



Activity Calendar September 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Center is closed for Labo Sport-themed Labor Day Birthday Party—Septeml Planning Healthy Meals Nutrition Presentation (I 	(<mark>Spanish</mark>) Office on Aging—Sept nglish) Office on Aging—Septer	reopen on 9/5. ember 7th at 10 am.	HEIMER'S DAY - 9/21/2023.	1 Morning Bites 8-10 TOPS 10-1130 Bingo 1-3 Hula 230-330
4 CENTER CLOSED Labor Day	5 Morning Bites 8-10 Pinochle 12-4 Mah Jongg 1-4 SPORT-THEMED LABOR DAY PARTY 12-2	6 Morning Bites 8-10 Fit After 50 9-10 Cooking with Melvin 10-11 Mexican Train 10-12 Bingo 1-3	7 Morning Bites 8-10 Planning Healthy Meals (Spanish) 10-11 Nutrition Presentation (English) 11-12 Pinochle 12-4 Computer Tutor w Ken 1-2 Bereavement Group 2-3 Coloring Class 1-3 Karaoke 1230-2	8 Morning Bites 8-10 Fit After 50 9-10 TOPS 10-1130 Bingo 1-3 Hula 230-330 BIRTHDAY PARTY 12-1
11 Morning Bites 8-10 Fit After 50 9-10 Tap Dance 1030-1130 Wii Bowling 1-3 pm Piano with Bette 1-2:30	12 Morning Bites 8-10 Senior Advocates 9-12 Pinochle 12-4 JFS- Let's Do Lunch! 12-2 Words of Wisdom 2 Mah Jongg 1-4 Arts Class 2-3	13 Morning Bites 8-10 Fit After 50 9-10 Mexican Train 10-12 Movie— "The Secret Life of Pets" 11-1 Bingo 1-3	14 Morning Bites 8-10 Pinochle 12-4 Computer Tutor w Ken 1-2 Coloring Class 1-3 Bereavement Group 2-3 Karaoke 1230-2	15 Morning Bites 8-10 Fit After 50 9-10 TOPS 10-1130 Bingo 1-3 Hula 230-330
18 Morning Bites 8-10 Fit After 50 9-10 Tap Dance 1030-1130 Wii Bowling 1-3 pm Piano with Bette 1-2:30	19 Morning Bites 8-10 Farmer's Market 9-11 Pinochle 12-4 Mah Jongg 1-4 Arts Class 2-3	20 Morning Bites 8-10 Fit After 50 9-10 Cooking with Melvin 10-11 Mexican Train 10-12 Film Screening—"Keys Bags Names Words" 11-1 Bingo 1-3	21 Morning Bites 8-10 CSFP Distribution 10-12 Pinochle 12-4 Computer Tutor w Ken Coloring Class 1-3 Bereavement Group Karaoke 1230-2	22 Morning Bites 8-10 Fit After 50 9-10 TOPS 10-1130 Bingo 1-3 Hula 230-330
25 Morning Bites 8-10 Fit After 50 9-10 Tap Dance 1030-1130 Wii Bowling 1-3 pm Piano with Bette 1-2:30	26 Morning Bites 8-10 Senior Advocates 9-12 JFS- Let's Do Lunch! 12-2 Pinochle 12-4 Mah Jongg 1-4 Arts Class 2-3	27 Morning Bites 8-10 Fit After 50 9-10 Mexican Train 10-12 Movie—"The Secret Life of Pets 2" 11-1 Bingo 1-3	28 Morning Bites 8-10 Pinochle 12-4 Computer Tutor w Ken 1-2 Coloring Class 1-3 Bereavement Group 2-3 Karaoke 1230-2	29 Morning Bites 8-10 Fit After 50 9-10 TOPS 10-1130 Bingo 1-3 Hula 230-330