

## Newsletter

## November, 2021

11777 West Drive, Desert Hot Springs, CA 92240 (760) 329-0222



of Desert Hot Springs

Open Monday-Friday 8:00 am to 4 pm

#### **Cheryl Hunter**

Director

#### Jessica Martinez

Resource Specialist

#### **Marta Godoy**

Receptionist

"Gratitude paints little smiley faces on everything it touches"

-Ríchelle E. Goodrích

### **Movie Party!**

Join us for a movie that reflects the sentiments of November, the month of gratitude.

The movie featured for this party will be a musical,

"Les Miserables." It is the story of a young peasant seeking redemption after spending nineteen years in prison for stealing bread for his sister's starving child.

Popcorn and drinks will be served. Be sure to sign up at the event table near the front desk.

#### From the Director's Desk

The holidays are upon us, and November holds a special place in my heart because gratitude and abundance are recognized in nearly every home on Thanksgiving Day.

Last year, my husband Mike and I spent Thanksgiving Day with our BBQ at the Salton Sea. It was a peaceful and wonderful quiet time for just the two of us. Due to the risks of COVID, our regular family gathering was canceled. We missed everyone, but made the day special for each other despite the changes.

This year, with family safely able to gather, we will be going to my daughter's house in Tustin. We will be joined by my other children and grand children, as well as other family members.

I am so grateful for the day to day opportunity to spend time with all of you. My life is enriched by the experience. Thank you for helping me feel welcome as the Director, and for your support of the Senior Center and what we do.

Happy Thanksgiving!

#### **Gratitude & Self Care Luncheon**

Julie from Bilhartz Insurance Services is sponsoring a luncheon on November 10 from 10:30 to 12:30, that will feature presentations about health insurance options, foot care for a happier you, and a little chat about Mindfulness followed by guitar and singing for the lunch entertainment. Sign up at the event table!



#### **Computer Tutoring**

Ken Alexander will be scheduling one-onone tutoring for basic computer operation and to assist members with their smartphones.

The appointments are available Tuesday or Thursday between 2pm and 4pm beginning November 2nd. Make an appointment at the front desk.

There is no fee for the training, but we do request a donation for Ken's time.

#### **Annual Healthcare Enrollment**

November is the month for healthcare enrollment, be sure to take advantage of our partners as they make themselves available to assist you.

Check the November calendar to see when your representative will be at the Senior Center. Set up an appointment for HICAP and Senior Advocates at the front desk. Julie with Bilhartz will be available for on the spot assistance the first and third Tuesday.

# Native American Heritage Month

We celebrate Native American Heritage Month to recognize the contribution and achievements of the Indigenous people that populate our nation.

Our National Archives contain a vast amount of records and historical documents that tell the story of the native peoples that inhabited this great land for many generations prior to European arrivals.

We honor our Indigenous fellow Americans and appreciate their rich culture and traditions.

#### PIE Baking Contest!

Do you always bake the best pie for the holiday table? Want to show off your baking talent and win a prize?

Get your best recipe ready and enter that superior pie in our contest to be held on November 22nd.

Bring your pie in and sign up no later than 11:00 on the day of the contest.

City Councilman Gary Gardner will be our judge. After the contest winner has been declared, we will serve the remaining pies to anyone who would like to enjoy a piece!

Happy Native American Heritage Month!