



Everyday help for everyday living

1-800-342-8111
resourcesforliving.com
Username: Colma
Password: EAP

Confidential services
available 24 hours a day,
7 days a week

Aetna Resources For LivingSM

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No matter what you need, we're here for you.
Help is just a call or click away.

Want better relationships? We can help.

Got stress? Let's talk through it.

Feeling sad? You're not alone.

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