



Newsletter

May, 2022

11777 West Drive, Desert Hot Springs, CA 92240
(760) 329-0222



SENIOR CENTER

of Desert Hot Springs

Open Monday-Friday
8:00 am to 4 pm

Cheryl Hunter

Director

Jessica Martinez

Resource Coordinator

Marta Godoy

Receptionist

Mah Jongg & Mexican Train

We have great games at our center. While many of us are familiar with Dominoes, the same type of tiles are used for the games of Mah Jongg and our newest challenge, Mexican Train.

Mah Jongg is a game that began in 19th century China, and spread throughout the world. Mexican Train is the modern version of Dominoes. They are both very good for keeping the brain sharp. Check the calendar for days and times.

*"Many eyes go
through the
meadow,
but few see the
flowers in it."*

Ralph Waldo Emerson

From the Director's Desk

It's May, and it is also my one year anniversary as the Director of the Senior Center. I am so happy to be a part of the DHSSC family. I am so impressed by the staff and volunteers, and proud of what we have done together so far.

This month brings us Mother's Day, Cinco de Mayo and Memorial Day. These are significant celebration days that remind us of sacrifice in many ways.

For those of us in the desert, it is also the gateway to summer. Temperatures rise, days are long and water conservation is on our minds.

We will keep the water chilled for you, so come in and take some time to cool off, listen to music and visit with friends!

Happy May!

Cinco de Mayo Party!

Join us on May 5th for a fun day of celebration as we bring you our Cinco de Mayo Party. The day will be filled with music, food, decorations and traditional dances that tell the story of the diverse Mexican-American cultures our members are connected with. From 1pm to 3pm.

Sign up at the front table to reserve your spot.

**HAPPY
MOTHERS
DAY**

Women's Spring Tea

Sign up now for our Spring Tea! A special event for the women in our center, this will be a spring flower and girly explosion of fun!

A light lunch with tea and goodies, door prize drawings and so much more. Please be sure to reserve your spot.

Thursday, May 19 from 1pm to 3pm.

Cooling Center

As the weather warms up we know that there are those folks in our city who may not be able to escape the heat. The Community Action Project (CAP) partners with centers like ours to provide a place to cool off. We offer this service to seniors only. CAP brings us bottled water and crackers to give out.

Joke of the Month

Does February March?

No, but April May.



Cinco de Mayo

The celebration commemorates the brave stand taken by Mexico in the face of an attack by France. On May 5, 1862, they defeated the French army. This moved the people to national unity and patriotism.

Though more popular in the United States, the observance of Cinco de Mayo is significant in its honoring of the battle of Puebla. A holiday was declared in 1862 by President Benito Juarez.

Today, many believe that the defining defeat of France by Mexico may have deterred other European countries from ever invading the Americas.

Let's join our fellow Americans in the celebration of taking a stand to protect this great continent!

Questions Answered

- Q: On Farmer's Market days, why do some people get their food early?
- A: The people who are picking out their food early are the volunteers that come early to help unload, package and distribute the food. We allow them to take their bags early.
- Q: On Farmer's Market days, why are some things taken to the kitchen ?
- A: The items taken to the kitchen are things that are too small a quantity for everyone. We give them out at lunch or as morning snacks.

Happy Mother's Day!