



Supervisor's Office
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HEALTH & WELLNESS COMMITTEE MEETING

Ela Town Hall – Upper Level Conference Room
1155 E. Route 22, Lake Zurich, IL
Friday, August 5, 2022

MEETING MINUTES

1. Call to Order: Trustee Wilhoit called the August 5, 2022 Health & Wellness committee meeting to order at 8:33 a.m.
2. Roll Call: Present were Supervisor Palmblad, Trustee Wilhoit, and Director Marx. Trustee Sikes was absent.
3. Groups: No update.
4. Intergovernmental Agreement: Waiting for Hawthorn Woods.
5. Staffing: Director Marx to make Michelle Nowak an offer today for an assistant MWF position. She is a recent graduate with a communications degree. She has a candidate for the clinician position who lives in Lake Zurich – interview Monday. Melanie is pregnant and is due in December.
6. New Business: Director Marx will be participating in the TOI Conference in Springfield November 13-15. AITCOY has a table and annual meeting. Working with Lake Zurich Police Department for “Shop with Cop” for the holidays. Considering a “Wellness Week” for Ela Township staff - Wellness challenge involved in health and free time. Maybe February? Start with staff and expand to public in following year.
7. Old Business: Sara is working with developers on EA/GA software. There are some challenges with EA. Working to create a handbook how to handle EA that will continually be updated. The lending closet received a donation of \$150 from an anonymous person.
8. Set Date for Next Community Family Services Committee Meeting: Friday October 7 @ 8:30 a.m.
9. Adjournment: Trustee Wilhoit adjourned the meeting at 9:48 a.m.

Respectively Submitted by: Trustee Wilhoit