

Ela Township Community Center

— October, November, December 2025 —



Ela Township Community Center Mission Statement

Ela Township Community Center is dedicated to enriching the lives of residents through quality recreational, social, and supportive services in a welcoming, inclusive environment.


Center Hours:
Monday—Friday
8:30am — 5:30pm

***CENTER
CLOSED***

OCTOBER 1-3, 13

NOVEMBER 11, 27-28

DECEMBER 24-25

Ela Community Center
380 Surryse Road, Lake Zurich 60047
Susan Dillon
Community Programs Director
847-438-9160
elatownship.gov/seniors
Ela Township 55+ on 

**Online Registration Available For Day Trips and Cuisine Clubs
on MyActiveCenter.com (Must Have Key Tag To Register)**

***Join
Ela 50+***

ELA TOWNSHIP RESIDENTS

Membership to Ela 50+ is free to ALL residents of Ela Township 50 and older. To register: come to the Ela Township Community Center with valid ID and current utility bill. There is a \$5 charge for replacement key fobs.

NON-RESIDENTS

All Non—Residents must pay their Annual Fee prior to registering for any programs. For an annual rate of \$40 per person, those residing outside of Ela Township can enjoy the benefits of programs for Ela Township residents.

***LENDING
CLOSET***

Ela Township Health and Wellness Department has a lending closet available to all township residents. Items such as wheelchairs, walkers, risers and canes are available for use.

For specific availability call (847)540-8380.

Ela Township Town Hall: 1155 E. Route 22, Lake Zurich, IL. 60047

WE HAVE LITHUANIAN, RUSSIAN AND SPANISH TRANSLATORS

Table of Contents

General Info & Meetings	2
Services & Support	3
Community	4
Youth Programs	5
Long Distance Travel	6-7
Day Trips & Cuisine Club	8-9
Health & Wellness	10
Ela Eatery Menu	11
Lunch & Learns	12
Lunch & Movie/Music Reel Talk	13
Think Tank	14
Movie Mondays/Year of Beer	15
Ela U	16
Mental Health Series	17
Classes & Programs	18-19
Games & Clubs	20
Classes & Special Events	21-22
Weekend Wonders & Programs	23
Calendar Page	24
Registration	25-27

Meet the Ela Community Center Staff



Susan Dillon
Community Programs Director



Jim Dalbec
Assistant Community
Programs Director



Joseph Cacciatore
Youth Director



Lisa Gaggiano
Resource Specialist



Mitzi Weiland
Legacy & Arts Program
Specialist



Lina Lunyte
Registration Specialist

Volunteer Meeting

Wednesday, November 19th @ Noon — 1:00pm

Join Lisa for an informational meeting on all things Volunteer. Learn what is happening, all updates and new opportunities to share your time and talents.

No Charge Registration Required

Pillow Making Workshop

Friday, November 14, 10:00am — 12:00pm

Let's stuff and sew pillows for patients who deserve a little comfort at Good Shepherd Hospital. Good Shepherd Hospital Auxiliary will supply the materials and we will host the workshop here at the Ela Township Community Center.

No Charge Registration Required

COFFEE TALK

Wednesday, November 5

9:00 — 9:45am

Join our round table conversation to share your constructive suggestions, ideas and input; and enjoy a little coffee & pastries along the way.

Registration is required.

Ela Township 50+ Senior Resource Services

Our senior resource office assists Ela Township residents with many programs and links them with services to promote independence and a sense of well-being. Lisa Gaggiano, our Senior Resource Specialist, will help you in any way possible.

- *SNAP (Food stamp program)*
- *Benefit Access Program/Discount on license plates and Ride Free RTA pass*
- *Senior Health Insurance Counseling and Education (SHIP)*

- *Pharmaceutical Assistance Program*
- *Extra Help/Medicare Savings Program Screening and Application Assistance*
- *Trained by the Illinois Department on Aging*
- *As always, SHIP counseling is **FREE!***

Call to schedule your telephone, zoom or in person appointment. 847-438-9160 or lisag@elatownship.gov

MEDICARE OPEN ENROLLMENT PERIOD



Schedule your Appointment Today!

847-438-9160

[Lisa Gaggiano, lisag@elatownship.gov](mailto:lisag@elatownship.gov)

This is a service for Ela Township Residents Only

EVERYONE with a Medicare drug plan should use this time to be sure their drug plan is still the most cost effective for 2026!

Trained by the Illinois Department on Aging, we have a

wealth of information available for all who are eligible for Medicare.

Limit of 5 appointments per day. NO WALK - INS.

What's New in Medicare?

Monday, December 8th, 1:00 — 2:00pm

Keep up to date by attending this presentation, giving an overview of the changes with Social Security and Medicare of 2026. It will also provide an overview of Social Security's online services. There will be time for Q&A at the end.

No Charge Registration is required

Ela Township Bus Service

Need transportation for shopping, errands, doctor, dentist or hair appointments? Ela Township Bus Service is offered to Ela Township residents who are 55 years or older and/or handicapped. Ela Bus Service also provides transportation to the Barrington and Palatine train station.

Call 847-438-6677 to schedule a pick up!

Bus Guidelines:

- Service area includes all of Ela Township
- Must schedule rides at least 24 hours in advance
- Exact money only
- Pickups begin at 8:30am. Appointments should not be scheduled prior to 9:15am
- Reservation lines open Monday—Friday 8am to 1pm to reserve your pick up

Alzheimer's Caregivers Support Group

Facilitated by Lisa Gaggiano

Tuesdays: 7:00—8:00pm

October 7, November 4, December 2
at Ela Area Library 2nd floor

This is a judgment free place for caregivers, family and friends of persons with dementia to:

- Develop** a support system.
- Exchange** practical information on caregiving challenges and possible solutions.
- Talk** through issues and ways of coping.
- Share** feelings, needs and concerns.
- Learn** about community resources.

No Charge Registration Required



Climate Café

Friday, November 14

1:00 — 2:30pm

Climate Café provides a friendly place to discuss climate change and how it makes us think and feel. Everyone is welcome. We will co-create a space to discuss our hopes, fears, frustrations, and opportunities about climate concerns. There is no agenda, simply an opportunity for each participant to share in a safe space.

No Charge Registration Required

Legacy Lounge

LGBTQIA+ & Allies

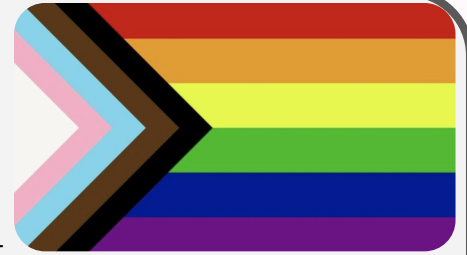
Fridays, October 17, November 7, December 5

4:00 — 5:00pm

Legacy Lounge is a warm, affirming monthly gathering created specifically for LGBTQIA+ older adults and their allies. The group honors the lived experiences, resilience, and stories of community members aged 55 and over, providing a safe, inclusive space for connection, conversation, and mutual support. Whether you're looking to share your journey, build friendships, advocate for change, or simply enjoy the company of others, Legacy Lounge is a place where your voice matters.

Primarily for LGBTQIA+ individuals aged 50+, but allies, caregivers, and younger community members interested in intergenerational connection are welcome with respect and intention.

Drop in, no registration required. No Charge



Death Café

Thursdays, 1:00—2:30pm

October 9, November 6, December 18

There are two rules for Death Café: 1. There is never an agenda.
2. There is always cake.

Join us at our monthly Death Café meeting where we will eat cake and co-create a safe space to discuss death (and all that goes along with death). Join our facilitator Mitzi Weiland LMFT, FT who formerly ran the Seattle Death Café and is a Fellow in Thanatology from the association of Death Education and Counseling (ADEC.org). Open to the public (donations welcome).

No Charge

Registration Required

Big Brothers Big Sisters

Thursdays, 5:30 — 7:00pm

October 9 & 23, November 6 & 20, December 11

Every child deserves a chance to see their potential realized. By hosting center based mentorship with children in our community, Big Brothers Big Sisters defends that potential and changes lives. Theirs. And Yours. Students and mentors meet in a group setting facilitated by a BBBS Program Facilitator every other Thursday. Program activities includes time for relationship building, a structured activity, and more! For more information contact Susan Dillon at 847-438-9160 or susand@elatownship.gov

No Charge Registration Required



Big Brothers
Big Sisters®
OF METROPOLITAN
CHICAGO



Winter Break Camp

Ela Township Winter Break Camp is a 7-day exciting camp where participants will have daily field trips, crafts, play group games, and much more!

Who? Kids in Kindergarten—6th grade that reside in Ela Township

When? December 22-23, December 26, December 29-31, January 2, and January 5

Where? Ela Township Community Center, 380 Surryse Rd. Lake Zurich, IL 60047

Spring Break Camp

Ela Township Spring Break Camp is a 5-day camp where participants will have daily field trips, crafts, play group games, and much more!

Who? Kids in Kindergarten—6th grade that reside in Ela Township

When? March 23—March 27

Where? Ela Township Community Center, 380 Surryse Rd. Lake Zurich, IL 60047



Ela Summer Camp

Ela Summer Camp is 10-weeks of games, activities, and outdoors! With Camp themes, and field trips each week, join in on the summer fun starting in June!

Who? Kids in Kindergarten—6th grade that reside in Ela Township

When? Dates will be out January 2026

Where? Knox Park Pavillon 1155 East IL 22 Lake Zurich, IL 60047

All Ela Township Camps above require participants to be a resident of Ela Township. Please call (847) 438-9160 or email joec@elatownship.gov for more information or with any questions.

*All dates and durations of camps pending District 95 calendar changes

Ela Township Homework Club

2025-2026 Kindergarten - 5th Grade



Homework Club is our after-school program offered to the youth in Ela Township. Children engage in daily activities such as completing homework, playing games, making crafts, and building friendships. The goal of Homework Club is to provide children with a safe and enjoyable environment for them to grow academically and socially.

When? After school on Mondays through Fridays until 5:30 pm, *when* Lake Zurich CUSD 95 is in session

Where? Ela Township Community Center, 380 Surryse Road, Lake Zurich, IL 60047

Please call for availability

Long Distance Travel and Informational Meetings

REGISTRATION IS REQUIRED FOR ALL INFORMATION MEETINGS!

Cocktails & Long Distance Travel

Monday, December 15

6:00 — 7:00pm

Have you taken a Long Distance Trip with us before? Interested in traveling with us in the future? Enjoy an informational meeting about future long distance travel we have planned while enjoying some drinks and light appetizers.

This evening will be filled with sneak peeks, destination ideas, and savory sips.

No Fee

Registration Required

Discover Hawaiian Adventure

Three Islands featuring O'ahu, Big Island and Maui



January 25 — February 03 2026 • 10 Days • 14 Meals

COCKTAILS & TRAVEL MEETING MONDAY, DECEMBER 15

Highlights: Waikiki Beach, Pearl Harbor, Iolani Palace, Hawai'i Volcanoes National Park, Polynesian Luau, Kona Highlights, Iao Valley

Double \$6,828 Per Person, Single \$8,328 Triple \$6,728

INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Painted Canyons of the West

featuring Utah's Five National Parks



April 12 — April 20 2026 • 9 Days • 11 Meals

COCKTAILS & TRAVEL MEETING MONDAY, DECEMBER 15

Highlights: Colorado National Monument, Moab, Arches National Park, Canyonlands National Park, Dead Horse Point State Park, Utah's Scenic Byway 24, Capitol Reef National Park, Grand Staircase-Escalante National Monument, Bryce Canyon National Park, Zion National Park, Las Vegas

Double \$4,599 Per Person, Single \$5,599 Triple \$4,549

INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Discover the Canadian Maritimes Coastal Wonders

featuring the Cabot Trail



June 20 — June 30 2026 • 11 Days • 16 Meals

COCKTAILS & TRAVEL MEETING MONDAY, DECEMBER 15

Highlights: Cabot Trail, Peggy's Cove, Fundy Trail, Hopewell Rocks, Mahone Bay, Lunenburg, Cape Breton Island, Prince Edward Island, Anne of Green Gables Museum, Grand-Pré National Historic Site

Double \$5,199 Per Person, Single \$6,299 Triple \$5,149

INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Spring Mystery Tour

An Ela 50+ Exclusive

May 4 — May 7 2026 • 4 Days

INFORMATION MEETING MONDAY, OCTOBER 6 AT 6:00PM

Calling all adventurers! You're invited to join a captivating journey where the destination is unknown—but the experiences are unforgettable. Not only will you be visiting interesting places, but you'll be doing so amidst a special theme complete with witty clues, giveaways, games, & more! Along the way, you'll uncover charming towns, breathtaking views, and a few surprises we won't dare reveal. This isn't your average tour—it's an invitation to wander, wonder, and indulge in the unexpected. Dare to come? The mystery awaits...



Portugal & The Douro River Cruise

October 7 - 17, 2026 • 11 Days • 22 Meals

COCKTAILS & TRAVEL MEETING MONDAY, DECEMBER 15

Highlights: Lisbon, Porto, Coimbra, Salamanca, Pinhao, Regua, Vega Terron, 2-Night Hotel Stay in Lisbon, Seven Night Cruise, Complimentary Regional wines and beers, Fatima, Pocinho, Vineyards, UNESCO World Heritage Sites



Discover Australia's Outback to New Zealand's South Island

February 03 — February 22 2027

20 Days • 28 Meals

COCKTAILS & TRAVEL MEETING MONDAY, DECEMBER 15

Highlights: Sydney, Sydney Opera House, Cairns, Great Barrier Reef, Alice Springs, Uluru, Melbourne, Queenstown, Milford Sound, Mt. Cook National Park, Christchurch

Double \$11,748 Per Person, Single \$13,948

INCLUDES AIR, ACCOMMODATIONS, INSURANCE & MORE



Extend Your Vacation With:

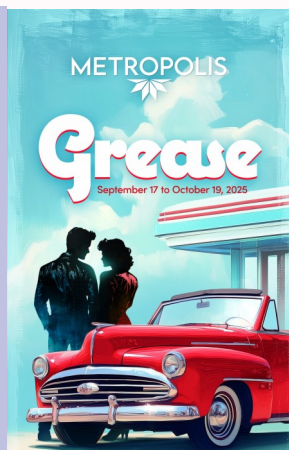


Tasmania Pre Tour Extension: 8 Days 5-Night

Rate: \$3,399.00 USD per person, double, land & air inclusive
9 Meals: 5 breakfasts, 1 lunch

Fiji Post Tour Extension: 4 Days 3-Night

Rate: \$1,799.00 USD per person, double, land & air inclusive
4 Meals: 3 breakfasts, 1 Dinner



Grease

Metropolis Theater, Arlington Heights

Thursday, October 16

2:00pm - 4:00pm

Step back to the fabulous 50's and rock the night away in Metropolis' first ever Main Stage production of Grease! Join bad boy Danny Zuko, new girl Sandy Dombrowski, and the bubblegum-popping hip-shaking Pink Ladies as they navigate their teen years, frolic with friends, and fall in love amidst the backdrop of Rydell High. Grease features an unforgettable soundtrack including hits from both the blockbuster movie and Broadway musical including "You're The One That I Want," "We Go Together", and "Hopelessly Devoted To You." Pull out your poodle skirt and hand-jive your way to Metropolis and see the musical that has dazzled generations of audiences. **Register by October 2.**



This is a self-drive event. Carpooling is encouraged.

Fee: \$45 Resident/\$50 Non-Resident *Fee includes theater performance.*

Sneaky Geneva: A Scavenger Hunt

Geneva, IL

Friday, October 24

Noon — 5:00pm

Get Ready to Hunt, Sip, and Shop Your Way Through Geneva!

Grab your smartest (or sneakiest) friends and form a team of 3-4 for an epic Adult Scavenger Hunt Adventure through the charming streets of Geneva, IL! You'll solve quirky clues, complete hilarious challenges, and dash from boutiques to bars and cozy cafes—uncovering hidden gems and snagging giveaways along the way.

Whether you're in it to win it or just here for the fun, food, and local flair, there's something for everyone. Expect surprise stops, spontaneous laughs, and maybe even a cocktail or two to keep your detective skills sharp. Prizes await the cleverest team—but let's be real, the bragging rights are the real treasure. First stop will be Aurelios Pizza for food and instructions.

Think you've got what it takes to solve Geneva? Let the hunt begin!

Register by October 17, if you are part of a team be sure to indicate as such.

Arrive at the Elia Township Community Center **at 11:45am** to pick up your lanyard.

Fee: \$75 Resident/\$85 Non-Resident

Fee includes deluxe motorcoach transportation, lunch, scavenger hunt, treasures, prizes and driver's tip.



Chicago Holiday Icons

Christkindlmarket & Botanic Gardens Lightscape

Wednesday, December 17

Noon — 7:30pm

A Merry Day in the City: Christkindlmarket & Holiday Lightscape

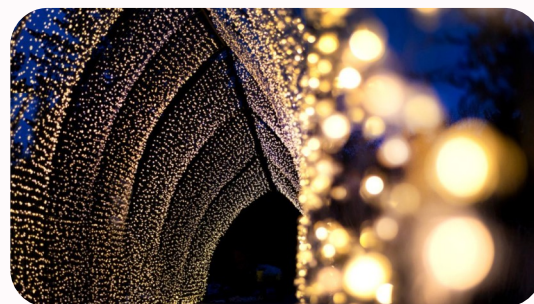
Celebrate the magic of the season with a festive day trip to Chicago! We'll kick things off with a visit to the beloved Christkindlmarket, where you can wander through rows of charming wooden stalls filled with handcrafted gifts, delicious German treats, and warm mugs of glühwein or hot chocolate.

der through rows of charming wooden stalls filled with handcrafted gifts, delicious German treats, and warm mugs of glühwein or hot chocolate.

After soaking in the holiday spirit downtown, we'll head to the Chicago Botanic Garden to experience their breathtaking Lightscape—a dazzling display of lights, color, and music that transforms the garden into a winter wonderland. Stroll through shimmering tunnels, glowing trees, and artistic light installations that will leave you feeling merry and bright.

Register by December 10

Fee: \$65 Resident/ \$75 Non-Resident



Fee includes deluxe motorcoach transportation, admission into Christkindl Market & Lightscape, and driver's tip.

DAY TRIP

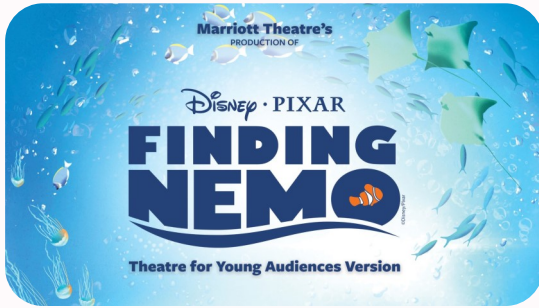
Intergenerational Day Trip

Finding Nemo

Marriott Lincolnshire

Tuesday, December 30

10:00 — 11:00am



Dive into the stage adaptation of Pixar's Finding Nemo, featuring music by Kristen Anderson-Lopez and Robert Lopez (Frozen). When young Nemo is captured, his anxious dad Marlin braves the ocean to rescue him. Along the way, they meet unforgettable friends like Dory, Crush,

and the Tank Gang—and discover courage, friendship, and family. *Participants are responsible for their own transportation, carpooling is encouraged.* **Tickets may be picked up at the Ela Township Community Center 1 week prior to the performance.**

\$17 each first 4 tickets/\$20 all subsequent tickets

Ticket purchase is first come first served.

Schnell's Brauhaus

Wednesday, October 8 at 4:00pm

45 W. Slade Street, Palatine

847-991-1040

It's time for Oktoberfest!

Join us for this authentic family owned German pub and restaurant as we celebrate this Oktoberfest season.

There will be a special limited menu to choose from. Appetizer, entrée, dessert, coffee, tea, soft drinks and gratuity are included. Cash bar for all alcohol.

Fee: \$35 Resident / \$40 Non—Resident

Register by October 1



Self Drive Event

Nostimo Greek Kitchen

Wednesday, November 5 at Noon

286 W. Rand Road, Arlington Heights

224-389-8129

This great little Greek restaurant will satisfy your craving for all of your favorites. Join us for a great lunch down the road in Arlington Heights. You'll be able to choose from a limited menu of Greek classics.

Lunch entrée, dessert, soft drinks & gratuity included. Cash Bar

Fee: \$32 Resident / \$37 Non—Resident

Register by October 29

Self Drive Event



DiPiero's Ristorante

Monday, December 8 at 4:00pm

17 E. Main Street, Lake Zurich

847-438-3253

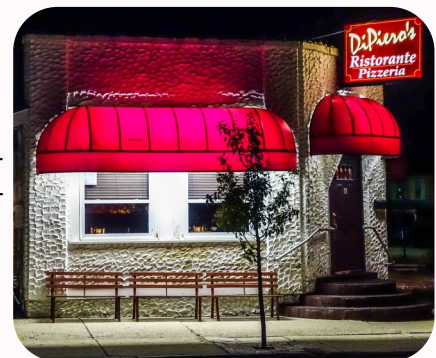
Join us at this local institution, DiPiero's Ristorante. Enjoy a delicious early dinner from a menu hand selected by the chef. Dinner will include a choice of appetizer, entrée and dessert; softs drinks and gratuity included. Cash Bar.

This event is limited to 20 people; first come, first served.

Fee: \$40 Resident / \$45 Non—Resident

Register by December 1

Self Drive Event



DECEMBER

OCTOBER

NOVEMBER

DECEMBER

ELA 50+ DAY TRIP & CUISINE CLUB

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
MORNING MOVERS 9:00—9:45am NO CHARGE YOGA 6:00—6:45pm	INTERVAL TRAINING 9:00—9:45am	MORNING MOVERS 9:00—9:45am NO CHARGE CHAIR YOGA 10:00—10:45am STRENGTH TRAINING 1:00—1:45pm	MEDITATION 8:30—9:00am NO CHARGE CARDIO STRENGTH 9:00—9:45am SEATED ZUMBA GOLD 10:00—10:45pm	MORNING MOVERS 9:00—9:45am NO CHARGE RESTORATIVE YOGA 10:00—10:45am

PUNCH CARDS : 10 for \$30 Resident/\$40 Non—Resident

20 for \$60 Resident/\$80 Non—Resident

NO CLASSES: NOVEMBER 20, DECEMBER 12, 22 — 30

REQUIRED FOR CLASS:

WATER BOTTLE, CLOSED-TOE ATHLETIC SHOES: MUST BE CLEAN & DRY

MEDITATION: NO CHARGE

THURSDAYS 8:30 — 9:00am

Meditation is a powerful practice to reduce stress, improve focus, and promote emotional well-being. Dip your toes into the meditation waters with this user friendly approach. Start each session with a short explanation and intention from instructor, Val. A 10-15 minute guided meditation will follow. This will be held in person and virtually.

MORNING MOVERS: NO CHARGE

MONDAYS, WEDNESDAYS, FRIDAYS 9:00 — 9:45am

Designed for all levels of fitness to improve strength, endurance and flexibility. The class alternates between low impact aerobic movements to strength workouts improving lower and upper-body strength. Morning Movers is a Silver Sneakers Circuit Level class, but you don't have to be enrolled in Silver Sneakers to participate. Build cardio endurance and burn calories, while improving quality of life.

YOGA: PUNCH CARD

MONDAYS, 6:00 — 6:45pm

Come enjoy a style of yoga where the breath is linked to movement. This class will direct attention to alignment, will build flexibility, balance and strength. This is a guided class with centering, gentle warm up, sun salutations, standing poses, gentle backbends, twists, cool down, and savasana. The class is suitable for students at all levels.

INTERVAL TRAINING: PUNCH CARD

TUESDAYS, 9:00 — 9:45am

For participants wanting to enhance their fitness levels, improve cardiovascular health, and maintain an active lifestyle. This class combines the benefits of balance and strength training, focusing on functional movements and flexibility using an interval style format, which incorporates short periods of work followed by short periods of rest.

CHAIR YOGA: PUNCH CARD

WEDNESDAYS, 10:00 — 10:45am

Want to improve strength, flexibility and tone? Chair Yoga is the perfect place to get started. You will be lead through a comprehensive routine designed to strengthen your muscles. This class is safe and appropriate for all fitness levels and abilities.

STRENGTH TRAINING: FOR MEN & WOMEN PUNCH CARD

WEDNESDAYS, 1:00 — 1:45pm

By strengthening the body's largest muscle groups through functional movements, these exercises will translate to improved performance at everyday tasks such as climbing stairs, carrying groceries, and playing with your grandkids. This class will challenge your strength, balance, and flexibility. All levels are welcomed. Seated and standing class.

CARDIO STRENGTH: PUNCH CARD

THURSDAYS, 9:00 — 9:45am

Energize and strengthen your body with our Cardio Strength class that combines low-impact cardiovascular exercises and muscle-strengthening routines to improve overall fitness and vitality. This class incorporates interval training principals and short periods of work followed by short periods of rest.

SEATED ZUMBA GOLD: PUNCH CARD

THURSDAYS, 10:00 — 10:45pm

Zumba Gold is a seated fitness class tailored for all older adults, including those with limited mobility. Participants engage in dance-based exercises set to Latin rhythms and music from the oldies, promoting overall health and flexibility. The class combines joyful movement with low-impact routines, creating a vibrant and inclusive atmosphere for individuals seeking a fun and accessible workout.

RESTORATIVE YOGA: PUNCH CARD

FRIDAYS, 10:00 — 10:45am

Restorative Yoga is a style of yoga that uses yoga props - bolsters, blankets, blocks and straps to make all yoga poses gentle and accessible to everyone. The goal of restorative yoga is to bring balance to body and mind. Restorative Yoga helps with emotional and physical stress as well as improving immunity, lowering blood pressure, increasing flexibility and overall wellness.

Ela Eatery Homemade Lunches

Call or email us at 847-438-9160/jimd@elatownship.org to order by **5:00pm** Thursday of the prior week.

All lunches are **\$6.00** and served at 11:30am. All lunches have **DESSERT**.

All ordered lunches must be paid for, even if not attended. To Go Containers 1.00 each.

ALL LUNCHES MUST BE PICKED UP BY 1:00PM

Tue, 10/7 Italian Meatballs over Pasta w/ Red Sauce, Caesar Salad

Thu, 10/9 Beer Brats, Potato Salad

Tue, 10/14 Baked Stuffed Peppers, Garden Salad

Thu, 10/16 **NO LUNCH — DAY TRIP**

Tue, 10/21 Sloppy Joe's, Cole Slaw

Thu, 10/23 Chicken Enchiladas, Spanish Rice

Tue, 10/28 Baked Kielbasa & Pierogis, Garden Salad

Thu, 10/30 French Onion Soup, Fresh Baked Bread

Tue, 11/4 Lasagna, Caesar Salad

Thu, 11/6 Orange Ginger Salmon over Rice, Salad

Tue, 11/11 **CENTER CLOSED — VETERAN'S DAY**

Thu, 11/13 Potato, Ham & Asparagus Skillet, Garden Salad

Tue, 11/18 Tomato Basil Soup, Grilled Cheese Sandwich

Thu, 11/20 **NO LUNCH — FRIENDSGIVING**

Tue, 11/25 Fall Turkey Salad, Croissant, Garden Salad

Thu, 11/27 **CENTER CLOSED — THANKSGIVING**

Tue, 12/2 Baked Mostaccioli, Garlic Bread

Thu, 12/4 Chicken Teriyaki over Rice, Stir Fry Vegetables

Tue, 12/9 Chickpea Curry over Steamed Rice, Cucumber Salad

Thu, 12/11 **NO LUNCH — EVENT PREP**

Tue, 12/16 Swedish Meatballs over Egg Noodles, Garden Salad

Thu, 12/18 Chicken Mozzarella Subs, Pasta Salad

NO LUNCHES 12/23 - 12/31

**For Food Safety Reasons,
Personal To-Go Containers are
prohibited and ALL
lunches not picked up by 2:00pm
will be disposed of.**

Vegetarian &
Gluten Free
Meals Available
Upon Request

**Have some time you can spare?
We are looking for kitchen volunteers.**

Dishwashing: We would love some extra help in the kitchen on Tuesdays & Thursdays for lunch service, monthly help cleaning up for cooking classes and Friday night Special Events.

Meal Prep: Help chopping, dicing, mixing and creating in the kitchen for our lunches, classes and special events.

Contact Lisa Gaggiano for more details and to sign up to volunteer.

New Year's Eve Dinner To Go

Wednesday, December 31

Pick Up at 1:00pm

You don't have to go out to have a memorable NYE. Pick up a delicious homemade dinner at 1:00pm, follow the reheating instructions and enjoy dinner at whatever time you prefer!

Each Dinner includes:

NYE Charcuterie Platter

Pomegranate & Pear Green Salad with Ginger Dressing

Roasted Vegetable Medley

Twice Baked Potato

Choice of Entrée: Balsamic Braised Pork Tenderloin with Fresh Figs, Mushroom Piccata Pasta,
or Slow Roasted Salmon with French Herb Salsa
Flourless Chocolate Cake Glazed with Ganache

Dinner Cost: \$25 per person

Optional Split of Korbel for \$7

Must Sign Up by December 24

OCTOBER

NOVEMBER

DECEMBER

ELA EATERY

Tuesdays 11:30am — 1:00pm**HAVE A DELICIOUS HOMEMADE LUNCH AND THEN BE ENTERTAINED AND ENLIGHTENED.**

Fee per session: \$12 Resident/\$17 Non-Resident

Price includes lunch

Participants must register one week prior

The Salem Witch Trials & The Power of Fear

Joyce Haworth

October 21

In 1692, a group of teenage girls began having bizarre and disturbing fits and claimed that witches in the community were persecuting them. By the end of the year, twenty women and men had been executed for witchcraft. Though witchcraft trials had happened before in New England, these spiraled out of control; legal safeguards went out the window and fear gained the upper hand. Our images of Salem are often sensational and historically inaccurate. This lecture lays out the true story of one of the strangest and most painful episodes in American history.

**The British Music Scene of the 1970s**

John Lyons

November 4

British music became popular around the world in the 1960s, but when the Beatles broke up in 1970, many wondered if British music was on the wane. But in the 1970s, British music became even more influential and showed a greater degree of creativity. From Glam to Heavy Metal, from Progressive Rock to Punk, no other decade produced as many influential genres of music or as many groundbreaking musicians. This engaging presentation brings to life the British music scene of the 1970s.

**Keeping Christmas: Looking in the Windows of the Past**

Joyce Haworth

December 2

Presenter Joyce Haworth takes a look at how Americans celebrated Christmas in the past. Learn about six stories drawn from the 1700s and 1800s about Christmases celebrated in different places and different ways, sometimes during the most trying times of our history, on the farm, on the frontier, and on the battlefield.

**The Haunted Page, Tricks & Tales for October**

William Pack

October 28

Edgar Allan Poe, Ray Bradbury, M.R. James, and Shirley Jackson provide the inspiration for 60 minutes of spine-tingling bizarre magic, spell-binding stories, and macabre humor. Join William as he takes us into our own private Twilight Zone. Be prepared to participate in the thrilling action that will leave you amazed and, maybe a little disturbed by the odd and unusual occurrences.

**How Social Media Shapes What We Think We Know**

Jim Dalbec

November 18

Social media is one of the most polarizing inventions of our time. It can be a powerful tool for connection, joy, and awareness — or a source of confusion, misinformation, and harm. Join Jim as we explore viral stories you've likely seen (and some you haven't) to uncover the surprising truth behind them. Together, we'll discover how social media shapes not only what we see, but what we believe to be true.

**Donna Reed**

Lynn Rymarz

December 16

Join Storyteller Lynn Rymarz as she shares the beginnings of Donna's life growing up on a farm in Iowa, heading to California to go to college, her early interest in acting and how she ended up signing a movie contract with MGM Studios. She enjoyed stardom in Hollywood movies including *It's a Wonderful Life*, co-starring Jimmy Stewart, and *From Here to Eternity*, which earned her an Academy Award. Lynn will share Donna's role as wife and mother, and her involvement in Another Mother for Peace group during the Vietnam War.



OCTOBER

NOVEMBER

DECEMBER

Thursdays
11:30am — 2:00pm

Each month enjoy a homemade lunch followed by a movie.

Fee per movie:
\$10 Resident/\$15 Non—Resident
Price includes lunch.
Participants must register one week prior.

A Complete Unknown
October 9

New York, 1961. Against the backdrop of a vibrant music scene and tumultuous cultural upheaval, an enigmatic 19-year-old from Minnesota arrives with his guitar and revolutionary talent, destined to change the course of American music. Timothée Chalamet stars and sings as Bob Dylan in the electric true story behind the rise of one of the most iconic singer-songwriters in history.



Wicked
November 6

The untold story of the witches of Oz. Elphaba, misunderstood because of her green skin, has yet to discover her true power. Glinda, gilded by privilege and ambition, has yet to discover her true heart. The two meet and form an unlikely but profound friendship. Following an encounter with The Wonderful Wizard of Oz, their friendship reaches a crossroads and their lives take very different paths. Their adventures in Oz will ultimately see them fulfill their destinies as Glinda the Good and the Wicked Witch of the West.



Ordinary Angels
December 4

Based on a remarkable true story, Sharon Steves is a fierce but struggling hairdresser in small-town Kentucky who discovers a renewed sense of purpose when she meets a widower working hard to make ends meet for his two daughters. With his youngest daughter waiting for a liver transplant, Sharon sets her mind to helping the family and will move mountains to do it. What unfolds is the inspiring tale of faith, everyday miracles, and ordinary angels.



OCTOBER

NOVEMBER

DECEMBER

Thursdays
11:30am — 2:00pm

Join us every month for lunch and a music documentary.

Fee per documentary:
\$10 Resident/\$15 Non—Resident
Price includes lunch.
Participants must register one week prior.

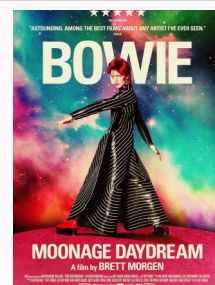
Joni Mitchell Lady Blue
October 23

Joni Mitchell has been called the queen of folk music and one of the biggest pop stars of the 60s and 70s. Today, her lyrics and unique guitar style continue to inspire new generations of singers and songwriters. Joni never confined herself to one style, going from folk to jazz to pop. Learn the story of a singer who enjoyed worldwide success with a unique voice and a guitar style that has spoken to a whole generation.



Moonage Daydream
November 13

A cinematic odyssey exploring Bowie's creative, spiritual and musical journey. *Moonage Daydream* features captivating, never-before-seen footage and performances spanning David Bowie's 54-year career. The film includes 40 exclusively remastered Bowie songs and is the first film ever sanctioned by the Bowie Estate, with local access to the artists' archives.



Becoming Led Zeppelin
December 18

The film, which dives into the rise of the epochal rock group, is the only documentary of its kind that the band themselves have participated in. The documentary includes new interviews with Jimmy Page, Robert Plant and John Paul Jones, as well as rare archival interviews with the band's late drummer John Bonham.



Open Discussions

Mondays, 12:00 — 1:00pm

Each month members watch a brief documentary on their own and then join Jim Dalbec to have open, honest discussions. Topical, sometimes controversial issues are covered; from Mental Health to Racism to Pollution.

No Fee Registration is required.

October 6

Battle For Tibet

It's been 75 years since China invaded Tibet, the mountain territory it has long claimed as its own. With footage from inside the region, the documentary examines how the Communist regime controls Tibet's Buddhist population, and the battle over the succession of its spiritual leader, the Dalai Lama.

November 3

Human Footprint: Shelf Life

Biologist Shane Campbell-Staton travels the globe to explore our Human Footprint and to discover how the things we do reveal who we truly are. He travels from New York City to rural Thailand to explore the super-market – a 20th century innovation that transformed our relationship with food, reshaping our bodies, our society, and our planet along the way.

December 1

Eternal You

What if you never had to say goodbye to a loved one? One of the latest major breakthroughs in AI technology -- open language models that enable realistic conversations with virtual reality avatars built using characteristics of the deceased. In essence, bringing the dead to digital life. Eternal You both glimpses what the future of death in capitalism holds and examines what the human costs might be.

Reel Talk

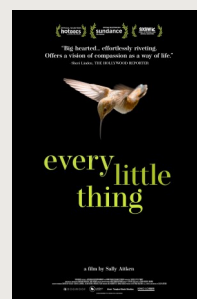
Flex your mental muscle as together we take in a documentary followed by a round table discussion.

Fee for Each: \$3 Resident/\$5 Non—Resident
Price is per session

Every Little Thing

Wednesday, October 29, 12:00 — 2:00pm

Author and rehabber Terry Masear wants to save every injured hummingbird in Los Angeles. Terry takes in the most fragile of patients through her volunteer hummingbird rescue, but the path to survival is fraught with uncertainty and drama. As she nurtures the wounded hummingbirds back to health, Terry finds herself on her own transformative journey, unraveling a visually captivating and magical tale of love, healing, and the delicate beauty in tiny acts of greatness.



Mountain Queen: The Summits of Lhakpa Sherpa

Wednesday, November 12, 12:00 — 2:00pm

A climber becomes a legend. A mother becomes a hero. The remarkable life of Lhakpa Sherpa, who as a girl was denied an education, conceals her gender to work in the mountains and became the second Nepali woman to summit Everest before immigrating to the US, raising children as a single mother, and climbing in pursuit of a better life.

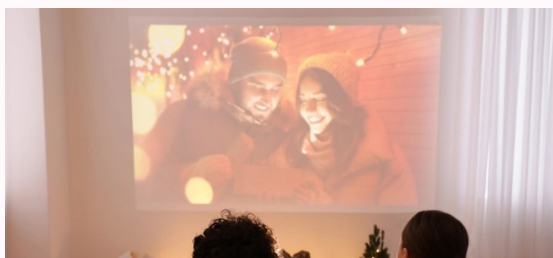


Street Gang: How We Got To Sesame Street

Wednesday, December 10, 12:00 — 2:00pm

A rare window into the early days of Sesame Street, this documentary reveals the creators, artists, writers and educators who together established one of the most influential and enduring children's programs in television history. It focuses on the first two experimental and groundbreaking decades of Sesame Street, highlighting this visionary "gang" that audaciously interpreted radical changes in society and engaged children with innovative new ways to entertain and educate.





MOVIE MARATHON MONDAYS

Join us for a day of feel-good films, snacks, and cozy vibes to chase away the winter blues together. Whether you need a break from the bustle or just a little cheer, our movie marathon is the perfect way to relax, laugh, and feel the magic of the season.

No Fee Registration is Required.

Funny, Spooky Movies

Monday, October 20

10:00am — 3:00pm

Ghostbusters, The Addams Family, Beetlejuice

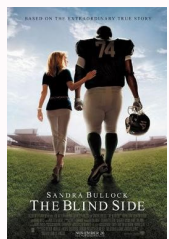


Thankful Movies

Monday, November 24

10:00am — 3:00pm

It's A Wonderful Life, Bucket List, Blind Side

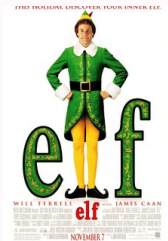


Holiday Movies

Monday, December 22

10:00am — 3:00pm

A Christmas Story, Elf, Miracle on 34th St.



YEAR OF BEER

MEET NEW PEOPLE
DRINK NEW BEER

Join Jim for the Year for Beer Tour where each month we will visit a local brewery to enjoy a tasty beverage or two. Sometimes we'll stop for lunch first and other times we'll eat at the brewery. Each participant is responsible for the purchase of food and beer, transportation to and from the Community Center is provided. **LIMIT 28**

**Fee Per Month: \$5 Resident / \$7 Non-Resident
(October and November Only)**

CRUST Brewing in Rosemont

Friday, October 10 at 11:30am



Red Barn Restaurant and Brewing in Mt. Prospect

Friday, November 14 at 11:30am



Phase Three Brewing in Lake Zurich

Friday, December 19 at 12:00pm

No Charge: Self-Drive Event



OCTOBER

NOVEMBER

DECEMBER

YEAR OF BEER

Ela University is our effort to further engage our Members. These are classes including (but not limited to): Learning a Foreign Language, History, Photography, Psychology, Science, Playing an Instrument, Writing, and many others. Classes may be held weekly, biweekly, or monthly. Instructors will be either staff, professional instructors, or volunteers.

Today's Artists: A Hands On Experience Tuesdays 12-1:30pm

Our monthly series about current working artists of the 21st century. Each class will feature art technique and theory that has influenced our featured artist. We will watch a short video about the artist and make a small ode to their artwork.

**Fee Per Class: \$5 Resident/
\$7 Non-Resident**
Registration is Required.

Howardena Pindell October 14

Learn about American artist Howardena Pindell. Known for her bold use of color and intricate, layered compositions, Pindell's art often explores themes of race, identity, and social justice. We will make an ode to her series *Dutch Wives Circled and Squared*.



Andy Goldsworthy November 25

Learn about British environmental artist, Andy Goldsworthy. Known for creating temporary works of art directly within nature, using materials like leaves, stones, ice, wood; emphasizing impermanence balance between humanity and the environment. We will make an ode to his work with leaves.



Doris Salcedo December 9

Learn about Colombian-born visual artist and sculptor Doris Salcedo. Her work is influenced by the social and political turmoil she witnessed growing up in a country marked by violence and displacement. We will make an ode to her work *Noviembre 6 y 7*.



Contemporary Craft: Useful Items Thursdays: 12:00-1:30pm

Join a fun group of crafters and make some useful handmade items. With a focus on renewable and recyclable materials, we will make items that you would want to use, eat or gift. You will learn new crafting skills that may inspire you to make some of these items at home.

**Fee Per Craft: \$10 Resident/
\$15 Non-Resident**
Registration is Required.

Block Printed Napkins October 30

Let's keep on block printing! This time we will make a set of nature inspired cloth napkins to keep or give as a gift this season. Again, this is a craft that you can repeat at home to make other gift sets or make a custom set for your home.



Labels

November 13 *2:00-2:30*

Requested class- How to make labels for your crafts and arts. Join us to make some decorative (and useful) labels to put on these arts and crafts we make as gifts. We will use onlinelabels.com to design a custom sheet of labels for each participant. Plus, learn how to make these at home.



Eco Wrapping December 11

Let's get together to learn a few ways to wrap any gift in an eco friendly manner. From fabric wraps, natural accents, and reusable bags, we will explore creative ways to make gifts look polished, but don't break the environment or the bank.



OCTOBER

NOVEMBER

DECEMBER

Let's talk about mental health...a Series

What if we normalize talking about mental health?

Fee Per Date: \$5 Registration is Required.



Ever wonder what *psychotherapy* is really all about? Maybe you thought, "That's not for me" or "Sounds too serious"? Well, this class series is here to clear things up—In a world that often tells us to "just get on with it," therapy says, "Let's pause, let's listen, and let's work through it—together."

This easygoing course series introduces curious adults to the world of psychotherapy—what it is, how it works, and how it might help in everyday life. Whether you've had therapy before, thought about it, or just want to understand it better, you're in the right place.

Discussions led by Mitzi Weiland LMFT, FT Clinical Fellow and Licensed Marriage and Family Therapist.



Psychotherapy

What is it, how can it help and why does it matter?

Monday, October 6: 2:00 — 3:00pm



Major Theories in Psychotherapy

Where the practice came from and where we are now.

Monday, November 3: 2:00 — 3:00pm



Depression, Anxiety & Trauma

Understanding ACE scores and the Window of Tolerance

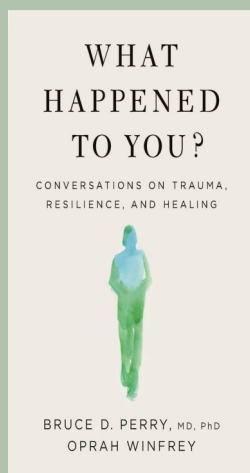
Monday, December 1: 2:00 — 3:00pm

"When we are no longer able to change a situation, we are challenged to change ourselves."

-Viktor Frankl

Mental Health Book Club

Fee: \$5 includes both meetings Registration is Required.



What Happened to You?: **Conversations on Trauma, Resilience, and Healing** By Bruce Perry & Oprah Winfrey

"Through deeply personal conversations, Oprah Winfrey and renowned brain and trauma expert Dr. Bruce Perry offer a groundbreaking and profound shift from asking "What's wrong with you?" to "What happened to you?" In conversation throughout the book, she and Dr. Perry focus on understanding people, behavior, and ourselves. It's a subtle but profound shift in our approach to trauma, and it's one that allows us to understand our pasts in order to clear a path to our future—opening the door to resilience and healing in a proven, powerful way." -Amazon

This will be a two session book club, led by Mitzi Weiland LMFT
Part one will cover chapters 1-5, part two will cover chapters 6-10.



Part one— Chapters 1-5 Tuesday, October 21: 2:00 — 3:00pm

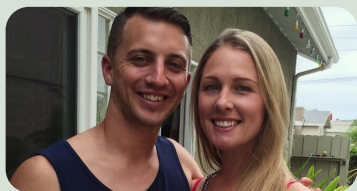


Part two— Chapters 6-10 Tuesday, November 18: 2:00 — 3:00pm

**American Nightmare
3-Part Series**
Wednesdays, October 8, 15, & 22
12:00 — 1:00pm



Join Jim for this 3-Part Series detailing the true story of the March 2015 kidnapping of Denise Huskins from the home she shared with her boyfriend Aaron Quinn in Vallejo, California. The Vallejo police department and the FBI assumed the kidnapping was a hoax staged by Huskins and Quinn, and Huskins was labeled "the real Gone Girl" by the media. We will watch the 45-minute episodes with a brief discussion immediately to follow each week.



Senior First Aid
Monday, November 17
Noon — 3:00pm

Do you feel comfortable in an emergency situation? Would you be able to recognize if your spouse or family member was showing symptoms of a heart attack or stroke?

Become certified in First Aid, CPR, and using an AED. You will learn hands on training by practicing techniques such as the Heimlich Maneuver, applying pressure to and treating wounds, recognizing signs of a stroke, heart attack or heat related illnesses, and responding to numerous other everyday incidents that may occur. Participants will all receive a Red Cross First Aid reference guide to take home.

Completion of this class results in the participant being certified in American Red Cross First Aid, CPR, and AED for adults and children.

Registration is required, Limit First 8
Fee: \$40 Resident / \$50 Non — Resident

Holiday Host Gifts

Mondays,

6:00 — 7:00pm

Each Class:

Fee: \$15 Resident/ \$20 Non—Resident

**Board & Bottle:
Sipping Wine and Making
Charcuterie**

Monday, October 27
6:00 — 7:00pm



Perfect for guests, small get togethers, or a light dinner—charcuterie boards make the ideal addition. Learn how to make a great board using fresh holiday items; and share your favorite board combinations.

Register by October 20

**Warm Wishes & Winter Sips:
A Glögg Creating Class**

Monday, November 17
6:00 — 7:00pm

Warm up the cold winter nights with a soul satisfying mug of Glögg, the traditional Swedish punch made from spiced wine, similar to mulled wine, but more involved and served warm. Everyone will go home with their own bottle to share during the holidays, or make the perfect hostess gift.

Register by November 10



DIY-licious Irish Cream
Monday, December 1

6:00 — 7:00pm



Nothing says Cheers at the holidays like a delicious Irish Cream over ice. Learn how to make this Irish treasure. It's delicious in Hot Chocolate, in Coffee, or even over ice cream! Make your own for the perfect hostess gift...or as a gift to yourself.

Register by December 10

A Walk In The Woods

2:00 — 3:30pm

The "Walk in the Woods" program invites participants to explore local forests, parks, or nature trails in a guided setting. The program is suitable for all ages and fitness levels and focuses on the benefits of spending time in nature, including mindfulness, relaxation, and physical activity.

Grassy Lake

Mondays

October 20, November 17,

December 22

23982 North Kelsey Road

Heron's Creek

Tuesdays

October 7, November 4,

December 2

22890 N. Old McHenry Road

Cuba Marsh

Wednesdays

October 29, November 12,

December 10

24205 W Cuba Rd

No Charge Registration Required



Owls of Lake County

Monday, November 17, 11:00am— Noon

Throughout the year, seven different species of owl live in, or migrate to, Lake County. Learn about the natural history of each species and their unique adaptations.

Fee: \$5 Resident/\$10 Non—Resident

Registration is required.

Owl Prowl

Ryerson Forest Preserve

Monday, November 24

6:30 – 8:00pm

21950 Riverwoods Rd, Riverwoods, IL 60015

Join an ornithologist from Lake County Forest Preserve for a captivating night exploring the mystery of owls at the Ryerson Woods Conservation Area. We will discuss owl behavior and identification, as well as the places these fascinating birds are most likely to be seen. LCFP may even demonstrate a barred owl call.

After the discussion, the ornithologist will lead a walk in the woods to look and listen for these enigmatic birds. Please dress warmly, and bring along a flashlight and binoculars. Self-Drive

Fee: \$5 Resident / \$10 Non — Resident

Registration is required



Art Club**Tuesdays****10:00 — 11:15am**

Feeling creative? Come join our Art Group. This peer led group meets weekly, no experience necessary. Painting and drawing, watercolors, acrylics, pastels, colored pencil, charcoal, and more. We have supplies on hand to get you going. If you are looking for people who happily share talents, to teach or learn, come join us.

Fee: \$5 Month (No Pro-Rating)
NO ART CLUB DECEMBER 23 & 30

Baking Club with Susan**Wednesday, October 22, November 12, December 3****10:00 — 11:15am**

Love to bake? Want to learn to bake? Come join our new baking Club. Join each month as we enjoy a seasonal baked treat and exchange tips. If you are looking for people who happily share their baking tricks and talents, to teach or learn, come join us.

October: *Cheesecake*November: *Pumpkin Pie*December: *Christmas Cookies***Fee: \$5 Month (No Pro-Rating)****Guitar Club****2nd and 4th Tuesdays****1:00 — 2:00pm**

The Guitar Group meets the 2nd and 4th Tuesdays of the month to sing, play guitar together and develop our guitar skills. Newcomers are welcome if they have their own guitar. Anyone is welcome to just sit in and listen.

\$20 Annual Fee (No Pro-Rating)**Ukulele Club****1st and 3rd Tuesdays****1:00 — 2:00pm**

We meet weekly to sing and play ukuleles together, and to develop our ukulele skills. All skill levels are welcome, just bring your own ukulele. You are welcome to sit in on any of our meetings to see if you'd like to join our fun and friendly group!

\$20 Annual Fee (No Pro-Rating)

\$10 ANNUAL FEE FOR ALL GAMES ...NO PRO-RATING
REGISTRATION IS REQUIRED

PHASE 10**Mondays****10:00—11:00am****Mah Jongg****Mondays****10:00—12:00pm****Poker****Tuesdays****9:00—11:00am****Pinochle****Tuesdays****10:00—11:30am****Bridge****Tuesdays****12:00—3:00pm**

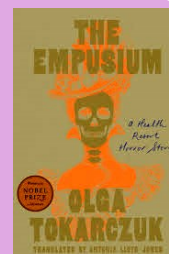
NO CARDS ON TUESDAY, DECEMBER 18 & 23

Mah Jongg Interest Meetings**Mondays, October 6 & November 10****9:00—10:00am**

Curious about Mah Jongg or looking to join a new group of players? Come to our Mah Jongg Interest Meeting to learn more about this timeless tile game, meet fellow enthusiasts, and help shape upcoming classes or play sessions. Whether you're a seasoned player or brand new to the game, all are welcome! Let's connect, shuffle the tiles, and get the fun started!

Registration is Required**Book Club**

Join our book club as we dive deep into the pages of each book, unraveling themes and characters.

Fee: \$5 Resident/\$7 Non—Resident**Registration is Required****The Empusium: A Health Resort Horror Story****By Olga Tokarczuk****Friday, December 12 1:00 — 2:30pm****A NEW YORK TIMES NOTABLE BOOK OF THE YEAR**

"A folk horror story with a deceptively light and knowing tone ... elegant and genuinely unsettling." —*The New York Times Book Review*
 The book's major theme: the nature of societal prejudice.



Fraud & Crime Protection: Safe Holidays

Monday, October 27

Noon—1:00pm

Stay safe during the holiday shopping season; both online and in person. Learn the latest scams that are circulating and have the tools to keep yourself safe and secure.

No Fee

Registration is Required.



AARP Safe Driving

Thursday, October 30 & Friday, October 31

9:00am — 1:00pm

Completion of this two-day driving technique course often provides savings on car insurance rates. Participants must attend both days to be eligible for a class certificate.

Fee: \$25 AARP Members/\$30 Non-Members

Make check payable to AARP.



DIY Tuscan Dinner

Monday, November 10

6:00 — 8:00pm

One year ago today, a group of us traveled to the beautiful countryside of Tuscany and were guided through making our very own Tuscan dinner. Join us to recreate this amazing dinner. Guests will all help make the dinner which will include:

Fresh Bruschetta, Homemade Pasta, Tuscan Pomarola Tomato Sauce, Tiramisu; and of course, wine!

Whether you were able to join us on this tour or not, this will be a night to remember.

Fee: \$25 Resident/ \$30 Non—Resident Register by November 3

**COMING
EARLY 2026 !!!**

**Watch our social media
for more details and
when to get your tickets!**



Ela Township 55+



Ela_Township_Community_Center

SING. WATCH. PLAY. WIN!



Play rollicking games of bingo (for cash prizes!), wow the crowd with your karaoke skills (if you'd like), and buy your friends a round of drinks and snacks.

All proceeds support activities for seniors like yoga and fitness, art classes, meals, educational programs, and support groups at Ela Community Center.

This is a 21 and older event!

OCTOBER

NOVEMBER

EVENTS & CLASSES

Trivia Night

Fridays: October 10, November 7, December 5

5:30 — 7:00pm

Looking for an interactive experience, encouraging cooperation and friendly competition? Join us for Trivia Night! Topics covered each round will range from music, sports, decades, pop culture, franchise trivia and so much more. Prizes for the winning team! Teams will be formed by random drawing the night of the event. Light refreshments will be served and prizes are based on the number of attendees. Cash Bar.

Fee For Each: \$5 Resident/ \$7 Non—Resident



Boo-ze & Candy

How to Pair Halloween Treats with Wine

Friday, October 31

6:00 — 7:00pm

Join us—if you dare—for a frightfully fun evening of wine and Halloween treat pairings from the comfort of your own haunted home! Our expert guide will walk you through devilishly delicious wine selections perfectly matched with your favorite spooky sweets—think candy corn, chocolate bars, caramel apples, and more.

Pick up your boxes filled with goodies and wine at 2:00pm at the Ela Township Community Center and then join us at 6:00pm via a zoom link that will be sent to you the day before.

Fee: \$15 Resident/\$25 Non—Resident

Register by October 24

Veterans Day Luncheon

Monday, November 10

11:30am — 12:30pm

Ela Township Community Center

Menu: Honey Spiral Ham, Roasted Carrots with Honey Herb Butter, Baked Potatoes, Salad & Cake

Free for all veterans who sign up!

All other guests: \$10 Resident/ \$15 Non—Resident

Register by November 3.

ALL WELCOME. NOT A VETERAN? COME SHOW YOUR SUPPORT



Happy
FRIENDSGIVING



Friendsgiving Lunch

Thursday, November 20

Noon — 1:00pm

Join your friends at Ela 55+ for our 5th annual Friendsgiving.

Friendsgiving is a combination of friends + Thanksgiving. *Friendsgiving* is when we come together with our besties to celebrate being thankful and each other's company.

Enjoy turkey with all its trimmings, mashed potatoes, dressing, roasted vegetables, field green salad and....pie!

Fee: \$15 Resident/\$20 Non—Resident

Cash Bar

Register by November 14.



Cocktails & Long Distance Travel

Monday, December 15

6:00 — 7:00pm

Have you taken a Long Distance Trip with us before? Interested in traveling with us in the future? Enjoy an informational meeting about future long distance travel we have planned while enjoying some drinks and light appetizers.

This evening will be filled with sneak peeks, destination ideas, fun prizes and savory sips.

No Fee

Registration Required

Holiday Jingle Ball

Friday, December 12

6:00 — 6:30 Cocktails

6:30 Champagne Toast

6:30 — 8:30pm Dinner & Dancing

Music, Dinner & Dancing & Cash Bar

Join us for this magical holiday evening as we toast the holidays and 2025 with our friends. After cocktails, guests will be seated to enjoy a delicious dinner followed by dancing to our 16 piece orchestra.

Dinner Menu: Chicken Cacciatore, Baked Primavera Mostaccioli, Roasted Vegetables, Caesar's Salad, Warm Bread. Dessert: Chef's Choice

Fee: \$20 Resident/ \$30 Non-Resident

Register by December 7



Grillin' & Chillin'

Sunday, October 19

12:00 — 2:00pm

Join us on the Patio for some relaxed fun. Simply grilling out and visiting with friends.

Cash Bar

Fee: \$10 Resident / \$15 Non-Resident

Registration Required



Bonfire & Brews

Sunday, November 2

5:00 — 6:00pm

Nothing says, "Welcome to the fall season!" quite like a bonfire with friends! Join us for brews, snacks, and chats around a cozy bonfire!

Cash Bar

Fee: \$5 Resident / \$10 Non-Resident

Registration Required



Bears vs. Packers

Sunday, December 7

12:00 — 3:30pm

Come cheer on your team while enjoying typical tailgating food and beverages.

Cash Bar

Fee: \$10 Resident / \$15 Non-Resident

Registration Required



DECEMBER

OCTOBER

NOVEMBER

DECEMBER

WEEKEND WONDERS

OCTOBER 2025

		1 CENTER CLOSED	2 CENTER CLOSED	3 CENTER CLOSED
6 Mah Jongg Meeting Mental Health Series Open Discussions Spring Mystery Tour Info	7 Lunch & Learn WITW Heron's Creek Alzheimer's Support	8 American Nightmare Schnell's Brathaus	9 Death Café Lunch & Movie Ela Board Meeting BIGS	10 Year of Beer Trivia
13 CENTER CLOSED	14 Today's Artists	15 American Nightmare Baking with Susan	16 Grease	17 Legacy Lounge
19 Grillin' & Chillin' 20 Movie Marathon WITW Grassy Lake	21 Lunch & Learn Mental Health Book Club	22 American Nightmare Baking with Susan	23 Lunch & Music Reel Talk BIGS	24 Ela Scavenger Hunt
27 Fraud & Crime Protection Holiday Host Gifts	28 Lunch & Learn	29 Reel Talk WITW Cuba Marsh	30 Contemporary Craft AARP Safe Driving	31 Boo-ze Candy AARP Safe Driving

NOVEMBER 2025

2 Bonfire & Brews 3 Mental Health Open Discussions	4 Lunch & Learn WITW Heron's Creek Alzheimer's Support	5 Nostimo Greek Kitchen	6 Lunch & Movie Death Café BIGS	7 Legacy Lounge Trivia
10 Mah Jongg Meeting Veteran's Day Luncheon DIY Tuscan Dinner	11 CENTER CLOSED	12 Reel Talk WITW Cuba Marsh Baking with Susan	13 Lunch & Music Contemporary Craft Ela Board Meeting	14 Pillow Making Workshop Climate Café Year of Beer
17 Senior First Aid WITW GRASSY LAKE Owls of Lake County Holiday Host Gifts	18 Lunch & Learn Mental Health Book Club	19 Volunteer Meeting	20 Friendsgiving BIGS	21
24 Movie Marathon Owl Prowl	25 Today's Artists	26	27 CENTER CLOSED	28 CENTER CLOSED

DECEMBER 2025

1 Open Discussion Mental Health Holiday Host Gifts	2 Lunch & Learn WITW Heron's Creek Alzheimer's Support	3 Baking with Susan	4 Lunch & Movie	5 Legacy Lounge Trivia
7 Bears vs Packers 8 DiPieros Open Discussions What's New in Medicare	9 Today's Artists	10 Reel Talk WITW Cuba Marsh	11 Contemporary Craft Ela Board Meeting BIGS	12 Book Club Jingle Ball
15 Cocktails and Long Distance Travel	16 Lunch & Learn	17 Chicago Holiday Icons	18 Death Café	19 Year of Beer
22 Movie Marathon WITW Grassy Lake	23	24 CENTER CLOSED	25 CENTER CLOSED	26
29	30 Finding Nemo	31 NYE Dinner To Go		

OCTOBER

REGISTRATION

E-Mail

Do you or someone you know want to participate in programming but are unable to afford it? Apply for a Scholarship. It's easy. It's confidential. It's quick. Please fill out the application and give to Susan Dillon.

(Applicants must be Ela Township Residents)

[illegible]

TOTAL:

FOR OFFICE USE ONLY DATE: _____ INITIALS _____

PAYMENT AMOUNT:_____ **CHECK**_____

Credit Card # _____ - _____ - _____ - _____

Exp. Date ____/____ V-Code (____)

(2.8% processing charge per transaction)

SIGN ME UP FOR E-NEWSLETTER _____

SCHOLARSHIPS

December Registration Form

Payments may be mailed or dropped off. Credit Card payment can be taken over the phone. **No refunds.**
Any credits issued will go into your virtual wallet.

Name (**PLEASE PRINT CLEARLY!**) _____

Resident Member __ Non—Resident Member __

Phone (___) ___ - ____

E-Mail _____

Do you or someone you know want to participate in programming but are unable to afford it? Apply for a Scholarship. It's easy. It's confidential. It's quick. Please fill out the application and give to Susan Dillon.
(Applicants must be Ela Township Residents)

<u>PAGE</u>	<u>PROGRAM TITLE</u>	<u>DATE</u>	<u>FEE</u>	<u>MENU CHOICE</u>	<u>ANNUAL SIGN UP</u>

TOTAL: _____

FOR OFFICE USE ONLY DATE: _____ INITIALS _____

PAYMENT AMOUNT: _____ CHECK _____

Credit Card # _____ - _____ - _____ - _____

Exp. Date ____/____ V-Code (____)

(2.8% processing charge per transaction)

SIGN ME UP FOR E-NEWSLETTER _____

SCHOLARSHIPS

DECEMBER

REGISTRATION

**Ela Township 55+
380 Surryse Road
Lake Zurich, IL 60047**

PRSRT STD
U.S. POSTAGE
PAID
MILWAUKEE, WI
PERMIT NO. 530

Ela Township Contacts

Ela Township Community Center

Susan Dillon, Community Programs Director
susand@elatownship.gov
847-438-9160

Jim Dalbec, Assistant Community Programs Director
jimd@elatownship.gov
847-438-9160

Joseph Cacciatore, Youth Director
youth@elatownship.gov

Lisa Gaggiano, Senior Resource Specialist
lisag@elatownship.gov

Lina Lunyte, Registration Specialist
linal@elatownship.gov

Mitzi Weiland, Legacy & Arts Program Specialist
mitziw@elatownship.gov

Ela Township Town Hall (Supervisor/Clerk Office)

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-438-7823
Ted Marciniak, Township Manager

Ela Township Assessor's Office

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-438-8370

Ela Township Highway Department

23605 Echo Lake Rd, Lake Zurich, IL. 60047 | 847-438-2371

Ela Health & Wellness

1155 E. Route 22, Lake Zurich, IL. 60047 | 847-540-8380

Ela Township Youth Services

380 Surryse Road, Lake Zurich, IL. 60047 | 847-438-9160

Ela Township Senior/Disabled Bus Service

847-438-6677

Ela Historical Society & Museum

95 E. Main Street, Lake Zurich, IL. 60047 | 847-438-2086

Ela Township Cemeteries

847-204-3541

