



## **MONDAY**

### 8:00AM Morning Bites

- · Coffee with Chief of
- Police **8/19** 9:00AM
- Fit After 50
- Acrylic Art Class (R)

#### 11:30AM

Tap Dance Class (\$3)

#### 12:00PM

 Mizell Lunch Service (R)

#### 1:00PM

- Acrylic Art Class (R)
- Karaoke
- Beginning French Lessons (R)

(Starts 8/5)

Lunch ticket's will be given at 11:00AM in the lunch room.

Don't forget to reservations on

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# make your lunch Mondays!



## 1:30PM

Words of Wisdom- 8/20

### **TUESDAY**

#### 8:00AM

Morning Bites

#### 9:00AM

- Senior Advocates (R) 8/13 & 8/27
- Watercolor Art Class (R)
- Problem Solving Strategies (R)

#### 10:00AM

Knitting & Crochet

#### 10:30AM

• Bingo! with The Braille Institute Presentation-8/6 only

#### 12:00PM

- Mizell Lunch Service (R)
- Let's Do Lunch (R) 8/13 & 8/27

#### 1:00PM

- Pinochle Club
- Loss & Grief Support Group (Bereavement) Watercolor Art Class (R)

## 8:00AM

**WEDNESDAY** 

Morning Bites

#### 8:30AM

 Senior's Farmer's Market - 8/21 only

#### 9:00AM

- Fit After 50
- Color Pencil Art class (R)

#### 10:00AM

- Inland legal Services (R) 8/7 only
- Mexican Train **Dominoes**
- HICAP (R) 8/14

#### 12:00PM

- Mizell Lunch Service (R)
- Belly Dancing (\$5)

### 1:00PM

 Color Pencil Art class (R)

#### 1:30PM

 Bingo 10 games for \$15

#### 8:00AM

· Morning Bites

#### 9:00AM

Color Pencil Art class

**THURSDAY** 

### 9:30AM

Tai Chi Class (\$5)

#### 11:00AM

- FIND Food Resource Services (R) - 8/1 & 8/22
- Latin Dance Class (\$3) (Starts 8/15)

#### 12:00PM

Mizell Lunch Service (R)

#### 12:30PM

 FIND Senior CSFP Box Distribution - 8/22 only 1:00PM

#### 1:00PM

- Pinochle Club
- Color Pencil Art class
- Beginning French Lessons (R) (starts 8/5)

#### 1:30PM

• Loteria (R) - 8/8 & 8/15

### 2:00PM

 Cinema Social- 8/29 "A Man Called Otto" PG-13

#### 8:00AM

Morning Bites

#### 9:00AM

- Fit After 50
- Craft class with Dora (R) (Starts 8/9)

#### 10:00AM

 Take Off Pounds Sensibly -TOPS (\$1) (R)

#### 11:00AM

 Water Resistance Class (R) 8/2 only\*

#### 12:00PM

Mizell Lunch Service (R)

- Bilhartz Birthday Bonanza - 8/9
- Open Art Studio (R)

#### 1:30PM

 Adaptive Bingo 5 games for \$5 (Starts 8/9, no Bingo on 8/2)



All classes/programs listed with (R) require prior registration and those marked with \* are classes held are senior center classes held at the Community Health and Wellness Center which includes the Furbee Pool.

# **Hours of Operation**

Monday

8:00am - 4:00pm

**Tuesday** 

8:00am - 4:00pm

Wednesday

8:00am - 4:00pm

**Thursday** 

8:00am - 4:00pm

**Friday** 

8:00am - 4:00pm

Program (	<b>Contact Sheet</b>
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PROGRAM	PROGRAM CONTACT	CONTACT INFO
TAKING OFF POUNDS SENSIBLY (TOPS)	Dorothy Warren	760-408-2901
Loteria	Maria Robles	760-980-6499
Lunch Program ( Home Delivery)	MIZELL CENTER-ROSA MIRON	760-323-5689 EXT 109
Let's Do Lunch	Julie Hirsh	760-325-4088
Art Classes	Juanita Clifton	juanitasantosclifton@gmail.com
Karaoke/Loteria	Maria Robles	760-980-6499
Knitting & Crochet	Amy Sand	760-321-1111
Problem Solving Strategies/ Grief Group	Joslyn Wellness Center	760-340-3220
Mexican Train Dominoes	Kathy Malott	760-408-0801
Pinochle Club	Larry Baldwin	760-402-0530
Legal Aid	Inland County Legal Services	800-977-4257
Care Pathways	Office on Aging	877-932-4100
Tai Chi	Verna Norris	sifuverna@gmail.com
Find Food Resources & Referral	Lorena Lua	760-668-3005
Thrift Store Donation	Vaughn Fusco	772-539-1496

# **Center Information**

#### **ADDRESS:**

11777 WEST DRIVE DESERT HOT SPRINGS, CA 92240

PHONE NUMBER: 760-329-0222

**CHECK OUT OUR WEBSITE:** 

HTTPS://WWW.CITYOFDHS.ORG/DEPARTMENTS/SENIOR-CENTER/

**OFFICAL FACEBOOK PAGE:** 

HTTPS://WWW.FACEBOOK.COM/DESERTHOTSPRINGSSENIORCENTER/

DON'T FORGET TO SIGN UP FOR OUR WEEKLY E-NEWSLETTER MORE INFORMATION!

