



mizell
CENTER
FULL OF LIFE

Newsletter

November, 2023

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



SENIOR CENTER

of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

Francisco Castro

Director

Jessica Martinez

Assistant Director

Marta Godoy

Program Assistant

Brenda Gonzalez

Program Assistant

Tami Coughlin

Program Assistant



Vaccine Clinic

Nov 2, 2023

11:00 – 2:00 pm

Available Vaccines:

Updated COVID-19 Vaccine

Flu Vaccine

RSV Vaccine

Shingles

**Receive a \$20 Gift Card
when you get the COVID-
19 or Flu vaccine!**



DESERT HEALTHCARE
DISTRICT & FOUNDATION

**11-777 West Dr, Desert Hot
Springs, California 92240**

760 329 0222

HOLIDAY ARTS & CRAFTS FAIR

We are excited to announce our much-anticipated Annual Holiday Arts and Crafts Fair, a celebration of creativity and community that promises a day of inspiration and enjoyment.



TUESDAY, DECEMBER 5TH

TIME: 10-2

Diverse Creations

Explore a wide range of art and crafts, from paintings to sculptures, handcrafted jewelry, knitted goods, and more.

Live Demonstrations

Watch skilled artists at work and gain insight into their creative processes.

Friendly Atmosphere

Connect with fellow seniors, share stories, and make new friends.

Delightful Refreshments

Enjoy light refreshments and snacks as you peruse the artwork.

Supporting our Local Artists!

For inquiries or to reserve a table, please contact us at 760 329 0222

From the Director's Desk

As we approach this season of gratitude and togetherness, I want to extend my warmest wishes to each and every one of you for a wonderful Thanksgiving holiday.

November brings exciting events, all designed with your well-being in mind.

We are thrilled to offer a range of activities, from the Vaccine Clinic, where your health and safety are our top priority, to the enriching Nutrition Classes available in Spanish and English. And don't forget the upcoming Nature Walk Tour at Sunnylands Garden, an opportunity to connect with the beauty of our local environment.

Your presence and participation in these events bring our community to life, and I am thankful for the incredible spirit and vibrancy you infuse into the Desert Hot Springs Senior Center.

May this Thanksgiving be filled with warmth, joy, and cherished moments with loved ones. I look forward to seeing you at our upcoming events and celebrating the spirit of unity that defines our Senior Center.

Warm regards,

— Francisco Castro



CLOSED

Nov 23
& 24, 2023

WEDNESDAY IS MOVIE DAY!

Join us for a movie and snacks!

This month's movies are:

"Coco" Nov 8th, 11 am.

In Disney•Pixar's extraordinary adventure, a boy who dreams of becoming a great musician embarks on a journey to uncover the mysteries behind his ancestor's stories and traditions.

"Free Birds" Nov 29th, 11 am.

Although they come from the opposite sides of the tracks, two turkeys must band together and travel back in time to save their ancestors from the first Thanksgiving.



Sunnylands

Join us for a Nature Walk!

The breathtaking landscape of Sunnylands is a nine-acre garden and boasts over 70 species of native and arid-adapted plants from North and South America, Africa, and the Mediterranean, providing a stunning display of beauty and diversity.



Enjoy various activities, such as strolls around the gardens, films, artwork exhibitions, and a display of 20th-century sculptures from the Sunnylands collection.

FRIDAY, NOV 17TH
8:00 A.M. — 12:00 P.M.

NATURE WALK 845-945AM
BRUNCH 10-11AM
SPACE IS LIMITED!

NOVEMBER FUN FACTS

In the United States, Thanksgiving is celebrated on the fourth Thursday of November. It's a time for families and friends to come together and give thanks for the harvest and blessings of the past year.

Some famous personalities born in November include Mark Twain, Leonardo DiCaprio, Marie Curie, and Martin Scorsese.

The birthstone for November is topaz, which symbolizes love and affection. It is believed to bring strength and intellect to the wearer.

The day after Thanksgiving is known as Black Friday, which traditionally marks the beginning of the holiday shopping season. Many retailers offer significant discounts on this day.

In many parts of the world, November is the peak month for viewing the beautiful autumn foliage as leaves change colors.

QUESTIONS ANSWERED

Q: What is the Senior Center doing to celebrate Thanksgiving?

A: We are having a Thanksgiving luncheon, a warm and festive gathering where guests share a tasty meal. We aim to create a joyful atmosphere of togetherness and gratitude. **Sign up today!**



Wednesday, Nov 22nd
12-2 pm

Joke of the Month

Why did the scarecrow become a successful stand-up comedian during autumn?



"Because he had all the best corny jokes!"