

<p><b>June 2018</b></p> <p>Congregate Meal Program Suggested Donation: \$2.25</p>	<p>Before getting lunch, please inform your server of any allergies you may have</p>			<p>1) Honey Rosemary Chicken w/red bliss potatoes, broccoli, Jello &amp; snack &amp; loaf Cal: 673; Sod: 802 Café: Mac &amp; Cheese w/ stewed tomatoes, roll &amp; butter</p>
<p>4) Potato Pollock w/ calypso sauce, sweet potato hash, seasonal summer squash, yogurt &amp; juice, oatmeal bread Cal: 868; Sod: 1002</p>	<p>5) Hot Dog w/mustard, relish, coleslaw, baked beans, cantaloupe &amp; hot dog roll Cal: 741; Sod: 1391</p>	<p>6) Chicken Scampi w/diced tomatoes &amp; olives over noodles, spinach salad, dressing, mandarin orange &amp; wheat bread Cal: 925; Sod: 969 Café: Roast Pork Chop Suey Sandwich w/oriental noodle cole slaw</p>	<p>7) Chef Salad w/ dressing, summer Florentine soup, crackers, fresh fruit &amp; hearty white bread Cal: 1004; Sod: 854</p>	<p>8) Meatloaf w/gravy, peas, whipped potato, lemon cake &amp; multigrain bread Cal: 823; Sod: 1077 Café: Eggplant Rollotini w/ fresh fusilli, marinara sauce, freshly grated parmesan cheese &amp; Italian bread</p>
<p>11) Chicken Meatballs w/ country gravy, cheddar whipped potatoes, corn, strawberry mousse &amp; oatmeal bread Cal: 703; Sod: 695</p>	<p>12) Stuffed Shells w/marinara sauce, broccoli, garden salad, dressing, fruit &amp; wheat roll Cal: 857; Sod: 1122 Travel Chef: Summer Sundae Bar: Vanilla ice cream, hot fudge, strawberry sauce, whipped topping, sprinkles, crushed oreos &amp; cherries</p>	<p>13) Sliced Steak w/mixed green salad, tomato &amp; cucumbers, veggie pasta salad, dressing, chilled pineapple &amp; wheat bread. Cal: 930; Sod: 629 Café: Open Face Meatball Parmigiana Sandwich on Italian garlic bread</p>	<p>14) Father's Day Special Pulled pork w/BBQ sauce, mac &amp; cheese, baked beans, peach &amp; blueberry crisp w/topping, white dinner roll Cal: 992; Sod: 968</p>	<p>15) Lemon Citrus Chicken w/seasoned carrots, wild rice pilaf, mandarin oranges &amp; raisin bread Cal: 566; Sod: 804 Café: Tri Colored Tortellini w/primavera cream sauce &amp; crusty roll</p>
<p>18) Breaded Fish w/ tartar sauce, mac &amp; cheese, broccoli, raisins &amp; multigrain bread Cal: 804; Sod: 857</p>	<p>19) Senior Picnic: Grilled Hawaiian Marinated Chicken Kabobs w/peppers, red onion, &amp; fresh cubed pineapple, Polynesian rice, Kings Hawaiian rolls &amp; butter, grilled pound cake w/grilled pineapple &amp; caramel sauce topped w/ fresh whipped cream &amp; fresh fruit punch. \$6 member/\$8 nonmember</p>	<p>20) Deviled Egg Salad w/lettuce leaf, potato salad, tomato Florentine, soup, crackers, peach cobbler &amp; hot dog roll Cal: 709; Sod: 1219 Café: Homemade Sloppy Joe's w/sweet potato fries</p>	<p>21) Meatball Sub w/ marinara sauce, sweet potato fries, caesar dressing, honeydew &amp; sub roll Cal: 736; Sod: 1366</p>	<p>22) Chicken Fajita w/green pepper &amp; onion, Spanish rice, black bean &amp; corn salad, flan style pudding &amp; whole grain tortilla Cal: 763; Sod: 850 Café: BBQ Baby Back Ribs w/ homemade baked beans &amp; cheesy corn bread</p>
<p>25) Hamburger w/ ketchup, roasted potato, peas, yogurt &amp; juice &amp; hamburger bun Cal: 873; Sod: 1062</p>	<p>26) Tarragon Chicken Salad w/lettuce leaf, quiona taboule salad, coleslaw, cantaloupe &amp; hot dog roll Cal: 595; Sod: 980</p>	<p>27) Baked Haddock w/lemon wedge, whipped potatoes, garden salad, dressing, lemon square &amp; multigrain bread Cal: 869; Sod: 894 Café: Sausage, Pepper and Onion Submarine Sandwich &amp; potato chips</p>	<p>28) Lasagna w/marinara sauce, green beans &amp; red pepper, kale &amp; white bean soup, crackers, fresh seasonal fruit &amp; oatmeal bread</p>	<p>29) Pineapple Chicken w/fried rice, carrots, chilled pineapple &amp; snack n loaf Cal: 812; Sod: 601 Café: Homemade Chicken Salad w/cranberry &amp; walnuts on artisan bread served w/fresh veggie pasta salad</p>