



mizell
CENTER
FULL OF LIFE

Newsletter

April 2024

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



SENIOR CENTER

of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

Francisco Castro

Director

Marta Godoy

Program Assistant

Tami Coughlin

Program Assistant



Daily Bread

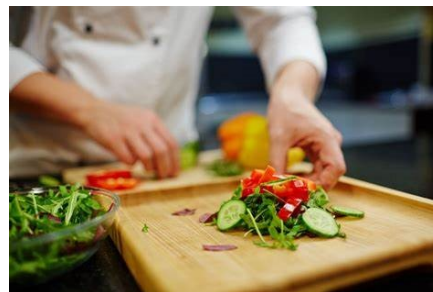
COOKING SERIES

TUESDAY APRIL 2ND -

THURSDAY APRIL 4TH.

10:30AM-12:00PM

Are you ready to sharpen your cooking skills and expand your culinary knowledge?



Chef Melvin from Urban Culinary Kitchen is thrilled to announce the launch of his upcoming Cooking Series, where you'll embark on a nutritious journey of learning and discovery!

Spaces are limited, so be sure to reserve your spot today!

Desert Hot Springs Senior Center
11777 West Dr. DHS, CA
760 329 0222

From the Director's Desk

April is a month of renewal and growth, and we're excited to embrace the spirit of the season with exciting events and activities.

I am thrilled to announce the launch of our newest classes, the Knitting Class and Crochet Class! Whether you're an experienced crafter or a complete beginner, these classes offer an opportunity to learn new skills, express your creativity, and connect with fellow enthusiasts.

In addition to our crafting classes, I'm pleased to introduce an informative presentation by DAP/Borrego Health on April 30th at noon. This presentation will provide valuable insights into important health topics and resources available to support your well-being. Don't miss this opportunity to learn and empower yourself to lead a healthy and fulfilling life.

Whether you're interested in crafting, learning, or simply connecting with others, there's something for everyone to enjoy.

I look forward to seeing you at our upcoming events and witnessing the beauty of spring unfold together.

— Francisco Castro



Together for better health

YOU'RE INVITED!

Tuesday April 30, 2024

12:00–1:00 pm

Join us at the Desert Hot Springs Senior Center for a presentation on the services and programs available to the seniors of our community.

Have questions? A Customer Coordinator Specialist will be on-site to provide more information!



DESERT ROSE RESALE SHOP

OPEN MONDAY THRU THURSDAY 8-12PM
FRIDAY 8-3PM
GREAT DEALS! GREAT PRODUCTS!



EVERY WEDNESDAY & FRIDAY

1-3PM *See you there!*

Join us for our new & improved Bingo game beginning on Wednesday, April 10th.

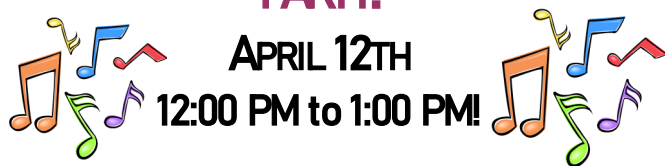
Experience the thrill of Bingo like never before. In addition to our regular prizes, we're now offering 4 chances to win \$25 or if you're lucky—\$100 to one lucky winner!

With the chance to win \$100 and the new \$15 price per pack (9 games), there's never been a better time to play Bingo with us!

That's right - you could walk away with some serious cash just by playing Bingo with us!

Get Ready celebrate everyone born in April at our **MONTHLY BIRTHDAY**

PARTY!



APRIL 12TH

12:00 PM to 1:00 PM!

Join Stephon in playing a game of "Name That Tune!"

Seniors Just Want to Have Fun 😊



Come and share in the happiness as we celebrate another trip around the sun for all of those born in April!

APRIL FUN FACTS

April 1st is celebrated as April Fools' Day, a day for playing practical jokes and spreading hoaxes.

The birthstone for April is the diamond, symbolizing strength and courage.

April's flower is the daisy, which represents purity, innocence, and new beginnings.

April 22nd is observed as Earth Day, a global event to raise awareness about environmental protection and conservation.

April 12th is celebrated as National Grilled Cheese Sandwich Day in the United States.

In many cultures, April is associated with fertility, growth, and renewal, marking the beginning of the planting season.

April 15th is known as Tax Day in the United States, the deadline for filing income tax returns.

QUESTIONS ANSWERED

Q: What is CSFP?



A: CSFP stands for Commodity Supplemental Food Program, from Find Food Bank.

The DHS Senior Center has collaborated with Find Food Bank to provide a monthly box of dry goods to our local community in the Carl May building. The upcoming distribution is set for April 16th from 9-11 AM and takes place every third Tuesday of the month.

Please call 760 329 0222 for more information on income requirements.

Joke of the Month

Why did the Easter egg hide?

"Because it was a little chicken!"

