



Newsletter

# December, 2022



11777 West Drive, Desert Hot Springs, CA 92240 (760) 329-0222

Open Monday-Friday 8:00 am to 4 pm

Francisco Castro Director Jessica Martinez Assistant Director Marta Godoy Receptionist Emily Ward Senior Center Aide



May You Have

May you have the gladness of Christmas which is hope; The spirit of Christmas which is peace; The heart of Christmas which is love. – Ada V. Hendricks

#### Desert Rose Thrift Store

Many people may not know this, but located inside The Desert Hot Springs Senior Center is the Desert Rose Thrift Store. Open to the public,

and run solely by our wonderful and hardworking volunteers! Be-



ginning Monday, December 5th, 2022, join us for our \$5.00 bags of clothing super sale! Ask for Vaughn!

Whether you are looking to make a donation, or for deals you won't find any where else, stop by and support your local senior center today!

#### Tis the season for our Annual Christmas Party!



It's That Time of Year Again! Desert Hot Springs Senior Center Would Like to Invite You To Our Annual Holiday Celebration! Please Join Us For Dinner, Games, and Fun! Thursday, December 22, 2022, from 12 pm - 3 pm.

#### From the Director's Desk

As you may have noticed, the holiday season is around the corner. We hope you and your family are safe and in happy holiday spirits!

As 2022 comes to an end, it is with a sense of pride that we look back and join our friends to celebrate our accomplishments and extend our heartfelt thanks for the overwhelming support shown to the Desert Hot Springs Senior Center.

This past year brought many changes to our Center and enlightened us about the needs facing our Senior community. With every program and activity, we listened, took notes, and dared ourselves to ask, "how can we do better for our Members?"

We hope you will join us in the new year as we continue our commitment to providing a safe and joy -filled environment at the Desert Hot Springs Senior Center!

I wish you happy holidays and a bright 2023.

—Francisco Castro



#### Movie Day!

Join us for a movie and snacks on Wednesday, December 14th and 28th at 10:30 am.

#### This month's movies are:

"Never Too Late"



Decades after escaping a POW

camp, they've got a new prison - Hogan Hills Retirement Home. But the rules have changed. Planning an escape is even harder when you can't quite remember them.

### "Scrooged"

Frank Cross is a mean TV executive with perfect qualities of a modern-day Scrooge. Before the night is over, he'll be visited by three ghosts from the past, present

## JFS — "Let's Do Lunch!"

A unique Social Activity Program new to the Desert Hot Springs Senior Center and cost free! Join us every 2nd & 4th Tuesday beginning December 13th from 12:00 pm to 2:00 pm. Please call Julie at 760 325 4088 ext. 103 to sign up now and reserve your spot—food, fun, and togetherness!

## Joke of the Month

Why did the scarecrow get a big Christmas bonus? "Because he was outstanding in his field!"

#### **Christmas Fun Facts**

An artificial Christmas tree would have to be reused for more than 20 years to be "greener" than a fresh tree

US scientists found that Santa Claus would have to visit 822 homes per second, travelling 650 miles per hour in order to deliver presents to every house in the world.

In Victorian Times, Mince pies were made from beef and spices.

Approximately 10 million Christmas turkeys are eaten in the U.K. and 22 million in the USA.

A record 17.4 million Apple or Android devices were activated at Christmas in 2012.

If you actually had all the gifts from the song "twelve days of Christmas" you would have 364 gifts.

Christmas trees can grow for up to 15 years before they are sold.



## **Questions Answered**

**Q:** What is Healing Rhythms — West African Drumming?

**A:** Through a Drum Circle, learn, play and unite together through the power of West African Drumming.

It is a great way to build critical thinking skills and connect through spiritual levels through music. No previous experience from participants is required and can be picked up quickly by everyone.

Join us every Tuesday & Friday from 3-4 pm!