



mizell
CENTER
FULL OF LIFE

Newsletter

July, 2022

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



SENIOR CENTER

of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

Cheryl Hunter

Director

Jessica Martinez

Resource Coordinator

Marta Godoy

Receptionist

Changes to our food distribution

Please note that we have made changes to our lunch, Farmer's Market and Morning Bites programs.

Daily Lunch:

Lunch is served from 11am to 12noon. No reservations, but you must be enrolled in the County lunch program.

Farmer's Market:

The food distribution is on the 1st & 3rd Wednesday of the month from 10:30am to 12noon. No call needed, first come first served.

Morning Bites:

Morning Bites is for members only, with a ticket from the front desk.

From the Director's Desk

Wow, one year ago we were holding a re-opening celebration after a long year of being closed and feeling so much uncertainty. I am so happy to be here with you all in 2022, moving forward, healing and making plans for so much goodness.

Independence Day is even more meaningful this year, and I am sure you feel as grateful as I do to live in a country that continues to strive for perfection in the model of democracy that the United States has come to be.

I want to say a special thank you to Jessica and Marta, and to all of the volunteers for helping us bring the DHS Senior Center back to its lively self.

—Cheryl Hunter

"We must be free not because we claim freedom, but because we practice it."

— William Faulkner



**Independence Day
U.S.A.**

Celebrate America Party!

Join us on Thursday, July 21, from 1pm to 2:30pm for a party to celebrate our great country! Please sign up so we know how much food to make. Dress in your red, white and blue, be as festive as you'd like.



The American Bald Eagle

“The eagle displayed is the symbol of supreme power and authority, and signifies congress, and that the olive branch and arrows that it holds in its talons are the powers of peace and war” — stated by William Barton, one of the designers of the seal of the United States.

The beautiful American Bald Eagle is a majestic bird that has been brought back from the brink of extinction. Only naturally found in North America, both males and females have a wingspan of up to eight feet tip to tip.

Eagles lay two to three eggs, a week or so apart. Since Eagles mate for life, the pair will return to the same nest year after year to raise a new batch of young. Nests are huge, and have been found to weigh an average of 2,000 lbs.

Specialized hunters, Eagles can dive up to 100 miles per hour to snatch a fish from the water.

What a magnificent creature to represent our beautiful country!

Member Survey

Please take the time to fill out our Member Survey. We need to hear from you so that we can plan events and programs according to your preferences.

We also appreciate your feedback on how we are doing, and what areas we may need improvement in.

Thank you so much for your continued support of our senior center, and for your membership. It takes all of us to bring quality service to the senior citizens of Desert Hot Springs.

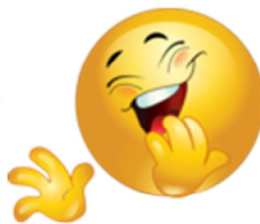
Monthly Movie and Karaoke

Check the calendar for the monthly movie, and be sure to drop a note in the suggestion box requesting your favorite movie.

If you love to sing, or would like to support your songbird friend, please join us for Karaoke on the last Thursday of each month.

Joke of the Month

It's so hot, I saw a dog chasing a cat and they were both walking!



Questions Answered

- Q: Why don't we have day trips anymore?
- A: The bus has been retired and we do not have a vehicle or driver to transport us.
- Q: Why don't we have Farmer's Market outside like we used to?
- A: Much of the food we receive cannot sit in the sun without spoiling, and we do not have the volunteers available to set up, distribute and clean up the area. It is more efficient and safe to distribute it out of the air conditioned building.

Happy Independence Day!