









Session details and more registration information will be released soon, be sure to look out for it in Livewire and our Social Media accounts.

**AGES** 0-12

All participants must register by Friday, April 1st, 2022. Masks Required. All event details are subject to change to comply with the most current COVID guidelines. For more information, please email Dinora Navarro at dinora.navarro@colma.ca.gov

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#### **Employee Spotlight...**



Theodore Cook, Facility Attendant Colma Employee: 2 years

Why did you want to work with the Town of Colma?

The convenience of being a resident, but also its focus on communications & building rapport/relations with its residents was a highlighted factor into why I applied to work for my hometown.

What is your favorite part about working here? Seeing the smiles on residents' faces. Whether it's hosting bingo, summer camp or a party, I think the residents of Colma & others alike really appreciate what we do here & being able to be a part of that, Giving to the community is something that brings me joy.

When you're not at work, what are some things you like to do? When I am not at work I will probably be playing on my drum set during the week, though on weekends I enjoy going to dance & see DJs spin records & bands play loud at local venues with my friends or be on the hunt for a new and exciting restaurant to try.

What are your plans for the future?

Currently I am in school studying as a Psychology major. I would love to continue in school, learning more about the arts that I like such as cinema/film, photography as well as painting.

What is your best tip for health and wellness?

One tip I would strongly recommend is to wash your hands! We literally touch so many things and it doesn't hurt to wash often, especially during this pandemic.

I am an artist! During my time here I've revolved through different mediums like producing music on my laptop, painting & poetry, etc. I was really into film photography, using old hand-me-down film cameras from family & friends. Currently my most recent passion/hobby is drumming. The energy and passion that goes into my drumming has been a really good outlet for me and playing for people makes me really happy.

#### COLMA COMMUNITY CENTER

1520 Hillside Boulevard Colma, CA 94014 (650) 985-5678 (650) 997-3796 Fax

Temporary Office Hours During COVID-19, until further notice: Monday—Friday 9am—4pm, Closed 12pm-1pm Saturday 10am—3pm Sunday - Closed

#### STERLING PARK REGREATION CENTER

427 F Street Colma, CA 94014 (650) 991-3213 (650) 991-3206 Fax

Temporary Office Hours During COVID-19, until further notice: Monday—Friday 1pm—6pm Saturday & Sunday — Closed

Town of Colma Recreation Department Offices and Facilities will be closed on the following Holidays from January to April 2022:

January 1, 2022 January 17, 2022 February 11, 2022

February 21, 2022

New Years Day Martin Luther King Jr. Lincoln's Birthday (observed)

President's Day

OLLOW US!



#### @colmarecreation



#### @colmarecreationservices



### @townofcolma

#### Recreation Services Mission Statement

The Town of Colma Recreation Services Department is committed to enriching and enhancing the lives of Colma Residents through high quality, diversified programs, and well maintained facilities and parks, while striving to meet the needs of the community.

The City Council meets the second & fourth Wednesday of each month at 7:00pm. City Council meetings are held at the Colma Town Hall, 1198 El Camino Real.



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RECREATION COORDINATOR
Dinora Navarro
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dinora.navarro@colma.ca.gov

#### **Town of Colma Identification Cards**

In order to participate in Town of Colma Recreation Programs at the Colma resident rate, residents must first obtain a Town of Colma Resident Card.

Town of Colma Resident Cards are free to residents and can be obtained at the Colma Community Center.

Residents must show multiple proofs of residency when applying for a Town of Colma Resident Card (i.e., driver's license, utility bill, phone bill, bank statement, etc.)

For more information on obtaining a Town of Colma Resident Card, please call (650) 985-5678.

#### **Program Participation Minimums**

In order to provide a positive experience for residents, each class, program, or activity has a minimum participation requirement. From time to time, a program may be cancelled due to minimum participation numbers not being met. All participants are urged to enroll early to avoid programs being cancelled.

#### **Reasonable Accommodations**

Upon request, this publication will be made available in appropriate alternative formats to persons with disabilities, as required by the Americans with Disabilities Act of 1990. Any person with a disability, who requires a modification or accommodation to view the newsletter, should direct such a request to Pak Lin, ADA Coordinator, at (650) 997-8309 or pak.lin@colma. ca.gov. Please allow two business days for your request to be processed.

# Program Registration & Facility Reservations

Registration for all programs listed begins upon receipt of the Recreation Guide, unless otherwise noted. You can register for programs in person, or online. Please remember, if you are a Colma resident you must come to the Colma Community Center to set up your online account. All facility reservations must be done in person. Accepted forms of payment are cash, checks or credit cards.

Participants may cancel recreation programs two weeks prior to the start of the program without penalty. If participants cancel recreation programs within two weeks of the start of the program, refunds will not be returned and participants may be responsible for paying the full cost of the program if prepayments to third parties have been made. Also, it is important that you attend recreation programs that you register for, if you fail to attend recreation programs you may also be responsible for the full cost of the program.

For department cancellation of programs, if eligible, your refund will be processed and check sent to you within three to four weeks.

#### **Comcast Cable**

In July 2015, the Town entered into a new contract for Comcast Cable services for the residents of Colma. For questions or concerns pertaining to your Comcast cable, internet or phone services please contact Comcast's Bulk Cable service provider at 1-855-307-4896.

## TOWN OF COLMA PROGRAM REGISTRATION FORM



Addit/ Gua	rdian Name:_	(First Name)			(Middle In	itial)	(Last Name)	
Address:_								
					(City)		(Zip)	
Home: (	)	Cell: (	)			_ Email:		
	Participant's Full	Name	Grade/ Age	Sex (M/F)	Birth Da	te	Activity Name & Session	Program Fee
							Total Fees:	
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Signature_						_ Date		
		be completed if p	articipa	ınt is unc	ler 18 year	s of age).  I	give my consent for my son/daugh	

# CALENDAR OF EVENTS

# **JANUARY**

17 BIGGEST LOSER CONTEST BEGINS

# **FEBRUARY**

5 QUEENS OF COLMA TEA

10 PAINT WITH YOUR MATE

# MARCH

2 TINY TOTS STORY TIME

4 COLMA GAME NIGHT

12 FAMILY POTTERY PARTY

# **APRIL**

16 EGGSTRAVAGANZA

18 ARBOR DAY & EARTH DAY FAMILY CELEBRATION

23 TOWN WIDE GARAGE SALE

# MAY

7 TOWN OF COLMA BLOOD DRIVE

14 STREETS ALIVE! FAMILY FIELD DAY

22 TOWN OF COLMA CLEAN UP DAY - POP UP

#### **Holiday House Decorating Contest**

Colma residents, show your spirit and participate in this year's holiday house decorating contest! Winners will be selected from the Sterling Park, Villa Hoffman and Verano/ Mission Road neighborhoods. All participating residents will be showcased on our Facebook page. Judging occurs between December 13 - 18, 2021, so make sure you have all your decorations up by the 11th of December. Residents with the most Festive looking homes will be recognized at the January 12, 2022 City Council Meeting.

#### **Town of Colma Biggest Loser Contest**

(Ages 13 years & older)

Start your New Year's Resolution off right! Join our 4th round of the Biggest Loser Town Contest! You and your fellow residents are on a mission to get fit! The Town of Colma will be awarding prizes to the top male, female, and team "losers" (with sufficient participation). Weekly prizes will be awarded to the top loser of the week. The contest will run from January 17th to February 14th. To participate in the contest you must weigh-in at the Colma Community Center by January 17th. Final weigh-in must be completed in person by 3:00pm, Sunday, Febaury 13th at the Colma Community Center. Winners will be announced by Friday, February 18th. For questions, please contact Dinora Navarro at 650-985-5691.

**DATES:** January 17 - February 14, 2022 **TIME:** Community Center Hours

LOCATION: Colma Community Center Hours

Colma Community Center

COLMA RES. FEE: FREE
NON-RES. FEE: \$10.00



#### Queens of Colma Tea Party (Ages 4-14 years)

Are you a queen who likes tea? Come join the ladies of our Colma Recreation staff for a tea party at the Colma Community Center. We will have crafts, games, and a magical photobooth on site. Then our queens will be gifted a pastry box and tea to-go that they can enjoy at home. All guests are welcome to wear their most elegant tea party attire and hats. Please register by January 28, 2022, to avoid party cancellation.

**DAY:** Saturday

DATE:February 5, 2022TIME:10:00am-11:00amLOCATION:Colma Community Center

**COLMA RES. FEE:** \$3.00 **NON-RES. FEE:** \$10.00

#### **NEW!! Paint with your Mate -**

#### **Valentines Day** (21 years and older)

Love is in the air as you create lovely memories and paint beautiful pre-selected pottery from our local Color Me Mine studio, at the Colma Community Center. Masks are required. Sign up with your loved one, whether that is a friend, a family member, or a partner. Enjoy Valentine's Day treats and wine to-go.

DAY/DATE: Thursday, February 10, 2022

6:00pm-8:00pm TIME:

Colma Community Center LOCATION:

\$18 Adult **COLMA RES. FEE:** 

\$5 Senior & Disabled

\$30.00 **NON-RES. FEE:** 

#### **NEW!! Tiny Tots Story Time with Project Read**

(Ages 6 years & younger)

Join us at the Colma Community Center for a special Story Time from our friends at Project Read. Celebrate your love for literacy with your tot, and hear a story, grab a free book for your toddler and create a fun craft. Please register by February 23, 2022 to ensure enough goodies for all! For more information, please call 650-985-5678.

Wednesday, March 2, 2022 DAY/DATE:

TIME: 2:00pm-3:00pm

Colma Community Center **LOCATION:** 

**COLMA RES. FEE: FREE** 

#### **Colma Game Night** (Ages 4 years & older)

Join us at the Colma Community Center for some old fashion fun at our annual Colma Game Night. The night will begin with classic, fun-loving board and card games for all residents of Colma. Then, get out your good luck charm and get ready for GREAT PRIZES and an exciting night of Bingo. Pizza and drinks will be provided. Children under the age of twelve must be accompanied by an adult. Parents are encouraged to enroll and participate in this program with their children. Please register by February 25, 2022, to ensure we have enough goodies for all!

Friday, March 4, 2022 DAY/DATE: 6:00pm-9:00pm TIME: LOCATION:

Colma Community Center

**FREE COLMA RES. FEE:** 



#### **NEW!! Family Pottery Party** (4 years and older)

Bring the whole family and get your hands dirty as you create and glaze your very own work of art. Not only will you have fun creating with real clay, but you will also have a piece of art you can keep forever. A light lunch will be provided to-go.

Saturday, March 12, 2022 DAY/DATE:

12:00pm-2:00pm TIME: Sterling Park LOCATION: **COLMA RES. FEE:** \$21 Adult

\$6 Senior, Youth & Disabled

NON-RES. FEE: \$35.00

#### **Eggstravaganza**

(Egg Hunt for kids ages 1—12 years)

The Town of Colma Recreation Services Department presents the annual EGGSTRAVAGANZA! Join us at Sterling Park for our ever popular Egg Hunt! We'll have refreshments, treats, and prizes for the kids. Session details and more registration information will be released soon, be sure to look out for it in Livewire and our social media accounts.

If you plan on attending the Eggstravaganza, please R.S.V.P. to the Colma Community Center (650) 985-5678 or Sterling Park Recreation Center (650) 991-3213 by Friday, April 1, 2022. Remember to bring your egg collecting basket. All event details are subject to change to comply with current COVID guidelines. For more information, please contact the Town of Colma Recreation Services Department.

Saturday DAY: DATE: April 16, 2022

9:00am TIME:

Sterling Park Recreation Center **LOCATION:** 

**FREE COLMA RES. FEE:** \$6.00 NON-RES. FEE:

#### **Arbor Day & Earth Day Family Celebration**

(Ages 4-17 years old)

Celebrate Earth Day at Sterling Park. We will host Arbor & Earth Day activities, refreshments, and giveaways! Please enroll for this program two weeks prior to ensure you receive a t-shirt.

Friday DAY:

April 22, 2022 DATE: 3:30pm-5:30pm TIME:

LOCATION: Sterling Park Recreation Center

COLMA RES. FEE: **FREE** 

**MONITORING THE COVID-19 PANDEMIC. CLASSES AND PROGRAMS** BE CANCELLED OR POSTPONED AS THE HEALTH ORDER IS UPDATED BY SAN MATEO COUNTY AND THE STATE. WE WILL CONTACT PARTICIPANTS IF CANCELLATIONS ARE NECESSARY, PROGRAM AND FACILITY RESERVATION FEES WILL BE FULLY REFUNDED. SHOULD CANCELLATIONS OCCUR. FOR MORE INFORMATION PLEASE CALL 650-985-5678 I OR VISIT HTTPS://WWW.COLMA.CA.GOV/COVID-19/



**MAY 22, 2022** 

JOIN THE FUN TO KEEP COLMA CLEAN!

More details coming soon...



#### Town Wide Garage Sale (All Ages)

Sign up at the Colma Community Center for the 8th Annual Town Wide Garage Sale. Each Colma resident who signs up for the Town Wide Garage Sale will host their own sale at their address. Once the Recreation Services Department has received all the names and address of the participants, we will advertise out the Town-Wide Garage Sale through various media outlets to all potential shoppers. At the time of sign-up, the Recreation Services Department will ask you for a list of each big-ticket item, such as a refrigerator, couch, television, etc. Prior to the day of the event we will provide a list of participating addresses and their big ticket items to potential shoppers. There is no cost to the event; we just ask that everyone who intends on having a garage sale, sign up at the Colma Community Center. For more information please contact us at 650-985-5678.

 DAY:
 Saturday

 DATE:
 April 23, 2022

 TIME:
 9:00am—5:00pm

 LOCATION:
 Colma Residential Areas

COLMA RES. FEE: FREE

#### **Streets Alive Family Field Day** (All Ages)

Join us as we take over Sterling Park for Family Field Day! Come out and enjoy the outdoors with some fun-filled games, barbecue, and a lot more. We will have equipment for participants to use and facilitate games throughout the day. We will have a bounce house, barbecue lunch, and delicious treats for all. For questions, please call 650-985-5678.

 DAY:
 Saturday

 DATE:
 May 14, 2022

 TIME:
 9:00am - 12:00pm

LOCATION: Sterling Park
COLMA RES. FEE: FREE

Town of Colma Blood Drive (18 years & Older)

Join fellow residents and give blood for those in need. The American Red Cross will be visiting Colma on May 7 from 9:00 am-1:00 pm. Appointments are required. To book an appointment to donate, please register at https://www.redcrossblood.org.

 DAY:
 Saturday

 DATE:
 May 7, 2022

 TIME:
 9:00am-1:00pm

**LOCATION:** Colma Community Center

COLMA RES. FEE: FREE

# ACTIVITY GUIDE TIP: REGISTER FOR PROGRAMS EARLY TO AVOID PROGRAM CANCELLATION.



#### Day Camp (Ages 5—12 years)

The Town of Colma Recreation Services Department is excited to offer President's Week & Spring Day Camps! Youth ages 5-12 years old are invited to explore a wide range of activities during the President's week and Spring breaks. Children will enjoy arts & crafts, outdoor games, indoor games, music, cooking projects, movies, and so much more. A session schedule will be given out on the first day of camp. Each camper should bring a mask, a bagged lunch, a sweatshirt, and wear closed-toed shoes. Please be sure all personal items are clearly labeled with the camper's name. On-site, we have trained and dedicated staff leading games and activities that participants will enjoy with their peers and favorite Recreation Leaders. Registration numbers will be limited, and we will be taking extra safety precautions to comply with current COVID regulations. All details are subject to change. For questions, please email Recreation Coordinator Dinora Navarro at dinora.navarro@colma.ca.gov.



#### LEADERS IN TRAINING (Ages 13–17 years)

Become a Leader in Training (LIT) and learn valuable skills while assisting Recreation staff in our spring day camp. Teens who are interested in volunteering for the Spring Day Camp should contact Dinora Navarro at 650-985-5681 for a volunteer application.

Applications are due by March 7, 2022. LIT applicants will be interviewed and offered volunteer opportunities as needed. LIT's are required to commit to working at least 4 days per week (10am-4pm.) Interviews are tentatively set for March 15 & 17, 2022. A mandatory LIT orientation will be held March 25, 2022. New LIT's must attend orientation in order to begin volunteer assignments.



#### President's Week Session

**DAY:** Tuesday - Friday

**DATE:** February 21—February 25, 2022

TIME: 8:00am—5:00pm
LOCATION: Sterling Park
COLMA RES. FEE: \$28.00
NON—RES. FEE: \$168.00

**Spring Session** 

DAY: Monday—Friday
DATE: April 4—April 8, 2022
TIME: 8:00am—5:00pm
LOCATION: Sterling Park
COLMA RES. FEE: \$35.00
NON-RES. FEE: \$210.00

#### **Alternative Camp Program for Teens**

(Ages 13-17 years)

The Recreation Services Department offers teens the opportunity to participate in one session of an approved day camp program of their choice at the Colma resident fee. For example, if you are interested in going to a Basketball Camp over spring break and it costs \$175, the Town will pay up to 70% of the \$175. Please contact Dinora Navarro at 650-985-5681 or dinora.navarro@colma.ca.gov, for this great opportunity to participate in the camp of your choice during spring break. All requests for participation are accepted on a case-by-case basis and need to be turned in at least 30 days prior to the camp program. Also, there are additional rules and restrictions that apply, so please call for details.



#### **Kids' Club After School Program**

(Ages 5—14 years old)

The Colma Recreation Services Department is excited to offer the KIDS' CLUB after-school program at the Sterling Park Recreation Center. This program is open to all children ages 5 to 14 years old, Monday through Friday, 3:00pm to 6:00pm, from January 5, 2022, through June 9, 2022. Recreation staff will lead participants in arts & crafts, athletics, board & team games, and provide help with homework. Registration numbers will be limited, and we will be taking extra safety precautions to comply with current COVID regulations. For more information, please contact Dinora Navarro at 650-985-5681.

**DAYS:** Monday—Friday **TIME:** 3:00pm—6:00pm

**LOCATION:** Sterling Park Recreation Center

Session	Dates	Fee: Res/NR
1	1/5 - 1/14	\$10/\$23
2	1/18 - 1/28	\$12/\$28
3	1/31 - 2/18	\$16/\$38
4	2/28 - 3/11	\$11/\$26
5	3/14 - 4/1	\$18/\$43
6	4/11 - 4/21 (skip 4/22)	\$10/\$23
7	4/25 - 5/6	\$10/\$23
8	5/9 - 5/20	\$10/\$23
9	5/23-6/9	\$18/\$43

Modified Day	Dates	Program Hours
Minimum Day Adventures	- All Wednesdays - 3/8 - 3/9, 4/1, 5/20, 5/26 - 5/27, 6/9	2pm - 6pm
No School Escape Days	- 1/10	8am-6pm

#### **Desserts and Arts & Crafts** (Ages 5-12 years)

Join the Colma Recreation Department Staff as we help children learn and discover through the creation of age-appropriate arts and craft projects. Participants will be provided with opportunities to socialize and share their projects with their peers and staff. All participants are urged to enroll at least one week prior to ensure enough goodies for everyone.

**DAY:** Fridays

**TIME:** 6:00pm – 8:00pm

**LOCATION:** Sterling Park Recreation Center

COLMA RES. FEE: \$4 Youth
NON—RES. FEE: \$15 Youth

Date	Activity
1/7/22	Spectacular Snowflakes
Thursday - 2/10/22	Valentine Cards
3/11/22	Leprechaun Hats
4/15/22	Egg Collecting Baskets
5/6/22	Mother's Day Crafts

#### PNO to Go (Ages 3.5—12 years)

We are putting a twist on our classic Parents' Night Out. Instead of coming to us, PNO is coming to you. Queue up our recommended movie, grab your sleeping bags, and get in your pjs. Pick up some pizza slices and a craft kit to go along with your movie. All participants are urged to enroll at least one week prior to ensure enough goodies for everyone. If you need to schedule another pick up time or want more information, please contact Dinora Navarro at dinora.navarro@colma.ca.gov.

**DAY:** Fridays

**TIME:** 4:00pm—5:00pm (pick-up) **LOCATION:** Sterling Park Recreation Center

**COLMA RES. FEE:** \$5 Youth **NON—RES. FEE:** \$20.00

Date	Movie	Where to Watch
1/21/22	Vivo	Netflix
2/18/22	Spirit Untamed	Hulu
3/18/22	Over the Moon	Netflix
4/29/22	Cruella	Disney+
5/20/22	The Mitchell's vs. the Machines	Netflix

#### NEW! Kids' BINGO (Ages 5—14 years)

Join us at Sterling Park for some friendly competition. We will hold 6 rounds of different BINGO games where you can win all kinds of fun prizes. All participants will be given a treat to take home at the end of the day. This event will be held during Kids' Club hours, fees for the program are included in Kids Club fees. For more information, please contact Dinora Navarro at dinora.navarro@colma.ca.gov.

**DAY:** Tuesdays

**DATE:** Jaunary 25, 2022

March 29, 2022

May 24, 2022 5:00pm—6:00pm

**LOCATION:** Sterling Park Recreation Center

COLMA RES. FEE: \$3 Youth NON—RES. FEE: \$10.00



www.colma.ca.gov 11

TIME:

# PROJECT READ



#### Science Club (Ages 5—12 years)

Join Project Read for Science, Discovery, and Fun! Project Read's Science Club teaches physical science through children's literature and hands-on experiments. Topics include: magnetism, polymers, energy, and color. Young scientists take home free activities.

**DAY:** Wednesdays

**DATES:** February 9 and May 18

**LOCATION:** Sterling Park **INSTRUCTOR:** Project Read Staff

#### **Nutrition** (Ages 5-12 years)

Project Read's nutrition educator will present a series of fun educational programs based on children's literature. Learn about healthy eating with fun activities and new recipes.

**DAY:** Wednesdays

DATE: January 26, March 23 & May 4

**LOCATION:** Sterling Park **INSTRUCTOR:** Project Read Staff

#### **Learning Wheels** (Ages 5-13 years)

Calling 1st through 8th graders! Come to Project Read's literacy van, Learning Wheels, for fun and educational activities. Have a snack, hear great stories, and pick out a free book! Experienced literacy staff will provide enthusiasm for reading and learning.

DAY: Wednesdays

DATE: January 12, March 9 & June 1

**LOCATION:** Sterling Park INSTRUCTOR: Project Read Staff

Fees for the Project Read Program are included in the Afterschool Program and Day Camp Fees.



Kumon Learning Program (Ages 3-16 years old)
Kumon is an after-school learning program designed to
help build confidence, increase self-discipline, improve
concentration, and study habits. Kumon instructors will
design individual lesson plans based on a student's ability
and understanding of the material in math or reading. The
emphasis on individualized learning will help your child
become more focused, motivated, and self-reliant. Students
will also learn to assume responsibility for their own progress
and learn at a rate that is comfortable for them. For more
information or if you would like to enroll your child in this
program, please call the Colma Community Center at
650-985-5678. Each participant may register for one subject
at the resident rate.

**Math Program** – Kumon Math is a comprehensive program that develops the necessary skills to help your children progress from counting through calculus. Kumon assignments allow students to discover specific math concepts and improve mental calculation, reasoning, and problem solving skills.

Reading Program – Kumon's assignments incrementally build on each subject to develop students' comfort with and understanding of reading. Each worksheet not only covers a specific concept, but also helps students interpret information, expand their vocabulary, and enhance reading and writing ability and overall comprehension.

**DAYS:** Tuesdays and Fridays

**DATE:** Session I January 1-31, 2022

Session II February 2-29, 2022 Session III March 2-31, 2022 Session IV April 1-30, 2022 Session V May 1-31, 2022

TIME: Classes are 45 minutes long and scheduled

between 3:30pm-7:00pm

**LOCATION:** Kumon Learning Center, 207 Southgate

Ave., Daly City

**COLMA RES. FEE:** Math Program - \$45 Youth per month

Reading Program - \$45 Youth per month

**NON—RES. FEE:** \$160.00

**INSTRUCTOR:** Kumon Tutoring Staff



### TEEN ADVENTURES ...

#### **Stagecoach Greens Mini Golf** (Ages 13 - 17 years)

Enjoy a night of mini golf in San Francisco! Teens will enjoy a round of mini golf at Stagecoach Greens then head over to Spark Social where they can grab dinner at one of the many food trucks. Remember to bring money for dinner and comfortable shoes! Teens may be taking public transportation for this trip. Register at least one week in advance to avoid trip cancellation.

**DAY:** Friday

DATE:February 18, 2022TIME:6:00pm-9:00pmLOCATION:San Francisco, CACOLMA RES. FEE:\$6.00 Teen

NON—RES. FEE: \$20.00

#### **San Francisco Giants Game**

(Ages 13 - 17 years)

Join your friends and Recreation staff on a trip to Oracle Park and watch the San Francisco Giants battle the St. Louis Cardinals. BART transportation is included in the participation fee. Participants may bring money to purchase snacks. Trip details may change to comply with the most current COVID guidelines. Teen residents may bring one non-resident guest at the resident rate. Please register at least one week in advance to avoid program cancellation. Please call 650-985-5678 for more information.

**DAY:** Friday

DATE:May 6, 2022TIME:6:00pm - 11:00pmLOCATION:San Francisco, CACOLMA RES. FEE:\$12.00 Teen

NON-RES. FEE: \$40.00

# A DAY IN THE SNOW—Snowboarding, Skiing & Tubing

(Ages 12 - 20 years)

You'll enjoy a snow-filled day with your friends experiencing Lake Tahoe's natural beauty. Participants will have an opportunity to go snow tubing, play in the snow, snowboard, or ski. Beginner lessons including equipment will be provided to those with limited to no experience or who would simply like to learn from a trained professional. Those who wish to opt out of the lessons and would like to ski or snowboard must bring their own equipment or rent it at the resort at their expense. Dinner is included in the participation fee; however, participants will be responsible for all other meals. Each Colma teen resident may bring one guest at the Colma resident fee. For more information, please contact Dinora Navarro at 650-985-5681.

**DAY:** Thursday

DATE:February 24, 2022TIME:5:00am-9:00pmLOCATION:Lake Tahoe, CA

**COLMA RES. FEE:** \$42.00 (12-20 years old)

**NON-RES. FEE:** \$140.00

#### **Top Golf - Teen Trip** (Ages 13 - 17 years)

Whether you hit a hole-in-one or a hole-in-none, you'll have plenty of fun at Top Golf with your fellow Colma teens and Recreation Staff! Teens will depart from the Sterling Park Recreation Center. Participation fee includes 2 hours of putting time and snacks. Face masks are required for the entirety of this trip, regardless of vaccination status. Trip details may change to comply with the most current COVID guidelines. Resident teens may bring one non-resident teen guest at the resident rate. Please register by March 31st, 2022, to avoid activity cancellation. Please call (650) 991-3213 for more information.

DAY: Thursday

DATE: April 7, 2022

TIME: 1:00pm-5:00pm

LOCATION: San Jose, CA

COLMA RES. FEE: \$8 NON—RES. FEE: \$25.00

#### **Open Teen Center Hours**

(Ages 12–17 years)

Come to Sterling Park Recreation Center and enjoy some open recreation center time. We'll have foosball, an open black top, and have snacks and refreshments. We will also take occasional adventures! Come and let us know what you want to do!

**Day:** Thursdays

**DATE:** January 20 to May 19, 2022

**TIME:** 6:00pm - 8:00pm

**LOCATION:** Sterling Park Recreation Center

FEE: FREE



#### **Tae Kwon Do** (Ages 4 years & older)

Learn the art of Tae Kwon Do. Basic exercise, self-defense, and fun will be taught in this program. DeLucca's School of Tae Kwon Do promotes family values and character building. Their staff has trained and developed Tae Kwon Do teaching skills together for over 13 years. First time participants will receive a free uniform.

**DAY:** Monday—Saturday

DATE: Session I January 2 - 31, 2022

Session II February 1 - 29, 2022 Session III March 2 - 31, 2022 Session IV April 1 - 30, 2022 Session V May 1 - 30, 2022

TIME: Monday, Wednesday & Friday, 4:00pm—5:00pm

Tuesday & Thursday, 7:00pm—8:00pm

Saturday, 10:30am-11:30am

**LOCATION:** Serramonte Del Rey, 699 Serramonte

Blvd., Daly City

COLMA RES. FEE: \$60 Adult, \$30 Youth, Senior & Disabled

NON-RES. FEE: \$129.00

**INSTRUCTOR:** Delucca's School of Tae Kwon Do Staff

**Ballet, Tap, Jazz and Hip Hop Dancing** (Ages 3—Adult)

The Duo Dance Academy and the Town of Colma Recreation Services Department are working together to bring Classical Ballet, Jazz, Tap, and Hip Hop Dancing to the residents of Colma. Duo Dance Academy is a Dance Studio that provides the best quality of dance instruction in an uplifting environment. The intent of each class is for every student to gain knowledge of the body through movement, as well as performing ability, while developing self-esteem. Classes start the week of January 3, 2022, and end in June. Classes will meet once a week during the 5-month session. Brochures with specific class schedules are available at the Colma Community Center. All classes will be held at Duo Dance Academy, 12 Wellington Ave, in Daly City.

**COLMA RES. FEE:** \$237 Adult, \$118 Youth **NON-RES. FEE:** \$395.00 per session

DAY	TIME	CLASS
Monday	4:30p-5:20p	Combo 2 (Ages 4-6)
Monday	5:30p-6:30p	Ballet 3-4 (Ages 10+)
Monday	6:30p-7:00p	Pointe
Tuesday	5:45p-6:45p	Ballet II (Ages 9+)
Tuesday	6:45p-7:15p	Pre-Pointe
Tuesday	7:30p-8:20p	Hip Hop (Beg./Inter)
Wednesday	5:00p-5:50p	Ballet I & II (Ages 7+)
Wednesday	6:30p-7:30p	Jazz (Ages 12+)
Thursday	6:00p-6:30p	Tap III (Ages 11+)
Thursday	6:30p-7:30p	Tap 1-2 ( Ages 7-11)
Thursday	7:30p-8:30p	Jazz (Ages 9+)
Friday	5:30p-6:30p	Hip-Hop (Ages 7+)
Saturday	9:00a-9:45p	Combo I
Saturday	10:00a-10:50a	Combo II
Saturday	11:00a-11:50a	Combo III
Saturday	12:00-12:50p	Combo IV

#### Mixtiso Yoga/Pilates/Ballet Vinyasa Flow

(Ages 16 years & older)

Vanessa, the instructor, will instruct you to move from one pose to the next one as you inhale and exhale. This technique is called Vinyasa Flow, poses that run together and become a dance. Beginners, intermediate, and advance students are welcomed! You will develop a yoga practice that heals you not only physically, but emotionally and energetically. Yoga will align your body to create a strong mind-body connection. As a Yogi you will feel good, positive, calm, happy, and free after class.

**DAYS:** Tuesdays

DATES: Session I Jan 11 - March 1, 2022

Session II March 8 - April 26, 2022

**TIME:** 5:45—6:45pm

**LOCATION:** Colma Community Center

COLMA RES. FEE: \$60 Adult

\$16 Senior, Teen & Disabled

Drop in-\$7.5 Adult

\$2 Senior, Teen & Disabled

NON-RES. FEE: \$100.00

Drop in—\$12.50

INSTRUCTOR: Vanessa Mosqueda Velez



#### Happy Chair Yoga (Ages 15 years & older)

Designed for active adults who are young at heart, this yoga class leads you through a complete series of seated and standing vinyasa yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Experience restorative breathing exercises that help with balance, injury, anxiety, and alignment - for the mind, body, and spirit. Happy Chair Yoga sets you on a personal journey for a healthier lifestyle by reducing stress and increasing a blissful relaxation yoga class! Please check in with your primary doctor before registering for the class. Socks with grip are required or bare feet. Feel free to bring a yoga mat.

**DAY:** Thursdays

DATE: Session I Jan 13 - March 10, 2022

(Skip 2/17)

Session II March 24 - May 19, 2022

(Skip 4/21)

TIME: 11:15am-12:15pm

LOCATION: Colma Community Center

COLMA RES. FEE: \$60 Adult

\$16 Senior, Teen & Disabled

Drop in—\$7.5 Adult

\$2 Senior, Teen & Disabled

**NON—RES. FEE:** \$100.00

Drop in-\$12.50

**INSTRUCTOR:** Vanessa Mosqueda Velez

#### **Zumba Toning** (Ages 15 years & older)

Zumba Toning Program is intended to create a light resistance, low impact training fitness experience that is FUN, SAFE, & EFFECTIVE! Zumba Toning utilizes muscle toning and sculpting exercises and combines them with the dance-fitness movements and rhythms from Zumba Basics. The toning and body sculpting exercises either uses body resistance movements and/or utilize light hand weights or Zumba Toning sticks. Wear loose comfortable clothing and workout shoes, and bring a towel and bottled water. Light hand weight 1.0 lb or 2.0 lb optional. Toning sticks are provided but limited.

**DAY:** Saturdays

DATE: Session I Jan 8 — March 19, 2022

(Skip Dates: 1/29, 2/5 & 2/12) Session II March 26 — June 4, 2022

(Skip Dates: 4/16, 5/7 & 5/14)

TIME: 9:00 am—10:00am
LOCATION: Colma Community Center
COLMA RES. FEE: \$50 Adult, \$10 Senior, Teen &

Disabled

Drop in-\$5 Adult, \$1 Senior, Teen

& Disabled

NON—RES. FEE: \$70, Drop in—\$7.00 INSTRUCTOR: Margie Luna-Sevilla

#### **BOOT Camp Fitness** (Ages 15 years & older)

Start the weekend off right with a class that will get your heart pumping and building muscle. This class accommodates all fitness levels and by using your body weight you will be sure to achieve a workout that is perfect for you. This class is mainly held outside to help facilitate social distancing. Please bring a jacket, water bottle, a mat, and a mini band! Sign up with a friend and get fit together with us!

DAY: Saturdays

DATE: Session I January 8- March 5, 2022

(Skip date: 2/12)

Session II March 12 - May 7, 2022

(Skip date:4/16)

**TIME:** 8:15am —9:15am **COLMA RES. FEE:** \$60 Adult

OLWA RES. FEE: \$00 Addit

\$16 Senior, Teen & Disabled

Drop in—\$7.5 Adult

\$2 Senior, Teen & Disabled

**NON—RES. FEE:** \$100.00

Drop in-\$12.50

**LOCATION:** Sterling Park Recreation Center

**INSTRUCTOR:** Erin Malia Cus

# ADULT CLASSES

First Aid & CPR Training (Ages 16 years & older)

This course will be offered as a "Blending Learning" approach. Participants will first complete the online course and then an in-person "skills session." You will learn about Cardiopulmonary Resuscitation (CPR) techniques used on adults, children, and infants, as well as how to respond to injuries and sudden illness in a systematic manner. The "Skills Session" is the hands-on portion of the course where you will practice CPR on mannequins, use AED (Automated External Defibrillator) trainers, and First Aid Supplies.

Email is required upon registration and the online course must be completed by April 16, 2022.

DAY: Saturday

DATE: April 30, 2022

TIME: 10:00am—3:00pm

LOCATION: Colma Community Center

COLMA RES. FEE: \$42 Adult,

\$20 Senior, Teen & Disabled

**NON-RES. FEE:** \$70.00

**INSTRUCTOR:** In - Home CPS Staff

#### Wine & Canvas (Ages 21 years & older)

Wine and Canvas is not just a paint class; it is Art Entertainment at its finest. Awesome local artists and beautiful surroundings make for an amazing experience that you can't find anywhere else. Sipping delicious wine and letting your inner artist out to create a masterpiece is what we have planned for you! Leave your worries at the door and dive in to the paint party!

**DAY/ DATE:** Friday, May 20, 2022 **TIME:** 7:00pm—10:00pm **LOCATION:** Colma Community Center

**COLMA RES. FEE:** \$30.00 Adult, \$8 Senior & Disabled

NON-RES. FEE: \$50.00 INSTRUCTOR: TBD



#### **Colma Ladies Social** (Ages 18 years & older)

Calling all ladies of Colma! Are you new to town or want some good company? Join the lovely ladies of Colma and meet new people. Hot beverages and snacks will be provided.

DAY: Wednesdays

DATE: January 5, 2022
February 2, 2022
March 2, 2022

March 2, 2022 April 6, 2022

TIME: 10:30am—12:30 pm
LOCATION: Colma Community Center

COLMA RES. FEE: Free



#### Friday Films (Ages 18 years & older)

Colma Recreation is providing all the drama you could want. Sit back, relax, and enjoy a movie on the big screen. Movie snacks and refreshments will be provided and feel free to bring lunch! Please register early to avoid program cancellation.

**DAY:** Fridays

TIME: 11:30am—2:30pm
LOCATION: Colma Community Center
COLMA RES. FEE: \$6 Adult, \$2 Senior & Disabled

**NON—RES. FEE:** \$10.00

Dates	Movie Titles	Rating/Genre
January 7, 2022	Mulan (2021)	PG-13 (Action/ Fantasy)
February 4, 2022	Judas and the Black Messiah (2021)	R (Drama/History)
March 4, 2022	Dune (2021)	PG-13 (Sci-fi/ Adventure)
April 1, 2022	Free Guy (2021)	PG-13 (Adventure/ Comedy)







# ACTIVITY GUIDE TIP: PROGRAMS ARE SUBJECT TO CHANGE DUE TO PANDEMIC. PLEASE CALL 650-985-5678 FORMORE INFORMATION

#### **Senior Luncheon**

(Ages 18 years & older)

Join us at the Colma Community Center at 11:30am for a great lunch and lots of fun. Meet new friends or catch up with old pals from the neighbourhood. Please register at least one week prior to the date of the luncheon.

**Monthly Birthday Celebrations** (Ages 18 years & older) We will be hosting a mini celebration during Senior Luncheon. Each birthday celebrant will receive a birthday party hat and a delicious treat.

**DAY:** Wednesday **COLMA RES. FEE:** \$5 Adult

\$3 Senior & Disabled

**NON—RES. FEE:** \$20.00

Detec	Thomas
Dates	Theme
January 19, 2022	Lunar New Year Luncheon Join us as we celebrate the upcoming Lunar New Year with delicious cuisine and dessert.
February 16, 2022	Valentine's Day Luncheon Love is in the air as we gather to enjoy an enchanting meal and a lovely, sweet treat. Bring your creativity as we make belated Valentine's Day Cards!
March 16, 2022	St. Patrick's Day Luncheon There's no better way to celebrate than gathering with friends for a fresh and tasty lunch. Try your luck with a few rounds of bingo for a chance at a prize.
April 20, 2022	Mediterranean Luncheon Join us as we explore the flavors of The Mediterranean with a delicious meal and baklava for dessert! Stay for a screening of the iconic musical set in Greece, Mamma Mia! (2008).
May 18, 2022	¡Viva México! Luncheon Treat your taste buds to a taco bar, pan dulce, warm Mexican hot chocolate, and stay for a fun game of Loteria!

#### **Let's Get Crafty** (Ages 18 years & older)

Do you like to paint, draw, and create? Sign up and receive an art project. Our staff will provide supplies to create a craft, instructions, and a light snack will be provided. Register early to ensure there are enough goodies for everyone. For more information please call 650-985-5678.

Dates	Activity	
January 26, 2022	Valentine's Day Bouquet	
February 23, 2022	Pot of Gold	
March 23, 2022	Yarn-wrapped Eggs	
April 27, 2022	Mothers Day Craft	
May 25, 2022	Painting Craft	

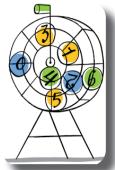
**TIME:** 11:30am—1:00pm

**COLMA RES. FEE:** \$5 Adult, \$3 Senior & Disabled

**NON-RES. FEE:** \$20.00

#### Breakfast & Bingo (Ages 55 years & older)

It's time for Breakfast and Bingo! Rise & shine and kick off your day with delicious breakfast pastries, some friendly competition, and the chance to win great prizes. Join us on the fourth Friday of each month for the classic game of Bingo with a twist. Along with all your Bingo supplies, we will provide you with a delicious variety of morning time treats and bottomless coffee or tea.



Dates	Location
January 28, 2022	TBD
February 25. 2022	TBD
March 25, 2022	Colma Community Center
April 22, 2022	Colma Community Center
May 27. 2022	Colma Community Center

**DAY:** Fridays

TIME: 10:00am—11:00 am
LOCATION: Colma Community Center
COLMA RES. FEE: \$5 Senior & Disabled

NON-RES. FEE: \$20.00



#### **Arm Chair Travel** (Ages 55 years & older)

Do you love to travel but don't want to deal with the long lines at the airport? Have you ever wanted to see places such as Ireland, Jamaica, Hawaii, Morocco, and Thailand? Join us on an adventure, Thursday afternoons at the Colma Community Center, as we visit wonderful destinations throughout the world through video tours. Enjoy the beautiful sites and taste samples of food native to the area we explore!

Dates	Destination
February 10, 2022	Japan
April 14, 2022	France
May 12, 2022	Grand Canyon

**DAY:** Thursdays 1:00pm—2:00pm

**LOCATION:** Colma Community Center **COLMA RES. FEE:** \$5 Adult, \$3 Senior & Disabled

NON - RES FEE: \$20.00



**NEW! Ping Pong with Pals** (Ages 55 years & older) Did you know playing Ping Pong (or table tennis) helps improve hand-eye coordination, stimulates different parts of your brain, improves balance, and keeps your reflexes sharp? The many mental and physical benefits of the game make Ping Pong especially great for seniors! Join us for a fun way to sneak in some exercise and socialize with fellow community members. Light snacks and refreshments will be provided to-go.

DAY: Tuesdays

DATE: January 4, 2022

January 11, 2022

January 18, 2022

January 25, 2022

February 1, 2022

February 8, 2022

February 15, 2022

February 22, 2022

TIME: 10:00am—11:00 am

LOCATION: Colma Community Center

Free

www.colma.ca.gov 17

**COLMA RES. FEE:** 

#### **Colma Community Center**

The Colma Community Center can accommodate receptions, parties, reunions, and events accommodating up to 150 people. The Colma Community Center has a commercial kitchen, banquet room with adjoining outdoor decks, conference room, restrooms, tables and chairs, and has audio visual equipment for rent.

The Colma Community Center can be rented throughout the week and on weekends. A six hour minimum is required, and rental fees range from \$50—\$850 plus a refundable \$300 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person.

Colma residents can rent the Colma Community Center 1 year in advance:

#### Earliest date to reserve Available dates to rent:

 January 1, 2022:
 January 1, 2022—December 31, 2022

 February 1, 2022:
 February 1, 2022—January 31, 2023

 March 1, 2022:
 March 1, 2022—February 28, 2023

 April 1, 2022:
 April 1, 2022—March 31, 2023

#### Sterling Park Recreation Center

Sterling Park Recreation Center is a 1,200 square foot facility with restrooms, small kitchenette, TV/DVD player, and tables and chairs to accommodate a party of 50 for a sit down event. Sterling Park Recreation Center can be rented by Town of Colma residents on Saturdays and Sundays from 11am—6pm for \$150 plus a refundable \$50 cleaning/security deposit. Please call 650-985-5678 for additional details. All reservations must be made in person. Residents can rent the Sterling Park Recreation.

#### Center up to 3 months in advance:

Earliest date to reserve Available dates to rent

January 1, 2022: January 1, 2022—March 31, 2022
February 1, 2022: February 1, 2022—April 30, 2022

March 1, 2022: March 1, 2022—June 31, 2022

April 1, 2022—June 31, 2022



#### **Sterling Park Picnic Site**

The Sterling Park picnic site has 5 tables with BBQ adjacent to the playground and can accommodate up to 20-25 people. The picnic site can be rented for \$34 for residents and \$45 for non-residents with a \$30 deposit. The Sterling Park Picnic Site accepts reservations up to 3 months in advance, please see the Sterling Park Recreation Center rental schedule above. For more information, please call 650-985-5678.

#### Community Resources

Organization	Purpose	Website	Phone Number
ALLICE	Promoting healthier relationships, homes and communities through education.	allicekumares.com	(650) 992-9110
Clinic By the Bay	Provides healthcare to low income, working uninsured adults.	clinicbythebay.org	(415) 405-0222
Colma/Daly City Chamber	Provides support to the business communities of Colma and Daly City.	dalycity-colmachamber.org	(650) 755-3900
Community Gatepath	Helps people of all ages with special needs & disabilities.	gatepath.org	(650) 259-0650
Daly City Peninsula Partnership	Provides emergency safety net services, education & mental health programs.	dcpartnership.org	(650) 301-3330
Daly City Public Library Associates	Contributes resources to the four branch libraries in Daly City.	dcpla.org	(650) 224-2356
Daly City Youth Health Center	Provides safe, respectful, comprehensive health services to underserved youth	dalycityyouth.org	(650) 985-7000
HIP Housing	Improves the housing and lives of people.	hiphousing.org	(650) 348-6660
Jefferson Union High School District	Educational experiences by offering leadership opportunities.	juhsd.net	(650) 550-7847
LifeMoves (formerly InVision)	Shelter & supportive services for homeless families and single adults.	lifemoves.org	(650) 685-5880
North Peninsula Food Pantry	Provides nutrition and sustenance to anyone in need.	fooddc.org	(650) 994-5150
Peninsula Conflict Resolution Center	Facilitates dispute resolution groups & trains people in conflict resolution.	pcrcweb.org	(650) 513-0330
Rebuilding Together Peninsula	Improves homes and lives of low income homeowners.	rebuildingtogetherpeninsula	org (650) 366-6597.
Sitike Counseling Center	Outpatient substance abuse services.	sitike.org	(650) 589-9305
SMC Conservation District	Provides services addressing wildlife, water, climate, and agriculture.	sanmateorcd.org	(650) 712-7765
SMC Community College Foundation	Makes, affordable higher education available to members of our community.	smccfoundation.org	(650) 738-4111
SMC Jobs for Youth	Provides youth with services in gaining job skills.	hsa.smcgov.org/jobsforyouth	n (650) 301-8434
Sustainable SMC	Seeks to create a broader awareness of the sustainability concept.	sustainablesanmateo.org	(650) 638-232



# SPRING DAY CLANE

STERLING PARK RECREATION CENTER

> 427 F STREET COLMA, CA

MON-FRI: APRIL 4-8, 2022

# OUR ACTIVITIES

FIELD TRIPS, ARTS & CRAFTS, OUTSIDE SPORTS & GAMES

ALL DETAILS ARE SUBJECT TO CHANGE TO COMPLY WITH THE MOST CURRENT COVID REGULATIONS

OPEN TO AGES 5 - 12

FOR MORE INFO CALL 650-991-3213

OR VISIT OUR WEBSITE

WWW.COLMA.CA.GOV



\$35 R/ \$210 NR

> 8 AM -5 PM DAILY





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