

HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich

Friday, April 22, 2022, 8:30 A.M.

MEETING MINUTES

1. Call to Order: 8:31 a.m.
2. Roll Call: Present were Supervisor Palmblad, Trustee Sikes, Trustee Wilhoit, and Director Marx
3. Groups: Grief group going well. Melanie is running. Group is on week 6 of 8, then will begin a new session. Elina is working with charity knit. This is their 15th anniversary. On May 16th at 6 p.m. they will have a celebration on the downstairs board room. Moving their storage space into the AV room.
4. GA/EA Software: Director Marx completed training, no cases in April. Will continue training when new cases arrive.
5. Intergovernmental Agreements: Sent to one to Kildeer, and Director Marx has a goal to meet Hawthorn Woods Police Department next week.
6. Staffing: Lost a clinician, morale is good, absorbed her clients and only lost one. Posted on the website, Facebook and LinkedIn. Give it another week before posting on indeed. Next week Director Marx will be speaking to Emily about her return.
7. New Business
 - a. Technology: bought 2 new laptops and Melanie now has a cell phone. Waiting to hear back from IT to set up. They will take Tanya's desktop computer and give to intern, 2 laptops to clinicians, Melanie's desktop will be disposed. Director Marx is going with Sgt. Witt of Lake Zurich to meet YWCA outreach worker working with Liberty Lakes.
8. Old Business
 - a. Training programs: clinical supervision training completed by Director Marx regarding ethical and legal concerns and new terminology. They also provided helpful example forms and evaluations for interns. DSM training – Melanie and Sara going through that for updates on terminology.
May 6- Director Marx is attending EA/GA training in Rockford and then will present training to staff.
CDC has training on their website, Mental Health 101 and more. Looking to have Elina and Emily attend these online training sessions. Cost is approximately \$5 - \$25. April 29 & May 2 Sara will be off, Elina will be here to cover. There is also clinical backup.
9. Set Date for Next Health & Wellness Committee Meeting: June 3 at 8:30 a.m.
10. Adjournment: 8:49 a.m.

Minutes submitted by Trustee Wilhoit – April 22, 2022