



**mizell**  
CENTER  
FULL OF LIFE

# Newsletter

## March, 2023

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



**SENIOR CENTER**

of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

**Francisco Castro**

Director

**Jessica Martinez**

Assistant Director

**Marta Godoy**

Receptionist

## Visión y Compromiso™

*Vision and Promise* is committed to community well-being. Trusted community members who provide service from the heart, promoters are skilled relationship builders who share lived experiences with other community members and are agents of change in immigrant communities, low-income and communities of color.

***Please join us from 9-12 pm for the following activities:***

Friday 3/10 "Loteria & Painting"

- Friday 3/17 "St Patrick's Day Games & Art"

- Friday 3/24 "Spring Season Games & Crafts"

- Friday 3/31 "April Fools Day Games & Crafts"

## ***From the Director's Desk***

As the first day of Spring fast approaches, I take this opportunity to reflect on the beautiful but chilly winter season that is winding down!

The last few weeks of winter leave us with snow-capped mountains and a view that does not disappoint, a reminder of our community's beauty.

The Senior Center and its staff take pride in providing a friendly and welcoming environment in all seasons.

Various activities, resources, and educational presentations only describe what we offer our local community and its seniors.

Unique and family-oriented, many of our members have a special friendship with each other, and many have been active members for years.

If you are new to the area or looking for a place to share memories and get to know new friends, please don't hesitate to stop by; we will welcome you with open arms!

— *Francisco Castro*



## Spring Song

Frogs croak, Rains soak

Chicks peep, Crickets leap

Bees hum, Robins come

Birds sing, It's spring!

—*Anonymous*

## ***Welcome Spring, we've missed you!***



After our recent cold weather, it is exciting to know spring is approaching! The beautiful desert flowers throughout our wonderful community will be a lovely sight!

# Happy St. Patrick's Day!

## Movie Day!

Join us for a movie and snacks on Wednesday, March 8th and 22nd at 10:30 am.

This month's movies are:

### "Top Gun"



*A daring yet reckless pilot who shuns teamwork and the rules of engagement eventually learns the importance of cooperation and discipline*

### "Top Gun: Maverick"

*After thirty years, Maverick (Tom Cruise) is still pushing the envelope as a top naval aviator, but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.*

## Quailers Music Group

Join us as we welcome the Quailers Music Group to the Desert Hot Springs Senior Center!

**Wednesday, March 1st at 11 am.**



## Joke of the Month

What kind of bow can't be tied? "A rainbow!"



## Spring Fun Facts



Those flowers your parents hate, dandelions, are among the first plants to pop out. Get ready for wish-making.

Cherry blossoms mean spring in Japan.

Some flowers come back in the spring without having to be replanted. These are called perennials.

Annual flowers need to be planted every spring.

Tulips are one of the first spring flowers and mean happiness.

Butterflies will start making an appearance in March.

You'll start to notice birds coming back in March.

Chicks learn to sing in this season.

Honeybees swarm in spring because they're looking for new place to build a hive.

Temperatures increase by about 5 degrees or more per month starting in March.

## Questions Answered

**Q:** What does the Senior Center have planned for St. Patrick's Day?

**A:** Did someone say party? Yes, we did! Please stop by for our St. Patrick's day party, with snacks, drinks, and fun. But make sure to wear your green!



*Friday, March 17th, 2023*

*12-1 pm.*