



Town of Colma Recreation Guide

FALL
&
WINTER
2019

Inside...

- *Holiday Events*
- *Vacation Camps*
- *Adult & Senior Programs*

www.colma.ca.gov

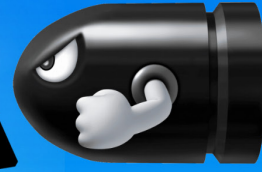


**Parks
Make
Life
Better!**

YOU'RE INVITED TO THE ANNUAL TOWN PICNIC IN...



SUPER COLMA WORLD



SATURDAY

SEPTEMBER 7, 2019

STERLING PARK RECREATION CENTER

11:00 AM TO 3:00 PM

WEAR YOUR GAMER COSTUME!



ON YOUR QUEST, YOU WILL ENCOUNTER...



CARICATURISTS



FACE PAINTING



GAMING



OBSTACLE COURSES



FREE TO ALL COLMA RESIDENTS WITH A CURRENT COLMA ID

IN ORDER TO ENSURE THAT THERE IS ENOUGH FOOD FOR EVERYONE, LUNCH TICKETS WILL BE DISTRIBUTED UPON YOUR ARRIVAL. PLEASE BE SURE TO RSVP BY SEPT. 4TH

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Employee Spotlight...



Raphael Garcia, Senior Recreation Leader
Colma Employee: 4 years

Why did you want to work with the Town of Colma?

I chose to work with the Town of Colma because it provided me with a rich opportunity to create bonds and fostering growth on a personal level.

What is your favorite part about working here?

My favorite part of working with the town is creating fun and exciting experiences for the community!

When you're not at work, what are some things you like to do?

Aside from napping, I love to draw!

What are your plans for the future?

My plan is to become an astrophysicist and become an educator of science!

What is your best tip for health and wellness?

Spend some time in nature! Go out there and explore and push yourself!

Fun Fact: My interest in backpacking and the outdoors was inspired by watching an anime!

RECREATION SERVICES DEPARTMENT

COLMA COMMUNITY CENTER

1520 Hillside Boulevard
 Colma, CA 94014
 (650) 985-5678
 (650) 997-3796 Fax

Business Hours
 Monday—Friday 8am—6pm
 Saturday & Sunday 10am—3pm

STERLING PARK RECREATION CENTER

427 F Street
 Colma, CA 94014
 (650) 991-3213
 (650) 991-3206 Fax

Business Hours
 Monday—Friday 1pm—6pm
 Saturday & Sunday 11am—4pm

Town of Colma Recreation Department Offices and Facilities will be closed on the following Holidays from April to August 2019:

- | | |
|------------------------|-------------------------|
| September 2, 2019 | Labor Day |
| October 9, 2019 | Columbus Day (observed) |
| November 11, 2019 | Veterans Day |
| November 28 - 29, 2019 | Thanksgiving |
| December 24 & 25, 2019 | Christmas Eve & Day |

Follow Us!



@colmarecreation



@colmarecreationservices



@townofcolma

Recreation Services Miss

The Town of Colma Recreation Services Department is committed to enriching and enhancing the lives of Colma Residents through high quality, diversified programs, and well maintained facilities and parks, while striving to meet the needs of the community.

TOWN OF COLMA CITY COUNCIL

The City Council meets the second & fourth Wednesday of each month at 7:00pm. City Council meetings are held at the Colma Town Hall, 1198 El Camino Real.



TOWN OF COLMA RECREATION STAFF

RECREATION MANAGER

Liz Tapia
 (650) 985-5691
 liz.tapia@colma.ca.gov

RECREATION COORDINATOR

Angelika Abellana
 (650) 985-5682
 angelika.abellana@colma.ca.gov

RECREATION COORDINATOR

Dinora Navarro
 (650) 985-5681
 dinora.navarro@colma.ca.gov

Town of Colma Identification Cards

In order to participate in Town of Colma Recreation Programs at the Colma resident rate, residents must first obtain a Town of Colma Resident Card.

Town of Colma Resident Cards are free to residents and can be obtained at the Colma Community Center. Residents must show multiple proofs of residency when applying for a Town of Colma Resident Card (i.e., driver's license, utility bill, phone bill, bank statement, etc.)

For more information on obtaining a Town of Colma Resident Card, please call (650) 985-5678.

Program Participation Minimums

In order to provide a positive experience for residents, each class, program, or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

Reasonable Accommodations

Upon request, this publication will be made available in appropriate alternative formats to persons with disabilities, as required by the Americans with Disabilities Act of 1990. Any person with a disability, who requires a modification or accommodation to view the newsletter, should direct such a request to Pak Lin, ADA Coordinator, at (650) 997-8309 or pak.lin@colma.ca.gov. Please allow two business days for your request to be processed.

Program Registration & Facility Reservations

Registration for all programs listed begins upon receipt of the Recreation Guide, unless otherwise noted. You can register for programs in person, or online. Please remember, if you are a Colma resident you must come to the Colma Community Center to set up your online account. All facility reservations must be done in person. Accepted forms of payment are cash, checks or credit cards.

Participants may cancel recreation programs two weeks prior to the start of the program without penalty. If participants cancel recreation programs within two weeks of the start of the program, refunds will not be returned and participants may be responsible for paying the full cost of the program if prepayments to third parties have been made. Also, it is important that you attend recreation programs that you register for, if you fail to attend recreation programs you may also be responsible for the full cost of the program.

For department cancellation of programs, if eligible, your refund will be processed and check sent to you within three to four weeks.

Comcast Cable

In July 2015, the Town entered into a new contract for Comcast Cable services for the residents of Colma. For questions or concerns pertaining to your Comcast cable, internet or phone services please contact Comcast's Bulk Cable service provider at 1-855-307-4896.

CALENDAR of EVENTS

FALL & WINTER 2019

SEPTEMBER

7 Annual Town Picnic

OCTOBER

12 Cinema at the Cemetery

12 Halloween Parade

28 Pumpkin Carving Party

NOVEMBER

2 Dia De Los Muertos Festival

8 Colma Game Night

22 Parol Lantern Festival

DECEMBER

2 Annual Holiday Tree Lighting

6 Holiday Craft Night

7 Breakfast with Santa & Holiday Pet Photos

11 Senior Holiday Luncheon

14 Adult Holiday Party

Cinema at the Cemetery - Hocus Pocus (All Ages)

Join us for an evening under the stars! Bring your blankets and pack a picnic for the family! Movie screening will be held outdoors on the Italian Cemetery Mausoleum lawn. We will have a small snack bar on site serving up popcorn, candy, hot chocolate and water!

DAY/DATE: Saturday, October 12, 2019
TIME: 7:00pm—9:00pm
LOCATION: Italian Cemetery Mausoleum
FEE: FREE

Halloween Costume Parade

(Ages 1–12)

Join us on this Halloween Adventure as we parade and trick or treat from the Colma Community Center to the Italian Cemetery Mausoleum. The parade will begin promptly at 6:15pm at the Colma Community Center. Don't forget to wear your best Halloween costume. After, we will enjoy an outdoor screening of Hocus Pocus in the Italian Cemetery! Please register by October 5th, 2019 to ensure we have enough goodies for everyone.

DAY/DATE: Saturday, October 12, 2019
TIME: 6:00pm—7:00pm
LOCATION: Sterling Park to Colma Community Center
COLMA RES. FEE: \$1 per youth
NON-RES. FEE: \$5.00



Pumpkin Carving Party (Ages 5–17)

Join us at Sterling Park Recreation Center for Colma's Annual Pumpkin Carving Party! Participants will be provided with pumpkins, child-safe carving tools and designs. Following the carving party, participants and families are invited to take a photo in our Halloween photo booth. Registration is required by October 25th, 2019 to ensure that enough pumpkins can be provided for the carving party.

DAY/DATE: Monday, October 28, 2019
TIME: 4:00pm—6:00pm
LOCATION: Sterling Park
COLMA RES. FEE: \$2 per youth
NON-RES. FEE: \$10.00

Dia De Los Muertos Festival

Come celebrate the Day of the Dead, a beautiful Mexican tradition and colorful celebration, in which families happily and lovingly remember their loved relatives who have passed. There will be live music, cultural dances, and an elaborate altar hosted by Mixtiso Instructor – Vanessa Mosqueda Velez. There will also be fun family activities, pan dulce (Mexican sweet bread), Mexican hot chocolate and a community chalk art mural that everyone is encouraged to participate in.

DAY/DATE: Saturday, November 2, 2019
TIME: 4:00pm–7:00pm
LOCATION: Colma Community Center
FEE: Free

Parol Lantern Workshop (All Ages)

In the Philippines, Parol Lanterns are an iconic symbol and are displayed during the holidays. In celebration of the holiday season, join us as we learn how to make a traditional Filipino Parol. Enjoy some hot chocolate and warm pandesal (Filipino Bread Roll). Please register by November 15, 2019 to ensure we have enough goodies for everyone.

DAY/DATE: Friday, November 22, 2019
TIME: 6:00pm–9:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: FREE
NON-RES. FEE: \$20.00



Annual Holiday Tree Lighting

Join your neighbors as we ring in the holidays at the annual Holiday Tree Lighting Ceremony! Festivities begin at 7:00pm which will include caroler performances, a visit from Santa and hot cocoa & treats. The holiday tree lights will illuminate Town Hall at 8:00 pm to officially welcome the holiday season.

DAY/DATE: Monday, December 2, 2019
TIME: 7:00pm–8:00pm
LOCATION: Town Hall Plaza
FEE: FREE

Holiday Craft Night

Come join us at the Colma Community Center for some old fashion Holiday Crafts. Decorate your own Ginger Bread Village, personalize your very own Holiday Ornament for your tree, and enjoy holiday treats. Food, snacks and drinks will be provided. All participants who plan to attend must sign up by November 25, 2019. Children under the age of twelve must be accompanied by an adult.

DAY/DATE: Friday, December 6, 2019
TIME: 6:00pm–8:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: FREE
NON-RES. FEE: \$20.00

Breakfast with Santa Claus (All Ages)

Come join Santa for breakfast and receive an early holiday gift. Each child and adult will receive breakfast, and all children will receive a photo for your annual holiday card and a special gift from Santa. All participants who plan to attend must sign up by December 1, 2019.

DAY: Saturday
DATE: December 7, 2019
TIME: 9:00am–11:00am
LOCATION: Colma Community Center
COLMA RES. FEE: \$6 Adult
 \$4 Youth, Senior & Disabled
NON-RES. FEE: \$20.00

Holiday Pet Photos

Are you ready for Holiday fun for the WHOLE Family? After Breakfast with Santa, we will provide the opportunity for family pictures with Santa and your family pet! We will pose your friendly companion for a memorable photo. Pet Holiday Photos with the family will begin immediately after Breakfast with Santa participants have taken their holiday family photos! You must pre-register by December 1, 2019 to ensure Santa extends his visit!

- All dogs must be on a leash.
- Adults (18 years & older) must accompany any child who is presenting a dog.
- All dogs must be current on vaccinations

DAY: Saturday
DATE: December 7, 2019
TIME: 11:00am - 11:30am
LOCATION: Colma Community Center
COLMA RES. FEE: FREE
NON-RES. FEE: \$10.00

Letters to Santa Claus (Ages 14 years & under)

Santa Claus loves to hear from children all over the world. So now, Colma children can write a letter to Santa Claus, who will answer on his own special stationery. Letters must include child's first and last name; parent's or guardian's name; age of child, address and phone number. PLEASE PRINT CLEARLY.

Mail letters to:

Santa Claus
 c/o Colma Recreation Services
 1520 Hillside Blvd.
 Colma, CA 94014

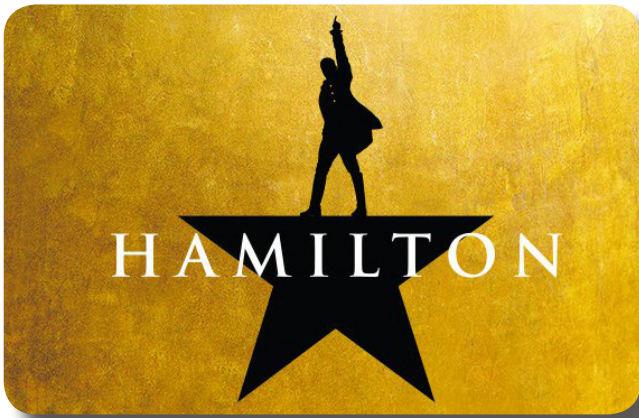
All letters must be received no later than December 13th in order for Santa to respond before making his deliveries.



The Great Dickens Christmas Fair & Victorian Holiday Party *(All Ages)*

A Bay Area tradition since 1970, the Great Dickens Christmas Fair returns to the San Francisco Cow Palace for five weekends in 2019, including the Friday after Thanksgiving, from Saturday, November 17 through Sunday, December 23, from 10am 'until 7pm. The Great Dickens Christmas Fair is a holiday adventure into Victorian London, partying with hundreds of costumed players in over 120,000 square feet of theatrically-lit music halls, pubs, dance parties and Christmas shops. Your senses will be filled with enticing aromas of roasted chestnuts and hearty foods. There will be continuous entertainment on six stages which will feature lively and colorful characters from Dicken's London, and you might see Ebenezer, Tiny Tim or Mr. Marley roaming the halls. Tickets will go on sale on Wednesday, November 6, 2019 at the Colma Community Center. No transportation is provided for this event. Children under 5 years of age are free when accompanied by an adult.

DAY: Any Saturday or Sunday between
DATE: November 23-December 22, 2019
TIME: 10:00am—7:00pm
COLMA RES. FEE: \$11 Adult, \$5 Youth between 6-17 years old, Senior & Disabled
NON-RESIDENT FEE: \$20.00
LOCATION: Cow Palace, 2600 Geneva Ave. San Francisco



Hamilton *(Ages 6 years & older)*

Hamilton: An American Musical is a sung-and-rapped through musical about the life of American Founding Father Alexander Hamilton, with music, lyrics and book by Lin-Manuel Miranda, inspired by the 2004 biography *Alexander Hamilton* by historian Ron Chernow. Incorporating hip hop, R&B, pop, soul, traditional-style show tunes, and color-conscious casting of non-white actors as the Founding Fathers and other historical figures, the musical achieved both critical acclaim and box office success. Tickets will go on sale October 30, 2019 at the Colma Community Center at 6:00pm. Transportation is not provided for this event.

DAY: Saturday
DATE: November 23, 2019
TIME: 1:00pm – Showtime
LOCATION: Orpheum, San Francisco
COLMA RES. FEE: \$72 Adult
 \$36 Senior, Youth & Disabled
NON-RES. FEE: \$120.00

Colma Game Night *(Ages 6 years & older)*

Join us at Colma Community Center for some old fashion fun at our annual Colma Game Night. The night will begin with classic, fun-loving board and card games for all residents of Colma. Then, get out your good luck charm and get ready for GREAT PRIZES and an exciting night of Bingo! Food, snacks and drinks will be provided. Children under the age of twelve must be accompanied by an adult. Parents are encouraged to enroll and participate in this program with their children. Please register early to avoid this program from being canceled.

DAY: Friday
DATE: November 8, 2019
TIME: 6:00pm—9:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: FREE
NON-RES. FEE: \$15.00



Dementia Awareness Workshop

Laura Wayman is an in-demand expert and author delivering deep expertise in dementia communication strategies and care approach techniques. Learn top tools to better understand the world through the eyes of those with dementia. Create more meaningful engagement, lessen frustrations and enhance the care-giving experience for you and your family! Please register at the Colma Community Center by Wednesday, November 6, 2019.

DAY: Wednesday
DATE: November 20, 2019
TIME: 6:30pm—8:00pm
LOCATION: Colma Community Center
FEE: FREE

Holiday Luncheon for Seniors *(Ages 55 years & older)*

Town of Colma Seniors are invited to the annual Senior Holiday Luncheon. We ask that each participant bring a gift (\$5.00 value) for a person of the same gender. Photos will be taken of each senior sitting on Santa's lap as you receive your Holiday Gift. You'll enjoy good food, great company, happy conversation, and lots of fun. Please register at the Colma Community Center by Wednesday, December 4, 2019.

DAY: Wednesday
DATE: December 11, 2019
TIME: 11:30am
LOCATION: Colma Community Center
COLMA RES. FEE: \$10 Adult, \$5 Senior
NON-RES. FEE: \$20.00

HOUSE DECORATING CONTESTS

Halloween House Decorating Contest

Colma residents, show your spirit and participate in the Town's annual Halloween House decorating contest! Winners will be selected from the Sterling Park, Villa Hoffman and Verano/Mission Road neighborhoods. Judging occurs between October 21 - 25, 2019, so make sure you have all your decorations up by the 20th of October. All participating residents will be showcased on our Facebook page and residents with the most festive & scariest looking homes will be recognized at the November 13, 2019 City Council Meeting.

Holiday House Decorating Contest

Colma residents, show your spirit and participate in this year's Holiday House decorating contest! Winners will be selected from the Sterling Park, Villa Hoffman and Verano/Mission Road neighborhoods. All participating residents will be showcased on our Facebook page. Judging occurs between December 9 - 13, 2019, so make sure you have all your decorations up by the 8th of December. Residents with the most Festive looking homes will be recognized at the January 8, 2020 City Council Meeting.



Come Celebrate

Dia De Los Muertos

Saturday, November 2, 2019

4 pm-7 pm

1520 Hillside Blvd.

Colma, CA 94014

Music Dancing Food



CINEMA *at the* CEMETERY

SATURDAY
OCTOBER 12, 2019

BRING YOUR BLANKET, CHAIR & POPCORN!



featured film:

HOCUS
POCUS



ITALIAN CEMETERY

540 F STREET COLMA, CA 94014

TO SIGN UP CALL THE COLMA RECREATION DEPARTMENT AT (650)985-5678.

Day Camp (Ages 5–12 years)

The Town of Colma Recreation Services Department is excited to offer Vacation Day Camp! Youth ages 5-12 years old are invited to explore a wide range of activities during the fall and winter breaks. Children will enjoy arts & crafts, outdoor games, indoor games, music, cooking projects, movies, and so much more. A session schedule will be given out on the first day of camp. Each camper should bring a bagged lunch, a sweatshirt, and closed-toed shoes. Please be sure all personal items are clearly labeled with the camper’s name. On-site, we have trained and dedicated staff leading games and activities that participants will enjoy with their peers and favorite Recreation Leaders. For questions please call Dinora Navarro at 650-985-5681.

Fall Session

DAY: Monday–Wednesday
DATE: November 25–November 27, 2019
TIME: 10:00am–4:00pm
LOCATION: Sterling Park
COLMA RES. FEE: \$5 per day
NON-RES. FEE: \$30.00 per day



Winter Session

DAY: Monday–Friday
DATE: December 23–January 3, 2020 (skip 12/24, 12/25 & 1/1)
TIME: 10:00am–4:00pm
LOCATION: Sterling Park
COLMA RES. FEE: \$5 per day
NON-RES. FEE: \$30.00 per day

Day Camp Extended Care (Ages 5–12 years)

Extended Care is designed for parents who need additional care for campers who just can’t get enough of camp. Campers will participate in games, arts & crafts, and play at the park. Extended Care is open to children enrolled in Day Camp.

Early Morning Care: 8:00am-10:00am

Resident Fee: \$1.00 per day
Non-Resident Fee: \$6.00 per day

Afternoon Care: 4:00pm-6:00pm

Resident Fee: \$1.00 per day
Non-Resident Fee: \$6.00 per day

Alternative Camp program for Teens

(Ages 13-17 years old)

The Recreation Services Department offers teens the opportunity to participate in one session of an approved day camp program of their choice at the Colma resident fee. For example, if you are interested in going to a Basketball Camp over winter break and it costs \$175, the Town will pay up to 70% of the \$175. Please contact Liz Tapia at 650-985-5691 or liz.tapia@colma.ca.gov for this great opportunity to participate in the camp of your choice during the summer break. All requests for participation are accepted on a case by case basis and need to be turned in at least 30 days prior to the camp program. Also, there are additional rules and restrictions that apply, so please call for details.



LEADERS IN TRAINING

(Ages 13–17 years of age)

Become a Leader in Training (LIT) and learn valuable skills while assisting Recreation staff in our winter day camp. Colma teens who are interested in volunteering for the winter day camp should contact Dinora Navarro at 650-985-5681 or Dinora.navarro@colma.ca.gov for a volunteer application.

Applications are due by December 1, 2019. LIT’s are required to commit to working at least 3 days per week (10am-4pm) and both weeks of winter camp. Applicants will be interviewed and offered volunteer opportunities as needed. Interviews are tentatively set for December 12 & 13, 2019. A mandatory LIT orientation is tentatively scheduled for December 20, 2019. New LIT’s must attend orientation in order to given a volunteer assignment.

TEEN ADVENTURES... (con't)

Santa Clara Paintball - Teen Trip

(Ages 12–17 years old)

Enjoy an evening of paintballing with your friends and recreation staff! Teens will depart from the Sterling Park Recreation Center. Participation fee includes paint marker, goggles and paintballs. For a list of FAQ's please visit the Santa Clara Paintball website. Resident teens may bring one non-resident teen guest at the resident rate. Please register by November 1, 2019 to avoid activity cancellation. Please call 650-991-3213 for more information.

Day: Friday
DATE: November 8, 2019
TIME: 3:30pm - 9:00pm
LOCATION: San Jose, CA
COLMA RES. FEE: \$24 Teen
NON-RES. FEE: \$80.00



L.E.Y.P Great America's Halloween Haunt

(Ages 12 - 17 years old)

Calling all L.E.Y.P. Teens! Get in the spirit of Halloween by spending the evening navigating through haunted mazes and scare zones, watching spooky live shows, and riding your favorite roller coasters with friends, recreation staff, and Town of Colma police officers. A pizza dinner will be provided; however, participants may purchase extra food or snacks on their own. Participants must have had attended at least 2 prior workshops or volunteer opportunities with L.E.Y.P. Teens will depart from Sterling Park Recreation Center. Registration is required by October 18, 2019 to ensure enough tickets are purchased.

DAY: Friday
DATE: October 25, 2019
TIME: 4:00pm-11:00pm
LOCATION: Santa Clara, CA
FEE: FREE (Teens must have had attended at least 2 prior workshops with L.E.Y.P)

Open Teen Center Hours

(Ages 12 - 17 years old)

Come to Sterling Park Recreation Center and enjoy some open recreation center time. We'll play foosball, ping-pong, open black top, have snacks and refreshments. We will also take occasional adventures! Come and let us know what you want to do!

DAY: Thursdays
DATE: September 19 - December 19, 2019
TIME: 6:00pm–8:00pm
LOCATION: Sterling Park Recreation Center
COLMA RES FEE: FREE

A DAY IN THE SNOW—Snowboarding, Skiing & Tubing

(Ages 12 - 20 years old)

You'll enjoy a snow-filled day with your friends experiencing Lake Tahoe's natural beauty. Participants will have an opportunity to go snow tubing, play in the snow, snowboard or ski. Beginner lessons including equipment will be provided to those with limited to no experience or would simply like to learn from a trained professional. Those who wish to opt out of the lessons and would like to ski or snowboard must bring their own equipment or rent it at the resort at their expense. Dinner is included in the participation fee, however, participants will be responsible for all other meals. Each Colma teen resident may bring one guest at the Colma resident fee. For more information, please contact Dinora Navarro at 650-985-5681.

DAY: Thursday
DATE: January 2, 2019
TIME: 5:00am–9:00pm
LOCATION: Lake Tahoe, CA
COLMA RES. FEE: \$42, 12 -20 years old
NON-RES. FEE: \$140.00

Ice Skating at Union Square

(Ages 12 - 17 years old)

Savor the final days of the holiday season with our annual trip to Union Square's Ice Skating rink! Join fellow Colma teens and Recreation staff as we revel in an afternoon of ice skating in the heart of San Francisco. BART transportation is included in the participation fee. Youth & Teen residents may bring one non-resident guest at the resident rate. Please register at least one week in advance to avoid this program from being cancelled.

DAY: Saturday
DATE: January 11, 2020
TIME: 1:00pm-5:00pm
LOCATION: San Francisco, CA
COLMA RES. FEE: \$8
NON-RES. FEE: \$25.00





L.E.Y.P.

COLMA LAW ENFORCEMENT YOUTH PROGRAM



THE COLMA POLICE DEPARTMENT AND COLMA RECREATION SERVICES HAVE TEAMED UP TO DEVELOP THE COLMA LAW ENFORCEMENT YOUTH PROGRAM (L.E.Y.P.). THE PROGRAM FEATURES MONTHLY WORKSHOPS, VOLUNTEER OPPORTUNITIES AND FIELD TRIP WITH POLICE OFFICERS AND RECREATIONS STAFF. MONTHLY MEETING ARE DESIGNED TO ENCOURAGE YOUTH PARTICIPANTS IN A VARIETY OF EDUCATIONAL, RECREATIONAL, AND ATHLETIC ACTIVITIES, HELPING YOUTH PREPARE FOR FUTURE ROLES IN THE COMMUNITY AS CITIZENS AND LEADERS. THIS FREE PROGRAM IS OPEN TO ALL TEENS AGES 12-17.

TENTATIVE DATES (TUESDAYS):

AUGUST 27, SEPTEMBER 24, OCTOBER 29, NOVEMBER 26



PARTICIPANTS MUST ATTEND 2 WORKSHOPS OR VOLUNTEER PROJECTS TO ATTEND FIELD TRIPS.

PROGRAM DATES AND DETAILS WILL BE ANNOUNCED ON A MONTHLY BASIS THROUGH EMAIL AND SOCIAL MEDIA.



FREE!!

ACTIVITIES & VOLUNTEERING

FOOD

TRIP



Parks Make Life Better!

Colma Recreation Services

TO JOIN OUR EMAIL LIST FOR FUTURE PROGRAM DETAIL AND FOR MORE INFORMATION

PLEASE CONTACT DESQUIVIAS@COLMA.CA.GOV OR 650-991-3213.

Kids' Club After School Program

(Ages 5–14 years old)

The Colma Recreation Services Department is excited to offer the KIDS' CLUB after-school program at the Sterling Park Recreation Center. This program is open to all children ages 5 to 14 years, Monday through Friday, 3:00pm to 6:00pm through June 11, 2020. Recreation staff will lead participants in arts & crafts, athletics, board & team games, and provide help with homework. For more information please contact Dinora Navarro at (650) 985-5681.

DAYS: Monday–Friday
TIME: 3:00pm–6:00pm
LOCATION: Sterling Park Recreation Center

Session	Dates	Fee: Res/NR
1	8/20-8/30	\$10/\$23
2	9/3-9/13	\$11/\$26
3	9/16-9/27	\$10/\$23
4	9/30-10/11	\$10/\$23
5	10/15-10/25	\$10/\$23
6	10/29-11/8	\$10/\$23
7	11/12-11/22	\$11/\$26
8	12/2-12/20	\$16/\$38

Modified Day	Dates	Program Hours
Minimum Day Adventures	- All Wednesdays - 9/5, 9/13, 10/31, 11/12- 11/14, 12/20	1pm - 6pm
No School Escape Days	- 8/20, 11/1	8am-6pm

Parent's Night Out (Ages 3.5–10 years)

Parents, you deserve a night out! Don't let just anyone baby-sit your children; we'll do it. Yes, we are experienced, trustworthy and ready for fun. Check out our great PNO themes. Please bring sleeping bags and pajamas. So relax, see a movie, or go out to dinner. Just remember you have a 10:30pm curfew. All participants are urged to enroll at least one week prior to avoid program being cancelled. Children must be toilet-trained in order to participate.

DAY: Saturdays
TIME: 6:00pm–10:30pm
LOCATION: Sterling Park
COLMA RES. FEE: \$5 Youth
NON-RES. FEE: \$20.00

Date	Movie
October 19, 2019	ParaNorman
November 16, 2019	Toy Story 4
December 14, 2019: 5:30pm to 11:30pm	ELF Holiday Party Special

Youth & Teen Cooking Classes (Ages 8-17 years)

All classes will be taught at the Colma Community Center by Chef Cynthia. The Colma resident rate is \$8 for youth and the non-resident rate is \$48.00. Please register early, these classes will fill up fast.

Crepes

September 4, 2019 - 4:45pm – 6:00pm

We will make savory crepes with cheese, ham, mushrooms and other ingredients. To finish off we will prepare sweet crepes filled with nutella, chocolate, berries and whipped cream

A Real Fall Dinner!

October 2, 2019 - 4:45pm – 6:00pm

We'll make potato wedge nachos, chicken tenders and rice crispy treats.

Thinking About Thanksgiving

November 6, 2019 - 4:45pm – 6:00pm

Chef Cynthia will help the Youth Class get a start on Thanksgiving. We'll make turkey mac and cheese, pull-apart rolls and finish with pumpkin pie fudge.

Mexican Christmas

December 4, 2019 - 4:45pm – 6:00pm

Chef Cynthia will bring tamales that the youth will finish and we'll make our own salsas. We'll also make Bunuelos and hot chocolate.

Ice Cream and Art & Crafts Night (Ages 5-12 years)

Join Colma Recreation Department Staff as we help children learn and discover through the creation of age-appropriate arts and craft projects. Participants will be provided with opportunities to socialize and share their projects with their peers and staff. All participants are urged to enroll early to avoid program being canceled.

DAY: Fridays
TIME: 6:00pm – 8:00pm
LOCATION: Sterling Park Recreation Center
COLMA RES. FEE: \$4 Youth
NON-RES. FEE: \$15 Youth

Date	Activity
9/20/19	Back to School Crafts
10/25/19	Flying Bats
11/22/19	Paper Turkeys
12/13/19	Light Bulb Snowman Ornaments



PROJECT READ



Science Club (Ages 5–12 years)

Join Project Read for Science, Discovery and Fun! Project Read's Science Club teaches physical science through children's literature and hands-on experiments. Topics include: magnetism, polymers, energy, and color. Young scientists take home free activities.

DAY: Wednesdays
DATE: Sept 4, Oct 16 & Nov 27, 2019
TIME: 4:00pm-5:00pm
LOCATION: Sterling Park
INSTRUCTOR: Project Read Staff

Nutrition (Ages 5-12 years)

Project Read's nutrition educator will present a series of fun educational programs based on children's literature. Learn about healthy eating with fun activities and new recipes.

DAY: Wednesdays
DATE: Sept 18, Oct 30 & Dec 11, 2019
TIME: 4:00pm-5:00pm
LOCATION: Sterling Park
INSTRUCTOR: Project Read Staff

Learning Wheels (Ages 5-13 years)

Calling 1st through 8th graders! Come to Project Read's literacy van, Learning Wheels, for fun and educational activities. Have a snack, hear great stories, and pick out a free book! Experienced literacy staff will provide enthusiasm for reading and learning.

DAY: Wednesdays
DATE: Oct 2 & Nov 13, 2019
TIME: 4:00pm-5:00pm
LOCATION: Sterling Park
INSTRUCTOR: Project Read Staff

Fees for the Project Read Program are included in the Summer Day Camp Program.



Kumon Learning Program (Ages 3-16 years old)

Kumon is an after-school learning program designed to help build confidence, increase self-discipline, improve concentration, and study habits. Kumon instructors will design individual lesson plans based on a student's ability and understanding of the material in math or reading. The emphasis on individualized learning will help your child become more focused, motivated and self-reliant. Students will also learn to assume responsibility for their own progress and learn at a rate that is comfortable for them. For more information or if you would like to enroll your child in this program please call the Colma Community Center at 650-985-5678.

Math Program – Kumon Math is a comprehensive program that develops the necessary skills to help your children progress from counting through calculus. Kumon assignments allow students to discover specific math concepts and improve mental calculation, reasoning and problem solving skills.

Reading Program– Kumon's assignments incrementally build on each subject to develop students' comfort with and understanding of reading. Each worksheet not only covers a specific concept, but also helps students interpret information, expand their vocabulary, and enhance reading and writing ability and overall comprehension.

DAYS: Tuesdays and Fridays
DATE: Session I September 3-27, 2019
Session II October 1-29, 2019
Session III November 1-29, 2019
Session IV December 3-31, 2019
TIME: Classes are 45 minutes long and scheduled between 3:30pm–7:00pm
LOCATION: Kumon Learning Center, 207 Southgate Ave., Daly City
COLMA RES. FEE: Math Program - \$33 Youth per month
Reading Program - \$33 Youth per month
NON-RES. FEE: \$160.00
INSTRUCTOR: Kumon Tutoring Staff





Early Childhood Music Education (Ages 2 – 7 years old)

Join this fun, active music class for young children. The mission of this class is to help build a strong foundation for growth and learning through music education. The goal of this program is to foster curiosity, creativity, and a passion for music at an early age. The curriculum is designed to teach the following musical terms and skill sets; Rhythm, measures, and beats; Types of Notes - Whole, Quarter, and Half; and Bass and Treble Clef; The curriculum is also designed to familiarize students with various types of instruments they can play and observe; Drumsticks, Shakers, Piano/Keyboard, Guitar/Ukulele, Auxiliary Percussion Instruments, and Vocals.

- DAY:** Saturdays
- DATE:** September 14 –December 14, 2019
(Skip 10/19, 11/30)
- TIME:** 11:00–11:45am
- LOCATION:** Vibo Music Center
488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** \$57 Youth
- NON-RES. FEE:** \$240.00
- INSTRUCTOR:** Vibo Music Staff



Traditional Hawaiian Ukulele for Beginners

(Ages 8 & Older)

Participants will learn traditional strumming techniques, and work on singing and playing Hawaiian songs. Learn finger picking, chords and chord progressions as well have opportunities to perform in public, and accompany dancers. Ukulele’s can be purchased at Vibo music, please call (650) 844-0805 for details.

- DAY:** Tuesdays
- DATE:** Sept 10 - Nov 26, 2019
- TIME:** 4:00pm–5:00pm
- LOCATION:** Vibo Music Center
- COLMA RES. FEE:** \$115 Adult, \$57 Youth, Senior & Disabled
- NON-RES. FEE:** \$240.00
- INSTRUCTOR:** Vibo Music Staff



Vibo Youth Ensemble (Ages 8–17 years)

For intermediate level students playing orchestral instruments with basic sight-reading skills. This weekly, 60-minute ensemble is highly focused to develop chamber, ensemble performance techniques and beginning orchestral performance ability as it opens the path for students to all forms of performance. Students will learn a variety of musical styles from baroque to contemporary, including orchestral excerpts, as well as explore techniques of individual performance skills needed to lead chamber, ensemble and orchestra. Please contact Vibo Music at (650) 844-0805 for a brief audition.

- DAY:** Fridays
- DATE:** September 6 – December 13, 2019
(Skip 11/29)
- TIME:** 6:00pm–7:00pm
- LOCATION:** Vibo Music Center
488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** \$66 Youth
- NON-RES. FEE:** \$280.00
- INSTRUCTOR:** Vibo Music Staff

Chamber Orchestra (Ages 10-17 years old)

The Vibo chamber orchestra is an ensemble that features strings, winds, keyboard and percussion. It focuses on a small group (around 10 -15 members) to develop chamber skills such as strong communication and personalized education. The repertory includes different styles mixing challenging with fun music for everyone.

- DAY:** Fridays
- DATE:** Sept 6 - Dec 13, 2019 (Skip 11/29)
- TIME:** 5:00pm -6:00pm
- LOCATION:** Vibo Music Center, 488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** \$66 Youth
- NON-RES. FEE:** \$280.00
- INSTRUCTOR:** Vibo Music Staff



Pop Vocals Ensemble (Ages 6–14 years)

Join the fun-filled weeks of discovering your voice and learn how to sing with a group in the Pop Vocals Ensemble! Students are introduced to musical skills to become careful listeners, better singers, and build confidence in an environment that emphasizes cooperation, teamwork and fun. Pop Music Ensemble guides children and youth to explore and enjoy music through vocal training and music theory. The class will include a variety of songs from today's popular music and musical theater with additional acapella songs. The singing is combined with choreography to prepare students to perform at the recital at the end of the course.

Come find your new musical family, create a lifetime of memories and get ready to be a pop star!

- DAY:** Saturdays
- DATE:** September 14 –December 14, 2019
(Skip 10/19, 11/30)
- TIME:** 3:00pm–4:00pm
- LOCATION:** Vibo Center, 488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** \$57 Youth
- NON-RES. FEE:** \$240.00
- INSTRUCTOR:** Vibo Music Staff



Piano Workshop for Beginner (Ages 6–14 years)

Learn to play the keyboards / pianos in a small-sized class. The instructor will guide the students through a fun and easy way to learn playing music on the piano. Students will receive much individualized attention and benefit from group playing activities. Learn how to read music, basic keyboard techniques, easy songs and chords. At the end of the session each student will be able to move to the next level of class, or sign up for private lessons for serious students.

- DAY:** Sundays
- DATE:** September 15 –December 8, 2019
(Skip 12/1)
- TIME:** 1:00pm–2:00pm
- LOCATION:** Vibo Center SF, 1490 Ocean Ave. #2
- COLMA RES. FEE:** \$57 Youth
- NON-RES. FEE:** \$240.00
- INSTRUCTOR:** Vibo Music Staff

Violin Workshop for Beginners (Ages 8 years & older)

This class is for beginners. Students will learn how to tune and hold a violin along with proper bow technique to produce nice sound on the instrument. Instructor will teach participants many fun tunes including well-known classical themes, fiddle tunes and popular tunes. If you do not have a violin, Vibo Music Center will rent participants a violin for \$30 for the session. Violin rental fees will be collected at the first class. Please contact Vibo music staff at 650-877-0805 if you need to rent a violin for this class. Fee does not include violin rental. Students may have to purchase a textbook to participate (approximately \$10 paid to Vibo Music Center at first class).

Day	Dates	Time
Saturdays	Sep 14 –Dec 14, 2019 (Skip 10/19, 11/30)	3:00-4:00pm

- LOCATION:** Vibo Music Center
488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** \$115 Adult, \$57 Youth, Senior & Disabled
- NON-RES. FEE:** \$240.00
- INSTRUCTOR:** Vibo Music Staff

Guitar Workshop for Beginners (Ages 8 years & older)

Learn all the basics for the guitar. This 8 week hourly class is designed for beginners. You will learn posture, fundamental chords, strumming patterns, and well known songs from different genres. Learn scale and chord formations and how to apply them to the guitar. Also learn how to read guitar music and how to interpret sheet music downloaded from the internet. Students must have their own guitar, or may rent one from Vibo music. For information on guitar rentals please call Vibo at 650-877-0805. Students maybe required to purchase a textbook to participate (approximately \$10 paid to Vibo Music Center at the first class).

Guitar Workshop	Dates	Time
Saturdays	Sep 14 –Dec 14, 2019 (Skip 10/19, 11/30)	2:00-3:00pm
Wednesdays	October 30-December 18	7:00-8:00pm

- LOCATION:** Vibo Center, 488 San Mateo Ave, San Bruno
- COLMA RES. FEE:** Sat.- \$115 Adult, \$57 Youth, Sr & Disabled
Wed. - \$76 Adult, \$38 Youth, Sr & Disabled
- NON-RES. FEE:** Saturdays \$240
Wednesdays \$160.00



Tae Kwon Do

(Ages 4 years & older)

Learn the art of Tae Kwon Do. Basic exercise, self-defense and fun will be taught in this program. DeLuca's School of Tae Kwon Do promotes family values and character building. Their staff has trained and developed Tae Kwon Do teaching skills together for over 13 years. First time participants will receive a free uniform.

DAY: Monday–Saturday
DATE: Session I September 2–30, 2019
 Session II October 1–31, 2019
 Session IV November 1–30, 2019
 Session V December 2–31, 2019
TIME: Monday, Wednesday & Friday—4:00pm–5:00pm
 Tuesday & Thursday—7:00pm–8:00pm
 Saturday—10:30am–11:30am
LOCATION: Serramonte Del Rey, 699 Serramonte Blvd., Daly City
COLMA RES. FEE: \$60 Adult, \$30 Youth, Senior & Disabled
NON-RES. FEE: \$129.00
INSTRUCTOR: Delucca's School of Tae Kwon Do Staff

Golf Lessons (Ages 8 years & older)

The Cypress Golf Learning Center features a short game area and practice facility. Instruction is provided in stance, grip, putting, chipping, and full swing. All participants are required to wear athletic shoes. Students will purchase golf balls at the range (\$10) at 2 of the 4 lessons.

DAY: Saturday
DATE: Session I Sep 7–28, 2019
 Session II Oct 5–26, 2019
 Session III Nov 2–23, 2019
 Session IV Dec 7–28, 2019
 Session V Jan 4–25, 2020
TIME: Adult—9:00am–10:00am
 Youth—10:00am–11:00am
LOCATION: Cypress Golf Learning Center
COLMA RES. FEE: \$84 Adult, \$42 Senior, Youth & Disabled
NON-RES. FEE: \$140.00
INSTRUCTOR: Tommy Kim



Ballet, Tap, Jazz and Hip Hop Dancing (Ages 3–Adult)

The Duo Dance Academy and the Town of Colma Recreation Services Department are working together to bring Classical Ballet, Jazz, Tap and Hip Hop Dancing to

the residents of Colma. Duo Dance Academy is a Dance Studio that provides the best quality of dance instruction in an uplifting environment. The intent of each class is for every student to gain knowledge of the body through movement, as well as performing ability, while developing self-esteem. Classes start the week of August 5, 2019, and end in December. Classes will meet once a week during the 5-month session. Brochures with specific class schedules are available at the Colma Community Center. All classes will be held at Duo Dance Academy, 12 Wellington Ave, in Daly City.

COLMA RES. FEE: \$219 Adult, \$110 Youth
NON-RES. FEE: \$365.00 per session

DAY	TIME	CLASS
Monday	4:30p-5:20p	Combo 2 (Ages 4-6)
Monday	5:30p-6:30p	Ballet 3-4 (Ages 10+)
Monday	6:30p-7:00p	Pointe
Tuesday	5:45p-6:45p	Ballet II (Ages 9+)
Tuesday	6:45p-7:15p	Pre-Pointe
Tuesday	7:30p-8:20p	Hip Hop (Beg./Inter)
Wednesday	5:00p-5:50p	Ballet I & II
Wednesday	6:00p-7:00p	Jazz (Ages 9+)
Thursday	5:30p-6:30p	Tap II (Ages 7-10)
Thursday	6:30p-7:30p	Tap III (Ages 11+)
Friday	5:30p-6:30p	Hip-Hop (Ages 7+)
Saturday	9:00a-9:45p	Combo I
Saturday	10:00a-10:50a	Combo II
Saturday	11:00a-11:50a	Combo III
Saturday	12:00p-12:50p	Combo IV

Dragon Boat Paddling for Beginners

(Ages 10 years & older)

Dragon Boating began over 2,500 years ago. It's popularity has grown immensely over the past 30 years. Today, recreational paddlers as well as staunch competitors engage in the sport of dragon boating around the world. Now, you can try it too and paddle in a 40-foot long, 20 seat Dragon Boat. You will learn basic paddling techniques, water safety, fitness preparation, team work and the organizational structure of a Dragon Boat team. Each session includes three 90-minute classes with land and water training. Participants who complete the entire session will receive a certificate of completion and a souvenir.

DAY: Saturdays
DATE: October 5, 12 & 19
TIME: 8:30am–10:00am
LOCATION: 95 Harbor Master Rd., South San Francisco; Oyster Point Marina Gate #7
COLMA RES. FEE: \$33 Adult, \$16 Senior, Youth & Disabled
NON-RES. FEE: \$50.00
INSTRUCTOR: Oyster Point Dragons

Zumba (Ages 15 years & older)

Zumba is a fun, Latin inspired easy to follow, calorie burning dance fitness workout. Class format combines fast and slow rhythms that will tone and sculpt the body. Low impact style along with easy routines will have you moving and grooving, you'll never want to stop. Please wear comfortable loose clothing, and bring a water bottle and towel. Also, please register early so the program does not get cancelled.

DAY: Mondays
DATE: September 16–Dec 2, 2019 (Skip 10/7, 11/11)
 December 9 - January 27, 2020
 February 3 - March 23, 2020 (Skip 2/17)
TIME: 6:15pm–7:15pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$36 Adult, \$9 Senior, Teen & Disabled
 Drop in—\$3.60 Adult
 \$.75 Senior, Teen & Disabled
NON-RES. FEE: \$60.00, Drop in—\$6.00
INSTRUCTOR: Margie Luna-Sevilla



Gentle & Invigorating Yoga for all Bodies

(Ages 16 years & older)

All are welcome at this mindful movement and deep breathing practice. Come for a full body tune up; standing, sitting, and laying on the floor (if you wish, and are able). Bring a mat or towel and any props you'd like to use; wear loose clothes, and come ready to relax. No prior experience nor flexibility is needed, just openness and the ability to show up. Kids interested in coming are welcome, or may happily hang out quietly in the room while their parents practice, too.

DAYS: Tuesdays
DATES: Session I September 10 - November 12, 2019
 Session II November 19 - December 17, 2019
TIME: 6:45pm—8:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: Session I \$70 Adult, \$34.50 Senior, Teen & Disabled
 Session II \$35 Adult, \$17.25 Senior, Teen & Disabled
 Drop in—\$7 Adult, \$3.45 Sr, Teen & Disabled
NON-RES. FEE: Session I \$115.00
 Session II \$57.50
 Drop in—\$11.50
INSTRUCTOR: Fiona Flynn

Active Adult Chair Yoga *(Ages 21 years & older)*

Designed for active adults who are young at heart, this yoga class leads you through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Experience restorative breathing exercise that help with balance, injury and alignment, for the mind, body and spirit. Active Adult Chair Yoga, sets you on a journey for a healthier lifestyle by reducing stress and increasing relaxation!

DAY: Thursdays
DATE: October 3 — November 21, 2019
 December 5 — January 30, 2020
 (skip 1/2)
TIME: 9:45am—10:50 am
LOCATION: Colma Community Center
 10/10 & 1/9: Sterling Park
COLMA RES. FEE: \$60 Adult, \$15 Sr., Teen & Disabled
 Drop In - \$ 7.50 Adult
 \$1.80 Senior, Teen & Disabled
NON-RES. FEE: \$100.00
 Drop In - \$12.50
INSTRUCTOR: Vanessa Mosqueda Velez

Zumba Toning

(Ages 15 years & older)

9:15 – 10:30 am

Zumba Toning Program is to create a light resistance training fitness experience that is FUN, SAFE, & Effective! Zumba Toning utilizes muscles toning and sculpting exercises and combines them with the dance-fitness movements and rhythms from Zumba Basics. The toning and body sculpting exercises either uses body resistance movements and/or utilizes light hand weights or Zumba toning sticks. Wear loose comfortable clothing, old worn-out workout shoes, towel and bottle water. Light hand weight 1.0 lb or 2.0 lb optional. Bring families and friends to enjoy the Summer Body Trimming experience. Please register early so the program does not get cancelled.

DAY: Saturday
DATE: Sept 28 - Nov 30, 2019 (Skip 10/12 & 11/2)
 Decemeber 21 - February 22, 2020
 (Skip 2/1, 2/8)
TIME: 9:15am—10:30am—Zumba
LOCATION: Colma Community Center
COLMA RES. FEE: \$50 Adult, \$10 Senior, Teen & Disabled
 Drop in—\$5 Adult, \$1 Senior, Teen & Disabled
NON-RES. FEE: \$70.00, Drop in—\$7.00
INSTRUCTOR: Margie Luna-Sevilla

BOOT Camp Fitness

(Ages 15 years & older)

Start off the new year right and get your heart pumping & gain strength by this full body workout. This class accommodates all fitness levels and we use nothing but body weight exercises and a mat! By using your own body weight you will be sure to get a great workout that is just right for you. Please wear comfortable workout clothing, bring an exercise mat, towel and water bottle. Sign up with friends and get FIT now!

DAY: Saturdays
DATE: Session I August 10 — Oct. 5, 2019 (Skip 9/7)
 Session II October 12 — Nov 30, 2019
 Session III December 21 — Feb 8, 2020
TIME: 8:30am —9:30am
COLMA RES. FEE: \$24 Adult, \$16 Senior, Teen & Disabled
 Drop In—\$3 Adult, \$2 Senior, Teen & Disabled
NON-RES. FEE: \$88.00
 Drop In—\$11.00
LOCATION: Sterling Park Recreation Center
INSTRUCTOR: Erin Malia Cus





Adult Cooking Classes

(Ages 18 years & older)

All classes will be taught at the Colma Community Center by Chef Cynthia. The Colma resident rate is \$28 for adults, \$8 for seniors and the non-resident rate is \$48.00. Please register early, these classes will fill up fast.

A Clam Bake at Home

September 4, 2019 - 6:30pm - 8:30pm

Chef Cynthia will help you recreate an Atlantic Clam Bake including seafood, sausages corn and potatoes all in one pot. We'll also have some New England specialties like clam cakes, salad with dried cranberries with maple crusted pecans; finishing with blueberry angel dessert.

Regional Indian Foods

October 2, 2019 - 6:30pm - 8:30pm

Chef Cynthia will give a short lesson on the differences in Indian cuisines and specialties. She will bring and demonstrate some easy sauces and traditional dishes from South India such as the griddle cooked snack, dosa. We'll try Western Indian dishes such as beef with vinegar and coconut milk. Chef will provide some easy curries such as Korma from Northern India, then finish with the desserts of Eastern India including semolina and cheese balls with orange syrup.

Thinking About Thanksgiving

November 6, 2019 - 6:30pm - 8:30pm

Chef Cynthia will supply a whole Thanksgiving Dinner comprised of appetizers, small bites and desserts. She will offer recipes you can make for your own dinner such as smoked turkey corn dip, sweet potato blinis with sour cream and ginger caviar, stuffed brussels sprouts, bacon jam with toasts, crab and artichoke stuffed mushrooms and caramel apple crack.

Mexican Christmas

December 4, 2019 - 6:30pm - 8:30pm

We'll begin our meal with Ponche, a holiday punch, followed by Bacalao (salt cod) prepared with tomatoes, olives, potatoes and capers. We'll have the traditional Ensalada de Noche Buena, a festive combination of fruits, beets and pineapple. Our entree will be a simple Stuffed Turkey Breast with Mole, and we'll finish with Bunuelos, the dessert similar to churros, served with chocolate sauce.



15TH ANNUAL SAN MATEO COUNTY

DISASTER PREPAREDNESS DAY



**SATURDAY SEPTEMBER 21, 2019
10 AM - 2 PM
SAN MATEO EVENT CENTER**

A *family friendly event* where you can: **explore** fire trucks, SWAT & other emergency response vehicles, **enter** into the Smoky Hall & Shake House, **see** Bomb Squad Robots, **attend** classes on CPR, First Aid & more, **learn** about school & community safety resources, & come home with **essential supplies**.

FOOD AND EVENT FREE, \$15 PARKING



For more information go to: smcdisasterprep.org

First Aid & CPR Training (Ages 16 years & older)

This American Red Cross course offers Cardiopulmonary Resuscitation (CPR) techniques used on adults, children, and infants, as well as how to respond to injuries and sudden illness in a systematic manner. Fees include certification cards.

DAY: Saturday
DATE: October 5, 2019
TIME: 10:00am—3:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$42 Adult, \$20 Senior, Teen & Disabled
NON-RES. FEE: \$70.00
INSTRUCTOR: TBA

Wine & Canvas (Ages 21 years & older)

Wine and Canvas is not just a paint class; it is Art Entertainment at its finest. Awesome local artists and beautiful surroundings make for an amazing experience that you can't find anywhere else. Sipping delicious wine, letting your inner artist out to create a masterpiece is what we have planned for you! Leave your worries at the door and dive in to the paint party!

DAY: Friday
DATE: October 11, 2019
TIME: 7:00pm—10:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$30.00
 \$8 Senior & Disabled
NON-RES. FEE: \$50.00
INSTRUCTOR: Wine & Canvas Artist

CALLING ALL SUPERHEROES!

Be a HERO for Colma—join C.A.P.E.

Community Action Plan for Emergencies

C.A.P.E. is a volunteer program that provides Colma residents with free training so that they can be ready to assist their families, friends and neighbors in an emergency situation.

Classes will be on Thursdays, 6pm – 9pm
September 19th – November 7th
(except October 31st)

Class topics to include:

First Aid Training

Light Search and Rescue

Securing Utilities After a Disaster

Operation and Disaster Psychology

and more...



To sign up, please contact Colma Recreation Services at 650.985.5678 or recreation@colma.ca.gov.

Colma Ladies Social (Ages 18 years & older)

Calling all ladies of Colma! Are you new to town or want some good company? Join the lovely ladies of Colma and meet new people. Hot beverages and snacks will be provided.

DAY: Wednesday
DATE: September 4, 2019
 October 2, 2019
 November 6, 2019
 December 4, 2019
TIME: 10:00am–1:00 pm
LOCATION: Colma Community Center
COLMA RES. FEE: Free



Friday Films (Ages 18 years & older)

Colma Recreation is providing all the drama you could want. Sit back, relax and enjoy a movie on the big screen. Movie snacks and refreshments will be provided and feel free to bring lunch! Please register early to avoid program from being cancelled.

Dates	Movie Titles	Rating/Genre
September 6, 2019	Apollo 11	G (Documentary)
November 8, 2019	Rocket Man	R (Biography/Fantasy)
December 6, 2019	Once Upon a Time in Hollywood	R (Drama/Thriller)

DAY: Fridays
TIME: 11:30am–2:30pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$4 Adult, \$2 Senior & Disabled
NON-RES. FEE: \$10.00



Arm Chair Travel (Ages 55 years & older)

Do you love to travel but don't want to deal with the long lines at the airport? Have you ever wanted to see places such as Ireland, Jamaica, Hawaii, Morocco, and Thailand? Join us on an adventure, Thursday afternoons at the Colma Community Center, as we visit wonderful destinations throughout the world through video tours. Enjoy the beautiful sites and taste samples of food native to the area we explore!

DAY: Thursdays
TIME: 12:00pm–1:00pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$4 Senior & Disabled
NON-RES. FEE: \$22.00

Dates	Destination
September 12, 2019	Philippines
November 14, 2019	Jordan

Senior Luncheon

(Ages 18 years & older)
 Join us at the Colma Community Center at 11:30am for a great lunch and lots of fun. Meet new friends, or catch up with old pals from the neighborhood. Please register at least one week prior to the date of the luncheon.



Monthly Birthday Celebrations

(Ages 18 years & older)
 We will be hosting a mini celebration during Senior Luncheon. Each birthday celebrant will receive a birthday party hat and a delicious treat.

DAY: Wednesday
COLMA RES. FEE: \$5 Adult, \$3 Senior & Disabled
NON-RES. FEE: \$20.00

Dates	Theme
September 18, 2019	Tailgate Party - Enjoy some of your delicious BBQ favorite as one of our Recreation Staff cooks up some delicious hamburgers and sausages. Wear your favorite sports gear and enjoy the company of your fellow neighbors.
October 16, 2019	Bone-appetit! - The spookiest day will come early in Colma at our luncheon. Come dressed in your favorite Halloween costume as we host a mini costume contest.
November 13, 2019	Sweet as Apple Pie! Join the fun as we share a meal with our friends and neighbors. Lunch will include seasonal favorites of pie and cider.

Creekside Villas Activities (Ages 18 years & older)

The Town of Colma Recreation Services Department is offering senior programs during the summer months at the Creekside Villas Complex Recreation Room, 1180 El Camino Real. Programs run from 11:30am to 1:00pm. The program will include a light lunch or snack. Participants are encouraged to enroll early to avoid this program from being cancelled.

Dates	Activity
September 25, 2019	Sock-topus
October 23, 2019	Creekside 25th Year Anniversary and BBQ Lunch
November 20, 2019	Santa Cup
December 18, 2019	Tea Light Snowman

TIME: 11:30am–1:00pm
COLMA RES. FEE: \$5 Adult, \$3 Senior & Disabled
NON-RES. FEE: \$17.00



Breakfast Bingo (Ages 55 years & older)

It's time for Breakfast and Bingo! Rise & shine and kick off your day with delicious breakfast pastries, some friendly competition, and the chance to win great prizes. Join us on the 4th Friday of each month for the classic game of Bingo with a twist. Along with all your Bingo supplies, we will provide you with a delicious variety of morning time treats and bottomless coffee or tea.

Dates	Location
September 20, 2019	Sterling Park
November 22, 2019	Colma Community Center
December 20, 2019	Colma Community Center

DAY: Fridays
TIME: 10:00am–11:00 am
LOCATION: Colma Community Center
COLMA RES. FEE: \$3 Senior & Disabled
NON-RES. FEE: \$20.00

Pizza and Puzzles (Ages 18 years & older)

Join us as we tackle a 500 piece puzzle as a team. Lets take the challenge to finish the puzzle in two workshops. We will provide a light pizza lunch, coffee and tea. Please register early to avoid program cancellation.

DAY: Mondays
DATE: October 21, 2019
 October 28, 2019
TIME: 11:00am–1:00 pm
LOCATION: Colma Community Center
COLMA RES. FEE: Free
NON-RES. FEE: \$10.00

S-W-E-E-T Scrabble (Ages 18 years & older)

Ready for a friendly game of scrabble? Join us as we host a few games of scrabble for you and your neighbors. Please feel free to BYOL (Bring Your Own Lunch) to munch on during the game. We will provide a sweet and delicious treat, coffee and tea.

DAY: Friday
DATE: September 27, 2019
TIME: 11:00am–1:00 pm
LOCATION: Colma Community Center
COLMA RES. FEE: Free
NON-RES. FEE: \$10.00



Field Trips: Walking Rater



1= Easy: Little to no walking

2=Moderate: walking, some stairs

3=Challenging: includes walking, stairs

Trip Policies

- To ensure field trips are not cancelled please register at least 2 weeks before scheduled trip date.
- To receive refunds or credits you must cancel your trip at least 2 weeks in advance.
- Returns times are approximate and subject to traffic.
- Efforts will be made to make reminder calls, but they are not guaranteed.
- Bus will leave 5 minutes after scheduled pick up times.
- All buses will have a restroom.

For more information or questions about Adult and Senior Trips please contact the Colma Community Center at (650) 985-5678

Santa Cruz Follies (Ages 18 years & older)

Experience the one of a kind Santa Cruz Follies. Join us as we head to the Santa Cruz coast! We will begin our day with a delicious lunch at a local favorite. Then head over to the Santa Cruz Civic Center where we will enjoy the annual musical production full of comedy, singing and dancing. This year's "Fasintain' Rhythms from Broadway to Hollywood... to YOU" brings an arrangement of tunes and performances that are sure to be a hit! This musical tribute is directed by Kris Wheeler. Please register by August 28, 2019 and watch for the bus schedule in the September edition of LiveWire.

DAY/DATE: Saturday, September 14, 2019
TIME: 9:00am—5:00pm
LOCATION: Santa Cruz, CA
COLMA RES. FEE: \$45 Adult, \$23 Senior, Disabled
NON-RES. FEE: \$75.00

Walking Rater: 



USS Hornet Museum (Ages 18 years & older)

Enjoy the day across the Bay Bridge in Alameda at the USS Hornet Sea, Air and Space Museum. We will take a step into history and explore exhibits from the NASA Apollo Moon exploration missions and see retired aircrafts from the Second World War. After our tour, we will enjoy a late lunch nearby. Please register by September 16, 2019 to avoid program cancellation.

DAY/DATE: Monday, September 30, 2019
TIME: 10:00am—4:00pm
LOCATION: Alameda, CA
COLMA RES. FEE: \$45 Adult, \$13 Senior & Disabled
NON-RES. FEE: \$75.00

Walking Rater: 

Arata's Pumpkin Farm

(Ages 18 years & older)

We're taking a trip to the Half Moon Bay to enjoy the fall season with all it has to offer. We will begin our day trying to get our way through Arata's infamous Hay Maze (Please wear close-toe shoes). Then, we will explore the farms pumpkin patch before heading off to enjoy a light lunch nearby.



DAY/DATE: Tuesday, October 15, 2019
TIME: 10:00am—4:00pm
LOCATION: Half Moon Bay, CA
COLMA RES. FEE: \$40 Adult, \$12 Senior, Disabled
NON-RES. FEE: \$68.00


Walking Rater: 

San Francisco War Memorial & Performing Arts Center Tour

(Ages 18 years & older)

Join us as we experience one of the most uniquely beautiful performing arts venues that is a landmark cultural institution owned and operated by the City and County of San Francisco. We will tour the many halls that house the San Francisco classical performances of the Opera and Ballet. After our tour we will enjoy lunch at a local favorite. Please register by October 21, 2019 and watch for the bus schedule in the November LiveWire.

DAY: Monday
DATE: November 4, 2019
TIME: 10:00am - 4:00pm
LOCATION: San Francisco, CA
COLMA RES. FEE: \$36 Adult, \$10 Senior & Disabled
NON-RES. FEE: \$60.00

Walking Rater: 

ADULT AND SENIOR CALENDAR OF EVENTS

SEPTEMBER

COLMA COMMUNITY CENTER

- 4** Ladies Social
- 6** Friday Films—Apollo 11
- 12** Arm Chair Travel—Philippines
- 18** Senior Luncheon—Tailgate Party!
- 20** Breakfast and Bingo—Sterling Park
- 27** S-W-E-E-T Scrabble

CREEKSIDE VILLAS

- 25** Creekside Villa Activities
Sock-topus

FIELD TRIP

- 14** Santa Cruz Follies
- 30** USS Hornet Museum

OCTOBER

COLMA COMMUNITY CENTER

- 2** Ladies Social
- 4** Friday Films - Rocketman
- 5** CPR/First Aid Training
- 11** Wine and Canvas
- 16** Senior Luncheon—Bone-Apetit!
- 21** Pizza and Puzzles
- 28** Pizza and Puzzles

CREEKSIDE VILLAS

- 23** Creekside Villa Activities
25th Anniversary Celebration & BBQ Lunch

FIELD TRIP

- 15** Arata's Pumpkin Farm

NOVEMBER

COLMA COMMUNITY CENTER

- 2** Dia De Los Muertos Festival
- 6** Ladies Social
- 8** Friday Films—Rocketman
- 14** Arm Chair Travel—Jordan
- 13** Senior Luncheon—Sweet as Apple Pie!
- 22** Breakfast and Bingo

CREEKSIDE VILLAS

- 20** Creekside Villa Activities—Santa Cup

FIELD TRIP

- 4** San Francisco War Memorial &
Performing Arts Center Tour

DECEMBER

COLMA COMMUNITY CENTER

- 4** Ladies Social
- 6** Friday Films
Once Upon a Time in Hollywood
- 11** Senior Holiday Luncheon
- 20** Breakfast and Bingo

CREEKSIDE VILLAS

- 18** Creekside Villa Activities
Tea Light Snowman

Colma Community Center

The Colma Community Center can accommodate receptions, parties, reunions, and events accommodating up to 150 people. The Colma Community Center has a commercial kitchen, banquet room with adjoining outdoor decks, conference room, restrooms, tables and chairs, and has audio visual equipment for rent.

The Colma Community Center can be rented throughout the week and on weekends. A six hour minimum is required, and rental fees range from \$50–\$850 plus a refundable \$300 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person.

Colma residents can rent the Colma Community Center 1 year in advance:

Earliest date to reserve Available dates to rent:

September 1, 2019 - September 1, 2019–August 31, 2020

October 1, 2019 -October 1, 2019–September 30, 2020

November 1, 2019 - November 1, 2019–October 31, 2020

December 1, 2019 -December 1, 2019–November 30, 2020

Sterling Park Recreation Center

Sterling Park Recreation Center is a 1,200 square foot facility with restrooms, small kitchenette, TV/DVD player, and tables and chairs to accommodate a party of 50 for a sit down event. Sterling Park Recreation Center can be rented by Town of Colma residents on Saturdays and Sundays from 11am–6pm for \$150 plus a refundable \$50 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person. Residents can rent the Sterling Park Recreation.

Center up to 3 months in advance:

Earliest date to reserve Available dates to rent

September 1, 2019 - September 1, 2019–November 30, 2019

October 1, 2019 -October 1, 2019–December 31, 2019

November 1, 2019 - November 1, 2019–January 31, 2020

December 1, 2019 -December 1, 2019–February 29, 2020

Sterling Park Picnic Site

The Sterling Park picnic site has 5 tables with BBQ adjacent to the playground and can accommodate up to 20-25 people. The picnic site can be rented for \$34 for residents and \$45 for non-residents with a \$30 deposit. The Sterling Park Picnic Site accepts reservations up to 3 months in advance, please see the Sterling Park Recreation Center rental schedule above. For more information, please call 650-985-5678.

Community Resources

Organization	Purpose	Website	Phone Number
ALLICE	Promoting healthier relationships, homes and communities through education.	allicekumares.com	(650) 992-9110
Clinic By the Bay	Provides healthcare to low income, working uninsured adults.	clinicbythebay.org	(415) 405-0222
Colma/Daly City Chamber	Provides support to the business communities of Colma and Daly City.	dalcymcity-colmachamber.org	(650) 755-3900
Community Gatepath	Helps people of all ages with special needs & disabilities.	gatepath.org	(650) 259-0650
Daly City Peninsula Partnership	Provides emergency safety net services, education & mental health programs.	dcpartnership.org	(650) 301-3330
Daly City Public Library Associates	Contributes resources to the four branch libraries in Daly City.	dcpla.org	(650) 224-2356
Daly City Youth Health Center	Provides safe, respectful, comprehensive health services to underserved youth.	dalcymcityyouth.org	(650) 985-7000
HIP Housing	Improves the housing and lives of people.	hiphousing.org	(650) 348-6660
Jefferson Union High School District	Educational experiences by offering leadership opportunities.	juhsd.net	(650) 550-7847
LifeMoves (formerly InVision)	Shelter & supportive services for homeless families and single adults.	lifemoves.org	(650) 685-5880
North Peninsula Food Pantry	Provides nutrition and sustenance to anyone in need.	fooddc.org	(650) 994-5150
Peninsula Conflict Resolution Center	Facilitates dispute resolution groups & trains people in conflict resolution.	pcrcweb.org	(650) 513-0330
Rebuilding Together Peninsula	Improves homes and lives of low income homeowners.	rebuildingtogetherpeninsula.org	(650) 366-6597
Sitike Counseling Center	Outpatient substance abuse services.	sitike.org	(650) 589-9305
SMC Conservation District	Provides services addressing wildlife, water, climate, and agriculture.	sanmateoord.org	(650) 712-7765
SMC Community College Foundation	Makes, affordable higher education available to members of our community.	smccfoundation.org	(650) 738-4111
SMC Jobs for Youth	Provides youth with services in gaining job skills.	hsa.smcgov.org/jobsforyouth	(650) 301-8434
Sustainable SMC	Seeks to create a broader awareness of the sustainability concept.	sustainableanmateo.org	(650) 638-2323



The Town of Colma
City Council invites all Adult and
Senior Residents to the...

annual

Holiday party

South San Francisco Conference Center
255 South Airport Blvd.
South San Francisco, CA

December 14 2019

6:00pm
to
11:30pm

Colma
Residents
\$15 Adults
\$10 Seniors

For registration, transportation & seating information please watch for your invitation in the October issue of Livewire. Single adult residents may bring one non-resident guest at the Colma resident fee. All residents must have a current Colma ID card in order to participate in the Adult Holiday Event. Please call 650-985-5678 to confirm your Colma ID card is current prior to registering for the Adult Holiday Party event.



SAVE THE DATE!



LEVEL 95: SUCCESSFULLY COMPLETED

JOIN US FOR THE

ANNUAL TOWN PICNIC 2019



Saturday September 7, 2019
Sterling Park Recreation Center
427 F Street Colma, CA 94014

A graphic for the Annual Holiday Party. It features a circular photo of three people, the Town of Colma logo, and decorative holly leaves. The text reads "ANNUAL HOLIDAY PARTY December 14, 2019 SOUTH SAN FRANCISCO, CA".

ANNUAL HOLIDAY PARTY

December 14, 2019
SOUTH SAN FRANCISCO, CA



Town of Colma Recreation Services
1198 El Camino Real
Colma, CA 94014

**Parks
Make
Life
Better!**SM



@colmarecreation



@colmarecreationservices



@townofcolma

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Colma, CA