

SUPPORTIVE ADULT DAY PROGRAM

at

DANVERS COUNCIL ON AGING

What Services are Offered?

Services are tailored to individual needs and interests.

Services Include

- Program coordination provided by a Registered Nurse
- Individualized Plan of Care
- Small group settings with a 1:4 staff/participant ratio
- Supervision and cueing, as needed
- Group and individual activities
- Information, education and referrals
- Other Social Services, as needed
- Continental breakfast, lunch, healthy snacks and beverages



Service Hours

Monday—Friday

9 am - 3 pm

Phone: 978-762.0208

Visit us online at
www.dcoa.org

Why Attend the Program?

The Adult Supportive Day Program provides a variety of engaging activities designed to promote socialization with other seniors in a safe and nurturing environment.



The Adult Supportive Day Program can benefit everyone!

Participant Benefits

- A chance to meet new friends and socialize outside the home
- A place to come during the day to enjoy individualized attention in a safe, stimulating setting
- A means of helping to maintain and/or enhance level of functioning
- A means of instilling feelings of independence and self-worth

Caregiver Benefits

- A cost-effective method of ensuring safety and social interests
- Freedom from concern or “Peace of Mind” for working caregivers
- Offers the “sandwich generation” time to attend to other family responsibilities



Transportation Services

Door-to-door transportation is available:

- Free-of-charge for Danvers residents

Quality of Senior Life

The Supportive Adult Day Program is designed to enhance the quality of life among seniors and is a great way to promote activity and socialization. Participants will have the opportunity to explore new interests as well as develop friendships and gain confidence in a safe and supportive environment. The program staff will work with participants and their families to coordinate care specific to individual needs. We look forward to working together!



If you would like to participate in the Adult Supportive Day Program, please contact Judith Ryan, RN at the Danvers Senior Center
978-762-0208 x114

Limited to 12 participants daily.

Financial Assistance may be available based on individual needs.

The mission of the Supportive Adult Day Program at the Danvers Senior Center is to enrich the lives of older Adults by providing and promoting social, physical, and cognitive stimulation in a safe, nurturing environment.