

Riverside County!
Experiencing a Behavioral Health Crisis?
Call 951-686-HELP



for a caring professional to **talk** to.



for somewhere to **go**.



for a caring professional
to **come to you**.

Call 951-686-HELP

It is free and confidential, and you may remain anonymous.
Trained counselors are available to provide support and
resources to best help you.
Bilingual counselors are available.

2.1.1

Inland SoCal 211+

