



Ela Township 55+

July, August & September 2024



Ela 55+ Mission Statement

Ela Township 55+ is dedicated to providing the highest quality recreational, social and supportive services to adults 55 and older residing in Ela Township. It is our goal to foster a warm environment where individuals can explore and enjoy activities and services designed to meet the needs and enrich the lives of our diverse older adult population.

Center Hours: Monday–Friday 8:30am – 7:00pm

Starting September 1: Monday–Friday 8:30am – 7:30pm

Ela Community Center 380 Surryse Road, Lake Zurich 60047

Susan Dillon, Community Programs Director

847-438-9160

elatownship.org/seniors

Ela Township 55+ on



CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

GENERAL INFORMATION

Join Ela 55+

Membership to Ela 55+ is free to ALL adults 55 and older that reside within Ela Township. To register: come to the Ela Township Community Center with valid ID and current utility bill

NON-RESIDENT MEMBERSHIP

All Non—Residents must pay their 2024 Annual Fee prior to registering for any programs. For an annual rate of \$40 per person, those residing outside of Ela Township can enjoy the “no-fee” based programs and services offered to Ela Residents. Non-Residents must pay the Non-Resident rates on all fee based programs.

MEET THE ELA COMMUNITY CENTER STAFF



Susan Dillon
Community Programs
Director



Jim Dalbec
Assistant Community
Programs Director



Joseph Cacciatore
Youth Coordinator



Lisa Gaggiano
Resource Specialist



Jill Barnes
Day Trip/Event Specialist

TABLE OF CONTENTS

General Info.....	2
Youth Programs.....	3
Community Center Celebration.....	4-5
What’s New	6
Volunteer Info	7
Services.....	8-9
Health & Wellness.....	10
Ela U.....	11
Long Distance Travel.....	12-13
Day Trips & Cuisine Clubs.....	14-15
Clubs.....	16
Think Tank.....	17
Lunch & Learns.....	18
Lunch & Movies.....	19
Ela Eatery Menu.....	20
Programs & Classes.....	21
Evening Programs & Classes.....	22-25
Friday Fun Nights.....	26-27
Weekend Wonders.....	27
Calendar Page.....	28
Registration.....	29-31



Laura Kulawik
Evening Coordinator



Lynn Neumaier
Registration Specialist



Lina Lunyte
Registration Specialist

SCHOLARSHIP PROGRAM

Do you or someone you know want to participate in programming but are unable to afford it?

Apply for a Scholarship

It’s easy.

It’s confidential.

It’s quick.

**Please fill out the application and give to Susan Dillon.
(Applicants must be Ela Township Residents)**





YOUTH PROGRAMS

Ela Township Homework Club 2024-2025 Kindergarten - 5th Grade



Homework Club is our after-school program offered to the youth in Ela Township. Children engage in daily activities such as completing homework, playing games, making crafts, and building friendships. The goal of Homework Club is to provide children with a safe and enjoyable environment for them to grow academically and socially.

When? After school on Mondays through Fridays until 5:30 pm, *when* Lake Zurich CUSD 95 is in session

Where? Ela Township Community Center, 380 Surryse Road, Lake Zurich, IL 60047

Do you have 1-2 spare hours each week? Your help could make a huge impact on our program. Help kids read, test their math skills with flash cards, or just join in a game with them. If you can help out a day or two a week, please contact Joseph Cacciatore, 847-438-9160, or by e-mail at youth@elatownship.org.

SafeSitter and Safe@Home



SafeSitter Essentials is a program designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings or babysitting. This class is filled with fun games and role-playing exercises. By the end of this day-long program, students will cover safety skills, child care skills, first aid and rescue skills, and life and business skills. **Fee: \$70 per child**

Dates: September 8, 2024, November 24, 2024, February 9, 2025, & April 13, 2025

***All classes need minimum of 8 participants.**

Safe@Home is designed for children in grades 4-6 to prepare them to be safe when they are home alone. This 90-minute program teaches how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. **Fee: \$30 per child**

Dates: October 6, 2024, December 20, 2024, February 23, 2025, & May 16, 2025

***All classes need minimum of 8 participants.**

Have any spare art supplies laying around? The Youth Department is looking for art supplies for their programs!

Items we are looking for include:

- *Markers
- *Coloring Books
- *String of all colors
- *Craft sticks
- *Pipe Cleaners
- *Paint Brushes
- *Pom Poms
- *Stickers
- *Play Doh
- *Glue Sticks



www.elatownship.org/youth-programs

NO SUMMER CAMP: WEDNESDAY, JUNE 19

THURSDAY & FRIDAY, JULY 4 & 5



ELA COMMUNITY CENTER CELEBRATION

**JOIN US SATURDAY, SEPTEMBER 14 1:00 - 4:00PM
(RAIN DATE SUNDAY, SEPTEMBER 15)
TO KICK OFF A WEEK OF ACTIVITIES!
FUN FOR ALL AGES!**

**Join us for an afternoon of fun for the entire family!
Open House highlighting programs for 55+ & Kids of all Ages!
Learn about all Ela Township Programs & Services !**

**LIVE MUSIC!
TWIST CONTEST**

**NO FEE
REGISTER TODAY**

**CELEBRATE NATIONAL SENIOR CENTER
WEEK WITH ELA TOWNSHIP!
WANT TO VOLUNTEER?
CONTACT LISA GAGGIANO AT
LISAG@ELATOWNSHIP.ORG**

**BALLOON ART
TOUCH A TRUCK
BOUNCY HOUSE**

**GAMES FOR ALL
DEMONSTRATIONS**

**BRATS & HOT DOGS
HOT OFF THE GRILL**

ENJOY AN ENTIRE WEEK OF SPECIAL EVENTS TO CELEBRATE NATIONAL SENIOR CENTER MONTH!

MONDAY, SEPTEMBER 16

2:00pm *Mindful Aging*

Mental health is vital for older adults as it significantly impacts their overall well-being and quality of life. Addressing mental health concerns can help mitigate the effects of aging-related challenges such as physical health issues, cognitive decline, and social isolation. Come join Ela Township's Health & Wellness team and learn how to better manage your mental health.

No Fee Registration Required

6:00pm *Navigating the Maze of Aging Services*

Diana Molnar provides an overview of navigating the array of Older Adult Aging Services. She will also provide insight into how to become a better informed consumer making choices for both the Aging Adults and their Adult Children.

No Fee Registration Required

TUESDAY, SEPTEMBER 17

2:00pm *Legal Roadmap for Aging Well*

We all know what's needed to age well regarding physical, cognitive, and mental health. However, what about financial and legal health? Attend this program, presented by elder law attorney, Kathryn Casey, to learn how proper advanced legal planning can help ensure you and your loved ones are setup for success.

No Fee Registration Required

6:00pm *Scam Prevention*

LZPD Sgt Witt presents senior scams-it can happen to anyone! Scammers are savvy and convincing; and their scams are designed to catch people off guard. Join us to learn more about common scams aimed at older adults.

No Fee Registration Required

WEDNESDAY, SEPTEMBER 18

10:00am—2:00pm

ILLINOIS SECRETARY OF STATE SUPER SENIOR EVENT COSPONSORED BY

STATE REPRESENTATIVE NABEELA SYED

This event offers adults aged 55-74 a convenient opportunity for drivers license renewal, including rules of the road classroom instruction, vision screening exams, a review of safe driving techniques, and a refresher on Illinois driving laws. An identification card can be obtained for \$20 however if you are 65 or older, you may obtain a free, non expiring state of Illinois photo ID card. Real IDs will not be available. Drivers age 75 and older are required to take a driving test to renew their drivers licenses, therefore, they must visit a drivers services facility. All payments must be made by check, credit card, debit card or money order. NO CASH ACCEPTED. For more information visit the secretary of state's website at www.ilsos.gov. Written tests are no longer available and must be done electronically at a regular driver services facility.

6:00pm *Joy of Retirement*

Retirement offers us a time to reset, a time to choose more fun and pleasure and ways to live our best life with the people we love and play with. This presentation by Sally Strosahl, a semi retired marriage and family therapist, will share ideas and stories to inspire and lighten the load aging sometimes presents. Come prepared to laugh and go home with a renewed sense of self.

No Fee Registration Required

THURSDAY, SEPTEMBER 19

11:00am *Healthy Living for Your Brain & Body*

Alzheimer's Association presents tips from the latest research. For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

No Fee Registration Required

7:00pm *Parkinson's Hospital Safety*

Learn The Hospital Safety Guide which is filled with useful tools and information to help a person with Parkinson's during their next hospital visit, planned or unplanned.

No Fee Registration Required

FRIDAY, SEPTEMBER 20

10:00am *Property Tax Relief*

Assessor Penny Herr will review tax exemptions for homeowners living in Illinois as their primary residence. The main goal of the Assessors office is to reach out into the community and help educate the taxpayer.

No Fee Registration Required

2:00pm *Self Defense*

Be prepared. Lake Zurich Family Martial Arts will teach the basics of self defense. The instructor will demonstrate practical, effective, simple self defense techniques and principles for adults.

**Fee: \$5 Residents/ \$7 Non-Residents
Registration Required**

WHAT'S NEW



Monday Mah Jongg

July: 10:00am – 12:00pm For Learning
12:00 – 2:00pm Players

August & September 10:00am – 12:00pm Everyone

Mah Jongg, a Chinese tile game similar to card games like rummy, is said to have been created by Confucius, but was more likely invented in the mid-19th century. It first came to the United States in the 1920s. But if the game has passed you by, don't worry. Ela Community Center is offering folks a chance to learn Mah Jongg. If you are already a practiced Mah Jongg player, come join us to play. **Bring your sets if you have one.** For the month of July, if you would like to learn how to play, or if you are willing to teach others, come in from 10:00am-Noon. Immediately following will be open play from Noon-2:00pm. From August on, all play will be from 10:00am-Noon.

Fee Per Month: \$5 Resident/\$7 Non-Resident

Registration is Required

Additional Fee for 2024 National Mah Jongg Card



Line Dancing

Fridays, 1:00 – 2:00pm

Participants in this beginner line dance class will learn the basics of line dance and the steps used in well-known dances. The class will include the most popular party dances done today, as well as the dances we can do when local bands are playing nearby. The first steps, turns, and shimmies of line dancing are sure to bring smiles to beginners and experienced beginners, alike.

Fee Per Class: \$5 Resident/\$7 Non-Resident

Registration is Required



Ela 55+ Fantasy Football League

Draft: Friday, August 16, TIME TBD

About 62 million people play fantasy sports every year with football being by far the most popular. Participants are General Managers of their own football teams composed of real players they have "drafted". Points are based on the actual performances of those players. Teams face off head-to-head on a weekly basis, and the team with the most points, wins. Most leagues go through Week #15 of the NFL Season with the final few weeks of the season for "Fantasy Playoffs"!

Last year we had enough participants to have 2 different Fantasy Leagues with teams each week going head to head. We will kick the season off on August 16 with our Fantasy Draft for you to select the players you'll have for the entire season. We will be using the ESPN Fantasy Football app (all players must be able to either access ESPN.com or the ESPN Fantasy App on their device (Smart Phone or Tablet). Join the fun, you will NOT be disappointed!

Got questions? Not sure if you're interested? Contact Jim at 847-438-9160 or jimd@elatownship.org

Fee For Season: \$5 Resident/\$7 Non-Resident

Registration is Required



Wednesdays

July 17, August 21, September 18

5:00 – 7:00pm

Cafés are free meeting places and they're all about repairing things (together). Repair Cafés are workshops where people can work together to repair broken items. They are a community-driven initiative that helps keep fixable items out of landfills. There are over 2,500 Repair Cafés worldwide.

We are looking for handy volunteers to act as repair experts during the repair meetings.

We are especially looking for people who are handy with:

clothing/textiles electrical appliances bicycles furniture/wooden objects

We are inviting you to come join us. You can bring the following to the Repair Café: electrical appliances, clothing, furniture, crockery, housewares, bicycles, toys etc. Anything that's broken (**and which you can manage to carry on your own to the Repair Café**) is welcome and has a good chance of getting properly repaired.

Please list your item to repair on Registration Form

Registration is Required

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

VOLUNTEERS NEEDED



Ela Township Community Center Needs You!

- **Friendly Home Visitor:** Ela Township 55+ is in search of enthusiastic and caring individuals who would like to visit senior residents looking for companionship and friendship. The **Friendly Home Visitor Program** was created for seniors who would like socialization/interaction and are unable to leave their homes. Volunteers may discuss current events, play a card game or read a book together. If interested in becoming a friendly visitor, please contact Laura.
- **Reception Desk:** Friendly faces needed to greet visitors, answer questions, accept registrations and miscellaneous office help. Afternoon and evening shifts needed. Subs needed for all shifts.
- **Dishwashing:** We would love some extra help in the kitchen on Thursdays for lunch service, monthly help cleaning up for cooking classes and Friday night Special Events.
- **Card Making Program:** Writing out cards to our members who have been unable to make it to the center in awhile. Just sending a friendly hello!

Ela 55+ Friendly Home Visitor

Are you or someone you know unable to leave their home, but would enjoy the company of a friendly visitor? The Friendly Visitor program provides social visits by trained volunteers to home bound seniors. Regular social interaction has been proven to immensely impact the lives of individuals in an extremely positive way. We have a core of volunteers ready to brighten the day of someone on a weekly basis.



To request a Friendly Visitor, contact Laura or Lisa at 847-438-9160 or laurak@elatownship.org, lisag@elatownship.org.



volunteer
MEETING

Ela 55+ Volunteer Meeting

Monday, July 15, Noon — 1:00pm

Join Lisa and Laura for an informational meeting on all things Volunteer. Learn what is happening, all updates and new opportunities to share your time and talents. **No Charge Registration Required**

Pillow Making Workshop

Friday, August 9, Noon — 2:00pm

Let's stuff and sew pillows for patients who deserve a little comfort at Good Shepherd Hospital. Good Shepherd Hospital Auxiliary will supply the materials and we will host the workshop here at the Ela Township Community Center.

No Charge Registration Required



CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

SERVICES

Ela Township 55+ Senior Resource Services

Our senior resource office assists Ela Township residents with many programs and links them with services to promote independence and a sense of well-being. Lisa Gaggiano or Laura Kulawik, our Senior Resource Specialists, will help you in any way possible.



- SNAP (Food stamp program)
- Benefit Access Program/Discount on license plates and Ride Free RTA pass
- Senior Health Insurance Counseling and Education (SHIP)
- Pharmaceutical Assistance Program
- Extra Help/Medicare Savings Program Screening and Application Assistance
- Trained by the Illinois Department on Aging
- As always, SHIP counseling is **FREE!**

Call to schedule your telephone, zoom or in person appointment. 847-438-9160
lisag@elatownship.org or laurak@elatownship.org



SUPPORT

Alzheimer's Caregivers Support Group

Facilitated by Lisa Gaggiano

Tuesdays: July 2, August 6, September 3
7:00—8:00pm at Ela Area Library 2nd floor

This is a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.



No Charge Registration suggested/walk-ins welcome

Parkinson's Support Group

Facilitated by Laura Kulawik

Wednesdays: July 10, August 14, September 11
6:00—7:00pm Ela Township Community Center

Open to those diagnosed with PD, family and friends and caregivers.

Being part of a support group can be one of the most effective ways to reduce stress while connecting with others who relate to your experiences. Care partners and family members benefit by sharing questions and concerns with like-minded others. Join us to share resources, education and first hand experiences.



No Charge Registration Required

Tech Help with Jim

Ela Township Community Center

Have a portable device you are not sure what to do with?
Don't have a clue how to use it?
Got an issue with your phone?

Make an appointment with Jim for some help with your technology.

ALL DEVICES MUST BE PORTABLE



Death Café

Friday, September 13, 12:30 — 2:00pm

For most of us, death is a taboo and uncomfortable subject. All are invited to engage in what will hopefully be an enjoyable and connected experience in considering what it means to be mortal. Join us for a thoughtful discussion about the end of life and share your experiences, thoughts, and fears about death in a relaxed setting. **No Charge Registration Required**



CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

SERVICES



Have you had a good experience with a handyman, plumber, electrician, etc.?

If so, fill out a referral card and we will share with our members on our **new HONEY DOne** board located at our front entrance!

Ela Township Lending Closet



Did you know that Ela Township has a Lending Closet?

Some Items we have are:

- Walkers (with or without wheels)
- Wheelchairs
- Crutches
- Toilet risers
- Canes
- Shower chairs

Donations of *clean, gently used* equipment are also appreciated.

Contact our Ela Township Health and Wellness Department to inquire about availability (847)540-8380.

Ela Township Town Hall: 1155 E. Route 22, Lake Zurich, IL. 60047

Corner Salon

**Ela Township Community Center
Wednesdays, 10:00am—2:00pm**

Haircuts & Styling are back at the Ela Community Center! Mary McCullough is here to save us from all those bad-hair days! Mary is a local stylist with over 40 years of experience.

Clients need to come with hair washed.

Call ahead for appointments available Wednesdays from 10am—2pm. 847-438-9160

Men's Cut: \$10 Resident / \$15 Non-Resident

Lady's Cut : \$15 Resident / \$20 Non-Resident



VACCINE CLINIC

Friday, September 20

9:00am—11:00am

Facilitated by the friendly pharmacists at Jewel Osco

*Let us help you stay up to date on ALL of your vaccines.
Each month, Jewel Osco will be here to meet all of your vaccine needs.*

Just call to register at 847-438-9160

- COVID: Both Pfizer & Moderna (new variant)
- Tetanus-Diphtheria-Whooping Cough
- Shingrix
- Flu
- Pneumonia

Receive a 10% off Grocery Coupon with every vaccine!



ELA TOWNSHIP BUS SERVICE

Need transportation for shopping, errands, doctor, dentist or hair appointments? Ela Township Bus Service is offered to Ela Township residents who are 55 years or older and/or handi-capped. Ela Bus Service also provides transportation to the Barrington and Palatine train station.

Call 847-438-6677 to schedule a pick up!

Bus Guidelines:

- Service area includes all of Ela Township with minimal exceptions
- Must schedule rides at least 24 hours in advance
- \$2 per one-way trip/\$4 round trip/\$1 for each additional stop
- Exact money only
- Pickups begin at 8:30am. Appointments should not be scheduled prior to 9:15am
- Reservation lines open Monday—Friday from 8am to 1pm to reserve your pick up





HEALTH AND WELLNESS

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
MORNING MOVERS 9:00—9:45am NO CHARGE	INTERVAL TRAINING 9:00—9:45am	MORNING MOVERS 9:00—9:45am NO CHARGE	CARDIO STRENGTH 9:00—9:45am	MORNING MOVERS 9:00—9:45am NO CHARGE
YOGA 6:00—6:45pm		CHAIR YOGA 10:00—10:45am	STRICTLY SITTING 10:00—10:45am	RESTORATIVE YOGA 10:00—10:45am
		STRENGTH TRAINING 1:00—1:45pm		SEATED ZUMBA GOLD 11:00—11:45pm

EXERCISE PUNCH CARDS : **10 Punches \$30 Resident/\$40 Non—Resident**
20 Punches \$60 Resident/\$80 Non—Resident

PLEASE BRING A WATER BOTTLE AND WEAR CLOSED TOE ATHLETIC SHOES
BRING CHANGE OF SHOES...DO NOT WEAR SHOES IN SNOW AND TO CLASS

MORNING MOVERS: NO CHARGE

Designed for all levels of fitness to improve strength, endurance and flexibility. The class alternates between low impact aerobic movements to strength workouts improving lower and upper-body strength. Morning Movers is a Silver Sneakers Circuit Level class, but you don't have to be enrolled in Silver Sneakers to participate. Build cardio endurance and burn calories, while improving quality of life.

MONDAYS, WEDNESDAYS, FRIDAYS 9:00 — 9:45am

YOGA: PUNCH CARD

Come enjoy a style of yoga where the breath is linked to movement. This class will direct attention to alignment, will build flexibility, balance and strength. This is a guided class with centering, gentle warm up, sun salutations, standing poses, gentle backbends, twists, cool down, and savasana. The class is suitable for students at all levels.

MONDAYS, 6:00 — 6:45pm

INTERVAL TRAINING: PUNCH CARD

Simple and traditional strength exercises that will improve your overall strength and posture. This total body workout is great for improving your upper and lower body's strength, balance, coordination, and power. Exercises can be performed seated and/or standing.

TUESDAYS, 9:00 — 9:45am

CHAIR YOGA: PUNCH CARD

Want to improve strength, flexibility and tone? Chair Yoga is the perfect place to get started. Val will lead you through a comprehensive routine designed to strengthen your muscles. This class is safe and appropriate for all fitness levels and abilities.

WEDNESDAYS, 10:00 — 10:45am

STRENGTH TRAINING: FOR MEN & WOMEN PUNCH CARD

By strengthening the body's largest muscle groups through functional movements, these exercises will translate to improved performance at everyday tasks such as climbing stairs, carrying groceries, and playing with your grandkids. This 45 minute class will challenge your strength, balance, and flexibility. All levels are welcomed. Seated and standing class.

WEDNESDAYS, 1:00 — 1:45pm

CARDIO STRENGTH: PUNCH CARD

Bring your energy for some cardio burst intertwined with traditional strength training exercises. This is a great beginner class to incorporate some cardio into your day that raises your heartrate to improve your overall endurance. This class consists of a 10 minute warm up, 20 minutes of cardio and strength, and 15 minutes of a seated cool down with core.

THURSDAYS, 9:00 — 9:45am

STRICTLY SITTING: PUNCH CARD

This seated therapy class will include functional movement at a slower pace through mindfulness, repetition, sequencing and variation to improve cognitive function for daily activities. Strength and flexibility exercises help with hand/eye coordination and balance.

THURSDAYS, 10:00 — 10:45am

RESTORATIVE YOGA: PUNCH CARD

Restorative Yoga is a style of yoga that uses yoga props - bolsters, blankets, blocks and straps to make all yoga poses gentle and accessible to everyone. The goal of restorative yoga is to bring balance to body and mind. Restorative Yoga helps with emotional and physical stress as well as improving immunity, lowering blood pressure, increasing flexibility and overall wellness.

FRIDAYS, 10:00 — 10:45am

SEATED ZUMBA GOLD: PUNCH CARD

Zumba Gold is a seated fitness class tailored for all older adults, including those with limited mobility. Participants engage in dance-based exercises set to Latin rhythms and music from the oldies, promoting overall health and flexibility. The class combines joyful movement with low-impact routines, creating a vibrant and inclusive atmosphere for individuals seeking a fun and accessible workout.

FRIDAYS, 11:00 — 11:45pm



Ela University is our effort to further engage our Members. These are classes including (but not limited to): Learning a Foreign Language, History, Photography, Psychology, Science, Playing an Instrument, Writing, and many others. Classes may be held weekly, biweekly, or monthly. Instructors will be either staff, professional instructors, or volunteers. **NO EXAMS...NO GRADES...NO PRESSURE**

The Road to Happiness

Wednesdays: 10:00 – 11:00am

This 8-week course is a shortened version of the most popular class ever taught at Yale University, “Psychology and the Good Life.” Join Jim as we explore what new results in psychological science teach us about how to be happier, how to feel less stressed, and how to flourish more. We’ll then have a chance to put these scientific findings into practice by building the sorts of habits that will allow us to live a happier and more fulfilling life.

Meeting Dates

July 10: Week #1

July 17: Week #2

July 24: Week #3

July 31: Week #4

August 7: Week #5

August 14: Week #6

August 21: Week #7

August 28: Week #8



Fee For Entire Course: \$10 Resident/\$20 Non-Resident

Registration is Required. No Pro-Rating

Bringing Lake Michigan Water to Lake Zurich

Tuesday, August 13

2:00 – 4:00pm

The Village of Lake Zurich has made the big decision to bring Lake Michigan water to Lake Zurich, a project that will benefit the community for generations to come. To reduce further water rate increases, Lake Zurich voters will have the opportunity during this November 5, 2024 election to vote on a small increase in the local sales tax – from 0.5% to 1%. If approved by voters through a ballot referenda, residents and businesses would save money on future water bills. It really comes down to funding the transition to Lake Michigan water with either a local 0.5% increase in the local sales tax (about 40% of which is paid by non-residents) or funding the project with a heavy reliance on increased water billing rates (paid for entirely by LZ residents).

No Charge

Sales Tax Referendum To Reduce Lake Michigan Water Rates

How will a local sales tax increase help with my water bill?

Approximately 40% of Lake Zurich's local sales tax is paid by out-of-towners. Their dollars will help pay for bringing Lake Michigan water into the village.

I want to know more! Click:
LakeZurich.org/LakeMichiganWater



Registration Required

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

Long Distance Travel Night

Monday, July 15, 6:00-7:00

Find out what all the buzz is about. Discover an entire new world when you travel with Ela 55+. Why group travel?

- | | | | |
|-----------------------|-------------------------|-----------------------|-----------------------|
| * Safety | * Professionally Guided | * Airport Transfers | * Comradery |
| * Details are covered | * Quality Insurance | * Arranged Admissions | * Value |
| * Company Experience | * Cultural Experiences | * Peace of Mind | * Provided Technology |

Enjoy appetizers and cocktails as we find out about future trips, take suggestions, and reminisce about trips we've taken.

Fee: \$5 Resident / \$10 Non – Resident

Registration is required.

Long Distance Travel and Informational Meetings

REGISTRATION IS REQUIRED FOR ALL INFORMATION MEETINGS!

EXPLORING GREAT BRITAIN & IRELAND

August 25–September 9, 2024

Document Meeting: Monday, August 12 at 6:00pm

SPOTLIGHT ON TUSCANY

November 5–13, 2024

CONTACT SUSAN DILLON FOR MORE INFO

COSTA RICA: A WORLD OF WONDER

January 25– February 5, 2025

CONTACT SUSAN DILLON FOR MORE INFO

SPOTLIGHT ON NEW YORK CITY

March 3–7, 2025

Information Meeting: Monday, July 22 at 5:00pm

DISCOVERING POLAND

April 25–May 7, 2025

Information Meeting: Monday, July 22 at 6:00pm

SPOTLIGHT ON SOUTH DAKOTA

August 29–September 4, 2025

Information Meeting: Monday, July 22 at 7:00pm

2024 & 2025 LONG DISTANCE TRAVEL

Exploring Britain & Ireland

August 25– September 8, 2024 **WAIT LIST**

DOCUMENT MEETING MONDAY, AUG. 12 AT 6:00PM

Spotlight on Tuscany

November 5–13, 2024 **WAIT LIST**

SEE SUSAN DILLON FOR ADDITIONAL INFORMATION



Costa Rica: A World of Nature

January 25–February 5, 2025

SEE SUSAN DILLON FOR ADDITIONAL INFORMATION

The smaller group size allows us to travel in small boats, intimate tours and hidden gems not available to larger groups.

Double \$4598 Per Person Single \$5,498 Triple \$4,548
INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE

MAXIMUM GROUP SIZE IS 24

- | | | | |
|------------------------|--------------------|-----------------------|-----------------------|
| • Sarapiquí | • Chocolate-Making | • Hanging Bridges | • Arenal Volcano |
| • Tirimbina Rainforest | • River Safari | • Forest Reserve Walk | • Manuel Antonio Park |

THIS PRICE AND AVAILABLE SEATS GOOD ONLY UNTIL JUNE 25, 2024.



LONG DISTANCE TRAVEL 2025

Spotlight on New York City

March 3–7, 2025

INFORMATION MEETING: MONDAY, JULY 22 AT 5:00PM

Experience the best of “the Big Apple” in this spectacular tour. From Rockefeller Center to Greenwich Village, New York City is a destination that will dazzle even the most seasoned traveler. Spend four nights in the heart of Midtown close to Central Park and Times Square. Take your seat and watch the curtain rise for two exciting Broadway shows. Ferry to the Statue of Liberty and Ellis Island. See the Empire State Building and Central Park. Visit the poignant 9/11 Museum and 9/11 Memorial. Enjoy plenty of free time to shop and explore this fabulous city on your own. Get ready to “start spreading the news!”

- Statue of Liberty
- Wall Street
- Ellis Island
- 9/11 Museum
- Two Broadway Shows
- Greenwich Village
- 9/11 Memorial

Double \$2,948 Per Person Single \$3,448 Triple \$2,918
INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Discovering Poland

April 25– May 7, 2025

INFORMATION MEETING: MONDAY, JULY 22 AT 6:00PM

On an all-encompassing tour of Poland, uncover the country’s poignant past and engaging present. Tour the thriving capital city of Warsaw, reborn after World War II. See Wawel Castle, the former home to the kings of Imperial Poland. Behold the Black Madonna while visiting the Jasna Góra Monastery. During a moving visit to Auschwitz, unveil its somber history and tragic reality. Discover Polish culture at a folklore dinner and show in Kraków. From the thriving capital city of Warsaw to the coastal city of Gdansk, experience Poland at its best.

- Warsaw
- Gdansk
- Wroclaw
- Black Madonna
- Malbork Castle
- Solidarity Shipyards
- Jasna Gora Monastery
- Krakow

Double Occupancy \$4699 Per Person
INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Spotlight on South Dakota

August 29 - September 4, 2025

INFORMATION MEETING: MONDAY, JULY 22 AT 7:00PM

Discover the stories of the Lakota and Sioux through a Native American chronicler and a visit to a Oglala Lakota Living History Village. See Crazy Horse Memorial, the world’s largest mountain sculpture still in progress. Visit iconic Mt. Rushmore. Journey through the natural beauty of Badlands National Park and stop to browse at Wall Drug. Explore historic Deadwood, the former home of Wild Bill Hickok and Calamity Jane. Travel the back-country of Custer State Park on a Jeep safari. Marvel at Devils Tower, the country’s first National Monument. Rapid City is your gateway into wild landscapes and historical landmarks.

- Mount Rushmore
- Oglala Lakota Village
- Off-Road Jeep Safari
- Custer State Park
- Badlands National Park
- Wall Drug
- Crazy Horse Memorial
- Devils Tower Monument

Double \$3,499 Per Person Single \$4,299 Triple \$3,469
INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



DAY TRIPS



Lake Geneva Lunch & Cruise

Lake Geneva
Thursday, July 18
8:30am—4:30pm



Take a scenic drive to Lake Geneva with us. Once there, it's all aboard the Lady of the Lake Boat for a 1 hour narrated tour of Lake Geneva Bay. Relax and enjoy all the scenic beauty of Lake Geneva. After our cruise we will cross the street to Popeye's, a family owned restaurant since 1972. Lunch will be a 1/4 rotisserie chicken, side,

vegetable and cookie for dessert. Soft drinks and gratuity included. We will then have an hour to explore downtown Lake Geneva.

Arrive at the Ela Township Community Center at 8:30am to pick up your lanyard.

Registration while space available or by July 3.

Fee: \$95 Resident/\$105 Non-Resident



Fee includes deluxe motorcoach transportation, lunch at Popeye's, Lake Geneva Boat Tour and driver's tip.



Chicago River Cruise on the Odyssey

Thursday, August 15
8:30am — 3:00pm

Fine dining and unrivaled skyline views await from the moment you step aboard the Premier Plus Architectural Lunch Cruise. A selection of delectable plated lunch specials and craft cocktails will delight your palate while captivating panoramas of Chicago's iconic architecture are marveled at

from our glass-enclosed vessel. Breathtaking views of Willis Tower, Navy Pier, and the Old Chicago Post Office can be enjoyed from the comfortable interior or the open-air spaces. This upscale experience on the Chicago River is complete with light architectural narration, masterful DJ entertainment, and top-notch service. Set sail for an awe-inspiring dining experience.

Arrive at the Ela Township Community Center at 8:15am to pick up your lanyard.

Fee: \$115 Resident/\$125 Non-Resident

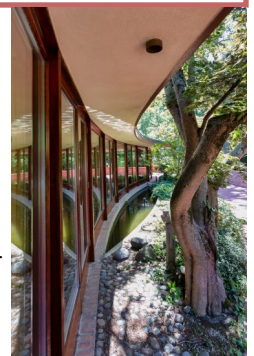
Fee includes deluxe motorcoach transportation, complete cruise package and driver's tip.

Registration while space available or by August 1.



Anderson Japanese Gardens & Laurent House Tour

Rockford, IL
Thursday, September 12
8:30am — 4:30pm



Join us for a spectacular day in Rockford as we tour the beautiful and fully accessible Anderson Japanese Gardens and Frank Lloyd Wright's Laurent House. Anderson Japanese Gardens' twelve-acre landscape of streams, waterfalls, winding pathways, and koi filled ponds has been rated one of North America's highest quality Japanese gardens for more than a decade. It is an outdoor setting that inspires the mind and energizes the soul. Frank Lloyd Wright's Laurent House, a single story Usonian home, is a rare mid-century design featuring a solar hemicycle footprint, and is considered one of the most well preserved Wright homes in existence. It is the only Wright designed building that is fully accessible. We will divide into two smaller groups to tour each site. Please note on your registration if you want to sit and tour with a specific person. Between tours we will enjoy a boxed lunch meal and soft drinks in a private room at the Anderson Japanese Garden.

Please choose your lunch selection on your registration form: 1) Fresco Club Sandwich 2) Tuscan Chicken Sandwich 3) Southwest BBQ Chicken Salad 4) Mango Berry Summer Salad (V) (Side & Cookie Included)

Arrive at the Community Center at 8:30am to pick up your lanyards and depart at 8:45am.

Fee: \$90 Resident/ \$100 Non-Resident Registration while space available or by September 3.

Fee includes admission & guided tour, lunch, deluxe motorcoach transportation & gratuities.



CUISINE CLUB

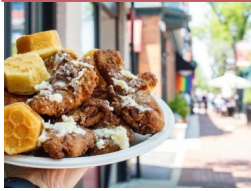


Maeverly Public House
Thursday, July 11 at Noon
20 E. Scranton Avenue, Lake Bluff
847-604-3952



Elevated American. Ever-evolving menus highlight items that are chef driven, simple and straight forward. From the sausage to the ketchup, everything is house made. Choose your entrée from: **1) Fish & Chips:** Line Caught Icelandic Cod, with Maeverly Fries & Tartar Sauce, **2) Chopped Salad:** Mixed Greens, Grilled Chicken, Grape Tomatoes, w/ Sweet Pepper Vinaigrette, **3) Maeverly Burger:** Prime Sirloin, Hook's Cheddar, Maeverly Fries, House Ketchup, **4) 15-Hour Smoked Brisket,** Maeverly Fries. Everyone will enjoy Maeverly's famous Bread Pudding with Caramel Pecan Sauce and Vanilla Bean Whipped Cream. Cash Bar.

Please note your selection on your registration page. Lunch, Soft Drinks, Dessert and Gratuity Included.
Fee: \$38 Resident / \$43 Non-Resident Register by July 3 Self Drive Event



Honey Butter Fried Chicken
Wednesday, August 7 at Noon
668 Vernon Ave., Glencoe, IL
224-377-2395

Join us at this lively suburban outpost of the acclaimed Chicago hotspot, Honey Butter Fried Chicken! Casual dining in the heart of downtown Glencoe, Honey Butter Fried Chicken created a menu just for us! Choose an entrée and a side. Soft drinks and dessert are included. Cash Bar. **Please indicate meal and side on registration form.** Delicious fried chicken, honey butter...need we say more? **Self Drive Event**

Fee: \$32 Resident / \$37 Non-Resident Register by July 29

HONEY BUTTER FRIED CHICKEN

Welcome, Eta Township Community Center Cuisine Club!

CHOOSE A MEAL

FRIED CHICKEN STRIPS BASKET

CHOICE OF DIPPING SAUCE

HONEY BUTTER FRIED CHICKEN SANDWICH

FRIED CHICKEN STRIPS AND HONEY BUTTER

THE NAME SAYS IT ALL!

2 PIECE FRIED CHICKEN

BONELESS BREAST & THIGH

SERVED WITH CORN MUFFINS AND HONEY BUTTER

H.B.F.C. SALAD

FRIED OR CHARBROILED CHICKEN,

LEAFY GREENS, SPICED SUNFLOWER SEEDS,

CARROT AND CELERY GARDINIERA,

CORNBREAD CROUTONS, CITRUS POPPYSEED DRESSING

CHOOSE A SIDE

PIMENTO MAC & CHEESE

WITH WISCONSIN CHEDDAR & BREADCRUMBS

KALE & CABBAGE SLAW

CITRUS POPPYSEED VINAIGRETTE & SPICED SUNFLOWER SEEDS

FRENCH FRIES

SCHMALTZ SMASHED POTATOES

ROSEMARY GRAVY



Green Basil Thai Restaurant & Bar

Thursday, September 26 at 11:30am
701 N. Milwaukee Ave. #284, Vernon Hills 847-924-1628

Green Basil Thai Restaurant is an elegant but affordable dining experience of authentic family recipes that have been handed down for generations. We will start with the Thai Sampler of Steamed shrimps dumplings, Fried potsticker chicken, Crispy shrimp wonton and Vegetable egg rolls served with sweet brown sauce and sweet and sour sauce. Next we will enjoy the House Soup and Salad. Choose your entree that day at the restaurant from their large menu that includes many classics. For dessert we will enjoy the House Specialty, Kanom Krok, petite Thai coconut pancakes with sweet coconut milk, delicious!

Lunch, Soft Drinks and Gratuity included. Cash Bar.

Fee: \$35 Resident / \$40 Non-Resident Register by September 19 Self Drive Event

MEN'S TRIPS



Harley Davidson Museum
Thursday, August 1, 9:00am - 2:30pm
400 W Canal St., Milwaukee, WI



With an unrivaled collection of Harley-Davidson motorcycles and memorabilia on two floors of exhibits and one-of-a-kind shopping and dining experiences, the Harley-Davidson Museum is one of Milwaukee's top tourist destinations for visitors from around the globe. After a self-guided tour, participants may enjoy some incredible food from Motor Restaurant located in the museum.

FEE: \$30 Resident / \$35 Non-Resident (INCLUDES RIDE) LIMIT 14 LUNCH IS ON YOUR OWN
Register by July 24.

CLUBS

Art Club

Tuesdays

10:00 — 11:15am

Feeling creative? Come join our Art Group. This paper led group meets weekly, no experience necessary. Painting and drawing, watercolors, acrylics, pastels, colored pencil, charcoal, and more. We have supplies on hand to get you going. If you are looking for people who happily share talents, to teach or learn, come join us.

Fee: \$5 Month (No Pro-Rating)

Ukulele Club

1st and 3rd Tuesdays

1:00 — 2:00pm

We meet weekly to sing and play ukuleles together, and to develop our ukulele skills. All skill levels are welcome, just bring your own ukulele. You are welcome to sit in on any of our meetings to see if you'd like to join our fun and friendly group!

\$20 Annual Fee (No Pro-Rating)

Guitar Club

2nd and 4th Tuesdays

1:00 — 2:00pm

The Guitar Group meets the 2nd and 4th Tuesdays of the month to sing, play guitar together and develop our guitar skills. Newcomers are welcome if they have their own guitar. Anyone is welcome to just sit in and listen.

\$20 Annual Fee (No Pro-Rating)

Donuts with the Director

Wednesday, August 21

9:00 — 9:45am

Join Director Susan Dillon to exchange ideas, and eat donuts! This is an open round table discussion...very informal.

No Charge

Registration is required.



Open Ping Pong

Fridays

1:00 — 2:00pm

Snow on the tennis court? No problem. Bring your racquet skills and hone in on your hand-eye coordination with the quick paced game of Ping Pong.

GYM SHOES REQUIRED No Fee.

PLAYING CARDS TUESDAY

NEW! THERE IS NOW A \$10 ANNUAL FEE FOR ALL CARD GAMES

POKER

9:00—11:00am

PINOCHLE

10:00—11:30am

BRIDGE

12:00—3:00pm

Registration Required.

\$10 Annual Fee (No Pro-Rating)



PARTICIPANTS MUST REGISTER FOR ALL GAMES

Open Discussions

Mondays, 12:00 — 1:00pm

Each month members watch a brief documentary on their own and then join Jim Dalbec to have open, honest discussions. Topical, sometimes controversial issues are covered; from Mental Health to Racism to Pollution.

No Fee

Registration is required.



July 8: Beyond The Now

Part One of a six-part series in an effort to widen our perspective of time beyond our lifetimes. We'll meet the individuals with ideas that can shape a better, more sustainable future that each generation can build upon. See the science behind how humans perceive the future.

August 5: Guantánamo Bay

Around 780 people have been detained at Guantánamo Bay, Cuba since the prison opened in January 2002 in the aftermath of the 9/11 attacks. 30 men remain there today, many of whom have not been charged. We will discuss the lasting impact of Gitmo on both prisoners and guards and its ethical dilemmas.

September 9: Homelessness

On any given day, it is estimated that as many as 65,000 men, women, and children are currently experiencing homelessness on Chicago's streets. We will go beyond the stereotypes society often assigns to unhoused individuals through firsthand perspectives of real people navigating hardships.

Reel Talk

Flex your mental muscle as together we take in a documentary followed by a round table discussion.

Fee for Each: \$3 Resident/\$5 Non-Resident Price is per session

20 Days in Mariupol

Wednesday, July 17, 12:00 — 2:00pm

An AP team of Ukrainian journalists trapped in the besieged city of Mariupol struggle to continue their work documenting atrocities of the Russian invasion. As the only international reporters who remain in the city, they capture what later become defining images of the war: dying children, mass graves, the bombing of a maternity hospital, and more. The film offers a vivid, harrowing account of civilians caught in the siege, as well as a window into what it's like to report from a conflict zone, and the impact of such journalism around the globe.

WARNING: EXTREMELY GRAPHIC IMAGES OF WAR. VIEWER DISCRETION ADVISED

Jim Henson: Idea Man

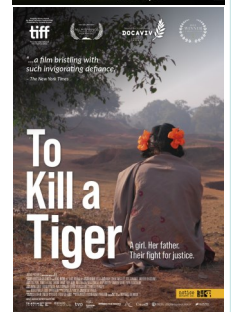
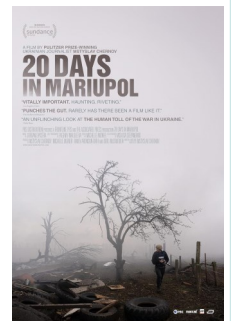
Wednesday, August 14, 12:00 — 2:00pm

Jim Henson Idea Man takes us into the mind of this singular creative visionary, from his early years puppeteering on local television to the worldwide success of Sesame Street, The Muppet Show, and beyond. Featuring unprecedented access to Jim's personal archives, Director Ron Howard brings us a fascinating and insightful look at a complex man whose boundless imagination inspired the world.

To Kill A Tiger

Wednesday, September 11, 12:00 — 2:00pm

Ranjit, a farmer in India, takes on the fight of his life when he demands justice for his 13-year-old daughter, the victim of a brutal gang rape. In India, where a rape is reported every 20 minutes and conviction rates are less than 30 percent, Ranjit's decision to support his daughter is virtually unheard of, and his journey unprecedented.



LUNCH & LEARNS

Tuesdays 11:30am — 1:00pm

HAVE A DELICIOUS HOMEMADE LUNCH AND THEN BE ENTERTAINED AND ENLIGHTENED.

**Fee per session: \$12 Resident/\$17 Non-Resident *\$1 Added for Gluten Free
Price includes lunch
Participants must register one week prior**

July

Technologies That Will Change The World

Jim Dalbec

July 16

Technology is progressing faster than ever, with ground-breaking new ideas being explored every day. Some of these ideas seem straight out of a Sci-Fi movie, but are quickly becoming a reality. Join Jim as he covers some of the most innovative and amazing technologies that will soon change the world.

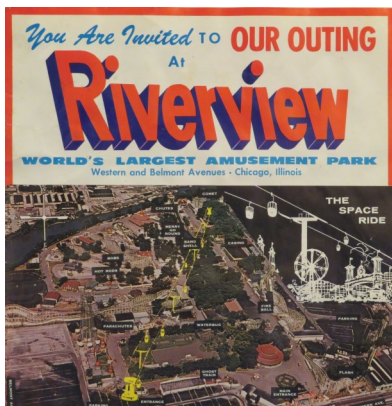


Riverview Remembered

Cheryl Brown

July 30

Riverview was at one point the world's largest amusement park right here in the city of Chicago. Join Cheryl Brown as she explains the attractions and rides: Aladdin's Castle, the Bobs, Shoot the Chutes, Flying Turns, Pair-o-chutes and more. Enjoy pictures of the amazing park that opened in 1904 and discover why it suddenly closed in 1967.



August

The British Invasion of America

John Lyons

August 6

From James Bond to the Beatles or the Avengers to the mini skirt, British movies, music, television, fashion and theatre have had a profound influence on American society. Through the use of music, video and many unseen photographs from the 1960s and 1970s, this highly entertaining presentation brings to life the British invasion of America.

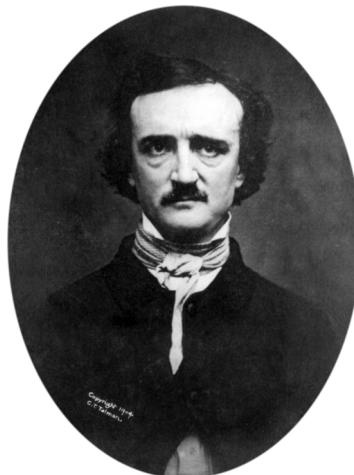


Edgar Allan Poe

William Pack

August 20

William exhumes the tragic life and remarkable writings of this American genius, Edgar Allan Poe. This program is a biography lecture and relies heavily on dramatic story readings to bring Poe's disturbing writing (Tell-Tale Heart, The Raven, M. Valdemar) to life.



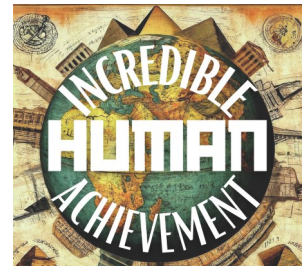
September

Incredible Human Achievements

Jim Dalbec

September 10

Sometimes despite everything you've accomplished in life, you just have to tip your hat to someone and say, "Wow, I could never do that." Today we will cover several of those stories. So put on your sweatpants and grab a comfy spot on the couch as we look at some incredible human achievements.



Outdoor Concert

Erik Donner

September 24

Erik Donner is the son of Chicago legend and national recording artist Ral Donner, who had many hits in the early '60's. Erik pays tribute not only to his father and his biggest hit, "You Don't Know What You've Got (Until You Lose It)," but also great legendary artists that Ral shared the top of the charts with during the early days of Rock and Roll, such as Elvis, Buddy Holly, Jerry Lee Lewis, Dion & The Belmonts and more.



LUNCH & MOVIES

Thursdays 11:30am – 2:00pm

Join us each month to enjoy a delicious homemade Ela Eatery Lunch, followed by a movie on our big screen.

Fee: \$10 Resident/ \$15 Non – Resident *\$1 Added for Gluten Free

Price includes lunch

Participants must register one week prior

July

Barbie
July 25

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.



Looking for another movie this month? Check out page 27 Weekend Wonders.

August

June Again
August 8

During a fleeting bout of lucidity from her dementia, June Wilton has precious little time to bring together her estranged children, save the family business, and rekindle an old flame.



POMS
August 22

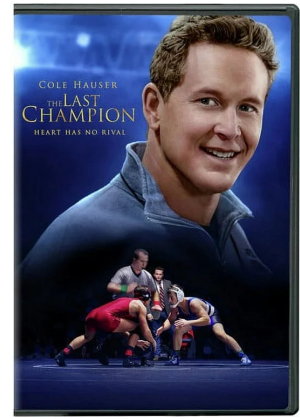
POMS is a comedy about a group of women who form a cheerleading squad at their retirement community, proving that you're never too old to 'bring it!'



September

The Last Champion
September 5

John Wright, a former championship wrestler and promising Olympian, is forced to face his past when he returns to the hometown he left in disgrace twenty years earlier.



Ghostbusters: Afterlife
September 19

When a single mom and her two kids arrive in a small town, they begin to discover their connection to the original Ghostbusters and the secret legacy their grandfather left behind.



Ela Eatery Homemade Lunches

Call or email us at 847-438-9160/jimd@elatowship.org to order by **5:00pm** Thursday of the prior week. All lunches are **\$6.00** and served at 11:30am. All lunches have **DESSERT**. ***\$1 Added for Gluten Free**
All ordered lunches must be paid for, even if not attended. To Go Containers .50 each.

QUARTERLY MENU

Tue, 7/2 Chicken Kebobs with Fresh Corn Salad

Thu, 7/4 **CENTER CLOSED FOR INDEPENDENCE DAY**

Tue, 7/9 Tuna Melt and Summer Green Bean Salad

Thu, 7/11 **NO LUNCH CUISINE CLUB**

Tue, 7/16 BBQ Chicken Sandwich and Veggie Slaw

Thu, 7/18 **NO LUNCH DAY TRIP**

Tue, 7/23 Cobb Salad with Fresh Fruit

Thu, 7/25 Orange Ginger Salmon over Rice with Veggies

Tue, 7/30 BLT and French Potato Salad

Thu, 8/1 Shrimp Tacos with Creamy Black Beans

Tue, 8/6 Asian Chopped Salad with Chicken

Thu, 8/8 Turkey BLT with Chips and a Pickle

Tue, 8/13 Patty Melt with Potato Salad

Thu, 8/15 **NO LUNCH DAY TRIP**

Tue, 8/20 Korean Beef Tacos with Asian Slaw

Thu, 8/22 Quiche with Salad

Tue, 8/27 Grilled Salmon Salad with Mixed Greens and a Roll

Thu, 8/29 Carrot Ginger Rice Bowl with Shrimp

Tue, 9/3 Chicken Salad with a Croissant and Fruit

Thu, 9/5 Sloppy Joe and Baked Beans

Tue, 9/10 Chicken Enchiladas and Tex Mex Salad

Thu, 9/12 **NO LUNCH DAY TRIP**

Tue, 9/17 Mushroom Panini with Salad

Thu, 9/19 Honey Ham & Havarti Panini w/ Chips & Pickle

Tue, 9/24 Pulled Pork and Cole Slaw

Thu, 9/26 **NO LUNCH CUISINE CLUB**

Join us every Tuesday and Thursday for a delicious lunch and a chance to sit and visit with each other. For only \$6/each, lunches are made daily with fresh ingredients and painstaking care.

Lunches are not available on days that we have Day Trips or Cuisine Clubs.

***Have some time you can spare?
We are looking for kitchen
volunteers.***

Dishwashing: We would love some extra help in the kitchen on Thursdays for lunch service, monthly help cleaning up for cooking classes and Friday night Special Events.

Meal Prep: Help chopping, dicing, mixing and creating in the kitchen for our lunches, classes and special events.

Contact Jill or Susan for more details and to sign up to volunteer.

PROGRAMS & CLASSES



First Fridays Club

Time to connect with people, build friendships and get out of the house. Join us the first Friday of each month for a new way to connect with others. Calling all of our single folks!

Singles/divorcees/widows and widowers; this is for you!

Lake Zurich Farmers Market

Friday, July 12

3:00 – 4:00pm

200 s Rand Road Lake Zurich



Ever wonder what the local farmers market has? Let's check out all the vendors selling produce, bakery items, sauces, honey, pesto, spices, cheese, eggs, fresh meat, seafood, and more.

No Fee Registration is required

Sunset Pavilion

Friday, August 2

5:30 – 7:00pm

125 N. Old Rand Road Lake Zurich



Serving a variety of craft beers, wine, small bites, gelato and the best sunsets. This Lake Zurich mainstay is where the beer is cold and the sunsets are free.

Self Pay Registration is required

Pizza & Movie

Friday, September 6

5:30 – 7:30pm

Ela Community Center



Join us for pizza, catch up with friends and we will vote on which movie we watch that night.

Fee: \$15 Resident/\$18 Non-Resident Registration is required

\$5 Rides can be added onto some programs. First come first served. Space is limited.



Laura's Scratch Baking

Ela Township Community Center

Wednesdays, 5:30 – 7:00pm

You asked for it, so let's do this! I really enjoy baking, even thought about having my own bakery. Each month I will share one recipe, teach you the techniques, make the recipe with you and do a little taste testing!

Fee Per Month: \$5 Resident / \$10 Non-Resident

July 24

Strawberry Pie



August 28

Peach Cobbler



September 25

Ho Ho Cake



Bowling

Bowlero, 21080 N. Route 12, Lake Zurich

Tuesdays, July 23, August 27, September 24

2:00–4:00pm



Join us once again as we stay active indoors while having fun. Whether your scores are double digit or triple digit, all are welcome to join in on the action.

Fee Per Month: \$12 Resident/\$15 Non-Resident

(fee includes two hours of bowling and shoes) **Self-Drive Event**

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

CRAFTS

Hydrangea Door Hanger

Tuesday, July 16
5:00 – 6:30pm



Welcome friends and family to your home with this simple and elegant door hanger. We will use four simple supplies to effortlessly create this hanger. Choice of ribbon and hydrangea colors will be available.

Fee: \$25 Resident/\$30 Non-Resident
Sign up at least one week in advance.

Decoupage Plant Stand

Tuesday, August 6
5:00 – 6:30pm



Transform a plain wood plant stand into a creative eye catching piece for your home. You can use paint, stencils, and cardstock to complete your own unique stand.

Fee: \$20 Resident/\$25 Non-Resident
Sign up at least one week in advance.

Homemade Irish Cream

Tuesday, September 10
5:00 – 6:30pm



This recipe is the perfect addition to your morning coffee, delicious served over ice cream for dessert and perfect over ice for sipping.

Fee: \$20 Residents / \$25 Non-Resident
Sign up at least one week in advance.

SNACK & CHATS

Mondays 6:00 – 7:00pm

Enjoy a delicious snack along with a presentation covering an array of topics.

Fee per session: \$9 Resident/\$12 Non-Resident
Participants must register one week prior

Travel & Packing Hacks

July 29



You would be amazed at some of the easy hacks that can make your traveling so much easier and your packing so much better.

5-Ingredient/30-Minute Recipes

August 19



Tired of buying groceries and then throwing them out? How about a few stand by, quick and easy recipes that will get you through the week without costing you a fortune and taking up all of your time.

Easy Snacks for a Mediterranean Diet

September 30



It's Summer, and we all want to eat healthy! The Mediterranean Diet is so good for you, but who wants to spend all their time cooking. You will learn some quick and easy recipes so that you can have healthy snacks on hand at all times.

EVENING PROGRAMS & CLASSES



Shake, Rattle, and Roll with BUNCO!

Thursdays: July 25, August 22, September 26

5:30 – 7:00pm

Come and have some FUN! FUN! FUN! One Thursday a month. We will have a cash bar with Beer and Wine, a Sweet Table, and most importantly CASH PRIZES. Bring your friends and Party Bunco Style!

We will change partners every round, this will give you a chance to socialize with EVERYONE. Cash prizes for 1st and 2nd places; and of course, there will be a boobie prize for the lowest score. Prizes based on number of attendees. Don't know how to play, don't worry, it's easy we will teach you.

Fee: \$5.00/ Pay with Registration Required. No Refunds

Ice Cream with the Director

Monday, September 23

5:30 – 6:30pm



Join Ela Township Community Programs Director, Susan Dillon for an hour of roundtable discussions. Take this opportunity to voice your ideas, suggestions, comments and critiques. And of course, enjoy some ice cream.

No Charge

Registration is required.

Left-Center-Right

Thursdays: July 11, August 1, September 5

5:30 – 6:30pm

LCR Left Center Right is a fun, fast-paced dice game that you won't be able to put down!

Left center right involves both luck and strategy where players take turns to roll the dice and pass poker chips based on the outcome of dice rolls. The goal is to be the only player to have chips remaining by the end. Enjoy a drink of choice and get ready to roll. Bring singles.

No Fee

Registration is required



Seven Up

7-UP

Thursdays: July 18, August 8, September 12

5:30 – 6:30pm



Seven Up is a fairly simple game that can be explained to new Players within five minutes. The game is largely based on luck, with very little skill involved. Bring quarters...a lot of them. **Seven Up** is a straight-forward trick-taking card game that can be played with 2 to 4 Players at each table.

No Fee

Registration is required

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2



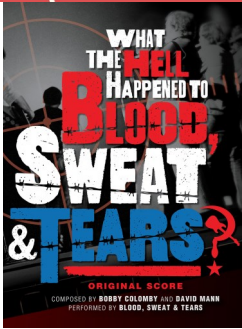
Music Documentaries

Music Reel Talk

Tuesdays, July 23, August 20, September 3
5:30 – 7:30pm

Join us at the Ela Community Center each month as we spend an evening watching and listening to a documentary on our favorite musicians and bands. After watching we take a few moments to chat and reminisce.

Fee For Each: \$3 Resident/ \$5 Non-Resident



What the Hell Happened to Blood, Sweat & Tears? July 23

In 1970, Blood, Sweat and Tears was one of the biggest bands in the world. Their future was limitless, and then it all went wrong.



The Greatest Night in Pop August 20

“We Are the World” gathered together dozens of pop and rock luminaries on one unprecedented night to raise millions of dollars in humanitarian aid for African famine relief. This is how it happened.



Wynonna Judd: Between Hell and Hallelujah September 3

Follows Wynonna Judd's life as she continues with her next chapter after Naomi Judd's passing.

Trivia Night

Fridays: August 9, September 27
5:30 – 7:00pm

Looking for an interactive experience, encouraging cooperation and friendly competition? Join us for Trivia Night! Topics covered each round will range from music, sports, decades, pop culture, franchise trivia and so much more. Prizes for the winning team, and if you don't have a team, don't worry! We will select teams the night of the event.

Light refreshments will be served and prizes are based on the number of attendees. Cash Bar.

Fee For Each: \$5 Resident/ \$7 Non-Resident
Sign up at least one week in advance.



CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

EVENING PROGRAMS & CLASSES



Comedy Night

Tuesdays, 6:00 – 7:00pm

Each month we will come together to laugh! We have selected comedians who are clean for all to enjoy!

Fee for Each: \$3 Resident/ \$5 Non-Resident



July 30: Nate Bargatze

The Tennessee Kid

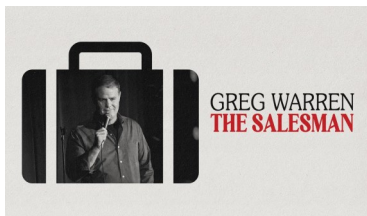
Nate touches on air travel, cheap weddings, college football, chocolate milk and the perils of ordering coffee in this stand-up special



August 13: Brian Regan

Nunchucks & Flamethrowers

Brian takes relatable family humor to new heights as he talks board games, underwear elastic and looking for hot dogs in all the wrong places.



September 24: Greg Warren

The Salesman

Comedian Greg Warren once had a career spreading a different kind of joy: peanut butter. The Salesman, special directed by Nate Bargatze, delivers delicious, clean comedy and uncovers the humor in America's favorite cabinet staple.

MID-WEEK MAYHEM



Virtual Cocktail Tasting

Wednesday, August 21

6:00 – 7:00pm

Enjoy some classic cocktails while enjoying a prepared snack and lounging at home. Pick up your food and cocktails at 2:00pm and join us on Zoom at 6:00pm.

Cocktails will include:

Campari Spritz

Ginger Snap

Mezcal Sour

Rum Punch

Fee: \$15 Resident/\$20 Non-Resident

Register by August 14

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

FRIDAY FUN NIGHTS



Dixie Land Jazz Night

Friday, July 26

6:00 – 8:00pm

Live Dixie Land Jazz Band

Menu:

BBQ Pulled Chicken Sliders

BBQ Pulled Pork Sliders

Tangy Coleslaw

Garden Tomato, Cucumber, Green Bean Salad

Fresh Baked Fruit Crisp

with Vanilla Bean Ice Cream

Fee: \$25 Resident/\$30 Non-Resident

Cash Bar

Register by July 19

Alert us of any food allergies at sign up.



Wisconsin Supper Club Dinner

Friday, August 23

6:00 – 8:00pm

Enjoy a classic Wisconsin Supper Club dinner without leaving Ela Township. Join us as we roll out your favorite Supper Club Classics.

English Inn Spinach Salad

BBQ Ribs

Loaded Baked Potatoes

Summer Veggie Slaw

Dessert: Flight of Ice Cream Cocktails

Fee: \$25 Resident / \$30 Non-Resident

Cash Bar

Register by August 16

Alert us of any food allergies at sign up.



An Evening of Magic & Illusion

With The Spellbinder

Friday, September 20

6:30 – 8:00pm

Prepare to be amazed and mesmerized by the magic of Walter King Jr., The Spellbinder.

The Spellbinder combines charm and sleight of hand with some of the best stage illusions you are likely to ever see.

Cash Bar. Light Snacks

Fee: \$10 Resident/\$15 Non-Resident

Register by September 13

CENTER CLOSED JULY 4 & 5, SEPTEMBER 2

FRIDAY FUN NIGHTS : SUMMER CONCERT SERIES

SUMMER CONCERT SERIES



On the Patio at Ela Township Community Center

6:30—8:00pm



**Flat Creek
Hwy
July 19**

Singers and players of Bluegrass, Americana and Pop with blended harmonies.



**Mark Dvorak
August 16**

Chicago's official troubadour, Dvorak has released 20 CD's and is a living archive of song and style. Mark's folk music will inspire and enthrall you.



**Chris O'Brien
September 13**

From Stevie Wonder to Sam Smith; Bill Withers to Elton John, Chris will have you tapping and singing along.

Enjoy live music and comradery with a fun concert on the patio at the Ela Township Community Center.

Cash bar, light snacks, great music!

Register at least one week in advance.

Fee For Each: \$10 Resident / \$15 Non-Resident

WEEKEND WONDERS

Movie & Ice Cream: The Boys in the Boat

**Saturday, July 21
6:00—8:00pm**



Directed by George Clooney, learn the incredible true story of Washington's rowing team that won gold at the 1936 Berlin Olympics and enjoy some Ice Cream.

**Fee: \$8 Resident / \$13 Non-Resident
Registration Required**

Olympic Closing Ceremony Watch Party

**Saturday, August 11
7:00—9:00pm**

Join us to watch what the French have planned for the Olympic Closing Ceremonies.

Light Snacks & Cash Bar

**Fee: \$5 Resident / \$10 Non-Resident
Registration Required**



Community Center Celebration

**Saturday, September 14
1:00—4:00pm**

Join us for the kick-off of National Senior Center Week.

Registration Required

JULY 2024

1	2 Alzheimer's Support	3	4 CENTER CLOSED	5 CENTER CLOSED
8 Open Discussions	9	10 Happiness Class Parkinson Support Group	11 Cuisine Club Ela Board Meeting LCR	12 First Fridays
15 Volunteer Meeting	16 Lunch & Learn Craft	17 Happiness Class Reel Talk Repair Café	18 Lake Geneva Day Trip 7-UP	19 Summer Concert
22 NYC/Poland/South Dakota Info Meetings	23 Bowling Music Reel Talk	24 Happiness Class Laura's Baking	25 Lunch & Movie BUNCO	26 Dixieland Jazz
29 Snack & Chat	30 Lunch & Learn Comedy Night	31 Happiness Class		

AUGUST 2024

			1 Men's Trip-Harley LCR	2 First Fridays
5 Open Discussions	6 Lunch & Learn Alzheimer's Support Craft	7 Happiness Class Cuisine Club	8 Lunch & Movie 7-UP Ela Board Meeting	9 Pillow Making Trivia Night
12 GREAT BRITAIN DOC MTG.	13 Water To LZ Class Comedy Night	14 Happiness Class Reel Talk Parkinson Support	15 Chicago River Cruise	16 Fantasy Football Draft Summer Concert
19 Snack & Chat	20 Lunch & Learn Music Reel Talk	21 Happiness Class Donuts with Director Repair Café Virtual Cocktails	22 Lunch & Movie BUNCO	23 Wisconsin Supper Club
26 GREAT BRITAIN	27 Bowling GREAT BRITAIN	28 Happiness Class Laura's Baking GREAT BRITAIN	29 GREAT BRITAIN	30 GREAT BRITAIN

SEPTEMBER 2024

2 CENTER CLOSED GREAT BRITAIN	3 Alzheimer's Support Music Reel Talk GREAT BRITAIN	4 GREAT BRITAIN	5 Lunch & Movie LCR GREAT BRITAIN	6 First Fridays GREAT BRITAIN
9 Open Discussions	10 Lunch & Learn Craft	11 Reel Talk Parkinson Support	12 Anderson Gardens Trip 7-UP Ela Board Meeting	13 Death Café Summer Concert
16 Mindful Aging	17 Aging Well Scam Prevention	18 Sec. of State Joy of Retirement Repair Café	19 Lunch & Movie Heathy Living Parkinsons Hospital Safety	20 Vaccine Clinic Property Tax Relief Self-Defense Magic & Illusion
23/30 Ice Cream with Director Snack & Chat	24 Lunch & Learn Bowling Comedy Night	25 Laura's Baking	26 Cuisine Club BUNCO	27 Trivia Night

Ela Township 55+
380 Surryse Road
Lake Zurich, IL 60047

PRSR STD
U.S. POSTAGE
PAID
MILWAUKEE, WI
PERMIT NO. 530

Ela Township Contacts

Ela Township Community Center

Susan Dillon, Community Programs Director

susand@elatownship.org

847-438-9160

Jim Dalbec, Assistant Director

jimd@elatownship.org

847-438-9160

Joseph Cacciatore, Youth Coordinator

youth@elatownship.org

Lisa Gaggiano, Senior Resource Specialist

lisag@elatownship.org

Laura Kulawik, Evening Program Coordinator

laurak@elatownship.org

Ela Township Town Hall (Supervisor/Clerk Office)

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-438-7823

Ted Marciniak, Township Manager

Ela Township Assessor's Office

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-438-8370

Ela Township Highway Department

23605 Echo Lake Rd, Lake Zurich, IL. 60047 | 847-438-2371

Ela Health & Wellness

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-540-8380

Ela Township Youth Services

380 Surryse Road, Lake Zurich, IL. 60047 | 847-438-9160

Ela Township Senior/Disabled Bus Service

847-438-6677

Ela Historical Society & Museum

95 E. Main Street, Lake Zurich, IL. 60047 | 847-438-2086

Ela Township Cemeteries

847-204-3541

Ela Township Elected Officials

Gloria Palmblad, Supervisor

Lucy Prouty, Clerk

Larry Bowman, Trustee

Doug Samz, Trustee

Tosi Ufodike, Trustee

Laurie Wilhoit, Trustee



Mark Your Calendar

» UPCOMING EVENTS

Vaccine Clinic

Friday, September 20

Friday Fun Nights

Friday, July 26

Friday, August 23

Friday, September 20

Concerts on the Patio

Friday, July 19

Friday, August 16

Friday, September 23

Weekend Wonders

Saturday, July 21

Saturday, August 11

Saturday, September 14