



# November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>8:00AM</b></p> <ul style="list-style-type: none"><li>Morning Bites</li></ul> <p><b>9:00AM</b></p> <ul style="list-style-type: none"><li>Fit After 50 <i>in wellness center 11/4 only</i></li><li>Acrylic Art Class (R)</li><li>Oak Glen Field Trip (R) - 11/25 only</li></ul> <p><b>12:00PM</b></p> <ul style="list-style-type: none"><li>Mizell Lunch Service (R)</li></ul> <p><b>12:30PM</b></p> <ul style="list-style-type: none"><li>Karaoke /w Autumn <i>(no Karaoke on 11/4)</i></li></ul> <p><b>1:00PM</b></p> <ul style="list-style-type: none"><li>Acrylic Art Class (R)</li><li>Beginning French Lessons (R)</li></ul>	<p><b>8:00AM</b></p> <ul style="list-style-type: none"><li>Morning Bites</li><li>Gentle Yoga (\$10) <b>starts 11/12</b></li><li>AARP Driver Safety (R) 2-session course -11/19 &amp; 11/21</li></ul> <p><b>9:00AM</b></p> <ul style="list-style-type: none"><li>Senior Advocates (R) 11/12 &amp; 11/26</li><li>Watercolor Art Class (R)</li><li>Problem Solving Strategies (R)</li></ul> <p><b>10:00AM</b></p> <ul style="list-style-type: none"><li>Knitting &amp; Crochet</li><li>Braille Institute Tai Chi <i>(no tai chi on 11/5)</i></li></ul> <p><b>10:30AM</b></p> <ul style="list-style-type: none"><li>DVD Organic Recycling Presentation- 11/19 only</li></ul> <p><b>12:00PM</b></p> <ul style="list-style-type: none"><li>Mizell Lunch Service (R)</li><li>Let's Do Lunch (R) 11/12 &amp; 11/26</li></ul> <p><b>1:00PM</b></p> <ul style="list-style-type: none"><li>Pinochle Club</li><li>Watercolor Art Class (R)</li></ul> <p><b>1:30PM</b></p> <ul style="list-style-type: none"><li>Words of Wisdom- 11/19</li></ul> <p><b>3:30PM</b></p> <ul style="list-style-type: none"><li>Sound Bath with Enrique <i>Starts 11/12</i></li></ul>	<p><b>8:00AM</b></p> <ul style="list-style-type: none"><li>Morning Bites</li></ul> <p><b>8:30AM</b></p> <ul style="list-style-type: none"><li>Senior's Farmer's Market - 11/20</li></ul> <p><b>9:00AM</b></p> <ul style="list-style-type: none"><li>Fit After 50 <i>(on 11/20 class starts at 10:00am)</i></li><li>Color Pencil Art class (R)</li></ul> <p><b>10:00AM</b></p> <ul style="list-style-type: none"><li>Mexican Train Dominoes</li><li>New Member Orientation (R)- 11/6 only</li><li>Inland Legal Services - 10/2</li></ul> <p><b>12:00PM</b></p> <ul style="list-style-type: none"><li>Mizell Lunch Service (R)</li><li>Belly Dancing (\$7)</li></ul> <p><b>1:00PM</b></p> <ul style="list-style-type: none"><li>Desert Oasis Medicare Open Enrollment Seminar -11/6 only</li><li>Color Pencil Art class (R)</li></ul> <p><b>1:30PM</b></p> <ul style="list-style-type: none"><li>Bingo - <b>No Bingo 11/6</b> 10 games for \$15</li></ul>	<p><b>8:00AM</b></p> <ul style="list-style-type: none"><li>Morning Bites</li><li>AARP Driver Safety (R) 2-session course -11/19 &amp; 11/21</li></ul> <p><b>9:00AM</b></p> <ul style="list-style-type: none"><li>Color Pencil Art class (R)</li><li>Scrummy game</li><li>Tai Chi Class (\$5)</li></ul> <p><b>10:00AM</b></p> <ul style="list-style-type: none"><li>HICAP (R) - 11/14</li></ul> <p><b>10:30AM</b></p> <ul style="list-style-type: none"><li>SCAN Open Enrollment Seminar- 11/14 only</li></ul> <p><b>11:00AM</b></p> <ul style="list-style-type: none"><li>FIND Food Resource Services (R) - 11/7 &amp; 11/21</li><li>Beginning Hula Lessons (R)</li></ul> <p><b>12:00PM</b></p> <ul style="list-style-type: none"><li>Mizell Lunch Service (R)</li></ul> <p><b>1:00PM</b></p> <ul style="list-style-type: none"><li>Pinochle Club</li><li>Color Pencil Art class (R)</li><li>Beginning French Lessons (R)</li><li>FIND Senior CSFP Box Distribution - 11/21 only</li></ul> <p><b>1:30PM</b></p> <ul style="list-style-type: none"><li>Friendsgiving Potluck(R)-11/14</li></ul>	<p><b>8:00AM</b></p> <ul style="list-style-type: none"><li>Morning Bites</li></ul> <p><b>9:00AM</b></p> <ul style="list-style-type: none"><li>Fit After 50</li><li>Craft class with Dora (R)</li></ul> <p><b>10:00AM</b></p> <ul style="list-style-type: none"><li>Take Off Pounds Sensibly -TOPS (\$1) (R)</li></ul> <p><b>12:00PM</b></p> <ul style="list-style-type: none"><li>Mizell Lunch Service (R)</li></ul> <p><b>1:00PM</b></p> <ul style="list-style-type: none"><li>Bilhartz Birthday Bonanza - 11/8</li><li>Open Art Studio (R)</li></ul> <p><b>1:30PM</b></p> <ul style="list-style-type: none"><li>Adaptive Bingo 5 games for \$5</li></ul> <p><b>3:30PM</b></p> <ul style="list-style-type: none"><li>Social Singles Dining Club <i>(see back for schedule)</i></li></ul> <p>The Center will be closed on: <b>Thursday &amp; Friday</b> <b>November 28th &amp; 29th</b> for Thanksgiving</p>

**ALL CLASSES/PROGRAMS LISTED WITH (R) REQUIRE PRIOR REGISTRATION WITH FRONT DESK .**

## Hours of Operation

### Monday

8:00am - 4:00pm

### Tuesday

8:00am - 4:00pm

### Wednesday

8:00am - 4:00pm

### Thursday

8:00am - 4:00pm

### Friday

8:00am - 4:00pm

## Program Contact Sheet

PROGRAM	PROGRAM CONTACT	CONTACT INFO
TAKING OFF POUNDS SENSIBLY (TOPS)	Dorothy Warren	760-408-2901
Lunch Program ( Home Delivery)	MIZELL CENTER- ROSA MIRO N	760-323-5689 EXT 109
Let's Do Lunch	Julie Hirsh	760-325-4088
Art Classes	Juanita Clifton	juanitasantosclifton@gmail.com
Knitting & Crochet/ Braille Tai Chi	Amy Sand	760-321-1111
Problem Solving Strategies	Joslyn Wellness Center	760-340-3220
Mexican Train Dominoes/ Mah Jongg	Kathy Malott	760-408-0801
Pinochle Club	Larry Baldwin	760-402-0530
Legal Aid	Inland County Legal Services	800-977-4257
Care Pathways	Office on Aging	877-932-4100
Tai Chi	Verna Norris	sifuverna@gmail.com
Find Food Resources & Referral	Lorena Lua	760-668-3005
Thrift Store Donation	Vaughn Fusco	772-539-1496



## Center Information

### ADDRESS:

11777 WEST DRIVE  
DESERT HOT SPRINGS, CA 92240

### PHONE NUMBER:

760-329-0222

### CHECK OUT OUR WEBSITE:

[HTTPS://WWW.CITYOFDHS.ORG/DEPARTMENTS/SENIOR-CENTER/](https://www.cityofdhs.org/departments/senior-center/)

### OFFICIAL FACEBOOK PAGE:

[HTTPS://WWW.FACEBOOK.COM/DESERTHOTSPRINGSSENIORCENTER/](https://www.facebook.com/deserthotsspringsseniorecenter/)

**DON'T FORGET TO SIGN UP FOR OUR WEEKLY E-NEWSLETTER MORE INFORMATION!**



Meet at restaurant. Call Josie Cruz for more information 760-905-4268

**FRIDAY 11/1 El Pollo Loco (Cathedral City)**

**FRIDAY 11/8 Jack in the Box (DHS)**

**FRIDAY 11/15 Back Porch Barbecue (DHS)**

**FRIDAY 11/22 Denny's (Thousand Palms)**

**FRIDAY 11/29 Manhattan (Cathedral City)**  
center closed on 11/29 meet at restaurant