



Newsletter

January, 2024

11777 West Drive, Desert Hot Springs, CA 92240

(760) 329-0222



of Desert Hot Springs

Open Monday-Friday

8:00 am to 4 pm

Francisco Castro

Director

Jessica Martinez

Assistant Director

Marta Godoy

Program Assistant

Brenda Gonzalez

Program Assistant

Tami Coughlin

Program Assistant



Healthy Living for your Brain and Body

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Jan 23rd, 2024

11:30- 12:30 pm

**An education program
presented by**

the

ALZHEIMER'S ASSOCIATION

**For more information
or to RSVP, contact**

760 996 0006

or

760 329 0222

**Desert Hot Springs Senior
Center**

**11-777 West Dr, Desert Hot
Springs, California 92240**

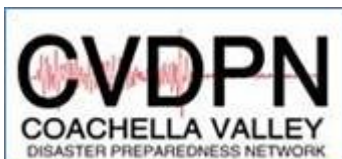
EMERGENCY PREPAREDNESS TRAINING SEMINAR

**GAIN THE FREE EDUCATION
TO HELP YOUR FAMILY.**

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WEDNESDAY, JANUARY 31ST

TIME: 1030-1130AM



*It's all about you being
personally prepared! Learn
how to create a disaster plan
for yourself, your family, and
of course, your pets!*

*How to prepare your
home, your car, and place
of work or school.*

*The importance of
knowing your neighbors.*

*Having a communication
plan if there is no
electricity.*

How to survive and thrive!

*For information, please
contact us at 760 329 0222*

From the Director's Desk

As we bid farewell to another remarkable year, I reflect on the collective achievements and the unwavering spirit that defines our incredible center.

January brings with it a moment to express my deepest gratitude to each and every one of you. Your active participation, dedication, and passion have been the driving force behind the success of the Center. Whether it was contributing your time, sharing your expertise, or simply being present at our events, your commitment has made a lasting impact.

Looking ahead to the New Year, I am excited about the possibilities that await us. Together, we will continue to grow, learn, and make a positive difference in the lives of those we serve.

Your dedication is our greatest asset, and I am confident that 2024 will be a year marked by even greater accomplishments.

Once again, thank you for your outstanding contributions and for being an integral part of the DHS Senior Center.

May the holiday season bring you joy, and may the New Year unfold with promise and prosperity.

Wishing you a wonderful holiday season and a Happy New Year!

— Francisco Castro



**WE WILL BE
CLOSED ON
MONDAY JAN
1ST AND 15TH**

JANUARY PROGRAM UPDATES!

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We are thrilled to share the news of the grand opening of the Carl May building! The Center's expansion on December 4th, 2023, took us by delightful surprise.

We appreciate your patience as we transition into the Carl May building.

Regrettably, the following activities scheduled for January—all *Movie Days* and *Karaoke with Autumn*—have been canceled. Rest assured, they will make a triumphant return in February!

2023 Annual Holiday Party was a success!

We are overjoyed to express our sincere gratitude for the tremendous success of our Annual Holiday Party!

From the beautifully adorned venue to the laughter-filled conversations and the joyful sounds of celebration, it was truly magical.



Thank you to everyone involved in making the Annual Holiday Party a resounding success!



We wish you all a joyful holiday season and a prosperous New Year!

JANUARY FUN FACTS

January is synonymous with New Year's resolutions. Many people set goals and make resolutions at the beginning of the month as a way to start the year on a positive note.

The birthstone for January is garnet, and the flower is the carnation.

In the United States, January is recognized as National Soup Month. It's a perfect time to enjoy a warm bowl of soup during the winter season.

The "King of Rock and Roll," Elvis Presley, was born on January 8, 1935. Fans often celebrate his birthday with various events and tributes.

January is recognized as Hot Tea Month, encouraging people to cozy up with a warm cup of tea during the chilly winter days.

Observed on January 21st, National Hugging Day encourages people to embrace the positive benefits of hugging and to share hugs with friends and family.

QUESTIONS ANSWERED

Q: How will the Senior Center utilize the Carl May building?

A: The Carl May building offers essential space to accommodate our diverse range of programs and activities. Within this facility, we host various events such as Educational Presentations, Karaoke, Movie Day, JFS—"Let's do Lunch", TOPS, and Fit After 50.



Joke of the Month

Why did the snowman bring a broom to the January party?

"Because he wanted to sweep the night away!"

