

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Upper Level Conference Room
Wednesday, May 22, 2024 - 8:30 A.M.

MEETING MINUTES – APPROVED JUNE 13, 2024

1. Call to Order: Committee Chair Trustee Samz called the May 22, 2024, Health & Wellness Committee meeting to order at 8:31 a.m.
2. Roll Call: Present were Committee Chair Trustee Samz, Supervisor Palmblad, Director Marx, Township Manager Marciniak, Second Chair Trustee Ufodike-absent.
3. Public Comment: None.
4. Groups: Director Marx provided an update and stated the Care Giver's Support Group is going well and is very well attended. Members of the group forming friendships outside of the group, which is a great sign. Charity Knit recently had their anniversary party, and we are still receiving yarn donations.
5. Events: Director Marx recently had two articles published in the "Prospective" regarding mental health. A lot of events coming up. June 2nd from 3-5 at the Ela Library having an event where two clinicians will be on site to assist the public. Future events at the library possible if things go well. In August there will be training for the Lake Zurich Fire Department. Trainings will be three two-hour days, to ensure every shift gets training. September during the Community Center event, a presentation on *Mindful Aging* will occur.
6. Lending Closet: The lending closet was recently cleaned and reorganized. Director Marx thanked the volunteers and especially Jim from the Community Center for the assistance. Took two days to clean and organize. Chair Samz mentioned changes to My Senior Center software as discussed at the Community Center meeting, to see if that would assist. Township Manager Marciniak explained the changes coming to the software, and how that can help assist organizing the rentals from the Lending Closet. More discussion to be had at a further date.
7. Staffing: Still down one full-time clinician. Job currently posted on Indeed and recently added to ILCMA's job board. Supervisor Palmblad recommended Director Marx reach out to Aurora University for possible leads.
8. Monthly Statistics & Trends: Director Marx provided statistics for the first quarter of 2024, showing an increase in numbers in April.
9. New Business: None
10. Old Business: Chair Samz asked if further conversation had occurred regarding taking a deposit for Lending Closet rentals. Manager Marciniak informed there has not been, but he would provide Director Marx with the contact information from Hanover Township so Director Marx can get a better idea how they operate, to see if we can incorporate something similar at Ela.
11. Set Date for Next Health & Wellness Committee Meeting: August 21st 8:30 AM.
12. Adjournment: Chair Samz adjourned the meeting at 9:06 a.m.

Respectfully Submitted: Township Manager Marciniak