 15, August 10, September 14

**TIME:** 10:00am–12:00 pm

**LOCATION:** Creekside Villas

**COLMA RES. FEE:** Free

**NON-RES. FEE:** \$10.00



California Phones  
Keeping you connected.



## Field Trips- Walking Rater



**1= Easy: Little to no walking**

**2=Moderate: walking, some stairs**

**3=Challenging: includes walking, stairs**

### Trip Policies

- To ensure field trips are not cancelled please register at least 2 weeks before scheduled trip date.
- To receive refunds or credits you must cancel your trip at least 2 weeks in advance.
- Returns times are approximate and subject to traffic.
- Efforts will be made to make reminder calls, but they are not guaranteed.
- Bus will leave 5 minutes after scheduled pick up times.
- All buses will have a restroom.

For more information or questions about Adult and Senior Trips please contact the Colma Community Center at (650) 985-5678

### Farmers Market (All Ages)

Come join your neighbors, friends and the community at Farmers Market Day at Serramonte every 3rd Thursday of the month. Serramonte farmers market features 50+ farmers and vendors. Scope out the freshest fruits and vegetable of the season or enjoy a sweet snack of freshly popped kettle corn and baked goods. Please bring money to purchase items at Farmers Market. Van Transportation will be provided and is limited. Please meet at the Colma Community Center or contact Angelika Abellana at (650)985-5682 to set pick up time.

**DAY:** Thursdays  
**DATE:** May 24, June 21, July 26, August 23  
**TIME:** 10:00am–12:00pm  
**LOCATION:** Serramonte Mall  
**COLMA RES. FEE:** Free  
**NON-RES. FEE:** \$10.00  
**Walking Rater:**



### Hiller Aviation Museum (Ages 18 years & older)

Join us as we discover the history of aviation and explore the adventure and magic of flight at the Hiller Aviation museum in San Carlos. The museum displays 40 unique aircrafts that tell the story of aviation innovation in Northern California. After our tour, we will dine at a delicious local restaurant. Please register by June 29, 2018 and watch for bus schedule in the July edition of LiveWire.

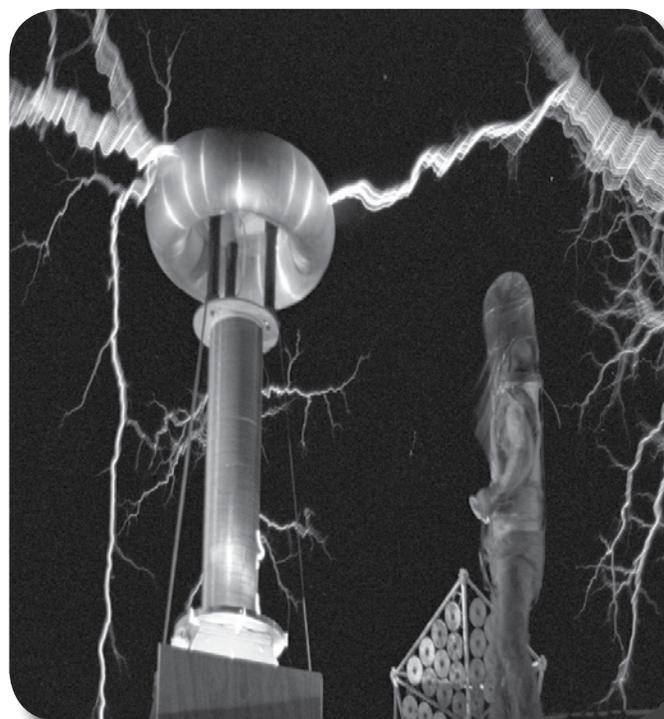
**DAY/DATE:** Tuesday, July 10, 2018  
**TIME:** 9:00am–3:00pm  
**LOCATION:** San Carlos, CA  
**COLMA RES. FEE:** \$36 Adult, \$18 Senior & Disabled  
**NON-RES. FEE:** \$60.00  
**Walking Rater:**



### Exploratorium After Dark (Ages 21 years & older)

Everything looks different after dark. Join us as we enjoy a night full of interactive exhibits exploring perception, art, science and dancing! Admission and transportation are included to and from the museum. Please bring money to purchase food and drinks. Please register by July 6, 2018 and watch for the bus schedule in the July LiveWire.

**DAY:** Thursday  
**DATE:** July 19, 2018  
**TIME:** 5:00pm – 11:00pm  
**LOCATION:** San Francisco, CA  
**COLMA RES. FEE:** \$33 Adult, \$17 Senior & Disabled  
**NON-RES. FEE:** \$55.00  
**Walking Rater:**





**The Walt Disney Family Museum** (Ages 18 years & older)

Come join us as we take an adventure into the world of Walt Disney. Founded by the Walt's daughter Dianne with the intention to give an insight of her father's life, stories, his work and innovations. We will enjoy a light brunch in the Presidio before we embark on a storyteller guided tour of museum. Please register before August 15, 2018. Bus schedule will be in the August Livewire.

**DAY/DATE:** Wednesday August 29, 2018  
**TIME:** 10:00am—4:00pm  
**LOCATION:** San Francisco, CA  
**COLMA RES. FEE:** \$48 Adult, \$12 Senior, Disabled  
**NON-RES. FEE:** \$80.00  
**Walking Rater:**



**Santa Cruz Follies** (Ages 18 years & older)

Experience the one of a kind Santa Cruz Follies, join us as we head to the Santa Cruz coast! We will begin our day with a delicious lunch at a local favorite. Then head over to the Santa Cruz Civic Center where we will enjoy a sentimental journey of memorable singers and songs in the show "The Way We Were" Santa Cruz Follies brings a classic arrangement of tunes and performances that are sure to be a hit! This musical tribute is directed by Kris Wheeler. Please register by September 1, 2018 and watch for the bus schedule in the September edition of LiveWire.

**DAY/DATE:** Saturday, September 15, 2018  
**TIME:** 9:00am—5:00pm  
**LOCATION:** Santa Cruz, CA  
**COLMA RES. FEE:** \$45 Adult, \$23 Senior, Disabled  
**NON-RES. FEE:** \$75.00  
**Walking Rater:**



### Colma Community Center

The Colma Community Center can accommodate receptions, parties, reunions, and events accommodating up to 150 people. The Colma Community Center has a commercial kitchen, banquet room with adjoining outdoor decks, conference room, restrooms, tables and chairs, and has audio visual equipment for rent.

The Colma Community Center can be rented throughout the week and on weekends. A six hour minimum is required, and rental fees range from \$50—\$850 plus a refundable \$300 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person.

#### Colma residents can rent the Colma Community Center 1 year in advance:

##### Earliest date to reserve Available dates to rent:

- May 1, 2018**- May 1, 2018—April 30, 2019
- June 1, 2018** -June 1, 2018—May 31, 2019
- July 1, 2018**- July 1, 2018—June 30, 2019
- August 1, 2018**-August 1, 2018—July 31, 2019

### Sterling Park Recreation Center

Sterling Park Recreation Center is a 1,200 square foot facility with restrooms, small kitchenette, TV/DVD player, and tables and chairs to accommodate a party of 50 for a sit down event. Sterling Park Recreation Center can be rented by Town of Colma residents on Saturdays and Sundays from 11am—6pm for \$150 plus a refundable \$50 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person. Residents can rent the Sterling Park Recreation.

#### Center up to 3 months in advance:

##### Earliest date to reserve Available dates to rent

- May 1, 2018**- May 1, 2018—July 31, 2018
- June 1, 2018** -June 1, 2018—August 31, 2018
- July 1, 2018**- July 1, 2018—September 30, 2018
- August 1, 2018**- August 1, 2018—October 31, 2018

### Sterling Park Picnic Site

The Sterling Park picnic site has 3 tables with BBQ adjacent to the playground and can accommodate up to 15-20 people. The picnic site can be rented for \$34 for residents and \$45 for non-residents with a \$30 deposit. The Sterling Park Picnic Site accepts reservations up to 3 months in advance, please see the Sterling Park Recreation Center rental schedule above. For more information, please call 650-985-5678.

## Community Resources

| Organization                         | Purpose  | Website  | Phone Number   |
|--------------------------------------|--|--|----------------|
| ALLICE                               | Promoting healthier relationships, homes and communities through education.    | <a href="http://allicekumares.com">allicekumares.com</a>                             | (650) 992-9110 |
| Clinic By the Bay                    | Provides healthcare to low income, working uninsured adults.                   | <a href="http://clinicbythebay.org">clinicbythebay.org</a>                           | (415) 405-0222 |
| Colma/Daly City Chamber              | Provides support to the business communities of Colma and Daly City.           | <a href="http://dalcyma-colmachamber.org">dalcyma-colmachamber.org</a>               | (650) 755-3900 |
| Community Gatepath                   | Helps people of all ages with special needs & disabilities.                    | <a href="http://gatepath.org">gatepath.org</a>                                       | (650) 259-0650 |
| Daly City Peninsula Partnership      | Provides emergency safety net services, education & mental health programs.    | <a href="http://dcpartnership.org">dcpartnership.org</a>                             | (650) 301-3330 |
| Daly City Public Library Associates  | Contributes resources to the four branch libraries in Daly City.               | <a href="http://dcpla.org">dcpla.org</a>   | (650) 224-2356 |
| Daly City Youth Health Center        | Provides safe, respectful, comprehensive health services to underserved youth. | <a href="http://dalcymayouth.org">dalcymayouth.org</a>                               | (650) 985-7000 |
| HIP Housing                          | Improves the housing and lives of people.                                      | <a href="http://hiphousing.org">hiphousing.org</a>                                   | (650) 348-6660 |
| Jefferson Union High School District | Educational experiences by offering leadership opportunities.                  | <a href="http://juhsd.net">juhsd.net</a>   | (650) 550-7847 |
| LifeMoves (formerly InVision)        | Shelter & supportive services for homeless families and single adults.         | <a href="http://lifemoves.org">lifemoves.org</a>                                     | (650) 685-5880 |
| North Peninsula Food Pantry          | Provides nutrition and sustenance to anyone in need.                           | <a href="http://fooddc.org">fooddc.org</a>   | (650) 994-5150 |
| Peninsula Conflict Resolution Center | Facilitates dispute resolution groups & trains people in conflict resolution.  | <a href="http://pcrcweb.org">pcrcweb.org</a>   | (650) 513-0330 |
| Rebuilding Together Peninsula        | Improves homes and lives of low income homeowners.                             | <a href="http://rebuildingtogetherpeninsula.org">rebuildingtogetherpeninsula.org</a> | (650) 366-6597 |
| Sitike Counseling Center             | Outpatient substance abuse services.   | <a href="http://sitike.org">sitike.org</a>   | (650) 589-9305 |
| SMC Conservation District            | Provides services addressing wildlife, water, climate, and agriculture.        | <a href="http://sanmateorcd.org">sanmateorcd.org</a>                                 | (650) 712-7765 |
| SMC Community College Foundation     | Makes, affordable higher education available to members of our community.      | <a href="http://smccfoundation.org">smccfoundation.org</a>                           | (650) 738-4111 |
| SMC Jobs for Youth                   | Provides youth with services in gaining job skills.                            | <a href="http://hsa.smcgov.org/jobsforyouth">hsa.smcgov.org/jobsforyouth</a>         | (650) 301-8434 |
| Sustainable SMC                      | Seeks to create a broader awareness of the sustainability concept.             | <a href="http://sustainable.sanmateo.org">sustainable.sanmateo.org</a>               | (650) 638-2323 |

Parks  
Make  
Life  
Better!

*town of colma*  
**SUMMER  
CONCERT**  
*series*  
2018



Coming Soon

**THURSDAYS IN AUGUST FROM 6PM TO 8PM**

**AUG 2 NEON VELVET**

**AUG 9 NATIVE ELEMENTS**

**AUG 16 CARAVANSERAI**

**FREE  
EVENT!**

BRING YOUR PICNIC  
BASKETS, BLANKETS, AND  
LAWN CHAIRS!

**COLMA COMMUNITY  
CENTER  
1520 HILLSIDE BLVD  
COLMA, CA**



ANNUAL TOWN PICNIC  
SATURDAY, SEPTEMBER 8, 2018  
STERLING PARK RECREATION CENTER

Don't Forget to mark  
your calendar for the...



Town of Colma Recreation Services  
1198 El Camino Real  
Colma, CA 94014

Presorted  
First Class Mail  
U.S. Postage Paid  
Permit #1433  
Colma, CA

Parks  
Make  
Life  
Better!



@colmarecreation



@colmarecreationservices



@townofcolma