

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich, Upper Level Conference Room
Wednesday, February 9, 2022 at 2:00 P.M.

MEETING MINUTES

1. Call to Order: 2:02pm
2. Roll Call: Sara Marx, Gloria Palmblad, Laurie Wilhoit, Will Stefaniuk
3. Staffing: Department is fully staffed. An intern came up in budget meeting. The University of Chicago contacted Sara about hosting a summer intern. The intern would be job shadowing, helping with the summer Olympics, call places for Sponsors, grant research, and assist with social media. Melanie has worked with interns in the past and would help with the intern. Currently working with Emily on EA. Emily will be on maternity leave late March early April, Elina may be able to work a few days. and the staff will fill in during her absence. Sara to work on a posting for temporary position. The University contacted Sara, good to get on the list for interns. In the fall, looking for an intern, Masters level.
4. Training Programs: a budget for training, staff needs 32 hours every 2 years, additional 20 hours for Sara, Tanya to DSM 5, Melanie couples counseling, Sara – supervision training, Peer Support Training from March 7-11. Sara attending with LZ Police department.
5. Groups: Grief group starting March 2 at 10am for 1.5 hours. Eight people signed up for in-person meeting at township office, following curriculum, for 8 weeks.
6. GA/EA Software: working with Gloria to get it up to date, hope to have up and running in next month, purchased this year, downloaded on 1 computer, may have multiple logins, will have training.
7. New Business: not taking donations for lending closet, spring cleaning the area. Looking to donate excess. Interdepartmental agreement with Village of Lake Zurich, lawyers will recheck, look at terms for future dates- Will and Sara to finalize date. Sara distributed the confidentiality and non-disclosure agreement that staff, all employees/ interns will sign. Please review and let her know of any changes. Working on creating a 501c3 status- going forward and working on this with Alex, set up for lending closet and more outreach programs. Sara is speaking with A Bridge Back and Gateway Foundation – both do substance abuse, looking to do a collaboration, DUI training, etc. Sara to tour on Friday. Working to create a relationship to refer people.
8. Old Business: none
9. Set Date for Next Health & Wellness Committee Meeting: Friday, March 4 at 10a.m.
10. Adjournment 2:48p.m.

Minutes submitted by Trustee Wilhoit – February 14, 2022