

## Supervisor's Office

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## HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall 1155 E. Route 22, Lake Zurich Friday, June 3, 2022, 8:30 A.M.

## MEETING MINUTES

- Call to Order: Trustee Wilhoit called the June 3, 2022 Health & Wellness committee meeting to order at 8:32 a.m.
- 2. Roll Call: Present were Supervisor Palmblad, Director Marx, Trustee Sikes, and Trustee Wilhoit.
- 3. Groups: Director Marx was gaging interest in a new Grief Group program. There will be a new session beginning on June 8<sup>th</sup> at 10 a.m. Promoted in the eblast, on Facebook, and by calling people who expressed an interest. Melanie will handle. Looking into beginning a new support group for caregivers (any kind)— there is a need. The Ela Area Library has one for Alzheimer's caregivers, Ela 55+ advertisers, 55+ has one for Parkinson's. This would be an open meeting, not a class/program. Director Marx will speak with the community center to make sure there is not an overlap. When ready, use the village newsletters to help promote. There have not been any new needs since the Texas school shooting. Kids/parents on the radar, but no new concerns/patients. Will keep monitoring. Worked with the Lake Zurich Police Department and they did a presentation for AITCOY about Social Media and Youth, including sexploitation, blackmail, and sex trafficking. It is a huge problem right now. Charity knit celebrated their 15<sup>th</sup> anniversary last month and working on reducing inventory stored at Town Hall.
- 4. Intergovernmental Agreements: Received from Lake Zurich, need to pick up from Kildeer, and will follow up with Hawthorn Woods. Will wait to approach Sheriff's office until fully staffed and running well for other areas.
- 5. Staffing: Director Marx has an interview today. There are ads on Facebook, Indeed (unpaid) and LinkedIn. Depending on the outcome of the interview, Director Marx may make the Indeed post a paid one to attract more candidates. Interest from Lake Zurich High School students to volunteer this summer. Possibly have them work on research and social media, Director Marx to research more.
- 6. New Business: Director Marx is looking to build referral source for first responders, specializing in police. A Bridge Back- substance abuse center for lower-income people. The requested a linkage agreement. Group decided not to sign the linkage agreement as they felt there was not a need to do so. Director Marx will get Ela Township shirts for her and Melanie to wear in public and in the office paid for by the department. If anyone else in the office would like to get one, it would be at their own expense. These are due to Gloria so we can get them all embroidered at one time.
- 7. Old Business: EA/GA. hand out the information, but people are not returning. Waiting to work with the new software, but no opportunities yet. Technology- everything is good.
- 8. Set Date for Next Health & Wellness Committee Meeting: Friday, August 5, 2022 at 8:30am.
- 9. Adjournment: Trustee Wilhoit adjourned the meeting at 9:23 a.m.