



Supervisor's Office
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HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich
Lower Level Board Room
Wednesday, August 21, 2024 – 10:00 A.M.

MEETING MINUTES – APPROVED September 12, 2024

1. Call to Order: Chair Trustee Samz called the August 21, 2024, Health & Wellness Committee meeting to order at 10:00 a.m.
2. Roll Call: Present were Chair Trustee Samz, Second Chair Trustee Ufodike, Supervisor Palmblad, Township Manager Marciniak, and Health & Wellness Director Sara Marx.
3. Public Comment: None.
4. Groups: Grief Group, Last Tuesday of the month from 3-4:30 p.m. This group continues to be well attended.
5. Events: Library event held on the second Monday of the month, the position in the library has moved and is now more visible and is better utilized. Director Marx spoke with five people in two hours and will look to create flyers that highlight Health and Wellness services for future events. Township will be hosting a library staff training on 9/20 at 9:30am. LZFD training scheduled for November, exact date to be determined later. September, Mindful Aging: Spotlight on mental health in older adults, to be hosted at the Community Center's Senior Resource Fair. Betsy has two EA/GA trainings this week. AITCOY membership has become overwhelming, so Director Marx to reach out and propose changes to meeting schedule and format. To prepare for the holiday season, Director Marx will reach out to Jewel, Blue Heron Café and Beelow's to see if they are willing to donate meals for Thanksgiving and Christmas. Unsure if the toy drive will be feasible this year, Director Marx to reach out to Messiah Lutheran Church.
6. Lending Closet: Director Marx spoke with Hanover Township, and they utilize My Senior Center to manage lending closet, further discussions to take place before the Township transitions to taking possible deposits or donations. Began working on possible new signage for Lending Closet.
7. Staffing: Still down one clinician, however Director Marx has been in contact with a possible lead.
8. Monthly Statistics & Trends: Director Marx shared last quarters numbers, minus the month of August since still in current month.
9. New Business: TherapyNotes new pricing going into place starting October 1st. Pricing might increase by \$103 per month. Director Marx working with sales team to see if can keep current rate or a reduced rate. Director Marx working on updating Health and Wellness website.
10. Old Business: None.
11. Set Date for Next Health & Wellness Committee Meeting: Tentatively scheduled for 10/30 at 10am.
12. Adjournment: Chair Samz adjourned the meeting at 10:46 a.m.

Respectfully submitted: Township Manager Marciniak