



mizell
CENTER
FULL OF LIFE

Newsletter

June, 2023

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



SENIOR CENTER

of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

Francisco Castro

Director

Jessica Martinez

Assistant Director

Marta Godoy

Receptionist

Attention Seniors!

Dive into Summer Fun:

The Pool at the Aquatic Center Welcomes Desert Hot Springs Senior Center Members!

We are thrilled to announce some exciting news that will make your summer even more enjoyable! Starting Friday, June 16th, 2023, we are opening the doors of the Aquatic Center's sparkling pool exclusively for members of the Desert Hot Springs Senior Center.

Every Friday, from 11:00 AM to 12:00 PM, the pool at the Aquatic Center will be available for our senior center members. This designated time slot ensures a relaxing and safe environment, exclusively for our valued members.

It's an opportunity for you to enjoy some water-based exercise, socialize, and beat the heat in a refreshing way. The best part? Access to the pool during this designated time is completely free of charge!

To ensure a smooth experience and make the most of our pool sessions, we kindly request that interested members sign up using the weekly sign-up sheet. The sign-up sheet will be available every week at the Desert Hot Springs Senior Center, allowing us to manage the capacity and ensure everyone has an opportunity to participate.

From the Director's Desk

I hope this message finds you in good health and high spirits. As we step into the vibrant month of June, I am thrilled to share some exciting news about upcoming events at the senior center that are sure to make this summer unforgettable!

Senior Prom - Save the Date: June 30th, 2023, from 12:00 PM to 3:00 PM Our highly anticipated Senior Prom is just around the corner. Mark your calendars for June 30th, when we will transform the Desert Hot Springs Senior Center into a magical dance floor. It's an event you won't want to miss!

June Birthday Party: On June 9th, from 12:00 PM to 1:00 PM, we'll be hosting a delightful gathering filled with cake, laughter, and warm wishes. Don't forget to bring your sunny spirit and join in the celebration!

As always, the Desert Hot Springs Senior Center is committed to creating an inclusive and engaging environment for our cherished community members. We strive to offer events and programs that cater to a variety of interests and provide opportunities for friendship, learning, and enjoyment. Thank you for your continued support, and we look forward to seeing you at the Center

— *Francisco Castro*



June's Embrace

"In June's embrace, the world awakes, With golden hues and memories to make. Nature's song in vibrant bloom, June whispers of a season in full bloom."

— *Unknown*

Be a volunteer!

Volunteering at the senior center offers numerous benefits for both the volunteers and the seniors themselves.

- * Companionship and Social Connection.
- * Enhanced Quality of Life
- * Mental and Cognitive Stimulation

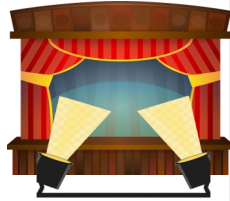
Your volunteer efforts have the power to transform the lives of seniors,

For more info, please call 760 329 0222.



Movie Day!

Join us for a movie and snacks!



This month's movies are:

"Dog" June 15th, 11 am

In this road-trip comedy, two hard-charging former Army Rangers paired against their will - Briggs and a Belgian Malinois named Lulu - race down the Pacific Coast in hopes of making it to a fellow soldier's funeral on time.

"Hummingbirds" June 29th at 11 am

David Attenborough takes us into the remarkable lives of hummingbirds via stunning slow motion photography. Everything about these tiny birds is superb and extreme.

Questions Answered

Q: What is the Desert Rose Thrift Store?

A: A beloved community thrift store, located inside the Desert Hot Springs Senior Center, open to all, but specifically catering to our local seniors. Offering affordable prices, it provides a wide range of items for sale, including clothing, accessories, household goods, books, and more.

By supporting the Desert Rose Thrift Store, you are directly contributing to the well-being and empowerment of our local seniors. All proceeds go towards supporting the programs and initiatives offered by the Desert Hot Springs Senior Center, further enhancing the resources and services available to our community seniors.

We are open Monday through Friday, 8:30 AM to 11:30 AM. However, we are delighted to announce that our hours will soon be extending, allowing even greater access and flexibility for our valued customers.

June Fun Facts

The birthstone for June is the pearl, symbolizing purity and wisdom.

The zodiac signs for June are Gemini (May 21 - June 20) and Cancer (June 21 - July 22).

June is known for having the longest daylight hours in the Northern Hemisphere, making it the perfect time for outdoor activities and enjoying the sunshine.

The summer solstice, also known as the June solstice, occurs around June 21st in the Northern Hemisphere, marking the official beginning of summer and the longest day of the year.

The birthstone for June is the pearl, representing purity and wisdom. The birth flower is the rose, symbolizing love and beauty.

Join us as we come together to celebrate the Annual Senior Prom at the Desert Hot Springs Senior Center!



On Friday, June 30th, 2023, from 12:00 AM to 3:00 PM, dress in your finest Masquerade Ball attire, adorned with a mysterious mask! Unleash your creativity and let your masquerade persona shine through. The more elaborate, the better!

Let's make this a day to remember and celebrate our wonderful community of seniors.

See you there!

Joke of the Month

*Why did the bicycle fall over?
"Because it was two-tired!"*

