

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 NEW THIS MONTH:	* Lift 101 Presentation Feb 2nd 10-12 * Karaoke with Autumn returns—Feb 5th 1-3 * Caregiver Resource Presentation Feb 5th 11-12 * Valentine's Day Party—Feb 14th 12-3 * Nutrition Workshop—Feb 15th 1030-12 * Center closed for Presidents Day—Feb 19th * Vile of Life class Feb 29th 11-12		1 Morning Bites 8-10 - Tai Chi 930-1030 Art Class 12-1 - Pinochle 12-4 - Computer Tutor w Ken 1-2 Coloring Class 1-3 - Bereavement Group 2-3	2 Morning Bites 8-10 - Fit After 50 9-10 - TOPS 10-1130 Lift 101 Presentation 10-12 Bingo 1-3 - Hula 230-330
5 Morning Bites 8-10 - Fit After 50 9-10 - Painting Class 10-11 Caregiver Resource Presentation 11-12 - Tap Dance 1030-1130 - Karaoke 1-3	6 Morning Bites 8-10 Movie—"Barbie" 11-1 - Pinochle 12-4	7 Morning Bites 8-10 - Mizell Case Management 8-12 - Fit After 50 9-10 - Mexican Train 10-12 Bingo 1-3	8 Morning Bites 8-10 - Tai Chi 930-1030 Art Class 12-1 - Pinochle 12-4 - Computer Tutor w Ken 1-2 Coloring Class 1-3 - Bereavement Group 2-3	9 Morning Bites 8-10 - Fit After 50 9-10 - TOPS 10-1130 Bingo 1-3 - Hula 230-330  BIRTHDAY PARTY 12-1
12 Morning Bites 8-10 - Fit After 50 9-10 - Painting Class 10-11 - Tap Dance 1030-1130 - Karaoke 1-3	13 Morning Bites 8-10 - Senior Advocates 9-12 JFS— Let's Do Lunch! 12-2 - Pinochle 12-4	14 Morning Bites 8-10 - Mizell Case Management 8-12 - Fit After 50 9-10 <i>Happy Valentine's Day</i> - Mexican Train 10-12 - HICAP 10-12 Valentine's Day Party 12-3 	15 Morning Bites 8-10 - Tai Chi 930-1030 Nutrition Workshop 1030—Spanish Nutrition Workshop 1115—English Art Class 12-1 - Pinochle 12-4 - Computer Tutor w Ken 1-2 Coloring Class 1-3 - Bereavement Group 2-3	16 Morning Bites 8-10 - Fit After 50 9-10 - TOPS 10-1130 Bingo 1-3 - Hula 230-330 
19  HAPPY PRESIDENT'S DAY CENTER CLOSED	20 Morning Bites 8-10 Farmer's Market 9-11 CSFP Distribution 9-11 - Pinochle 12-4 - Words of Wisdom 130	21 Morning Bites 8-10 - Mizell Case Management 8-12 - Fit After 50 9-10 - Mexican Train 10-12 Bingo 1-3	22 Morning Bites 8-10 - Tai Chi 930-1030 Art Class 12-1 - Pinochle 12-4 - Computer Tutor w Ken 1-2 Coloring Class 1-3 - Bereavement Group 2-3	23 Morning Bites 8-10 - Fit After 50 9-10 - TOPS 10-1130 Bingo 1-3 - Hula 230-330
26 Morning Bites 8-10 - Fit After 50 9-10 - Painting Class 10-11 - Tap Dance 1030-113 - Karaoke 1-3	27 Morning Bites 8-10 - Senior Advocates 9-12 JFS— Let's Do Lunch! 12-2 - Pinochle 12-4	28 Morning Bites 8-10 - Fit After 50 9-10 - Mizell Case Management 8-12 - Mexican Train 10-12 Bingo 1-3	29 Morning Bites 8-10 - Tai Chi 930-1030 Vile of Life 11-12 Art Class 12-1 - Pinochle 12-4 - Computer Tutor w Ken 1-2 Coloring Class 1-3 - Bereavement Group 2-3	 29 February