The mission of the Danvers Council on Aging and the Senior Center which it manages is to provide and advance those programs and services which enrich the lives of older adults in the Danvers Community.

St. Patrick’s Day Drive Thru Dinner

Please join us on Wednesday, March 17th to celebrate the “Luck of the Irish” with a traditional meal consisting of Beer Braised Irish Stew and Colcannon. This meal is prepared with beef chuck, onions, carrots and spices slowly braised in beer until meat is tender. This is served with Colcannon which is a mashed russet potato dish with thinly sliced cabbage, crumbled bacon and parsley! To serve put a scoop of Colcannon onto a plate, make a hollow, and fill with braised beef stew and enjoy! Irish bread and butter and of course a sweet for dessert complete this drive thru meal.

Please call 978-762-0208 by Friday, March 12th to schedule a pickup time. The Senior Center leprechauns will be looking forward to seeing you in all your green glory!

Immunization Information:

As I am sure you are all aware at this time the Governor has opened the vaccination process to include those individuals who are 65+ and/or those with two or more comorbidities as outlined by the CDC. We have been working hard to get the most vulnerable population of 75+ scheduled for the vaccine and were caught off guard by this unexpected announcement and the overwhelming number of calls we received.

The impact of the expanded eligibility of vaccines resulted in a crash of the State vaccination website which prevented our Senior Center staff from scheduling ANY appointments that were released on Thursday 2/17/21. Another roadblock is the plan to withhold vaccines from local boards of health. This is being done to encourage all individuals to schedule vaccine appointments at one of the mass vaccination sites statewide.

We want to reassure you that everyone who wants a vaccine will be able to get one. It just may not be possible as quickly as we would like. We understand the level of frustration all are feeling trying to navigate through this complex registration system and will continue to do all we can to try to help expedite the process for those needing assistance. If you have questions, or need assistance, please feel free to contact our staff at 978-762-0208.
50+ Job Seekers Regional Networking Groups

It’s a Time for New Beginnings… It’s Your Time for Transformation!

With new funding from EOEA [Executive Office of Elder Affairs] and MCOA, we are very excited to offer our 50+ Job Seekers a series of 8 virtual, interactive, hands-on workshops. Tuesdays-Bimonthly-10am-12N.

The 50+ Job Seekers program is now launching its 7th year, providing career transition support, strategies, materials and guidance to the 50+ demographic of job seekers. Our mission is dedicated to people who are unemployed, underemployed, re-entering the workforce after an employment gap or looking for a Second Act career.

Meet and network with fellow job seekers at our virtual workshops. We focus on topics relevant and essential to your job search. We equip and empower you to be successful. Come and learn from our experienced Career Coaches who facilitate these workshops.

To Register: If you have already attended 50+ sessions or town halls, you will receive an invitation from one of our Group Leaders to register and attend each of these events. If you are New to the 50+ program and have never attended any sessions, Registration is Required. Use this link to register: https://50plusjobseekers.org/outreach/registration/ select Webinar Series and complete the rest of the form. Upon receipt, you will receive an email with a link to attend the event. For more information, please contact: Susan Drevitch Kelly, Founder/Program Director at susan@sdkelly.com.

If you would like this newsletter sent monthly via e-mail send your email address to Lmachado@danversma.gov
**ACTIVITIES**

**Virtual Bingo!** Every Friday morning from 10 to 11:30 AM. We will make arrangements to get you the cards/chips (if needed). The "video conference" program we use has the capability of you calling in from your landline and listening just over the phone if you don't have online access, as well as joining the meeting from your smart phone, tablet or computer to see us on video. If you would like to participate, please email Paula at pcorcoran@danversma.gov so she can capture your email address to invite you to the Bingo or call and leave her a voicemail at 978 762-0208 x104 with your phone number so she can contact you with the simple instructions to use on your landline.

**Virtual Tours:**


Oak Park Studio of Frank Lloyd Wright: [https://www.youtube.com/watch?v=glnKXqvYQ5I](https://www.youtube.com/watch?v=glnKXqvYQ5I)

**Zoom Program: The Traveling Librarian Visits Istanbul**

Wed., March 10, 6:30 pm

Are you missing those wonderful travel experiences? Join Reference Librarian Jeff Klapes, “The Traveling Librarian,” for an armchair traveler's journey to the cosmopolitan city of Istanbul. A major crossroads of eastern and western civilization, Istanbul is not Turkey’s political capital, but it is the country’s largest city and cultural hub. Rich with gorgeous Islamic architecture, fascinating markets, and vibrant street life, Istanbul is a city that will amaze you with its opulence. This program will be presented over Zoom. Registration is REQUIRED. Register at [www.danverslibrary.org](http://www.danverslibrary.org) click on Events Calendar, click on March 10, 2021. Login instructions will be sent to you two days before the program.

This program is being sponsored by the Friends of the Peabody Institute Library of Danvers and is supported in part by a grant from the Danvers Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

**Free Virtual Programs!**

Jewish Family & Children's Service (JF&CS) is offering FREE, exciting new online programming as part of their Services for Older Adults. JF&CS invites you to add these programs to your COA calendar and/or share in your Newsletters!

These interactive, fun and thoughtful programs will meet three consecutive Tuesdays a month from 10:30 AM to 11:30 AM starting March 9th by Zoom.

Registration is encouraged but not required. To register go to: [https://jfcsboston.formstack.com/forms/soa_registration_form](https://jfcsboston.formstack.com/forms/soa_registration_form). They are open to all: COA staff, older adults, interested volunteers and family members of older adults.

For more information, please contact Mary Curlew at mcurlew@jfcboston.org

**Potluck:** Second Tuesday of each month at 10:30 AM

Potluck gatherings offer a little something for everyone! One month, we may participate in a workshop on writing your story, another might focus on the history of vaudeville. At least one workshop will feature food, cooking and sharing your favorite Potluck recipe! Whatever the topic, each month will be led by a guest artist/facilitator and offer time for connection, reminiscing, and trying out what we’ve learned. There will be plenty of “leftovers” to try at home.

**Jukebox Memories:** Third Tuesday of each Month at 10:30 AM

We invite you to connect with others through shared musical experiences in our workshop series Jukebox Memories. Besides being fun and relaxing, music is also healing! Our workshops will offer different opportunities ranging from quiet listening to taking part in music activities together. Each workshop will have a unique feature, including sing-alongs, games such as “name that tune,” storytelling through music, and much more.

**Spirited Aging:** Fourth Tuesday of each month at 10:30 AM

The Spirited Aging program invites participants to explore together how we understand and find meaning and purpose in the experience of growing older – the challenges, the transitions, the losses, and the joys. This interactive conversation will include how we might turn to music as a resource in our lives, as well as practices to foster wellbeing.
Join Our Wellness Webinars!

Blue Cross Blue Shield of Massachusetts wants to help you stay well, with no-cost health education webinars brought to you in partnership with your local Massachusetts Councils on Aging. Join a webinar to participate in educational activities, practice, new hobbies, stay connected to other community members while remaining at home, and learn more about how to stay healthy and safe during these challenging times.

All are welcome—you don’t have to be a Blue Cross member to participate.

Register for a Live Health Webinar

Please see our webinar descriptions on the following pages. Click to register for a webinar on a day and time that works best for you.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
<th>Presenters</th>
<th>Register Link</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, March 2, 2021</td>
<td>10:00 a.m. - 10:30 a.m. ET</td>
<td>Eight Steps to a Healthier Heart</td>
<td>William Rowbottom &amp; Tricia Silverman</td>
<td>Register Now at bcbsma.info/March2</td>
</tr>
<tr>
<td>Tuesday, March 23, 2021</td>
<td>10:00 a.m. - 10:30 a.m. ET</td>
<td>Boost Your Health with Better Sleep</td>
<td>Heather Hurd &amp; Janet Fontana</td>
<td>Register Now at bcbsma.info/March23</td>
</tr>
<tr>
<td>Thursday, April 15, 2021</td>
<td>10:00 a.m. - 10:30 a.m. ET</td>
<td>Food for Thought: Superfoods to Boost Memory, Mood and Mental Functioning</td>
<td>Luisa Lewis &amp; Tricia Silverman</td>
<td>Register Now at bcbsma.info/April15</td>
</tr>
<tr>
<td>Tuesday, June 8, 2021</td>
<td>10:00 a.m. - 10:30 a.m. ET</td>
<td>Eight Happiness Boosting Strategies</td>
<td>Jenna Feitelberg &amp; Janet Fontana</td>
<td>Register Now at bcbsma.info/June8</td>
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<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Description</th>
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<tbody>
<tr>
<td>Eight Simple Steps to a Healthier Heart</td>
<td>Tricia Silverman, RD</td>
<td>Discover simple tactics for preventing and treating heart disease. Learn easy strategies that can help to lower your blood pressure, cholesterol, and triglycerides while improving your overall health. Tricia’s fun props, stories, and practical tips will help motivate you to make the small changes that lead to better heart health.</td>
</tr>
<tr>
<td>Boost Your Health with Better Sleep</td>
<td>Janet Fontana, RN, and Certified Health Coach</td>
<td>Sleep is vital to your physical and emotional health. During challenging times, it can be especially difficult to stop worried thoughts from keeping you awake at night. Join us to learn strategies to get a good night's sleep and discover stress-relieving breathing exercises to help you fall asleep or fall back to sleep faster. Discover how to feel calmer during the day and sleep more soundly at night.</td>
</tr>
<tr>
<td>Food for Thought: Superfoods to Boost Memory, Mood and Mental Functioning</td>
<td>Tricia Silverman, RD</td>
<td>Can’t remember where you left the keys? Feeling tired and down? Learn the tools of nutritional success for enhancing your brain power, increasing your energy, and improving your mood.</td>
</tr>
<tr>
<td>Immunity Boosters and Busters</td>
<td>Tricia Silverman, RD</td>
<td>Looking to boost your immunity? Learn which foods and lifestyle practices enhance immunity and which ones decrease your body’s ability to fight infection and illness. Join registered dietitian, wellness coach, and fitness instructor Tricia Silverman as she shares practical tips and eye-catching nutrition demonstrations to help inspire you to eat for better health and immunity.</td>
</tr>
<tr>
<td>Meditation for Busy Minds</td>
<td>Janet Fontana, RN, and Certified Health Coach</td>
<td>Have you wondered about meditation and if it’s for you? Join us to learn what meditation is and how it works to quiet the mind. Practice simple meditation techniques during the webinar and discover free apps for creating an at-home practice. New and experienced meditators welcome.</td>
</tr>
<tr>
<td>Eight Happiness Boosting Strategies</td>
<td>Janet Fontana, RN, and Certified Health Coach</td>
<td>Have you ever wondered how some people can be happy even when things aren’t going their way? Explore the science behind what makes people happy. Learn eight simple happiness boosting strategies you can apply in your life.</td>
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<tr>
<td>Date</td>
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<tr>
<td>March 2021</td>
<td><strong>1) Apple Glazed Pork</strong> w/zucchini, potatoes, applesauce &amp; corn bread 619; sod: 602; carb: 75</td>
<td><strong>2) Chicken Pot Pie</strong> w/potatoes, pineapple &amp; whole wheat bread 671; sod: 869; carb: 88</td>
</tr>
<tr>
<td>Monday</td>
<td>**8) Pot Roast w/ gravy, potatoes, veggie blend, chilled fruit &amp; roll 594; sod: 636; carb: 78</td>
<td>**9) Meatballs w/ marinara, sweet potato wedges, broccoli, fresh fruit, whole wheat roll 775; sod: 1033; carb:108</td>
</tr>
<tr>
<td>Monday</td>
<td>**15) Honey Pork w/sweet potato, brussel sprouts, applesauce &amp; whole wheat bread 604; sod: 767 carb: 78</td>
<td>**16) Chicken Diane w/potatoes, broccoli, vanilla pudding &amp; oatmeal bread 679; sod: 1028; carb: N/A</td>
</tr>
<tr>
<td>Monday</td>
<td>**22) Chicken Piccata w/pasta, spinach, chilled fruit &amp; whole wheat roll 719; sod: 767 carb: 97</td>
<td>**23) Salisbury Steak w/potatoes, green beans, brownie &amp; roll 777; sod: 1110; carb: 37</td>
</tr>
<tr>
<td>Monday</td>
<td>**29) Sweet &amp; Sour Meatballs w/fried rice, asian veggies, pineapple &amp; oatmeal bread 701; sod: 834; carb: 104</td>
<td>**30) Cheese Lasagna w/ marinara, cauliflower, pears &amp; Vienna bread 566; sod: 881; carb: 71</td>
</tr>
</tbody>
</table>

To cancel a meal please call 978-624-2263 at least 24 hrs in advance.
TRANSPORTATION SERVICE HOURS

We are currently offering limited transportation for medical appointments on **Mondays, Wednesdays and Fridays**. The hours for van operation will be 9:30am-2:00pm. Appointments must be made at least 2 business days in advance and will be booked on a first come, first serve basis.

We are also taking seniors to and from Market Basket in Danvers on **Mondays and Wednesdays**. Appointments must be made at least 2 business days in advance and will be booked on a first come, first serve basis. Medical transportation is available to Danvers residents age 60 or older, and/or disabled Danvers residents under the age of sixty. It is suggested that residents make transportation requests as early as possible for scheduling purposes. Please note that we will get you to your appointment on time, however, you may need to wait for a return ride home. Individuals in wheelchairs can be accommodated. The suggested transportation donation is $1.50 each way ($3 round trip) donation for appointment within Danvers and $2.50 each way ($5 round trip) donation for appointments to the adjoining communities of Peabody, Beverly and Salem.

Please call Lorene to schedule a ride at 978-762-0208.

**NOTE:** If an alternative format is required to review materials, please let us know and it will be provided for you.

**Notice of Nondiscrimination Rights & Protections to Beneficiaries:** Federal "Title VI/Nondiscrimination" Protections: The Danvers Council on Aging (DCOA) operates its programs, services, and activities in compliance with federal nondiscrimination laws including Title VI of the Civil Rights Act of 1964 (Title VI), the Civil Rights Restoration Act of 1987, and related statues and regulations. Title VI prohibits discrimination in federally assisted programs and requires that no person in the United States of America shall, on the grounds of race, color, or national origin (including limited English proficiency), be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity receiving federal assistance. Related federal nondiscrimination laws administered by the Federal Highway Administration, the Federal Transit Administration, or both prohibit discrimination on the basis of age, sex, and disability. These protected categories are contemplated within DCOA's Title VI Programs consistent with federal interpretation and administration. Additionally, DCOA provides meaningful access to its programs, services, and activities to individuals with limited English proficiency, in compliance with US Department of Transportation policy and guidance on federal Executive Order 13166.

State Nondiscrimination Protections: DCOA also complies with the Massachusetts Public Accommodation Law, M.G.L. c272 SS 92a, 98, 98a, prohibiting making any distinction, discrimination, or restriction in admission to or treatment in a place of public accommodation based on race, color, creed, national origin, sex, sexual orientation, disability, or ancestry. Likewise DCOA complies with the Governor's Executive Order 526, section 4 requiring all programs, activities, and services provided, performed, licensed, chartered, funded regulated, or contracted for by the state shall be conducted without unlawful discrimination based on race, color, age, gender, ethnicity, sexual orientation, gender identity or expression, religion, creed, ancestry, national origin, disability, veteran's status (including Vietnam-era veterans), or background.

Additional Information: To request additional information regarding Title VI and related federal and state nondiscrimination obligations, please contact: **Title VI Specialist**, MassDOT, Office of Diversity and Civil Rights, 10 Park Plaza, Boston, MA 02116. 857-368-8580, TTY: 857-368-0603, MASSDOT.CivilRights@state.ma.us

Complaint Filing: To file a complaint alleging a violation of Title VI or related federal nondiscrimination law, contact the Title VI Specialist (above) within 180 days of the alleged discriminatory conduct. To file a complaint alleging a violation of the state's Public Accommodation Law, contact the Massachusetts Commission Against Discrimination within 300 days of the alleged discriminatory conduct at: Massachusetts Commission Against Discrimination (MCAD), One Ashburton Place, 6th floor, Boston, MA 02109. 617-994-6000. TTY: 617-994-6196

The People to People Food Pantry is open for assistance if you need food. We are making some changes due to the high demand for groceries right now. We have been giving custom bags for our members, however we are going to do basic needs bags only. You can pick-up or if you are housebound and cannot go out or are sick, we will deliver.

Please call the Pantry to sign up if you need food - (978)739-4188

Anyone wishing to make a contribution to the Pantry can mail a check to: People to People Food Pantry PO BOX 2076 in Danvers, MA 01923

Or you can go to [www.danverscommunitycouncil.com](http://www.danverscommunitycouncil.com) to make a donation by credit card.

Stay Safe. Mask Up.
Veterans Northeast Outreach Center
is partnering with the American Red Cross to donate 200 units of blood
during 5 blood drive events in the Merrimack Valley and the North Shore.

We are partnering with communities and businesses to help these two
organizations raise donations.

BUSINESSES can donate by pledging $5.00 for each unit of blood donated over the 5 events.
INDIVIDUALS can register to donate blood and help their local community avoid
shortages at this critical time.

Thank you from Veterans Northeast Outreach Center
and
The American Red Cross!

Contact John Ford - jford@vneoc.org to become a sponsor.

Use sponsor code VETERANS to make an appointment
at any of the following blood drives.

**Haverhill Community Blood Drive**
Sponsored by Veterans Outreach Center & Haverhill American Legion
Function Hall
1314 Main Street
Haverhill, MA 01830
Wednesday, January 6, 2021
9:00 AM to 7:00 PM

**Manchester Community Blood Drive**
Sponsored by Veterans Northeast Outreach Center
American Legion Function Hall
14 Church Street
Manchester by the Sea, MA 01944
Wednesday, January 13, 2021
2:00 PM to 7:00 PM

**Danvers Community Blood Drive**
Sponsored by Veterans Northeast Outreach Center
Amity Mosaic Lodge
30 High Street
Danvers, MA 01923
Friday, January 15, 2021
2:00 PM to 7:00 PM

**Haverhill Community Blood Drive**
Sponsored by Veterans Northeast Outreach Center
Cedarvale Health - Gym
931 Boston Road
Haverhill, MA 01835
Sunday, January 17, 2021
10:00 AM to 3:00 PM
A huge thank you to Danvers People to People Food Pantry and the Danvers Community Council for their generous donation of 100-$15 gift certificates to Danvers Fresh Market.

Certificates will be given out to Danvers Veterans at the Food4Vet drive that is held every other Wednesday at the North Shore Community College, Danvers Campus from 10:00am - 12:00 pm.

This program will continue every two weeks as long as need be.

Veterans who wish to participate must register each week with the Food4Vet link https://mmsfi.org/food4vets/.

Vacancy at the Lincoln School House Congregate Housing Program

The Lincoln School House Congregate Housing Program, located at 26 Crescent Street, Wakefield, MA is anticipating a vacancy in one of the shared living suites. The congregate housing program is a non-medical, co-ed, housing alternative, that has been successfully operating since 1982. Congregate housing is ideal for an independent elder for whom the responsibility of caring for a home or apartment has become a burden.

Three, five-bedroom suites are located on the first floor of the building. Each tenant has a private bedroom, and every five tenants share common kitchen, dining area, living room, three bathrooms with a washer and dryer in each suite. The offices of the Wakefield Housing Authority and a tenant community room are in the basement of the building. There are no on-site personal housekeeping services, shared meal programs or regularly scheduled activities.

Applicants for the Lincoln School House Congregate Housing Program must be: 62 years of age or older or permanently disabled, meet the eligibility requirements for public housing, and congregate housing admission criteria. Interested applicants must complete a public housing application and a person interview with the Congregate Housing Coordinator. Consideration for tenancy includes: a desire to live in shared housing ability to live independently with available community supportive services, and compatibility with current tenants.

If you are interested in learning more about the Lincoln School House Congregate Housing Program, please contact Beth Greenberg, Congregate Housing Coordinator, at 781-245-7328 extension 26, or by email at wakehabg@rcn.com.
Our groups, Low-Vision and CLA (Challenges of Living Alone) will continue meeting virtually until further notice. Those who are interested can join the conversation by phone, computer, or tablet.

LOW VISION - We will be trying something different for our meetings. Instead of dialing in to our meeting, Lisa Westrate will call YOU. Please note, however, that due to a scheduling conflict, I need to move the day of our meeting. Our next meeting will be on Thursday, March 18th at 10:30 am. (This is the THIRD Thursday.)

CLA - Call in to join the virtual meeting on the 4th Thursday of the month: March 25th, at 1 pm.

For those who will join online, look for an email from me with a link on Monday. For those who will be calling in, here is the phone number for quick reference: 1-617-315-0704. Call me to request the meeting ID & password.

If you are not on the current group email list and would like to get an invitation to the meeting please email Lisa Westrate at LWestrate@danversma.gov. If you don’t have access to email or a computer, call Lisa at 762-0208 x105 to request the phone number and access code to dial into the meeting. If you have concerns about how to do it, or experience technical difficulties, please call Lisa at the Senior Center, even if the meeting has already started. We can help you figure it out.

During these times, it's important to stay connected!

FUEL ASSISTANCE

Yes, it’s that time of year again already! Fuel season runs from November 1 to April 30. In September, NSCAP (North Shore Community Action Program), began mailing out re-certification applications for those who were enrolled in the program during the 2019-2020 fuel season. For those interested in applying for the first time for the 2020-2021 fuel season may contact NSCAP at 978-531-0767x136 to make an appointment. If you have questions, or need help, contact Lisa Westrate at LWestrate@danversma.gov or 762-0208 x105. 2020-2021 INCOME GUIDELINES: Maximum Gross Household income is $39,105/individual and $51,137/couple

Senator Joan Lovely Office Hours

Senator Joan Lovely is hosting virtual office hours over Zoom every Monday (except state holidays) from 10-11am. If you would like to attend, please register using the link below.

Senator Lovely’s Virtual District Office Hours
Every Monday, except state holidays, 10-11 AM on Zoom.
Please pre-register at https://tinyurl.com/y57q3owh

As always, if constituents would like to set up a phone call with the office, contact via phone at 617-722-1410 or email at joan.lovely@masenate.gov
Senior Hours on Wednesdays extended through March for customers who need to conduct RMV transactions.

The RMV will designate Wednesdays in February and March at 17 RMV Service Centers to serve customers age 75 and older.

These service centers will be dedicated to processing all Registry transactions for older customers. A reservation is required.

Providing older adults with a designated RMV service center every Wednesday through March will result in a safer space for customers to visit.

The designated RMV service centers for customers 75+ are:

- Brockton
- Danvers
- Fall River
- Greenfield
- Lawrence
- Leominster
- Martha’s Vineyard
- Nantucket
- New Bedford
- North Adams
- Pittsfield
- Plymouth
- Revere
- South Yarmouth
- Springfield
- Watertown
- Worcester

Select the “Senior Transaction” option in the “Make/Cancel a Reservation” transaction at www.Mass.Gov/RMV to view availability and make a reservation at one of these locations.

Below are the options for an appointment:

- If you are a AAA member, you may make a reservation now to renew your driver’s license/ID or registration at a AAA location. Visit www.aaa.com/appointments to schedule your visit.

- If you are not a AAA member, visit Mass.Gov/RMV to make a reservation to visit an RMV Service Center. Select the “Senior Transaction” option on the “Make/Cancel a Reservation” transaction.

- Email the RMV for assistance at MassDOTRMVSeniors@dot.state.ma

- Call the RMV at 857-368-8005.

Customers 75 and older will be able to visit the RMV service centers listed above by reservation only Wednesdays through March.
Tips from SHINE!

- Did you know that if you have a Medicare Advantage (MA) plan and want to change, you can? You have until March 31 to change to another MA plan or back to Medicare A & B with a drug plan. Call SHINE to learn more about your Medicare Advantage plan options at 1-800-243-4636 or call the Danvers Council on Aging at 978-762-0208 to book an appointment by phone.
- Did you know that in 2021 more people qualify for help to pay for Medicare B and more through the Medicare Savings Program? If your individual income is under $1,755/ month and assets under $15,940 you may qualify. Call SHINE for more information on programs that can save you money at 1-800-243-4636 or call the Danvers Council on Aging at 978-762-0208 to book an appointment by phone.
- And lastly, the COVID vaccine is free. Insurance information may be asked for by those administering the vaccine in order to bill-back to insurance. However, you will not be charged. If you do not have insurance, you are still eligible to receive the vaccine free of charge. If someone says they can get you a vaccine quicker and all they need is your credit card or Medicare number, it is a SCAM. Hang up and report the call to your local police department. To find out more about when and where you can get vaccinated, visit www.mass.gov/covidvaccinephases
- At this time, everyone in Phase 1 and individuals 75+ can get the COVID-19 vaccine. The vaccine is safe, effective, and free. Due to high demand and limited supply, it make take several weeks to get an appointment.
- This message is from SHINE (Serving the Health Insurance Needs of Everyone) and we are here to help with your health insurance questions or concerns. Call the Danvers Council on Aging at 978-762-0208, or the SHINE Regional Office at 781-388-4845 to speak with a SHINE Counselor.

Serious Cybersecurity REAL ID Text Scams Directed at Customers Reported by the American Association of Motor Vehicles (AAMVA)

The Massachusetts Registry of Motor Vehicles (RMV) wants to remind you the agency would never request personal information via text messaging. The American Association of Motor Vehicle Administrators (AAMVA) is reporting several states have experienced customers receiving unsolicited text messages from numbers claiming to be other state government agencies with links or information about REAL ID and updating their licenses. These messages are SPAM — customers should not click on the link and should DELETE the message.

The RMV will never request personal information via a text message. We take the privacy of our customers and their personal information very seriously.

Massachusetts is NOT among the states impacted by this scam (at this time). Sharing this information with you is critical in our partnership to keep customer information safe and secure every day.

Should you experience or hear from customers regarding this or any other associated scam related to RMV services, please report them to the FBI’s Scam and Safety Office at 857-386-2000.

Starting on Oct 1, 2021, you must have a REAL ID or another federally compliant document to fly domestically. Go to our website to learn more about the required documents to obtain a REAL ID:

https://www.mass.gov/guides/massachusetts-identification-id-requirements
Across
1. Nearly 20-hour Ken Burns documentary of 2001
5. Channel 7, in New York City
9. Reuse the juices
14. "I ___ rock from the moon..." (Talking Heads lyric)
15. ___ podrida (hodgepodge)
16. Home of a mail order steak business
17. Make haunted house noises
18. It may be made for dessert
19. Buckminster Fuller structures
20. Comedian who'll be playing George Burns's role in a remake of "Oh, God!"
23. ___mo
24. Post-___ (surgery wrap-ups)
25. Java holder
26. "Ben-___"
28. "48 Hours Investigates" host Lesley
30. "Twin Peaks" character Dale Cooper, for one
32. Tour helper
34. Rear in Britain
35. Holiday just before a famous Robert Burns poem is sung
38. One way to hold your horses
40. Bring into harmony
41. Figures out a mystery
44. Casa divisions
47. "Pimp My Ride" channel
48. DiFranco with the double album "Living in Clip"
49. Abbr. in addresses for mobile home parks
50. Company that merged with WorldCom in 1998
52. C. Montgomery Burns' right-hand man
56. Huge test
57. Ending for theater or church
58. Part of the name of a game with a pelota
59. Make ___ for oneself
60. "Dies ___" (noted hymn)
61. Philbin cohost
62. Like a sty
63. No jack
64. TV show where Frank Burns wooed Hot Lips

Down
1. Hetfield of Metallica
2. They're mostly in the Pacific
3. Fervent sort
4. Billy of "Titanic"
5. Puns and such
6. Plants with healing powers
7. Place for political rants
8. Cheese said to inspire Dali's "The Persistence of Memory"
9. Store that may carry Mexican brands
10. Love, in Latin
11. Copycat's response
12. Phoenix team
13. ___ in "Edward"
21. Not at all
22. "Rapa ___" (1994 Easter Island film)
27. Hwy.
29. Venue for some football games
30. Automobiles manufactured in Turin
31. "Case dismissed" item
33. Adding a player to a poker game
35. Blissful states
36. Took a deep breath
37. Make into law
38. Mojito ingredient
39. Get tangled
42. San Fernando, e.g.
43. Brian of Rocky Music
45. Earhart who served as aviation editor for "Cosmopolitan"
46. Leftovers for Rover
49. Negative campaign tactic
51. Knicks president of basketball operations Thomas
53. They may be candied
54. Feeling the workout afterwards
55. Damage
56. "The whole ___ family"

Find the solution at
https://onlinescrosswords.net/8182

Puzzle Solution on page 15
Dan Bennett R.E., Call 978-828-0296 for a free Market Evaluation.

Donald E. Kowalski, DDS, 10% off regular fees.

NorthEast Community Bank: It’s about family, community, friendship and relationships. It’s the way we live.

Rocco’s Pizza House, 10% off regular prices (excludes delivery/catering)
In Memory of
Richard Cunningham
By
Joanne Christopher, Brent & Sheila Gebel, Paul Herrick, Joan Nolan
Mr. & Mrs. Thomas White

IN MEMORY OF

In lieu of flowers, please consider making a tax-deductible contribution in memory of a loved one. A coupon is located on the back page for your convenience in making a gift that will bring more opportunities and enhance services for senior citizens today and tomorrow. Families of those honored will be notified of your contribution.

Snow Cancellation Policy
for the Danvers Senior Center

The Senior Center transportation and meals programs will be cancelled if the Danvers School System closes schools. If the school system has a delayed opening, all transportation prior to the time of delay, will be cancelled. All school closings announcements are broadcast on local television stations as well as the radio station North Shore 104.9 (FM). If weather conditions occur during school vacation week, please call 978 762-0208 to receive updated cancellation information.

Puzzle Solution © OnlineCrosswords.net

J A Z Z W A B C B A S T E
A T E A O L L A O M A H A
M O A N R O O M D O M E S
E L L E N D E G E N E R E S
S L O O P S M U G H U R
S T A H L F B I A G E N T
R O A D I E A R S E
N E W Y E A R S E V E
R E I N A T T U N E
U N R A V E L S S A L A S
M T V A N I S P C M C I
W A Y L O N S M I T H E R S
F I N A L G O E R A L A I
A N A M E I R A E R I P A
M E S S Y N E R D M A S H
In lieu of flowers, please consider making a tax-deductible contribution in memory of a loved one. This coupon is for your convenience in making a gift that will bring more opportunities and enhance services for senior citizens today and tomorrow. Families of those honored will be notified of your contribution. Please see pg 19 for memorials.

**A Living Memorial / Honor**

I am enclosing $____________________ (Please make check payable to FRIENDS of DCOA)

Please check one of the following:

[ ] In Memory of

[ ] In Honor of

________________________________________________________________________________________

Send Card to:

Address: ____________________________________________

City: ___________________________ State: _________ Zip: _________

Donor's Name

____________________________________________________________________________________________

Address: __________________________________________________________

City: ___________________________ State: _________ Zip: _________