




Ela Township 55+

November & December 2021



Ela Community Center 380 Surryse Road, Lake Zurich 60047
Susan Dillon, Community Programs Director
847-438-9160 elatownship.org/seniors  at Ela Township 55+

Coming Soon...

MLK Day of Helping

Monday, January 17, 2022

The MLK Day of Helping is something we have been striving to participate in for ages: to look within our own community and help where we can. If you would like to join our team of volunteers, please email Susan Dillon at susand@elatownship.org.



Do you or someone you know need help? Light painting or repairs. Help moving things around or out of your house or a myriad of other things? Let us know and we will try and coordinate help on MLK Day of Helping.

Center Hours: Monday–Friday 8:30am – 5:00pm

Masks Required for ALL Guests

CENTER CLOSED: 11/25, 11/26, 12/24, 12/27

ALL IN-HOUSE EVENTS WITH FOOD REQUIRE PARTICIPANTS TO BE FULLY VACCINATED

Holiday Decorating Contest

Calling all Ela Township residents! It's time to dust off the lights and decorate your houses! Must be complete by December 12. Winners will be announced on December 17.

Register at elatownship.org

Sign up to our newsletter to stay in...

THE LOOP



Want to receive weekly Ela 55+ news? Sign up on the registration page.

NON-RESIDENT MEMBERSHIP

All Non-Residents must pay their 2021 Annual Fee prior to registering for any programs. For an annual rate of \$35 per person, those residing outside of Ela Township can enjoy the free programs and services offered to Ela Residents. Non-Residents must still pay the Non-Resident rates on all fee based programs.

MEET THE STAFF



Susan Dillon
Community Programs
Director



Jim Dalbec
Assistant Community
Programs Director



Lisa Gaggiano
Resource Specialist



Laura Kulawik
Resource Specialist



Lynn Neumaier
Registration Specialist

ELA TOWNSHIP BUS SERVICE

Need transportation for shopping, errands, doctor, dentist or hair appointments? Ela Township Bus Service is offered to Ela Township residents who are 55 years or older and/or handicapped. Ela Bus Service also provides transportation to the Barrington and Palatine train station.

Call 847-438-6677 to schedule a pick up!

Bus Guidelines:

- Service area includes all of Ela Township with minimal exceptions
- Must schedule rides at least 24 hours in advance
- \$2 per one-way trip/\$4 round trip/\$1 for each additional stop
- Exact money only
- Pickups begin at 8:30am. Appointments should not be scheduled prior to 9:15am
- Reservation lines open Monday-Friday from 8am to 1pm to reserve your pick up



Ela Township Lending Closet

Here's just a snippet of what we have:



- Walkers (with or without wheels)
- Wheelchairs
- Crutches
- Toilet risers
- Canes
- Shower chairs

Contact **Ela Township Health and Wellness Department** to inquire about availability (847)540-8380.
Ela Township Town Hall: 1155 E. Route 22, Lake Zurich, IL. 60047

Ela Township Community Center Needs You!

- **Kitchen Aide:** Cleaning dishes, help wash dishes after lunch service. Help needed Monday-Friday approximately 1 to 1 1/2 hours.
- **Reception Desk:** Sub positions as needed. Answering the phone, taking registrations, and helping members at the front desk.
- **Card Making Program:** Writing out cards to our members who have been unable to make it to the center in awhile. Just sending a friendly hello!
- **Curbside Lunch Pick Up:** Deliver our fresh made lunches to the homes of folks who cannot come pick up, either temporarily or permanently.
- **And More!**



Please Sign up on the registration form
Contact Laura Kulawik at 847-438-9160, laurak@elatownship.org

Ela 55+ Gift Certificates

*Not sure what to give someone for the holidays?
An Ela 55+ Gift Certificate will please even the pickiest...maybe even you!
Suggest them to your family members who don't know what to get you!
Gift certificates are available in any denomination, never expire and are good for anything at Ela 55+ except long distance travel.*

MEDICARE OPEN ENROLLMENT: October 15—December 7

SERVICES

Ela Township 55+ Senior Resource Services

Our senior resource office assists Ela Township residents with many programs and links them with services to promote independence and a sense of well-being. Lisa Gaggiano or Laura Kulawik, our Senior Resource Specialists, will help you in any way possible.

Pharmaceutical Assistance

State Benefits/Department of Human Service Programs

Senior Health Insurance Counseling (SHIP)

Extra Help/Medicare Savings Program

Information and Referrals

Trained by the Illinois Department on Aging

Call us to schedule your telephone, zoom or in person appointment.

As always, SHIP counseling is FREE!

847-438-9160 or lisag@elatownship.org or laurak@elatownship.org

One to One Help



There are so many things to think about as we age, each who, where, what, when and why questions can be overwhelming. Advanced planning is key to so many of these questions and it will help ease your mind.

Tools we will help you complete:

- 5 Wishes
- Comprehensive Decision Guide
- Pre Estate Planning Questionnaire
- Assistance with Housing Options

Death Café

Fridays, November 12 & December 17, 12:30 — 2:00pm

For most of us, death is a taboo and uncomfortable subject. All are invited to engage in what will hopefully be an enjoyable and connected experience in considering what it means to be mortal. Join us for a thoughtful discussion about the end of life and share your experiences, thoughts, and fears about death in a relaxed setting.

No Charge Registration Required

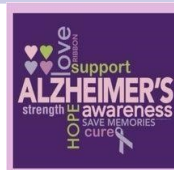


Alzheimer's Caregivers Support Group

Presented by Alzheimer's Association

**Tuesdays, November 2 & December 7
7:00—8:00pm at Ela Area Public Library**

NO CHARGE Registration Required



Parkinson's Support Group

Presented by Parkinson's Foundation

**Wednesdays, November 10 &
December 8
7:00—8:00pm**

NO CHARGE Registration Required



Donuts with the Director

Thursday, December 16 10:00—11:00am

Join for roundtable discussion from the Ela Community Center. Susan will bring topics, update you on the latest happenings at Ela 55+ and Ela Township.

No Charge Registration is required.



Tech Help with Jim

Make an appointment with Jim to help you with your portable devices.



Center Hours: Monday—Friday, 8:30am — 5:00pm

Masks Required for ALL Guests

CENTER CLOSED: 11/25, 11/26, 12/24, 12/27

PARTICIPANTS OF ALL IN-HOUSE EVENTS WITH FOOD MUST BE VACCINATED

CONTACT-FREE CURBSIDE LUNCH PICK-UP

Enjoy delicious home-made lunches:

Call or email us at 847-438-9160/Susand@elatownship.org to order by the week prior. All lunches are \$5.00 and are picked up curbside at 11:30am. Please have exact change or checks ready.

All lunches have **DESSERT**



Mon, 11/1 Hickory Pulled Chicken, Cole Slaw
Tue, 11/2 Sloppy Joe's, Baked Beans
Wed, 11/3 Cranberry Chicken over Rice, Salad
Thu, 11/4 Roasted Vegetable & Chicken Salad, Croissant
Fri, 11/5 Chili and Corn Bread

Mon, 11/8 Reuben Sandwich, Chips & Pickles
Tue, 11/9 Fish Tacos, Rice & Beans
Wed, 11/10 Italian Sausage & Pepper Skillet, Salad
Thu, 11/11 BBQ Pork Loin, Texas Potatoes
Fri, 11/12 Shepherd's Pie, Brussel Sprouts

Mon, 11/15 Roasted Chicken Thighs & Winter Vegetables
Tue, 11/16 Pork Stir Fry over Rice, Veggies
Wed, 11/17 Fresh Marinara over Spaghetti, Garlic Bread
Thu, 11/18 **FRIENDSGIVING LUNCH**
Fri, 11/19 French Dip Sandwich, Winter Slaw

Mon, 11/22 Kielbasa & Pierogis, Roasted Veggies
Tue, 11/23 Chicken Enchiladas, Fiesta Corn
Wed, 11/24 Ham & Scalloped Potato Casserole, Salad
Thu, 11/25 **CLOSED FOR THANKSGIVING**
Fri, 11/26 **CLOSED FOR THANKSGIVING**

Mon, 11/29 Chicken Teriyaki over Rice, Broccoli
Tue, 11/30 Spaghetti & Meatballs, Salad, Garlic Bread

Wed, 12/1 Pasta Chicken Broccoli Bake, Salad
Thu, 12/2 Pulled Pork, Slaw
Fri, 12/3 Stuffed Peppers, Roll

Mon, 12/6 Chicken Waldorf Salad, Croissant
Tue, 12/7 Pot Roast, Vegetables, Roll
Wed, 12/8 Black Bean & Rice Enchiladas, Guacamole
Thu, 12/9 Baked Ham, Mac & Cheese
Fri, 12/10 Four-Cheese Sausage Rigatoni, Salad

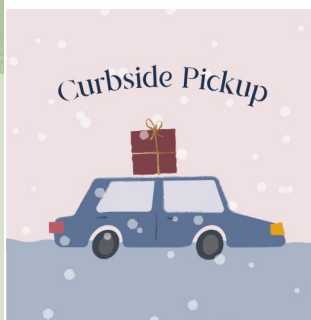
Mon, 12/13 Swedish Meatballs over Egg Noodles
Tue, 12/14 **Chicken Enchiladas, Rice & Beans**
Wed, 12/15 Creamy Spinach & Rigatoni Bake, Salad
Thu, 12/16 Pork Fried Rice, Sesame Broccoli
Fri, 12/17 Chicken & Sausage Jambalaya, Corn Bread

Mon, 12/20 Crunchy Almond Turkey Casserole, Veggies
Tue, 12/21 BBQ Pork Tacos with Apple Slaw
Wed, 12/22 Honey Roasted Chicken & Root Vegetables
Thu, 12/23 Southwestern Casserole, Salad
Fri, 12/24 **CLOSED FOR CHRISTMAS EVE**

Mon, 12/27 **CLOSED FOR CHRISTMAS**
Tue, 12/28 Hungarian Goulash over Egg Noodles
Wed, 12/29 Red Rice-Smoked Chicken Perloo, Salad
Thu, 12/30 Rigatoni with Sausage & Peas, Garlic Bread
Fri, 12/31 **See Below**

New Year's Eve Dinner Pick-Up

Thursday, December 31
CURBSIDE PICK UP AT 12pm



Let's say good riddance to 2021 in style! Enjoy an exquisite New Year's Eve dinner without having to dirty a single pan. Pick up your meals curbside at noon and simply heat up to enjoy later in the evening. Re-heating instructions included.

Dinner Menu:

Bacon-Wrapped Pork Loin with Cherries, Potato Gratin, Sautéed Green Beans with Mushrooms and Fresh Baked Dinner Roll. Dessert: Decadent Fudge Cake

Fee: \$10 Resident/\$15 Non-Resident
Participants must register one week prior

FRIENDSGIVING

Friendsgiving Lunch

Thursday, November 18
Noon - 1:00pm

Friendsgiving is a combination of friends + Thanksgiving. Friendsgiving is when we come together with our besties to celebrate being thankful and each other's company.

Join your friends at Ela 55+ for our first (hopefully annual) Friendsgiving.

Enjoy turkey, with all its trimmings, mashed potatoes, dressing, roasted vegetables, field green salad and....a pie bar!

Fee: \$10 Resident/\$15 Non-Resident Cash Bar
Participants must register one week prior

LONG DISTANCE TRAVEL

Tropical Costa Rica Single \$3,358; Double \$2,798; Per Person

January 19–28, 2022

10 Days/14 Meals: 8 Breakfasts • 6 Dinners

For more information or to ask any questions please contact Susan Dillon.

Highlights...

- Fully Escorted
- Cultural Food Tasting
- San Jose
- Coffee Plantation
- Guanacaste
- Monteverde Cloud Forest
- Arenal Volcano
- Lake Arenal Cruise



NEW DATES!

Danube Delight River Cruise Pricing starts at only \$4,649

May 5 - 15, 2022

11 Days 22 Meals: 9 Breakfasts • 6 Lunches • 7 Dinners

For more information or to ask any questions please contact Susan Dillon.

Five countries in 11 Days will change your perspective! Experience the Danube River aboard your Emerald Waterways star-ship. Includes two nights in Prague and escorted shore excursions with English-speaking guides in six cities.

Take this once-in-a-lifetime trip with all your friends from Ela 55+.



3 CABINS LEFT

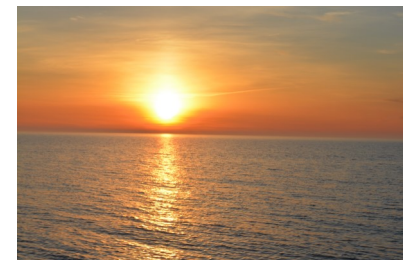
Ladies Only: Harbor Country Michigan

May 24-26, 2022

Single \$525 Resident/\$575 Non-Resident

For more information or to ask any questions please contact Susan Dillon.

- Union Pier
- Deluxe Motorcoach
- Catered Breakfasts
- Winery Tours & Tastings
- Landmark Lakeside Inn
- Holland
- Saugatuck
- Sawyer Market



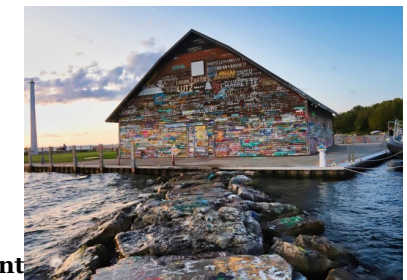
Discover Door County, Cape Cod of the Midwest

August 28 - September 1, 2022

For more information or to ask any questions please contact Susan Dillon.

- Washington Is. Ferry
- Peninsula State Park
- School House Beach
- Lavender Farm
- Winery Tour
- Fish Boil
- Boat Tour
- Seaquist Orchard Tour
- Supper Club Dinner

Double \$1075 Resident/\$1125 Non-Resident Single \$1425 Resident/\$1475 Non-Resident



Spotlight on the French Riviera Double \$4,448 Per Person

September 17–September 25, 2022 9 Days/11 Meals

For more information or to ask any questions please contact Susan Dillon.

- Nice
- Food Tour & Tasting
- Monaco
- Monte Carlo
- Èze
- Cannes
- Saint-Honorat Island & Lérins Abbey
- Grasse
- Saint-Jean-Cap-Ferrat
- Nice Flower Market
- St. Paul de Vence



Southern Harmony: Featuring New Orleans & Gulf Coast

November 6 - 11, 2022

Double \$2,295 Per Person

For more information or to ask any questions please contact Susan Dillon.

- French Quarter Tour
- Natchez Cruise
- Café du Monde
- New Orleans Tour
- Bellingrath Garden
- Biloxi Shrimp Boat
- Maritime Museum
- Gulf Island Seashore
- Roundtrip Airfare



MIXED PROGRAMMING

First Fridays Club



'Tis the season to socialize! Let's meet up and continue to build these friendships. Calling all of our single folks! Single/divorcees/widows and widowers; this is for you!

November 5, 9:00-10:45am,
Feed My Starving Child :742 East Park Ave, Libertyville

December 3, 6:00-8:00pm,
Holly Jolly Dinner at Ela Community Center
Fee: \$10 Resident/\$15 Non-Resident

Registration is required

LUNCH & LEARN

HAVE A DELICIOUS HOMEMADE LUNCH AT 11:30, THEN BE ENTERTAINED AND ENLIGHTENED.

Fee per session: \$10 Resident/\$15 Non-Resident

Participants must register one week prior



Inventions That Changed The World

with Jim Dalbec

**Tuesday, November 30
11:30am – 1:30pm**

You might find it impossible to imagine a world without your smartphone, or have trouble remembering a time when Wi-Fi wasn't everywhere, but many of today's most relied-upon technologies would not have been possible—or even dreamed of—if it weren't for the inventions that came before them. From toilets to blood banks to barcodes and beyond, here are the stories behind the inventions that changed the world.



The Making of A Christmas Carol

with Jerry Leitner

**Tuesday, December 14
11:30am – 1:30pm**

In 1844, angered by abusive child labor practices, Charles Dickens contemplated demanding new laws, but realized he was most effective as a storyteller. In *A Christmas Carol*, Dickens creates memorable characters that have become an essential part of Christmas: Scrooge, Marley, the ghosts of Past, Present, and Future, Bob Cratchitt, and Tiny Tim. But buried in the story are two mistreated, malnourished children named Ignorance and Want—the real reasons for Dickens' anger. *A Christmas Carol* is a timeless tale—a story of greed, heartless laws, second chances, and eventual redemption.

CRAFTS

Pizza Pan Wreath

**Tuesday, November 16
2:00 – 3:00pm**

Turn a simple pizza pan into a festive wreath. Several styles to choose from. Simple step by step instructions will make this easy to create.

**Fee: \$20 Resident/
\$25 Non-Resident**



Holiday Treat Jars

**Thursday, December 16
2:00 – 3:00pm**

Looking for some sweet gifts to create for your family? Join us to make hot cocoa dippers, mason jar cookies, and simmering potpourri. Perfect for hostess gifts.

**Fee: \$20 Resident/
\$25 Non-Resident**



Senior Book Discussion

Join us at the Ela Area Library for a lively discussion on the latest and classic reads. Held in Meeting Room A. Books will only be distributed to patrons that register for the Senior Book Group.

The Removed
By: Brandon Hobson
Monday, November 22
10:00 – 11:30 am



**No
December
Meeting**



Art Club

Tuesdays, 10:00 – 11:15am

Feeling creative? Come join our Art Group. We meet weekly, no experience necessary. Painting and drawing, watercolors, acrylics, pastels, colored pencil, charcoal, and more. Sandra Peek is our resident artist and Jerry Gagnon is our resource man. We have supplies on hand to get you going. If you are looking for people who happily share talents, to teach or learn, come join us. **No Fee**

MIXED PROGRAMMING

ALL IN-HOUSE EVENTS WITH FOOD REQUIRE PARTICIPANTS TO BE FULLY VACCINATED



7th Annual Wine Pairing Dinner
Friday, November 12
6:00 — 8:00pm

4 Courses & 5 Wines:

Beef Crostini with Fresh Horseradish
Pear Salad with Balsamic & Walnuts
Miso Salmon over Lemon Parmesan Risotto
Chocolate Panna Cotta with Fresh Raspberries

Fine dining, delicious wines, great friends.

Fee: \$25 Resident/\$30 Non-Resident Register by 11/5



Holiday Jingle Ball
Friday, December 10
6:00 — 8:00pm

Music, Dinner & Dancing
Cash Bar

Dinner Menu: Coq Au Vin over Basmati Rice, Roasted Root Vegetables, Winter Greens Salad, Warm Bread
Dessert: Grasshopper Torte

Fee: \$20 Resident/ \$30 Non-Resident Register by 12/3



Beelow's Brunch
Sunday, November 14
11:00am

Start your Sunday off right with a hearty brunch at *Beelow's* Steakhouse. *Beelow's* serves up an awesome brunch with omelet, prime rib, and pancake stations. Loads of your favorite brunch items, and a dessert bar. Coffee, Tea and Soft Drinks included. Cash bar. Gratuity included. This will fill up quickly so please register early.

Fee: \$33 Resident /\$38 Non-Resident



Zoom Wine Tasting:
Holiday Wine Pairing
Friday, December 17
6:00 — 7:00pm

We will be pairing various wines with traditional holiday foods.

Sign up at least one week in advance.

Fee: \$15 Resident/ \$20 Non-Resident

Open Discussions, Mondays, 1:00 — 2:00pm
No Fee Registration is required.

Join Jim each month as we watch a brief documentary prior to meeting, and then discuss each topic every month. We will cover a WIDE variety of topics from Mental Health to Racism to Pollution.



Lives Well Lived
Monday, November 8

Lives Well Lived celebrates the wit and wisdom of people aged 75-100, who reveal their secrets for living a meaningful life. Encompassing 3,000 years of collective life experience, diverse people share life lessons about perseverance, the human spirit, and staying positive in the midst of life's greatest challenges. Their stories will make you laugh, perhaps cry, but mostly inspire you.



Boeing's Fatal Flaw
Monday, December 13

In an investigation with The New York Times, FRONTLINE examines the commercial pressures, flawed design and failed oversight behind Boeing's 737 Max jet and the crashes that killed 346 people.

Reel Talk

Wednesdays, 12:00 — 2:00pm

Fee For Each: \$3 Resident/\$5 Non-Resident

Flex your mental muscle as we take in a topical documentary followed by a round table discussion. Each session begins with a documentary no longer than 90 minutes, followed by time for dissection and discussion.



Crip Camp
Wednesday, November 10

In the early 1970s, teenagers with disabilities faced a future of isolation, discrimination and institutionalization. Camp Jened, a ramshackle camp "for the handicapped" in the Catskills, exploded those confines as a promised land for a growing and diverse disability community. Participants realized that disruption and unity might secure life-changing accessibility for millions.

Life According To Sam
Wednesday, December 8

When Sam, now 16 years old, was diagnosed with progeria at age two, doctors told his parents to enjoy Sam while they could. They refused to believe this was the answer. In less than a decade, their advances have led to identifying the gene at fault, creating drug trials for treatment, and revealing the amazing discovery that progeria is linked to the aging process in all of us.



HEALTH AND WELLNESS

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
MORNING MOVERS 9:00—9:45am NO CHARGE	CARDIO STRENGTH 9:00—9:45am	MORNING MOVERS 9:00—9:45am NO CHARGE MACHO MAN 1:00—1:45am	INTERVAL TRAINING 9:00—9:45am	MORNING MOVERS 9:00—9:45am NO CHARGE RESTORATIVE YOGA 10:00—10:45am

**NEW EXERCISE PUNCH CARDS : 10 Punches \$30 Resident/\$40 Non-Resident
20 Punches \$60 Resident/\$80 Non-Resident**

MORNING MOVERS: NO CHARGE

**MONDAYS, WEDNESDAYS, FRIDAYS
9:00 — 9:45am**

- SEATED AND/OR STANDING
- INCREASE MOBILITY & FLEXIBILITY & STRENGTH

MACHO MAN: PUNCH CARD

WEDNESDAYS, 1:00 — 1:45pm

- MEN ONLY
- CARDIO/CORE STRENGTH
- BUILDING MUSCLE/FLEXIBILITY

CARDIO STRENGTH: PUNCH CARD

TUESDAYS, 9:00 — 9:45am

- SEATED AND/OR STANDING
- STRENGTH WITH SPURTS OF CARDIO

INTERVAL TRAINING: PUNCH CARD

THURSDAYS, 9:00 — 9:45am

- STATIONS OF CORE STRENGTH, BALANCE, AND COORDINATION
- HIGH/LOW HEART RATE BODY MOVEMENTS

RESTORATIVE YOGA: PUNCH CARD

FRIDAYS, 10:00 — 10:45am

IMPROVE FOCUS, FLEXIBILITY & IMMUNITY

- LOWER BLOOD PRESSURE
- REDUCE STRESS

VACCINE CLINIC

Flu & Pfizer COVID Booster Thursday, October 21, 8:30-Noon

Here are the rules:

- Only those with an appointment will be accepted, no walk-ins
- Call 847-438-9160 October 13-15 to schedule your appointment
- Only Pfizer Vaccines Allowed
- You MUST bring your Vaccine Card: No laminated cards accepted
- You MUST bring your insurance card with and get it copied



CARDS & BINGO

Bridge: Tuesdays, 12:00pm — 3:00pm

People of all skill levels are encouraged to come to this fun filled activity. You need to register for this activity.

Canasta: Mondays, 10:00 — 11:30am

Experienced or never played before, join us for the fun and challenging game of Canasta.

Bingo: Thursdays, Noon— 1:30pm

All Bingo participants take turns being the caller. A sign up calendar is available during Bingo.

Pinochle: Tuesdays, 10:00 — 11:30am

Even if you never played cards before, don't worry. You will be taught the necessary skills and correct terminology.

Poker: Tuesdays, 9:00am —11:00am

Long time player or just starting, there is a place for you at our table!

Participants must register for ALL games.



REGISTRATION

ALL IN-HOUSE EVENTS WITH FOOD REQUIRE PARTICIPANTS TO BE FULLY VACCINATED

November Registration Form

FOR OFFICE USE ONLY DATE: _____ INITIALS _____
PAYMENT AMOUNT: _____ CHECK _____

Payments may be mailed or dropped off Credit Card payment can be taken over the phone. No refunds.
Any credits issued will be in your virtual wallet.

Name (PLEASE PRINT CLEARLY!) _____

Resident Member ___ Non-Resident Member ___ Phone _____ E-Mail _____

Credit Card # _____ - _____ - _____ - _____ (2.65% processing charge per transaction)

Exp. Date ____/____/____ V-Code (____) **SIGN ME UP FOR E-NEWSLETTER** _____

<u>PROGRAM TITLE</u>	<u>DATE</u>	<u>FEE</u>

December Registration Form

FOR OFFICE USE ONLY DATE: _____ INITIALS _____
PAYMENT AMOUNT: _____ CHECK _____

Payments may be mailed or dropped off Credit Card payment can be taken over the phone. No refunds.
Any credits issued will be in your virtual wallet.

Name (PLEASE PRINT CLEARLY!) _____

Resident Member ___ Non-Resident Member ___ Phone _____ E-Mail _____

Credit Card # _____ - _____ - _____ - _____ (2.65% processing charge per transaction)

Exp. Date ____/____/____ V-Code (____) **SIGN ME UP FOR E-NEWSLETTER** _____

<u>PROGRAM TITLE</u>	<u>DATE</u>	<u>FEE</u>

**PROGRAMS IN RED
ARE VIRTUAL**

NOVEMBER 2021

**PROGRAMS IN BLACK
ARE IN-PERSON**

1	2 ALZHEIMER'S SUPPORT	3	4	5 FIRST FRIDAYS
8 OPEN DISCUSSIONS	9	10 REEL TALK PARKINSONS SUPPORT	11	12 DEATH CAFE WINE PAIRING DINNER
15	16 CRAFT: PIZZA PAN WREATH	17	18 FRIENDSGIVING	19
22 SENIOR BOOK DISCUSSION	23	24	25 CLOSED THANKSGIVING	26 CLOSED
29	30 LUNCH & LEARN: INVENTIONS			

**PROGRAMS IN RED
ARE VIRTUAL**

DECEMBER 2021

**PROGRAMS IN BLACK
ARE IN-PERSON**

		1	2	3 FIRST FRIDAYS
6	7 ALZHEIMER'S SUPPORT	8 REEL TALK PARKINSONS SUPPORT	9	10 HOLIDAY JINGLE BALL
13 OPEN DISCUSSIONS	14 LUNCH & LEARN: CHRISTMAS CAROL	15	16 DONUTS W/ DIRECTOR CRAFT: HOLIDAY TREAT JARS	17 DEATH CAFE WINE TASTING
20	21	22	23	24 CLOSED CHRISTMAS EVE
27 CLOSED (CHRISTMAS OBSERVED)	28	29	30	31