# LIVE, PLAY, LEARN

# **CORNING REC**

## ACTIVITY GUIDE

WWW.CORNING.ORG https://corningrecreation.recdesk.com 530-824-7036 or cmeeds@corning.org

# Corning Recreation Mission Statement

Our mission is to enrich the lives of the residents Corning by providing safe, welcoming parks and recreation facilities and affordable, diverse recreation services activities for our youth to play, learn, contemplate, build community and be good stewards of our environment.

Our vision is to provide affordable recreational, physical and cultural opportunities for all of Corning residents, with a focus on youth development and building healthy communities. The programs and services offered by the Department will provide excellent value and quality and emphasize the equitable distribution of resources throughout the City.

### **COMING SOON TO CORNING**



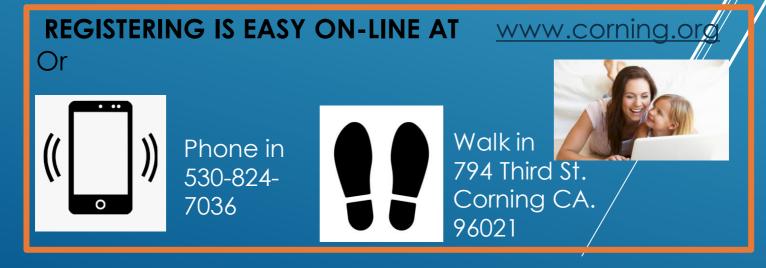
TRANSFORMING DOWNTOWN CORNING - RECREATION CENTER AND CITY PLAZA

City of Corning Recreation Department Contact Information 794 Third St. Corning, CA 96021 530-824-7036 cmeeds@corning.org

### www.corning.org



At Corning Recreation, we have programs for ALL ages. Join us.



#### SPORTS PSYCHOLOGY

- <u>5 THINGS THAT MATURE ATHLETES DO:</u>
- 1. SHOW UP ON TIME
- 2. WORK HARD IN SCHOOL
- 3. TAKE CARE OF THEIR BODIES.
- 4. STAY OUT OF TROUBLE.
- 5. TREAT OTHERS WITH RESPECT.



#### TAEKWONDO Ages 6-8 | City Council Chambers

Interested in Martial Arts, increasing your physical fitness, self defense skills? This course is a comprehensive introductory overview meant for students of all levels and physical ability. Students will learn various self-defense techniques based on Taekwondo such as blocking, kicking, punching, basic falling and rolling techniques. You will improve your agility, balance, flexibility, endurance and overall fitness.

#### TAEKWONDO Ages 9-13 | City Council Chambers

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#### ROBOTICS Ages 8-18 | City Council Chambers

Have you ever wanted to fly a drone? Build a Lego robot? Drive a BB-8 like the one found in Star Wars? Come join us in our Robotics class! We will look at the different types of technologies used in robotics today including drone piloting, the logic of robotic programming, driving skills, and the intermixing of the creative side of design and creation with the logic side of implementation and planning of your design.

By the end of the class, we will attempt to drive robots through an obstacle course – by piloting them directly or the more advanced concept of programming them to pass through the course without any assistance by the builder – not an easy task, but achievable and enjoyable.

Join Mr. Wayne as we build, create, fly, drive, and explore the future of robots!





#### VIDEO GAME PROGRAMMING Ages 8-18 | City Council Chambers

Have you ever wanted to make your own video game? Have you ever had your own idea for a game but didn't know what went into making a game?

Using the Bloxel suite of software and hardware we will spend our 6 weeks looking at level design, character creation, object animation, power-ups, and much more.

The Bloxel suite is simple enough for young children as 9 to use and understand, but advanced and robust enough for any age to have a challenging and rewarding experience.

Join Mr. Wayne as we have fun, share ideas, make games, and take a quick look at the process of making a game.

#### <u>PHOTOGRAPHY CLASS</u> YOUTH AND ADULT ] Corning Council Chambers

Learn how to freeze a moment in time. Basic, hands-on learning with today's digital cameras. You will have basic classroom instruction and then take walks to nearby locations photographing things along the way. Each student will have the ability to use a Canon Rebel with interchangeable lenses.









#### Photos taken by students during class





#### BABY BALLET Ages 2-5 | Rodgers Theater

This is our earliest exposure to our dance program. This is a magical class where our little ones first learn how to function in a classroom environment. We use lots of stories, props, costumes to make it fun for our tiny dancers! Baby Ballet classes are structured to nurture a child's physical, social, emotional, language and cognitive development.





#### TINY TUMBLERS GYMNASTICS Ages 2-5 | Rodgers Theater

Tots will crawl, jump, roll, balance and more as they gain strength and coordination. Teaching and building skills require the ability to listen and follow instruction, parent participation may be necessary for those toddlers that need a little extra help.











#### DANCELY COMBO Ages 4-8 | Rodgers Theater

Dancely is a brand-new program dedicated to our favorite little ones, to get them moving, shaking, and most importantly, having fun! They will touch on hip hop, ballet, tap, and jazz moves. Your little ones are going to have so much fun moving, bouncing, and shaking with us!



#### HIP HOP TUMBLE Ages 4-7 | Rodgers Theater

A great class for kids who love to boogie and get down. Set to fun, upbeat music



#### BOUNCING BEGINNERS' GYMNASTICS Ages 5-9 | Rodgers Theater

We will focus on more specific beginning gymnastics moves and equipment while still incorporating plenty of obstacle courses, learning games and exciting skills.









#### LITTLE PICASSOS Ages 5-9 | Transportation Center

Little Picassos will explore their love of art in a fun, engaging environment. We will focus on the joy of expressing ourselves through creativity, while learning about the basics of art along the way! Class will be held in the art room at the transportation center.



#### LEARNING TO PAINT Ages 9-13 | Transportation Center

This class is perfect for kids who are interested in painting and want to practice their skills in a fun, encouraging environment. Topics include color theory, acrylic painting, watercolor, painting techniques, and more!





#### LITTLE READERS Ages 1-4 | 1421 Marin St

Its never to early for reading and enrichment! In this class the instructor and parents will read a book with the kids. After the book, the kids will get to do an age appropriate activity based on that book. Each family gets to take a copy of the book we read in class home!



Come craft with us! Each week Miss Karen and her helpers work on a craft with the kiddos. These are no ordinary crafts; they do some unique projects! All the materials are provided!

#### FOR THE CORNING HIGH SCHOOL STUDENTS

DO YOU NEED YOUR COMMUNITY SERVICE CERTIFICATE TO GRADUATE? NO PROBLEM, WE GOT YOU.....

VOLUNTEER IN ANY OF OUR AFTER-SCHOOL or EVENING PROGRAMS AND CORNING RECREATION WILL ISSUE YOU A CERTIFICATE FOR THE HOURS YOU HELPED.

Certificate

PRETTY FUN WAY TO GET THOSE HOURS IN.

If you are interested in this fun way of getting those hours in contact us at cmeeds@corning. org



## FLOURNOY MEMORIAL PARK

1015 Fourth Ave.

This small park is located adjacent to the Corning Senior Center. It has picnic tables under a big shade tree, a BBQ pit, and a play structure.





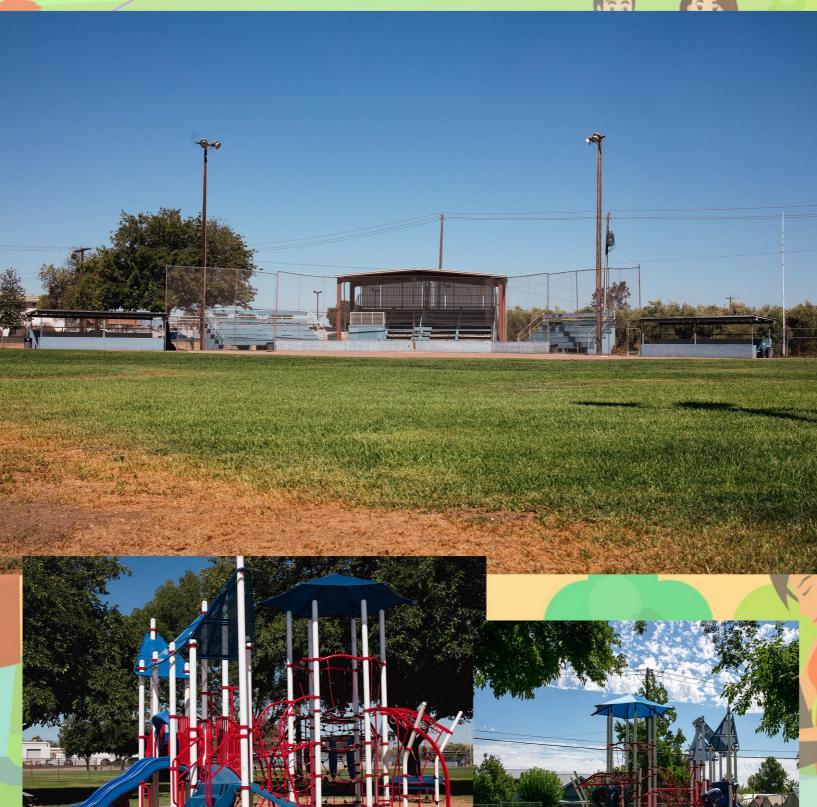
#### WOODSON PARK 1051 Peach St

Woodson park is a neighborhood park that is very shady and a great location to hold gatherings. It is the oldest park in Corning In 1895 it was an auto camping park with many different types of trees, this park has many picnic tables two playgrounds, BBQ pit and plenty of space



#### YOST PARK 988 Tehama St.

Yost Park boasts the only adult softball field in Corning, the famous Tucker Mesker Memorial Softball Tournament is held here annually. Yost Park playground was renovated with new equipment in 2021.



#### NORTHSIDE PARK 1414 Colusa St.

Called the City Pool Park by the locals is home to two public pools, an adult pool and a kiddie pool, where swimming lessons, water aerobics, open swim, and pool parties are held throughout the summer months. It is also home to the Corning Manta Rays swim team. This 126,000 square foot park also includes two playgrounds, a little free library, many picnic tables, volleyball court, a Basketball court, Tennis court and most recently Pickleball courts.











#### CHILDREN'S PARK 225 Edith Ave.

This is the smallest park in Corning but has the most unique equipment for kids/adults to play on. You must use your imagination, balance and strength to play here.









#### ESTIL CLARK PARK 103 Fig Lane

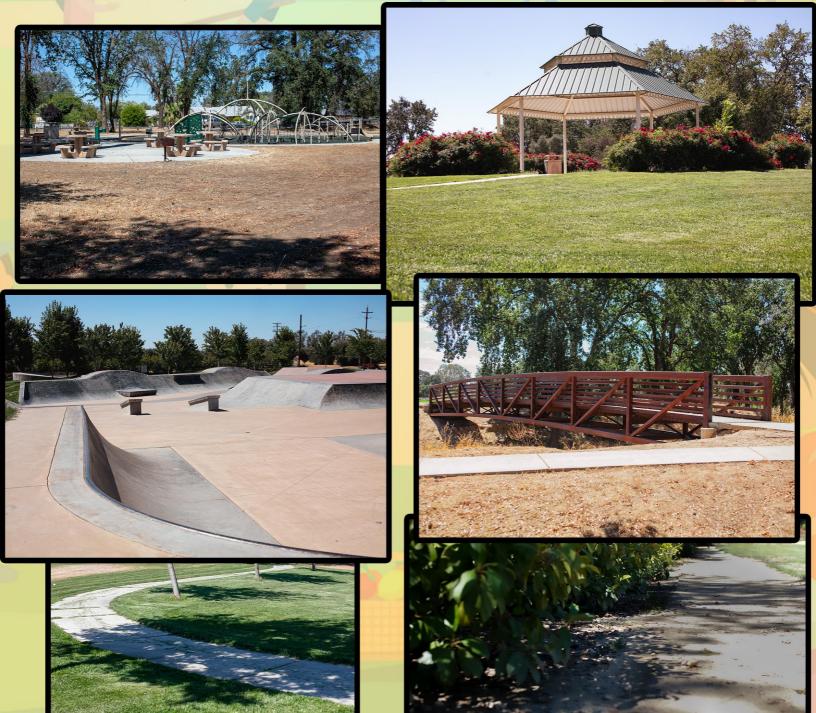
This park is the home of Corning Little League and the Corning Jr. Rodeo Grounds, it includes 4 baseball/softball fields ranging from T-ball up to the Major age ball, concession area and bleachers at all fields for your viewing pleasure, it is a very busy area during the sprin and summer months and in the fall the Corning youth Football league uss the fields for football and cheer practice. In the month the Corning Jr. Rodeo is held and bring cowboys and cowgirls from all over the Northstate. Estil Clark Park also houses the cit's only Holistic playground and a play structure that was installed in 2022. And 4 Horseshoe pits.

#### CORNING COMMUNITY PARK and LENNOX FIELD

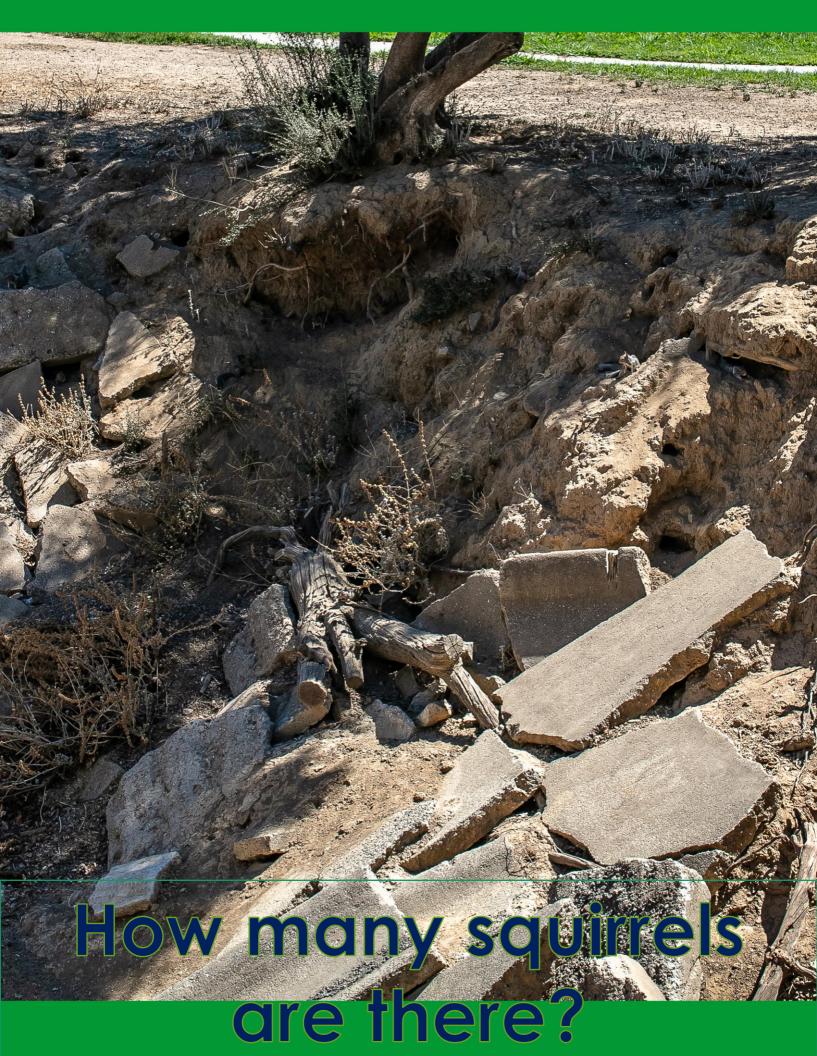
1485 Toomes Ave.

1624 Houghton Ave

This park is Corning's newest park, Corning Community park and Lennox Field are connected by a beautiful footbridge that crosses over a seasonal creek. The two parks together make up approximatley 15 acres that is filled with many things to do. The Lennox Field side is the home of The Corning Soccer leagues, there are picnic tables, a playground, concession area and restrooms take the meandering trail under the big oak trees and across the footbridge to the Corning Community Park, but ddon't forget to try out one or all of the stationary workout stations or stop on the footbridge to watch the playful squirrels in the summer time. Once you get to Corning Community park you can try your hand at our state of the art Skate Park, Play a game of Basketball or just relax at one of the many picnic tables and benches. At the Corning Community Park there is a large playground area, picnic area with BBQ pits and a beautiful Gazebo right in the middle of the two parks.







Corning Recreation offers FREE swim lessons to the local 2<sup>nd</sup> grade classes, during the last few weeks of school.

# **Corning City Pool**

Swim lessons are offered through out the pool season in two week intervals. We have 4 levels to offer:

- Parent and Child
- Beginner
- Intermediate
- Advanced

Book your swim Parties with us

Join us for Water Aerobics Get a Season Pass

For more information go to <u>www.corning.org</u> – Recreation Sign-Ups



Currently Corning Recreation offers two sports leagues. FLAG FOOTBALL - Summer YOUTH BASKETBALL - Winter Both leagues are CO-ED and are meant to be a fun learning experience for the youth of our community.

CORNING FLAG FOOTBALL LEAGUE

## CORNING CO-ED FLAG FOOTBALL

Flag Football is available for boys and girls from kindergarten up to 8<sup>th</sup> grade. Season begins in early June and wraps up late July. This is fun recreational league is designed to teach fundamentals and techniques while having fun and making new friends.







\$50.00 per player

Register at www.corning.org



\* Registration opens October 17th \* Registration closes December 9th

The season will begin January 21 and go through March 18.

ames will be played on Saturday mornin

## REGRENCION DE *CORNINA* BALONCESTO JUVENIL

Equipos Mixtos, Ninos y Ninas Grades 3rd, 4th, 5th, 6th, 7th, & 8th

\$50.00 por jugador

Registrese en www.corning.org



omienzan lasinscripciones el 17 de Octubre re de inscripciones son el dia 9 de Diciembre

La temporada comenzara el 21 de Enero y terminara el 18 de Marzo

os juegos se jugaran los Sabados

## **BECOME A COACH VOLUNTEER**



We are grateful and thankful for the many volunteers who assist us in several programs, and events through out the year. If you enjoy working with kids, serving your community, and making a difference, please consider joining our volunteer team at https://www.corning.org/documents /volunteer-coach-application/

## **BECOME AN INSTRUCTOR**

If you are a motivated and energetic professional looking to teach classes and enhance the mission and goal of the Corning Recreation Department, please consider becoming an Instructor! Corning Recreation works with Contractors to offer a variety of classes and programs for youth and adults of all ages and interests. For more information contact <u>cmeeds@corning.org</u>



#### Low Impact Aerobics/Yoga

Ages 16 +| 1217 Solano St.

This class is perfect for the beginner or if you just want to take it slow., we use flex bands, light weights, step platforms and more. You can go at your own pace.

\* Please wear lose clothing, some classes may be held outside, the instructor will inform you.

#### H.I.T. Class

Ages 12+ | 1217 Solano St.

If you are looking for a fast paced, calorie burning work out then this is your class.

\* Please wear lose clothing, some classes may be held outside, the instructor will inform you.



## **CORNING JR. GIANTS**

FREE FAMILY FUN

T-Ball – Baseball T-Ball – Softball Minors – Baseball Minors – Softball

Majors - Baseball Majors - Softball Seniors - Baseball Seniors - Softball



The Jr. Giants is a free program for youth. The season begins the week of June 12<sup>th</sup> and concludes the week of July 31<sup>st</sup>. That's 8 weeks of fun.

The program is run on volunteer basis, no umpires as this is a noncompetitive league, meant for youth to have fun and learn the sport in a noncompetitive or judgmental fashion.

More information will be available at a later date.

# ANNUAL



# IN CORNING



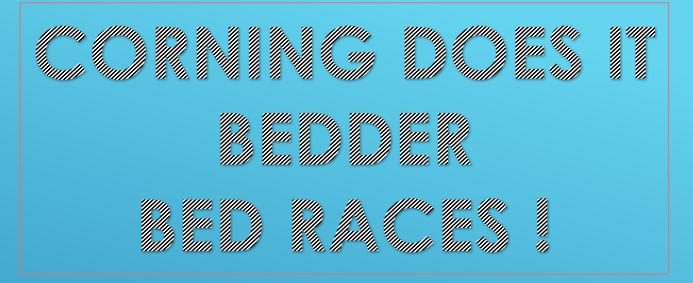
The First Tuesday in April, May, September & Octóber 5:00-8:00 PM

United

Held annually in October with a week full of events.... MONDAY, starts off the missing Olive Clue #1 TUESDAY, The last market of the year and Bed races. WEDNESDAY, Dignity Health Drive-thru event. THURSDAY, Olive Festival Harvest Mixer FRIDAY, Homecoming Parade, Alumni Dinner and High School game SATURDAY, Olive Festival & Car Show, which starts with a Pancake Breakfast at the Fire Department, CUHS Cross Country Fun Run, The festival, with live music, kids' events, Olive drop, Arts, crafts and food booths all day. Held annually at Corning Community Park and Lennox Field. For more information contact the Corning Chamber of Commerce <u>https://www.corningcachamber.org/</u>

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# TREAT STREET

Held on Halloween every year. Solano Street gets closed from 2:00 – 5:00 PM for the community's littles to Trick or Treat safely from business to business.



Don't forget to pick your favorite pumpkin at the City Hall Pumpkin Decorating Contest or visit the 3 Haunted Businesses-Better Choice Realty, Red Door Salon & DM-Tech

## Hometown Christmas Parade and Tree Lighting

On the first Saturday in December, Corning holds it's annual Christmas Parade and Tree lighting. The evening starts off with a Spaghetti dinner at the Fire Department with parade following at 5:30. Everyone gathers around the town's Christmas tree to countdown with Santa to flip the switch and light the Christmas Tree.





#### **SPONSORSHIP AND ADVERTISEMENT OPPORTUNITES**

The Corning Recreation Department welcomes you to be a part Of our community through our sponsorship and advertising opportunities. Sponsoring or Advertising plays an important role In supporting us in our goal to serve the people in our community by providing parks and recreation to enhance the quality of life. If you would like to become a supporter, contact us at cmeeds@corning.org.

#### **IN-KIND DONATIONS**

In-kind donations of goods, services or time can be used to help offset costs of events or programs offered. Donations can be offered at events as giveaways or to either start a new program or replace old equipment currently being used.

#### **YOUTH SCHOLARSHIP FUND**

The youth scholarship fund was developed by Corning Recreation to assist local youth to participate in sports and activities. Funds are available to youth ages 17 and under and offers a maximum cash subsidy of 50% per program registration, with a \$100.00 max per child per year.